

2025-26 ACROFITNESS Schedule

TEAM CLASSES are reserved

5 student minimum requirement to hold class

CLASSES WILL RUN FOR 50 MINUTES

TENTATIVE UPDATED 7/15/2025

MONDAY

5:00 TEAM 1

6:00 TEAM 3

7:00 ALLSTAR TEAM

5:00 acro 1-3

6:00 tumble level 1

7:00 hip hop theater 8+

5:00 peewee ninja 4-7

6:00 tumble level 2

7:00 ninja/tumble 8+

TUESDAY

5:00 LITTLE SPORTS TEAM

6:00 SENIOR HIP HOP TEAM

7:00 JUNIOR HIP HOP TEAM

5:00 acro 1-3

6:00 TEAM 2

7:00 tumble level 1 & 2

5:00 ninja chicks 8+

6:00 ninja/tumble 8+

7:00 tumble level 3

WEDNESDAY

5:00 acro combo 4-7

6:00 hip hop 8+

7:00 tumble level 1

5:00 ballet & backflips 8-11

6:00 tumble & tech 12+

7:00 tumble level 2

5:00 peewee ninja 4-7

6:00 ninja/tumble 8+

7:00 tumble level 3

THURSDAY

5:00 dancing divas 5-10

6:00 MINI HOP TEAM

7:00 tumble level 1

5:00 hip hop 4-7

6:00 acro combo 4-7

7:00 tumble level 2

5:00 peewee ninja 4-7

6:00 ninja/tumble 8+

7:00 BOYS TEAM

*Private lessons are available Monday-Thursday at 4:30pm. By appointment only.