

# 2024-25 ACROFITNESS Schedule

TEAM CLASSES are reserved

5 student minimum requirement to hold class

**\*CLASSES WILL RUN FOR 50 MINUTES\***

TENTATIVE - UPDATED 5/16/2024

## MONDAY

5:00 TEAM 1

6:00 TEAM 2

7:00 TEAM 3

5:00 mommy & me

6:00 acro combo 4-7

7:00 hip hop theater 8+

5:00 peewee ninja 4-7

6:00 advance/elite tumble

7:00 ninja/tumble 8+

## TUESDAY

5:00 LITTLE SPORTS TEAM

6:00 SENIOR HIP HOP TEAM

7:00 JUNIOR HIP HOP TEAM

5:00 mommy & me

6:00 acro combo 4-7

7:00 advance/elite tumble

5:00 ninja chicks 8+

6:00 ninja 8+

7:00 twisters

## WEDNESDAY

5:00 tumbling tutus 4-7

6:00 hip hop 8+

7:00 advance tumble

5:00 ballet & backflips 8-11

6:00 tumble & tech 12+

7:00 elite tumble

5:00 peewee ninja 4-7

6:00 ninja 8+

7:00 ALLSTAR TEAM

## THURSDAY

5:00 acro combo 4-7

6:00 MINI HOP TEAM

7:00 elite tumble

5:00 hip hop 4-7

6:00 dance fitness 12+

7:00 advance tumble

5:00 peewee ninja 4-7

6:00 ninja 8+

7:00 BOYS TEAM

\*Private lessons are available Monday-Thursday at 4:30pm. By appointment only.