

# ACROFITNESS

2020 SUMMER SESSIONS

*The best training time of the year!*

[www.acrofitness.com](http://www.acrofitness.com)

704.664.BFIT(2348)



## ALL-STAR

CHOREOGRAPHY

\$250 Monday - Thursday 6/1-4 5-8:30 p.m.



## TUMBLE TOTS

Pick 3 - \$75 | Pick 4 - \$95 | All 6 - \$120

Tuesdays: 9 a.m. - 10:30 a.m. 6/2, 6/9, 6/16, 7/14, 7/21 & 7/28

These sessions run on specific Tuesdays during the summer (see dates) and the more you take, the more they are discounted. 1-hour of structured, age appropriate ACRO class and 1/2-hour of jungle gym fit-pit play. Classes will be divided into two age groups (1-2, 3-4 year olds). NOTE: Students must be signed up for each session in advance for staffing purposes.



## POWERHOUSE

\$350 (counts as Team 2-week requirement)

Monday-Thursday 6/8-11, 6/15-18, 7/13-16 & 7/20-23 10 a.m. - 3:30 p.m.

Extended days for ages 5 years and up, this session will provide students with 20 hours of training in a one week period. Each session will run 4 consecutive days and will count as our team members two-week camp requirement. It will include our unique fitness, tumbling, parkour, dance, stunting skills and parade choreography. Be sure to pack a healthy lunch - it's going to be jam packed with fun!



## ACRO ZOO CAMP

\$150 Monday - Thursday 6/22-25 11 a.m. - 2 p.m.

Featuring our very own *Animal Planet* expert, Mr. Jerry, join us for our ACRO ZOO Camp. Young adventure seekers, ages 4+, will explore wildlife and wild places when ACRO ZOO Camp heats up. This camp is sure to bring out the animal in you with hands on activities, including arts and crafts with Mrs. Pam. Don't miss the WILDEST camp in town!

\*All sessions require a 12-student minimum to run. \*\*Each session will conclude with a 15-minute demonstration on the final day, excluding the Zoo Camp. \*\*\*ACROFITNESS reserves the right to cancel any session not meeting the minimum requirement. \*\*\*\*A signed medical waiver by a legal guardian is required to participate.