



# Chosen with Purpose

Unification in the Spirit



# **Reading:**

# **Ephesians 1: 3-14**

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<https://bible.com/bible/3034/eph.1.3-14.BSB>

<https://bible.com/bible/116/eph.1.3-14.NLT>

# Listening vs. Interrupting – The Strength of Silence

Nathan had the perfect rebuttal. His friend was wrong, and he had to prove it.

As soon as his friend took a breath, Nathan jumped in. "No, you don't get it!"

His friend shut down, arms crossed. Conversation over.

Meanwhile, Micah simply listened. When his friend finished, he asked, "Tell me more."

The walls came down. The conversation opened up.

Wisdom quote:

"Let every person be quick to listen, slow to speak, and slow to anger." — James 1:19

Talk or understand—the choice is yours.

## **Primary Text: Ephesians 1:11**

“In Him we have obtained an inheritance, having been predestined according to the purpose of Him who works all things according to the counsel of His will.”

# What does it mean?

**Divine Selection** – *“In Him we have obtained an inheritance...”*

God chose us in Christ to belong to Him, not by chance, but by His gracious decision.

**God’s Sovereignty** – *“...having been predestined...”*

Our lives are not ruled by luck or chaos, but by God’s sovereign and intentional plan.

**Spiritual Inheritance** – *“In Him we have obtained an inheritance...”*

We already possess a secure, eternal inheritance through our union with Christ.

**Purpose in Christ** – *“...according to the purpose of Him who works all things...”*

Our lives have meaning because they are woven into God's greater purpose in Christ.

# Our Response: Rest

Rest – “...having been predestined...”

We rest knowing our place in God’s plan isn’t uncertain—it’s established. God chose us before we chose Him. We don’t need to fear missing out or messing up His purpose. We can exhale and trust His eternal plan includes us.

# Our Response: Listen

Listen – “...according to the counsel of His will...”

God’s will is not random—it flows from His wisdom. So we learn to listen, not just to our own thoughts or culture’s noise, but to His counsel. We stay in His Word, where His voice is clear, and tune our hearts to His wisdom.

# Our Response: Align

Align – “...the purpose of Him...”

His purpose(plan) becomes our compass. Instead of chasing our own agenda, we ask: “God, how does my life reflect Your purpose?” Alignment means shifting from self-led living to Christ-centered purpose.



# **Our Response: Move**

Move – “In Him we have obtained an inheritance...”

Because we already have this inheritance in Christ, we don't wait to live with purpose—we move now, with confidence. Every step is shaped by the reality that we belong to Him and are part of His eternal story.

# Conclusion

Because we are chosen, guided, and secured in Christ, we don't live aimlessly—we live anchored in His will, aligned with His purpose, and confident in our inheritance. Let's rest in what's already been decided, listen for His counsel, align with His plan, and move forward in faith.

# **Song: Trust In God**

## **Verse**

**Lay Down your burdens**

-Trust in God

**Though you've been shaken**

-Trust in God

**Let your heart be still**

-Trust in God

**Rest in His will**

-Trust in God

## **Bridge**

**Shame is no more (6-7-8-6-5)**

**God has restored (4-5-5-3)**

**Victory (6-7-8-6-5-4)**

**Liberty**