# THE CONDUIT



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# PRESIDENT'S CORNER

Hello Everyone,

I hope everyone is doing well! Things are ramping up for the season. We haven't completely gotten rid of winter but we are close. It is nice to see outdoor work starting to take place and grass is starting to show signs of green.

It has been another safe month. We have had another month of no "loss time incidents" which is a huge win again. Thank you to everyone for being aware of their surroundings and taking safety seriously. Our most common minor incidents right now are ankle and knee twists and hand lacerations. Just a reminder to pay attention when getting out of equipment as to the terrain you are stepping on to and I think it is also important that we make sure there is a good path in and out of the jobsites. Just as we have an obligation to the jobsite to provide safe temp lighting and temp panels. It is the general contractor's duty to provide a safe path into the job site. As for the cuts and scrapes, please make sure you have a pair of the company issued gloves and make sure we are wearing them when appropriate. Please continue to work on these items this month, and see if we can eliminate these claims. I am working on a safety rewards program and we will be rolling this out in the next newsletter, but for now keep up the awareness, it is appreciated and it is keeping everyone going home at night.

I also wanted to let everyone know, we will be having the opportunity for overtime coming up and anyone looking for a few more hours please let Tammi and Jordan in HR know and we will be working together to fill the needs.

This coming week will be the final week for the 3<sup>rd</sup> and 4<sup>th</sup> year apprenticeship classes. I have received some very nice comments from the instructors on the behavior of the majority of the apprentice. Thanks for the great representation and congrats on completing another year and to the 4<sup>th</sup> years congrats on completing the program, that is a big milestone and I encourage you to take your journeyman test as soon as allowable.

In closing, the month of March has shown a large amount of progress on our jobsites, in the shop, and in the office. I would like to thank everyone for the hard work, planning, and attention to detail!! Having a plan pays off. Let's make April the best month possible.

Sincerely,

Nate Van Maanen

# PROJECT SPOTLIGHT

Van Maanen was contracted by Downing Construction to provide electrical, communications/camera/door entry system, fire alarm, generator, and project site lighting for an 88-unit apartment complex with storage spaces and rental office units. We have a long standing relationship with Downing Construction and have worked with them for many years. Previous jobs have included multiple assisted living and memory care facilities, independent living senior housing, apartments and other commercial jobs.

Kettlestone is an 88-unit apartment project that is nearly 80,000 square feet. The building has four levels above ground, which house all the apartments, and a partial lower level for facility amenities. Amenities include work-from-home offices for rent, common areas, and a gym. Unit type options include studio, one-bedroom, two-bedroom, three-bedroom, and a four-bedroom penthouse on the top floor. In this high end apartment building in an up and coming area of Waukee; we pulled 26.2 miles of Romex, 2.5 miles of SER feeder cables, 4.2 miles of fire alarm cable, and 8.2 miles of THHN. If we were to stretch conductors out end to end, it would total over 110 miles long. We installed over 4100 switches and receptacles and over 2300 light fixtures throughout.

We want to thank our crew members who worked on this project and continue to allow us to have a good relationship with Downing Construction and the community. Thank you to our project manager Travis Love, foreman Adam Carr, Alvaro Zarate-Gonzalez, Scott Scharber Jr., Derek Gosselink, Zion Birch, Ryan Moes, and Kyle Rojohn.

#### **PROJECT**

**Kettlestone Apartments** 

#### CLIENT

**Downing Construction** 

#### **DELIVERY METHOD**

Van Maanen Electric, Inc.

#### PROJECT MANAGER

Travis Love

#### PROJECT FOREMAN

Adam Carr

#### **PROJECT SIZE**

79,407sq.ft.

#### DATE COMPLETED

March 2023









#### **PROJECT**

Johnny Majors Practice Field

#### **CLIENT**

**Iowa State University** 

#### **DELIVERY METHOD**

Van Maanen Electric, Inc.

#### PROJECT MANAGER

Matt Baker

#### PROJECT FOREMAN

Dalton Kelly Chad Johnson

#### DATE COMPLETED

August 2022

Van Maanen has performed several jobs for Iowa State University Athletics Department. We have wired the Stark Performance Center, the Jacobson Athletic building, the Bergstrom Football training facility and several jobs inside of Jack Trice football stadium.

Recently we worked with Iowa State University Athletics, Snyder engineering, Iowa State University turf and field management, ISU construction management, and Iowa Sports Turf to develop a plan to revamp the Johnny Majors Practice field at the Bergstrom training complex to make it a state-of-the-art outdoor football practice field. The new revamped facility has a new 540'x240' natural turf football field, a 160'x180' synthetic turf field, new ball tracking cameras through-out, and two powered film/viewing towers. The new camera systems and viewing towers gives the ISU Coaching staff the capability to collect information on the performance of the players in real time, to help develop the athletes.

Van Maanen had to work with ISU and Iowa Sports Turf to overcome material constraints, design flaws, adds, and the weather to ensure the competition of the project before the start of college football fall practice. Shout out to Chad Johnson and Dalton Kelly for their efforts through-out to give the customer the product they desired.

Another thanks to Chad and Dalton's crew: Cody Gent, Desmonne Hoffert, Tristin Johannes and Eruben Ruiz. We are proud to have a crew dedicated to getting the work completed, on time and resulting in a satisfied client.



# SAFETY SPOTLIGHT

#### **Preventing Falls**

Falls are the number one cause of construction worker fatalities. To prevent falls on your job please consider the following:

- 1. **Wear a harness and always stay connected**. OSHA requires construction workers to wear a full bod harness when working at heights at or above 6 feet. Keep the harness connected to an anchor or a series of anchor points using a lanyard and possibly a deceleration device or lifeline at all times.
- 2. **Make sure the harness fits**. Choosing the right size and wearing it correctly saves lives. The harness should feel snug while allowing a full range of motion.
- 3. **Use guardrails or lifelines**. Safety guardrails create a barrier from the leading edge to prevent a fall from happening. Lifelines keep a falling worker from hitting the surface below.
- 4. **Inspect all fall protection equipment before use**. Fall protection equipment should be inspected before each use, make sure all previous applications are still in place before each use.
- 5. **Guard or cover all holes, openings, and skylights**. Always cover holes or place a guardrail system along the unprotected edges of openings to keep workers from mtripping or falling into them. Hole covers should support at least twice the weight of employees or materials.
- 6. **Create good housekeeping practices**. Plan ahead, assign responsibilities, keep your area clean and well organized. Also, avoid creating obstacles in aisles and walkways. Manage cords, make sure they are not in walk ways or where others may trip.
- 7. **Reduce wet or slippery surfaces**. Be diligent with indoor and outdoor control measures. Post "wet floor" signs as needed, clean up spills immediately, keep outdoor surfaces clean and suspend use of an area when appropriate.
- 8. **Create and maintain proper lighting**. Use proper illumination in work areas, keep work areas well lit and clean, keep poorly lit walkways clear of clutter and obstructions.
- 9. **Wear proper shoes.** The shoes we wear can play a big part in preventing falls and are a critical component of PPE. Always wear footwear appropriate for the duties of your work.
- 10. **Wear your hard hat.** A hard hat can protect you if you fall or if something were to fall on you. Make sure that is it worn properly and fits securely.

Remember Falls are preventable, It is critical to frequently survey your work environment to avoid potential issues.

If you or someone you know is struggling and wants help, you can contact the Employee Assistance Program 800-316-2796, it is free and confidential

### EMPLOYEE SPOTLIGHT: JOSH HETZLER

We are pleased to introduce you to Josh Hetzler. Josh has been with Van Maanen for 15 years. Josh started out as a Project Manager/Estimator in Sully and has since moved up to Vice President of Pre-Construction. As VP of Pre-Construction, Josh seeks out projects for Van Maanen to bid, over sees our estimating team and bids on projects. He also project manages, helps purchase packages and secure products to complete our projects. He helps get projects kicked off with the other Project Managers and assists them as needed.

He cites 2020 Dechero as when he most enjoyed working at Van Maanen. "This was an amazing achievement. The teamwork that took place behind the scenes to repair our town was unmeasurable. Our employees rose up to the challenge when we needed it the most. It was a sleepless week but we conquered the storm and restored power to hundreds in our community."



Josh enjoys teaching the knowledge of the trade and to see guys complete a project. He loves to see the respect gained from this knowing that we are teaching the next generation.

He is from Moulton, Iowa. He and his wife, Miranda, have been married for sixteen years. They have two children Maxten (12) and Henzlee (9). They live just outside of Newton. They spend a lot of time watching (chasing) the children around for baseball, soccer, basketball and football activities. Josh enjoys being outside in the summer working on their acreage and fishing with the kids. If time allows, he likes to catch a car show as well.

We would like to thank Josh for his years of service. Time has really flown by working together. I really enjoy working with a person that is so passionate about the company, electrical work in general, and just doing the right things in life and standing up for the right things. He provides great leadership. The company relies on Josh daily for his many talents. We look forward to the next 15 years!!!!

# APPRENTICE CORNER

Our apprentice program allows you to work full-time during the day, earning your on-the-job training hours and attend class one evening a week or 4 days per month. The apprentice program is 4 years, on average, with 4 program levels, and OSHA-10 completion, 8,000 OJT hours and then you qualify to take the Journeyman exam! The journey just moves up from there. Van Maanen has been a member of ABC for over 14 years.



We'd like to take some time to introduce one of our Electrician Apprentice 4's. This month's featured apprentice is Cole Wright. Cole has been with Van Maanen for 4 years as an apprentice. He is from Des Moines and enjoys hanging out with his family and friends, watching movies and baseball. He likes that he gets to learn new things in his job and continues to grow and get better. His favorite project with Van Maanen was the Madison County EMS building in Winterset, Iowa.

## **April Birthdays**

1<sup>st</sup> 1

Joey Henning Matt Van Maanen

2<sup>nd</sup> 16<sup>th</sup>

Jesus Medina Guillermo Rodriguez Bedolla

3<sup>rd</sup> 17<sup>th</sup>

Dan Carr Wes Wilcox

5<sup>th</sup> 19<sup>th</sup>

Blake Roush Michael Gray

11<sup>th</sup> 20

David Salinas Fernando Chinchia

21st

Jacob Christiansen

24<sup>th</sup>

Andrew Gilrod

**April Anniversaries** 

11<sup>th</sup> Blake Roush – 12

years Jerred Miller – 7 years

12<sup>th</sup> Rick McCarty – 13

years

13<sup>th</sup> Cody Gent – 2

years

16<sup>th</sup> Ben Smith – 11

years

<mark>19<sup>th</sup> No</mark>ah Heidebrink –

2 years

24<sup>th</sup> Becca Decker –

6 years

26<sup>th</sup> Derek Jones – 2

years

27<sup>th</sup> Jacob Christiansen

- 3 years

28<sup>th</sup> Levi Burton – 6

years

29th Nate Doeden - 13

years

Jon Flathers – 10

years

Nate Rhoads - 4

years

### **New Employees**

Jesus Medina – Electrical Apprentice



Mitchell Van Zee – Underground Apprentice



