

Virtual Enrichment Activities

These activities are listed in order of the suggested grade level, starting with activities for all grades, then pre-K to kindergarten, then elementary and elementary through middle and high school, then middle school and middle through high school. Activities from the same provider may be listed separately as a result.

Day	Subject	Resource: Activity description & Link
Sunday	History Culture Geography Science	<ul style="list-style-type: none"> • 360-degree videos: Experience culture, fascinating locations, earth's creatures, iconic venues, etc. in 360 degrees: https://artsandculture.google.com/project/360-videos
Monday	Nutrition	<ul style="list-style-type: none"> • Video that shows easy ways to add natural flavor to water using simple ingredients in your refrigerator, freezer, or garden: https://pediatrics.ucsf.edu/news/fruit-water or https://www.youtube.com/watch?v=E6BVsf1-TbE
Tuesday	Reading Science	<ul style="list-style-type: none"> • Reptiles of the Everglades: Compare and contrast crocodiles and alligators. https://www.nps.gov/ever/learn/kidsyouth/reptiles-of-the-everglades.htm
Wednesday	History Social Studies	<ul style="list-style-type: none"> • Signal Flags: Learn about signal flags and decode examples. <ul style="list-style-type: none"> ○ Activity 1: Decipher signals using printable or online key. ○ Activity 2: Cut and create messages with signal flags. • https://www.nps.gov/articles/000/signal-flags-activity.htm
Thursday	Phys Ed	<ul style="list-style-type: none"> • Try these three exercises during some screen-free breaks: https://drive.google.com/file/d/16W-C9o0-wr1b3vi9N9gwGW6hoCXwMyP2/view
Friday	Health	<ul style="list-style-type: none"> • The super sleep kit helps you determine a healthy bed-time routine (pages 2-3). • Keep track of sleep habits and rate your sleep in a sleep journal (page 4). • Read about how sleep impacts us and our moods (pages 5-6). • https://drive.google.com/file/d/1mCS4Y2hRDuVJlsgCVxF90upzf74Q03dL/view <p>Main link for presentation with all activity links. You can click on videos and pdfs individually: https://docs.google.com/presentation/d/1rBp0As3Xf73FDDIHnF9uhrvz9ixsRSZ2nQVoF3oe6vc/present?eType=EmailBlastContent&eld=102f0220-40ec-4fe6-89b5-4afedf86b7f8&slide=id.g93cc408103_4_0</p>
Saturday	Social Emotional Learning	<ul style="list-style-type: none"> • Read about what other students are saying they're thankful for and spread some gratitude of your own: https://drive.google.com/file/d/1er_q0NNjjVP80txiGwysjN8qX6xtH1Yx/view <p>Main link: https://docs.google.com/presentation/d/1rBp0As3Xf73FDDIHnF9uhrvz9ixsRSZ2nQVoF3oe6vc/present?eType=EmailBlastContent&eld=102f0220-40ec-4fe6-89b5-4afedf86b7f8&slide=id.g922577edb5_2_689</p>