

Virtual Enrichment Activities

These activities are listed in order of the suggested grade level, starting with activities for all grades, then pre-K to kindergarten, then elementary and elementary through middle and high school, then middle school and middle through high school. Activities from the same provider may be listed separately as a result.

Day	Subject	# of Activities	Resource Provider	Resource: Activity description & Link	Further Instructions
Sunday	Health Reading	37	Sesame Street in Communities	<ul style="list-style-type: none"> • Staying Healthy: Watch videos, play games, or check out printables on every day ways to stay healthy like washing hands, brushing teeth, eating well, and exercising: https://sesamestreetincommunities.org/topics/health/ 	
Monday	Social Emotional Learning Literacy	22	Sesame Street in Communities	<ul style="list-style-type: none"> • Caring and Sharing: Printables, videos, and an Elmo interactive that explore healthy relationships, empathy, resolving conflict, etc. https://sesamestreetincommunities.org/topics/caring/ 	
Tuesday	Social Emotional Learning Literacy	11	Sesame Street in Communities	<ul style="list-style-type: none"> • Exploring Emotions: Printables, videos, and interactive activities to learn tools for expressing emotions. Includes talking about and expressing feelings with words, act-along, stories, etc. https://sesamestreetincommunities.org/topics/emotions/ 	
Wednesday	Literacy	12	Sesame Street in Communities	<ul style="list-style-type: none"> • Building Language Skills: Printables, videos, and interactive activities on building and use of language. Includes language cards, story creation, vocabulary walk, and more: https://sesamestreetincommunities.org/topics/language/ 	
Thursday	Math Life Skills	12	Sesame Street in Communities	<ul style="list-style-type: none"> • Financial Education: Printables, videos, and interactive activities about how to earn, save, and spend money. Includes videos on saving and earning, stories, the three jars activity, and understanding exchanging money for goods and services: https://sesamestreetincommunities.org/topics/financial-education/ 	
Friday	Math	11	Sesame Street in Communities	<ul style="list-style-type: none"> • Developing Math Skills: Printables, videos, and interactive activities to identify patterns and shapes, learn math terms, sort and build, and more: https://sesamestreetincommunities.org/topics/math/ 	
Saturday	Phys Ed	9	Sesame Street in Communities	<ul style="list-style-type: none"> • Moving Our Bodies: Printables, videos, and interactive activities to get you moving. Includes the 3 B's of calm bodies, move-alongs, counting heartbeats, and 'read and move': https://sesamestreetincommunities.org/topics/exercise/ 	