

Lisa Cardinal

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lisacardinal.ca

London ON, Canada

SUMMARY

IT professional and theatre enthusiast. After joining a youth theatre group at age 7, continued to York University for Theatre Studies, finally returning to London, ON as a Stage Manager and Lighting Designer.

EDUCATION

Western University 2011-2012

B.Ed. Intermediate/Senior, Theatre & French

York University 2007-2011

B.A. Honours Specialization, Theatre & French Studies

THEATRE EXPERIENCE

Stage Manager, 2012-Present

- Schedule and run rehearsals, coordinate stage crews, and call cues.
- Experienced in cast sizes from 2-25 actors, musicals & plays, working with children, stage combat & weaponry.

Productions:

- For London Youth Theatre Education (LYTE): *Chitty Chitty Bang Bang* (2025), *Disaster!* (2024)
- For Musical Theatre Productions (MTP): *Confidential Musical Theatre Project* (2024), *The Beauty Underneath* (2023), *Joseph and the Amazing Technicolor Dreamcoat* (2020)
- For Pacheco Theatre: *Her Wake* (2024), *Bittergirl* (2021), *Jesus Christ Superstar* (2019), *The Who's Tommy* (2019), *The Last Five Years* (2018), *The Rocky Horror Show* (2015, 2016, 2017), *Cat on a Hot Tin Roof* (2015)
- For Project G Force: *On Demand* (2023), *Canuck Enough?* (2018)
- Other: *The Minutes* (Theatre Aezir, 2024), *Tango in the Dark* (Pointe Tango, 2024), *Spring Awakening* (OKTC, 2012), *A Funny Thing Happened on the Way to the Forum* (Althouse, 2012)

Lighting Designer, 2021-Present

- Plot, hang, and focus instruments. Create and record cues in ETC Eos.
- Experienced in general stage lighting for plays and musicals, procuring rentals, SFX including dry ice fog machines, haze machines, LED specials.

Productions:

- Season Lighting Designer for London Youth Theatre Education: *The Spongebob Musical* (2025), *Chitty Chitty Bang Bang* (2025), *Willy Wonka Jr.* (2025), and all productions since the 2021/22 season.
- Other: *25th Annual Putnam County Spelling Bee* (Allswell, 2025), *Tango in the Dark* (Pointe Tango, 2024), *The Game's Afoot* (LCP, 2023), *The Beauty Underneath* (MTP, 2023), *Cinderella* (MTP, 2022), London Fringe Festival (2021)

Assistant Production Stage Manager, Shaw Festival Theatre, Spring 2023

- Assistant to Meredith Macdonald, Shaw Festival PSM.
- Draft, proof, and produce the daily schedule across Shaw Festival's 13 productions: collect daily rehearsal schedules, manage absences, coordinate costume and wig fittings, and schedule classes / room bookings.

PROFESSIONAL WORKING EXPERIENCE

INVISIBLE TECHNOLOGIES, 2023-PRESENT *Invisible is your operations, automation, and AI partner to deliver faster outcomes.*

Product Manager, May 2023-Present

RCRDSHP, 2021-2022

RCRDSHP (pronounced 'Record Shop') is a digital collectibles platform for music NFTs.

Product Manager & Marketing Director, Mar 2022-Nov 2022

Manager, Digital Engagement & Community, Nov 2021-Nov 2022

GOODLIFE FITNESS, 2016-2021

GoodLife is Canada's largest health club and the 4th largest in the world.

Program Director, MOVE by GoodLife Kids, Jan 2020-Nov 2021

Sr. Product Owner & Business Analyst, Aug 2016-Jan 2020