

# D.Core

## STRATUS JP

DC-010A(J)

Instruction Manual

Thank you very much for purchasing D\_Core.

With this product, you can enjoy various types of massages aimed at recovery from fatigue and alleviation of fatigue.

We hope that you will use this product as a good partner in your daily health management for many years.

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- ◎ Before use, thoroughly read this “Instruction Manual” for proper use.
- ◎ Keep this “Instruction Manual” close at hand for easy access at any time.
- ◎ Since this product is designed for home use, when it is used for purposes other than home use (business application, etc.), consult your dealer or distributor.





# Safety Precautions

Before use, thoroughly read these safety precautions for proper use. This Instruction Manual describes important items to prevent harm to users and others as well as property damage and to ensure safe and proper use of the product. Read the main text after thoroughly understanding the following (indications and symbols), and observe the instructions described. For part names, see pages 8 and 9.

## Indications


 <b>Warning</b>	Indicates a potentially hazardous situation that could result in death or serious injury if the indication is disregarded and handled incorrectly.
 <b>Caution</b>	Indicates a potentially hazardous situation that may result in minor or moderate injury or in property damage if the indication is disregarded and handled incorrectly.




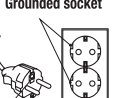
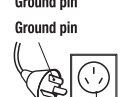

## Symbols and their meanings

	The  symbol indicates prohibited actions. (The figure on the left-hand side indicates disassembly is prohibited.)
	The  symbol indicates compulsory actions and instructions. (The figure on the left-hand side instructs to unplug the power plug.)

Even after reading the instructions, keep this Instruction Manual in a safe place easily accessible to users at any time.

## Points to note on use location



 <b>Compulsory</b>	<ul style="list-style-type: none"> <li>● Use the product only after placing it in an area where the floor is horizontal. → In an unstable area, the main unit may overturn, causing an accident.</li> </ul>
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 <b>Prohibited</b>	<ul style="list-style-type: none"> <li>● Do not use the product in a bathroom, sauna, or other high-humidity areas. → May cause an electric shock or malfunction.</li> </ul>
 <b>Ground</b>	<ul style="list-style-type: none"> <li>● Make sure to ground this product. → In the event of a malfunction or damage to the product, the risk of an electric shock can be reduced.</li> <li>● When in doubt about whether grounding is appropriate, contact a licensed electrician or serviceperson.</li> <li>● This product is used with a commonly-used AC circuit, and comes with a ground terminal as shown in the illustration on the right-hand side. If the shape of your wall socket does not match the plug, do not modify it on your own but consult a licensed electrician.</li> <li>● Do not use an adapter.</li> </ul> <div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;">  <p>Grounded socket</p> </div> <div style="text-align: center;">  <p>Grounded socket</p> </div> </div> <div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;">  <p>Ground pin Ground pin Grounded socket</p> </div> <div style="text-align: center;">  <p>Ground pin Ground pin Grounded socket</p> </div> </div>

## Points to note before use






### Warning

 <b>Prohibited</b>	<ul style="list-style-type: none"> <li>● <b>The following persons should not use the product.</b> <ul style="list-style-type: none"> <li>○ Persons who are prohibited from massages by doctors due to: thrombosis (embolism), severe aneurysm, acute varicosity, various dermatitis ailments and skin infections [including inflammation of subcutaneous tissue], etc.</li> <li>○ Persons suspected of having acute cervical sprain (whiplash)</li> <li>○ Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.</li> </ul> </li> <li>● <b>Do not use the product with power sources other than 120V AC.</b> <ul style="list-style-type: none"> <li>→ May cause a fire or electric shock.</li> </ul> </li> <li>● <b>Do not use the product with a transformer.</b> <ul style="list-style-type: none"> <li>→ May cause a malfunction or electric shock.</li> </ul> </li> <li>● <b>Do not use the product if the power cord or power plug is damaged or its insertion into a wall socket is loose.</b> <ul style="list-style-type: none"> <li>→ May cause an electric shock, short circuit, or ignition.</li> </ul> </li> </ul>
 <b>Compulsory</b>	<ul style="list-style-type: none"> <li>● <b>The following persons should consult a doctor before use.</b> <ul style="list-style-type: none"> <li>○ Persons who have heart trouble</li> <li>○ Persons who have wounds on parts of the body to be treated</li> <li>○ Persons who have sensory impairment disorders resulting from advanced peripheral circulatory disturbances such as diabetes, etc.</li> <li>○ Persons who have osteoporosis, and persons who have acute pain due to spinal fracture, sprain, muscle strain, etc.</li> <li>○ Persons who have body temperatures above 38 degrees C (duration of fever) for the duration of such time that acute inflammatory symptoms [malaise, chills, fluctuations in blood pressure, etc.] are strong; and when weak</li> <li>○ Persons who are unstable during the early stages of pregnancy or immediately after childbirth</li> <li>○ Persons who use pacemakers and other body-implantable electrical medical devices that are susceptible to electromagnetic interference</li> <li>○ Persons who have backbone (spine) abnormalities or lateral curvature of the spine</li> <li>○ Persons who intend to use the product on parts of the body having been medically treated previously or affected areas currently under treatment</li> <li>○ Persons who have malignant tumors</li> <li>○ Persons who need rest</li> <li>○ Persons who have visceral diseases and other acute symptoms</li> <li>○ Persons who are under medical treatment, and persons who feel physical abnormalities in particular</li> <li>○ Persons who have deformed joints due to rheumatism, gout, etc.</li> <li>○ Persons who experience dizziness, lightheadedness, and tinnitus symptoms</li> <li>○ Persons who have inflammation caused by sprain, muscle strain, etc.</li> <li>○ Persons who have or are suspected of having tenosynovitis</li> <li>○ Persons who are found to have a loss of temperature sensibility [heater-equipped models only]</li> </ul> </li> <li>● <b>Before starting a massage, make sure to check that the fabric of the main unit is not torn. In addition, make sure to check that the fabric of other parts is not torn. However small a tear may be, immediately stop using the product, unplug the power plug, and contact your distributor (printed on the back cover). Never remove the fabric of the main unit or use it in a torn state as this is very dangerous. → Using the product with the fabric in a torn state may result in an accident, injury, or electric shock.</b></li> <li>● <b>Even without a specific disease, elderly persons and persons who may have weak bones should consult a doctor before use.</b></li> <li>● <b>If there is no effect from use, consult a doctor or expert.</b></li> <li>● <b>Prevent children and pets from playing with this equipment.</b></li> <li>● <b>Since there is a danger that you may suffer low temperature burns, strictly observe the operating time.</b></li> <li>● <b>Burns will result from improper use. ● Read instructions before using.</b></li> <li>● <b>Do not wet - Do not use pins. ● Never remove cover.</b></li> <li>● <b>Temperatures sufficiently high to cause burns may occur regardless of setting. Do not use on an infant or invalid or on a sleeping or unconscious person. Skin in contact with the heated area of the appliance frequently to reduce the risk of blistering.</b></li> </ul>



# Safety Precautions

## Points to note before use

 <b>Caution</b>	
 <b>Prohibited</b>	<ul style="list-style-type: none"> <li>● <b>Do not use the product by methods other than those in this Instruction Manual.</b> In addition, do not use this equipment in combination with other therapeutic devices, an electric blanket, etc. → May adversely affect the body or cause injury.</li> <li>● <b>Do not move the product with any person on it.</b> → The main unit may overturn, causing an accident or injury.</li> <li>● <b>Do not sit in the chair while it is reclined.</b> → An impact may be applied to the footrest, causing a malfunction. In addition, the main unit may overturn, causing an accident or injury.</li> <li>● <b>Do not use this equipment with any other item than the included items.</b></li> <li>● <b>Do Not Crush – Avoid sharp folds.</b></li> </ul>
 <b>Compulsory</b>	<ul style="list-style-type: none"> <li>● <b>Before inserting the power plug into a wall socket, check that the main power switch is “OFF.”</b> → May cause a malfunction or electric shock.</li> <li>● <b>Make sure that the power plug and connector are completely inserted.</b> → May cause an electric shock, short circuit, or ignition.</li> <li>● <b>Before use, turn on all the switches in order by following this Instruction Manual, and check that the equipment functions normally.</b></li> <li>● <b>Start massage from a weak stimulation.</b> → If massage is started with a strong stimulation, injury may result. In particular, elderly persons and persons who may have weak bones should massage themselves with due caution.</li> <li>● <b>For your safety, check each mechanism position, and if any mechanism is not in the stowed position, turn on the main power switch, check that it is stowed properly, and then slowly sit down.</b></li> <li>● <b>Avoid such actions as stepping on, standing on, or sitting on the footrest.</b> → May cause an accident, injury, or malfunction due to overturning.</li> <li>● <b>When using the product again after not using it for a long time, make sure to thoroughly read this Instruction Manual again, and then check that the equipment functions normally before use.</b></li> </ul>

## Points to note during use

### Warning

 <b>Prohibited</b>	<ul style="list-style-type: none"> <li>● Do not wind the power cord around the main unit, or allow the main unit or footrest to press down on it. In addition, do not damage, break, rework, forcibly bend, pull, or twist the power cord. → The cord may be damaged, causing a fire or electric shock.</li> <li>● Do not spill water or the like on the main unit. → May cause an electric shock, short circuit, or ignition.</li> <li>● Do not sit in the chair when your body is wet, and do not operate with wet hands. → May cause an electric shock or malfunction.</li> <li>● Do not allow children, persons who cannot express their intentions for themselves, or persons with disabilities to use the product. In addition, do not allow children and pets to play around the main unit (behind the backrest, under the footrest, etc.) or get/sit on the main unit. → May cause an accident or injury.</li> <li>● Do not allow two or more persons to sit in the chair at the same time. In particular, do not use the chair while holding any small child (such as an infant). → May cause an accident or injury.</li> <li>● If the fabric is torn, do not use the product. Unplug the power plug from the wall socket. → May cause an accident, injury, or electric shock. For repair, consult your distributor (printed on the back cover).</li> <li>● Do not directly touch the LED parts while they are illuminated and immediately after turning off. → May cause an electric shock or malfunction.</li> <li>● Do not use the product while wearing a wristwatch, necklace, or other accessories. Never use pins or other metallic fasteners with this appliance. → May cause an accident or injury.</li> <li>● Keep long hair away from massager while in use. → May cause an accident or injury.</li> </ul>
 <b>Compulsory</b>	<ul style="list-style-type: none"> <li>● Before starting massage programs and when raising or lowering the reclining chair, make sure to check that there is no one (such as a child in particular) or any pet around the chair. In addition, be careful not to get your body or other objects caught behind the backrest and under the footrest. → May cause an accident or injury.</li> <li>● If your body or any objects are caught in the chair, press the reclining button to return it to a safe position.</li> <li>● Do not put any cloth, paper, plastic bag, or other flammable items onto the LED parts, or bring them into contact with each other.</li> <li>● Do not insert metals (hairpins, wire) or the like into the gaps of this equipment, etc. (such as LED parts and power cord in particular) → May cause an electric shock, short circuit, or ignition.</li> <li>● Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.</li> <li>● Never drop or insert any object into any opening.</li> </ul>

# Safety Precautions

## Points to note during use

### Caution



- Do not use the product for unclothed parts of the body.
- Do not use the product for any purpose other than massage and sitting.  
→ May cause an accident or injury.
- Do not put your hand in portions where the rollers go up and down, or movable portions of the reclining chair, etc. In addition, do not use the product while wearing hard items, such as a belt.  
→ May cause injury or a malfunction.
- Do not use the product for the head, chest, abdomen, and joints (such as elbows and knees).  
→ May cause you to feel sick or get injured.
- Do not allow the product to run unattended.  
→ May cause an accident or injury.
- Do not use the footrest for other parts of the body than legs.  
→ May cause injury.
- If one or both of your legs come out of the footrest while your legs are being massaged, do not try to force them back in.  
→ Forced insertion may cause a malfunction.
- Do not use the armrests for other parts of the body than arms.  
→ May cause injury.
- If one or both of your arms come out of the armrests while your arms are being massaged, do not try to force them back in.  
→ Forced insertion may cause a malfunction.
- Do not look directly at the LEDs of the armrests.  
→ May cause injury.



- In case of an emergency or if you feel any abnormality during operation, press the ALL STOP button to stop the operation.
- If you feel severe pain or any abnormality in your body during use, immediately stop using the product, and consult a doctor.
- If you feel that the massage stimulation is strong, weaken the stimulation by following this Instruction Manual. If you still feel that it is strong, stop using the product and consult your distributor (printed on the back cover).  
→ Continuous use under strong stimulation may result in injury.
- Be careful not to fall asleep during the massage.  
→ May cause injury.
- Only massage yourself within 30 minutes a day. Continuous use in the same place should be 5 minutes at most.  
→ Continuous use for a long time may result in excessive stimulation, having an adverse effect or causing injury.
- Make sure to check that there is no one (such as a child in particular) or any pet around the chair before use.  
→ May cause an accident or injury.
- Do not massage yourself with the back pad removed.
- Keep the cord away from heated surfaces.  
→ May result in a burns, fire, electric shock or injury.

## Points to note during use

### Caution



- In the event of a power outage or if there is a possibility of a power outage, immediately stop using the product, turn "OFF" the main power switch, and unplug the power plug from the wall socket.  
→ At the time of recovery from a power outage, an accident or injury may result.
- If there is a possibility of a lightning strike, immediately stop using the product, turn "OFF" the main power switch, and unplug the power plug from the wall socket.
- If no movement is made or you feel any abnormality, in order to prevent accidents, immediately stop using the product, turn "OFF" the main power switch, unplug the power plug from the wall socket, and ask your distributor (printed on the back cover) for inspection and repair.  
→ May cause a fire due to an electric shock, current leakage, short circuit, etc.
- Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

## Points to note after using and when not using the product

### Caution



- Use the power cord only for this equipment.
- After using this equipment, make sure to raise the reclining chair completely.
- Do not place unnecessary items on the product.
- LED lights are not replaceable.



- Keep the cord away from heated surfaces.  
→ May result in a burns, fire, electric shock or injury.
- After use, make sure to turn "OFF" the main power switch, and unplug the power plug from the wall socket.  
→ May result in an accident or injury due to mischief made by children and pets, etc.
- Store the power cord after untwisting it.  
→ The power cord may deteriorate, causing an electric shock, current leakage, or fire.





- When unplugging the power plug from the wall socket, do not yank on the power cord, but make sure to do so holding the power plug.  
→ May cause a fire due to an electric shock or short circuit.
- When performing maintenance, make sure to unplug the power plug from the wall socket. In addition, do not plug in or unplug the power plug with wet hands.
- When not using the product, turn all controls to the off position, make sure to unplug the power plug from the wall socket.  
→ May result in insulation deterioration due to dust and moisture, causing an electric shock, current leakage, or fire.

# Safety Precautions

## Other points to note

### Warning

 Prohibited	<ul style="list-style-type: none"><li>● Do not stand on the main unit. Do not exert a strong impact from above by sitting outside the seat, etc. → May cause an accident, injury, or malfunction due to overturning.</li></ul>
 Disassembly prohibited	<ul style="list-style-type: none"><li>● In the event of a malfunction of the equipment, do not repair it on your own but contact your dealer or distributor (printed on the back cover).</li><li>● If the power cord is damaged, which is dangerous, ask your distributor (printed on the back cover) for replacement of the power cord.</li><li>● Do not modify the equipment. → May cause a fire, electric shock or injury.</li></ul>

### Caution

 Compulsory	<ul style="list-style-type: none"><li>● When transferring or lending the product to another person, make sure to hand over this Instruction Manual together with the main unit.</li></ul>
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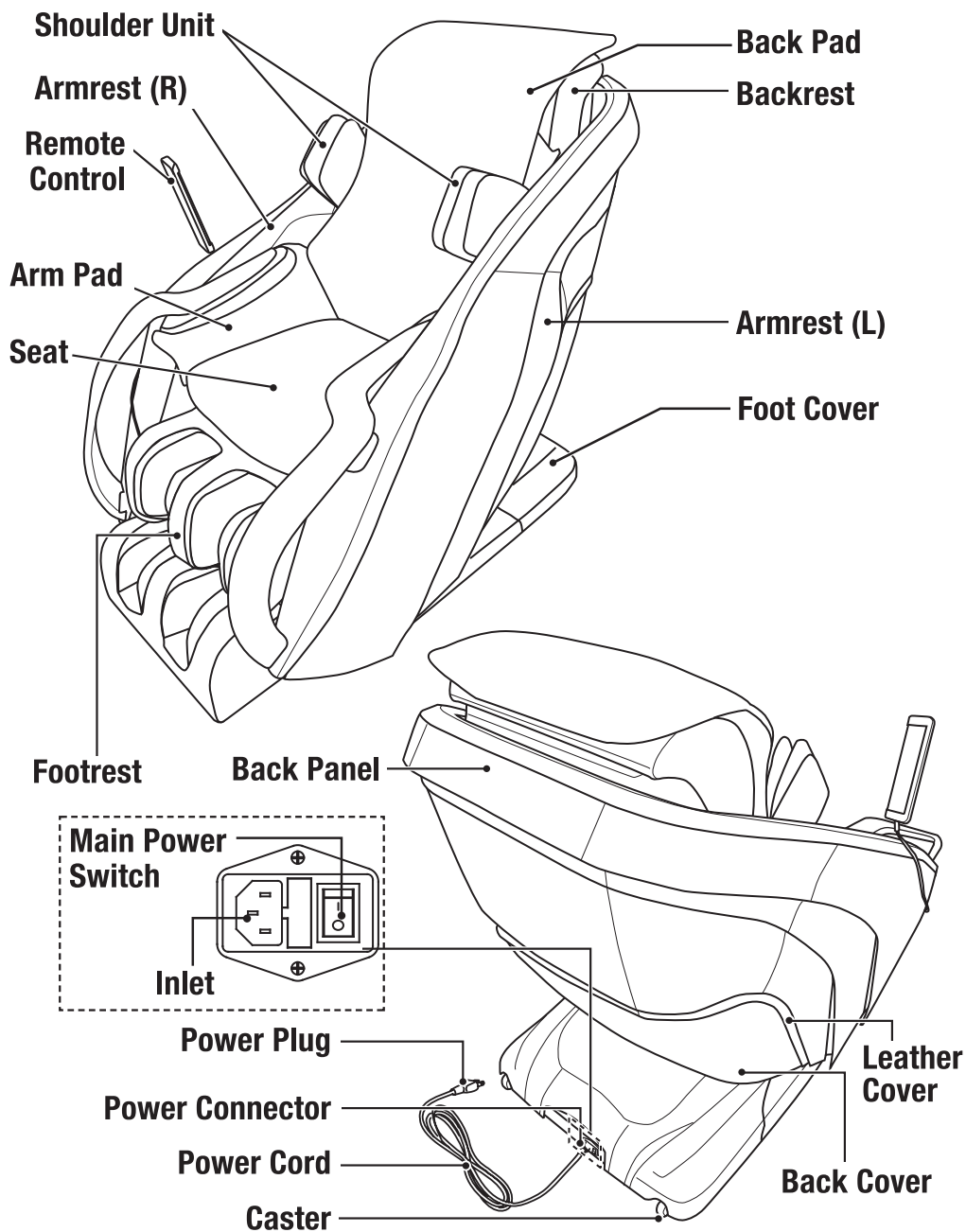
## Request

- When disposing of the product and included items, inquire about proper disposal methods at the municipal office nearest you.

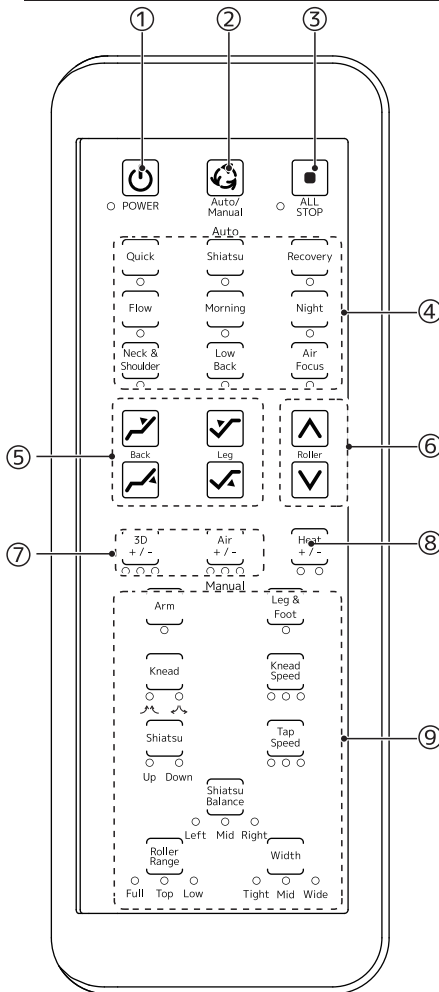


# Part Names and Functions

\* Image for illustration purposes only. Shapes will vary according to the model.



# Part Names and Functions



①	<b>POWER</b>	Turns "ON" and "OFF" the power of the remote control. If this button is pressed during operation, the chair returns to its initial position and then stops. LED lights in blue when the remote control is in the "ON" state, and it goes out when the remote control is in the "OFF" state and during an emergency stop. With only the main power in the "ON" state, the LED flashes in blue as a standby state.
②	<b>Auto/Manual (Mode select button)</b>	Switches between the auto program mode and manual program mode. When the power of the remote control is turned on, the auto program mode can be selected, and when this button is pressed, LEDs under the Manual buttons light in blue so that the manual program mode can be selected.
③	<b>ALL STOP</b>	Press this button in case of an emergency or if you feel any abnormality during operation. The operation will stop instantly.
④	<b>Auto</b>	Each program can be selected by the corresponding button.
⑤	<b>Back, Leg</b>	Adjusts the reclining angle.
⑥	<b>Roller</b>	Use these buttons to adjust the shoulder position at the time of shiatsu point search, and adjust the roller position in the desired program.
⑦	<b>Intensity adjustment (3D/Air)</b>	The mechanism push-out intensity and the intensities of the armrests and footrest can be adjusted.
⑧	<b>Heat (Heater-equipped models)</b>	The heater can be turned ON/OFF and the temperature can be adjusted.
⑨	<b>Manual</b>	Basic and special motions can be selected.

<b>Warning</b>	<ul style="list-style-type: none"> <li>Do not spill water or the like on the remote control.</li> <li>Do not operate with wet hands.</li> </ul>
<b>Caution</b>	<ul style="list-style-type: none"> <li>Do not sit on the remote control, drop or step on it, or give a strong pull to the cord.</li> <li>Do not press the buttons with a pointy or hard object.</li> </ul> <p>→ May cause damage.</p>

# Before Use

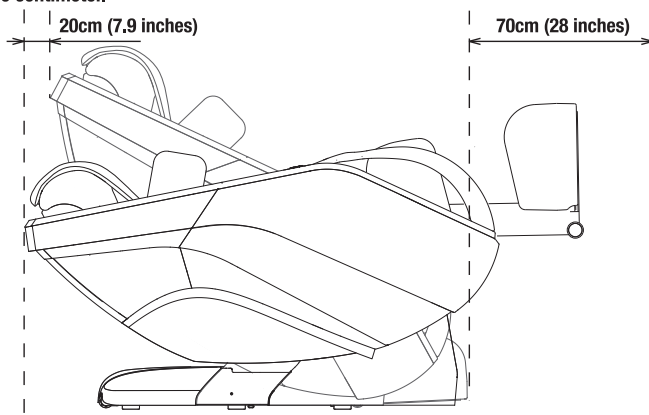
- This product is packed and delivered with the backrest raised and the shoulder unit lowered. Before use, make sure to raise the shoulder unit.
- When using the product after raising the room temperature in a very cold room, do not increase the room temperature suddenly but gradually. If this equipment is brought into a warm room when it is cold, wait for about one hour before use.  
→ Condensation may occur on the operating parts, and performance may not be fully demonstrated.

## About installation location

To prevent the chair from colliding with walls and other objects when reclined, leave a space of approximately 20cm (7.9 inches) or more behind the main unit and secure a space of approximately 70cm (28 inches) or more in front of the main unit.

### Caution

- Do not use the product in a bath room, sauna, or other high-humidity areas.
  - Use the product only after placing it in an area where the floor is horizontal.
  - Do not install the product in a place subjected to high temperatures, such as an area exposed to direct sunlight or near a stove.
  - Keep flammables away, including cigarettes and ashtrays, etc.
  - Do not use the product in an area directly exposed to air from air conditioning equipment.
- In order to prevent floor damage and to lessen operating sounds, lay a carpet or the like under the main unit. (Do not lay an electric carpet under the main unit.)
  - Since the product is heavy, be careful not to damage the floor surface when setting it down.
  - Keep 1m (39 inches) or more away from a TV, radio, and other AV equipment. There may be noise interference.
  - When a person weighing 100kg (220 lbs) sits in the chair, a load of approximately 3.9kg (8.6 lbs) is applied per square centimeter.



## Checking of the packaged items

Check that the packing box contains the main unit, footrest, armrests (L/R), and packaged items.

Main Unit	Footrest	Armrests	Packaged items	
			Instruction Manual Buffer Pad Sole Pads Back Panel Back Cover	Power Cord Remote Holder A set of assembly screws and tools (screw A: 4 screws, screw B: 2 screws, screw C: 2 screws, screw D: 2 screws, 2 bushes, 1 L-wrench)

# Before Use

## Installation and assembly procedures

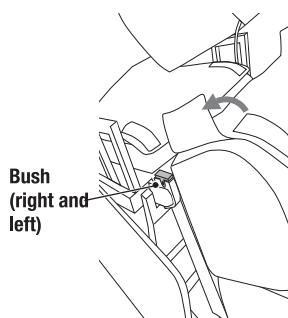
For this equipment, the main unit, footrest, and armrests (L/R) are packed separately. At the time of initial installation, assemble them for use. In addition, when moving this equipment, disassemble them by reversing the assembly procedure, and reassemble them for use after re-installation.



### Caution

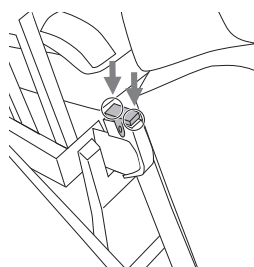
- Be very careful not to get your hands and other objects caught during installation and assembly.
- Be careful not to step on the power cord with the foot cover etc., during installation.

- ① Lift up the seat, fit the bushes to the shaft of the footrest, and then lift up the footrest in the direction of the arrow, and hook it on the main unit.

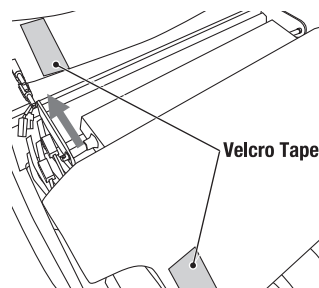


- ② Fix the bushes and the main unit with screw A.

\* Screw A comes with a small washer. Be careful not to use screw C that comes with a large washer.

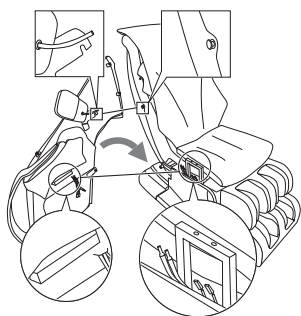


- ③ Connect the air hoses and cables (Connect the hoses of the same color. Cable connection cannot be reversed.), and attach the Velcro tape provided at the gray portions in the illustration.



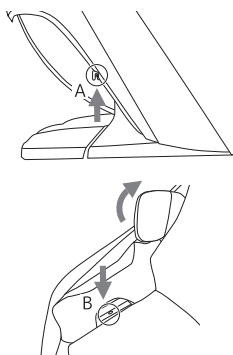
- ④ Hook the backside of the armrest (□ portion in the illustration) on the pin at the rear of the main unit, and place the center of the armrest (○ portion in the illustration) on the seat frame of the main unit.

\* Be careful not to tuck in the air hoses and cables.



- ⑤ Fix the armrest and the main unit with screws in the order of A to B.

\* Use screw B for portion A, and screw C for portions B.  
\* Raise the stowed shoulder unit.



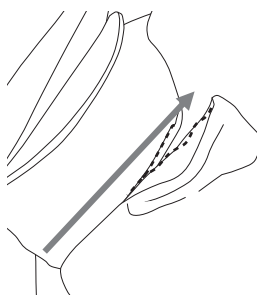
- ⑥ Connect the air hoses and cables. (Connect the same color parts to each other.)

\* The number of hoses and cables will vary according to the model.



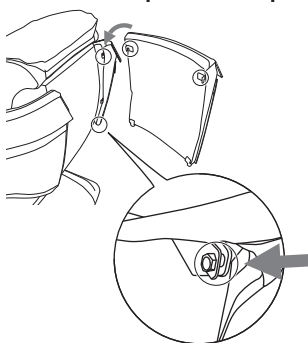
**⑦ Zip up the arm pad and seat.**

\* Stow the air hose and cable connected in ⑥ inside the arm pad.



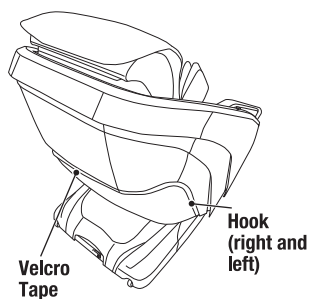
**⑧ Install the armrest on the opposite side in a like manner by the same procedure as ④ to ⑦.**

**⑨ Hang the back panel on the hooks at the rear of the right and left armrests, push it in as far as it will go. Then, fix with screw D in the lower portion of the panel.**



**⑩ Hang the back cover on the hooks in front of the armrests, and fix it with the Velcro tape at the rear.**

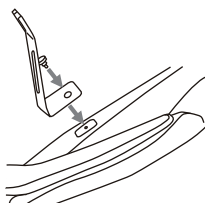
\* Be careful not to allow the leather cover to enter inside the back cover.



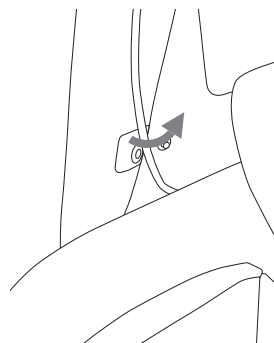
**⑪ You can choose to use a magnet or the remote holder to hold store remote control on the armrest. If using the magnet, you don't need to assemble. If using the holer, unscrew the magnet on top of the armrest (right), place the holer on the armrest, then secure with the screw. Please adjust the remote holder to your preferred angle before installation.**

\* Be careful not to pinch the cable of the remote control.

\* When you adjust the angle, please be sure to loosen the screw before adjustment.



**⑫ Pass the cable of the remote control through the loop in front of the armrest (R), and securely button it up.**



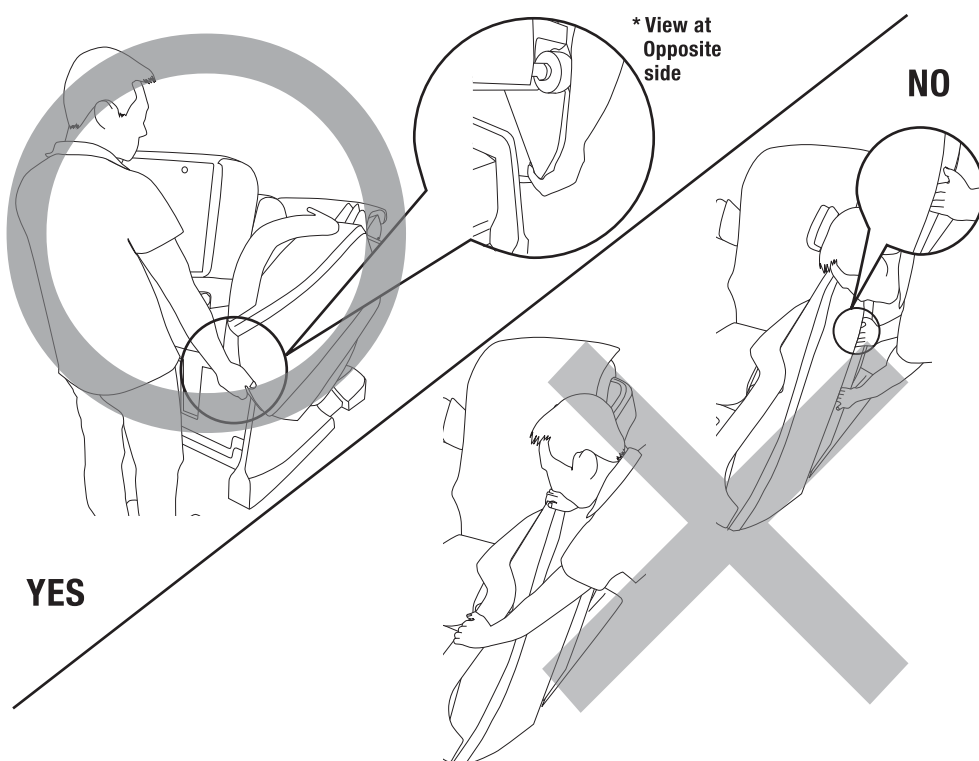
# Before Use

## How to move

The main unit comes with moving casters. Turn “OFF” the main power switch, unplug the power plug from the wall socket, and then carry it.

Recline the chair, raise the footrest, lift the front side off the floor holding the undersides of the armrests, and move with the casters.

If it is difficult for one person to carry it, two persons should hold the undersides of the armrests at opposite sides to lift the front side off the floor and move with the casters.



If it cannot be moved by the usual method, remove the armrests and footrest by following the assembly procedure on pages 11 and 12 to move the product. If it still cannot be moved, contact your distributor printed on the back cover.

- Since the product is heavy, wear gloves for transport so as not to drop the product or get injured when carrying in or moving the product.
- Since the product is heavy, be careful not to injure your lower back, etc., when carrying in or moving the product.
- Since the product comes with a remote control, be careful not to drop it when moving the product.

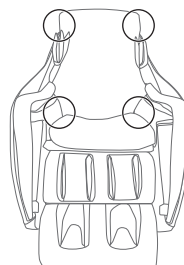


**Caution**

- Be careful not to exert excessive force on the wooden parts.
- Do not move the product with a person on it.
- When moving the product, be very careful not to get your foot or power cord, etc., caught.
- Be careful not to damage the floor with the casters.

## Checking of the fabric

Put your arm inside from the zipper of the back pad, and check the fabric, etc., of the main unit for tears. (○ portions in the illustration on the right) In addition, check the fabric of other parts for tears. When putting your arm inside, make sure to turn "OFF" the main power, and be very careful not to get injured by the zipper and parts inside the back pad, etc.

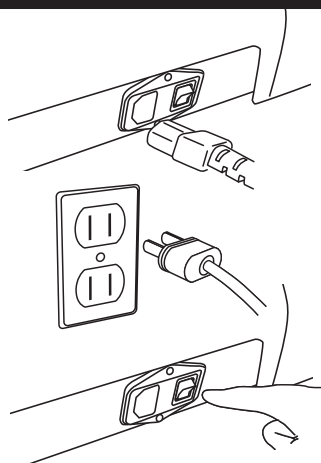


### Warning

- Before starting a massage, make sure to check that the fabric of the main unit is not torn. However small a tear may be, immediately stop using the product, unplug the power plug, and contact your distributor (printed on the back cover). Never remove the fabric on the treating parts or use it in a torn state as this is very dangerous.

## How to turn on the main power

- ① Insert the power connector into the inlet.
- ② Insert the power plug into a wall socket. Securely connect the ground wire coming out from the power plug to the ground terminal of the power-supply wall socket. If the power-supply wall socket has no ground terminal, consult your dealer.  
\* Shapes of the plug and wall socket will vary from country to country.
- ③ Turn "ON" the main power switch at the rear of the main unit.



### Warning

- Do not use the product with a transformer.  
→ May cause a malfunction or electric shock.
- Use the product only in the country of your purchase.  
→ May cause a malfunction or electric shock.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.  
→ May cause a malfunction or electric shock.

### Caution

- Before inserting the power plug into the wall socket, check that the main power switch is "OFF."
- Securely insert the power plug as far as it will go.
- When using the product, turn on all the switches in order by following this Instruction Manual, and check that the equipment functions normally.

# Chair Adjustments

## How to sit in the chair

Normally, the mechanisms are stored in their stowed positions.

For your safety, check each mechanism position, and if any mechanism is located outside its stowed position, do not sit down immediately but turn on the main power switch to return it to the stowed state, and then slowly sit down in the center of the chair.



### Caution

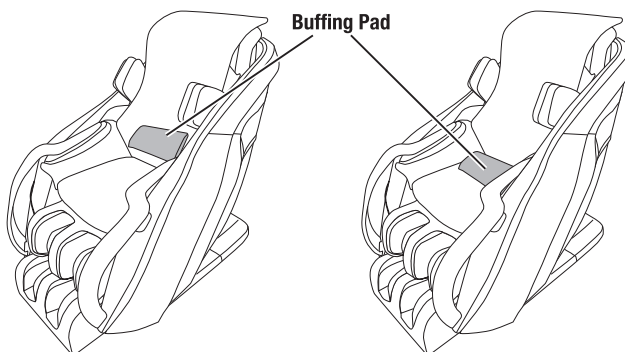
- Do not sit in the chair while it is reclined.  
→ May cause a malfunction as impact may be exerted on the backrest and footrest. In addition, the main unit may overturn, causing an accident or injury.
- Start massage from a weak stimulation.

When getting in/out of the chair, do not support yourself by placing your hands on the wooden handrails fitted on the armrests. Doing so may cause a malfunction. Get in/out of the chair while supporting yourself by placing your hands on the top surfaces of the armrests.



## How to use the buffing pad

If you feel that the massage is strong, place the included buffing pad on the back pad or seat during the massage.



### Caution

- Check that the buffing pad is not curled or one-sided.  
→ May cause a malfunction or injury.

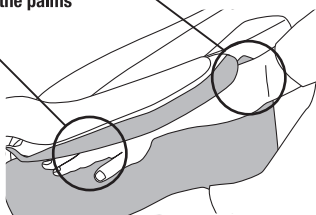


## How to use the armrests

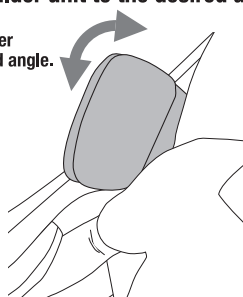
As shown in the illustration below, place your arm so that elbows come between the armrest and backrest. In addition, adjust the angle of the shoulder unit to the desired angle.

Place elbows between the armrest and backrest.

Insert so that the palms face down.



Adjust the shoulder unit to the desired angle.



### ⚠ Caution

- Do not use the armrests for other parts of the body than the arms.  
→ May cause injury.
- If one or both of your arms come out of the armrests while your arms are being massaged, do not try to force them back in.  
→ Forced insertion may cause a malfunction.
- Do not massage elbows. In addition, your palms should face down during the massage. Do not put your arms in other directions.  
→ May cause injury.

## How to use the reclining chair

By pressing the reclining buttons, the backrest and footrest can be adjusted.

### ■ For raising the reclining chair

The backrest can be raised by pressing the upper button of Back.  
At this time, the footrest is lowered in tandem.

### ■ For raising the footrest

The footrest can be raised by pressing the upper button of Leg.



Back



Leg



### ■ For lowering the reclining chair

The backrest can be lowered by pressing the lower button of Back.  
At this time, the footrest is raised in tandem.

### ■ For lowering the footrest

The footrest can be lowered by pressing the lower button of Leg.

### ⚠ Warning

- Before starting a massage program and when lowering the reclining chair, make sure to check that there is no one (such as a child in particular) or any pet around the chair. In addition, be careful not to get your body or other objects caught behind the backrest and under the footrest.

# How to Operate

## Programs and features

### [Auto programs]

Programs can be easily selected from the preset menu items according to purpose/use.

Quick Program	(Approximately 10 minutes)	This program is recommended for persons who do not have much time to massage. The entire body from the neck to the soles of the feet are massaged in a short time.
Shiatsu Program	(Approximately 30 minutes)	This program focuses attention on unstiffening the entire body by our unique core shiatsu function. Shiatsu points deep in the body are carefully unstiffened by shiatsu motion.
Recovery Program	(Approximately 15 minutes)	A program to alleviate general fatigue. From the root of the neck to the ankle, gently rubbing the acupoints of the whole body without omission.
Flow Program	(Approximately 15 minutes)	This program focuses attention on promoting blood circulation around the entire body. Blood circulation is promoted while unstiffening muscles with massages for blood circulation from the extremities to the center of the body.
Morning Program	(Approximately 15 minutes)	Massages are performed along vein flows by sending blood flows from the body's extremities back to the heart by the centripetal method. When you want to refresh your body or awaken your body, this program is recommended.
Night Program	(Approximately 15 minutes)	Massages are performed along arterial flows by promoting blood flows from the heart to the body's extremities by the centrifugal method. When you want to relax your body or before bedtime, this program is recommended.
Neck & Shoulder Program	(Approximately 10 minutes)	This program intensively massages the base of the neck, the back of the neck, the upper parts of the shoulders, and the muscles around the shoulder blades. This program is recommended for persons who feel fatigue around the neck and shoulders and who want to refresh the area around the neck.
Low Back Program	(Approximately 10 minutes)	This program intensively massages the lower back. This program is recommended for persons who feel fatigue around the lower back and who want to refresh around the waist.
Air Focus Program	(Approximately 10 minutes)	This program focuses attention on the body's extremities, including the fingers and toes. Blood circulation around the entire body is promoted by stimulating the body's extremities.

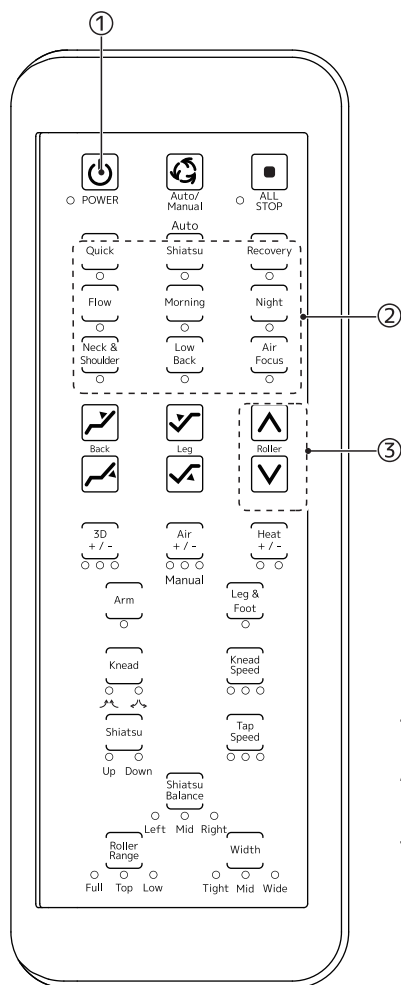
### [Manual programs]

Desired functions can also be combined. In addition, speed and intensity, as well as up-and-down and other massage movements can also be adjusted.

# Auto Programs

## Massages in auto programs

- Nine types of programs are available for the purposes of recovery from fatigue and alleviation of fatigue, etc.
- By selecting the desired program with each corresponding program button, massages are performed based on the preset menu.



### ① Press the POWER button.

If there is no selection entered after 90 minutes, the power turns off automatically.

### ② Press the button corresponding to your desired program.

The reclining chair moves to the optimum angle for massages. After that, a search for shiatsu points is performed.

#### [Request]

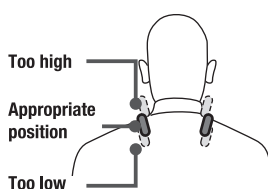
Sit back in the seat and place your head on the backrest in a comfortable position. If your body is not seated, an accurate search for your shiatsu points cannot be performed.

### ③ The shoulder position can be adjusted.

After shiatsu point search, the buzzer beeps. While the buzzer sounds, the shoulder position can be adjusted. If no adjustment is needed, leave it as is.

#### [Shoulder position adjustment]

If the shoulder positions are not aligned, adjust the shoulder positions while the buzzer beeps.



	While the button is pressed, the rollers keep moving upward.
	While the button is pressed, the rollers keep moving downward.

### ④ The program starts.

Upon completion of shiatsu point search, the buzzer stops sounding, and the program starts. During massages, the mechanism intensity and the air intensity can be adjusted.

## Massage intensity adjustment and heater temperature adjustment/cancellation



The massage intensity and the heater temperature can be adjusted. Each time the 3D/Air button is pressed, massage intensity is switched. Each time the Heat button is pressed, switching is performed in the order of weak ⇒ strong ⇒ off. (When the program starts, it is set to off.)

## ⑤ The program ends.

The rollers go back to their stowed positions, and the power of the remote control is automatically brought into a standby state. After that, when you want to make other desired movements, turn "ON" the power of the remote control again.

- After use, turn "OFF" the power of the remote control.

## Program change

Switching to another program can be performed during operation without waiting for the program to end. However, even in the middle of a program, massages end after 90 minutes.

## Auto program → Auto program

During the execution of an auto program, if another auto program button is pressed, the rollers go back to the once-detected shoulder position, and the shoulder position is reconfirmed, and then another program starts. While the shoulder position is reconfirmed, the shoulder position can be adjusted.

## Auto program → Manual program

During the execution of an auto program, if the Auto/Manual button is pressed, the auto program is suspended at the instant when the button is pressed, so that a manual program can be selected. Press the desired program button to start operation.

## Program discontinuation

To discontinue the program, press the POWER button during operation. The program stops after stowing operation. **In case of an emergency or if you feel any abnormality** during operation, press the ALL STOP button. Operation stops instantly.

After safety confirmation, press the POWER button. Stowing operation is performed and then a stop is made. In some auto programs, the reclining chair is automatically lowered when the programs are selected. In addition, in some programs, the footrest angle changes automatically. Therefore, check before use that there is no one or obstruction behind the chair. In addition, be careful that no one approaches during use.

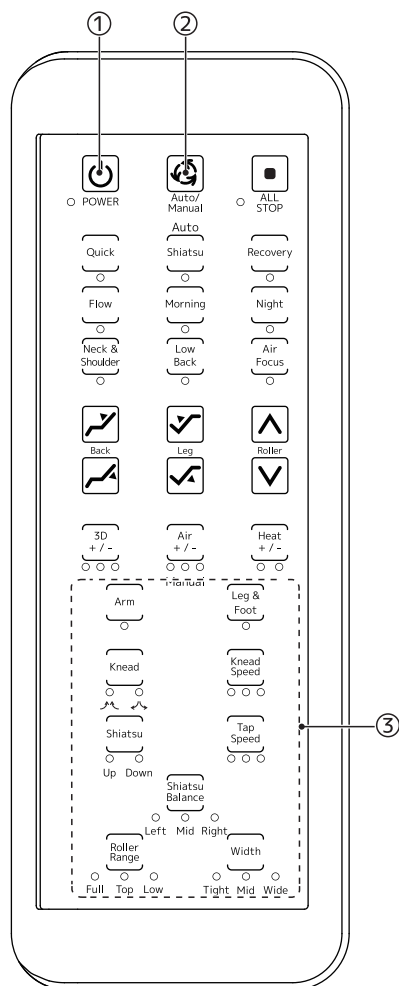


### Caution

- If you feel that the massage stimulation is strong, weaken the stimulation by following this Instruction Manual. If you still feel that it is strong, stop using the product and consult your distributor (printed on the back cover).  
→ Continuous use under strong stimulation may result in injury.
- Do not put your hand or foot in portions where the rollers go up and down, and movable portions of the reclining chair, etc.  
In addition, do not use the product while wearing hard items, such as a hair accessory, necklace, wristwatch, bracelet, ring, and artificial nails.
- If one or both of your legs come out of the footrest while your legs are being massaged, do not try to force them back in.
- Only massage yourself within 30 minutes a day. Continuous use in the same place should be 5 minutes at most.  
→ Continuous use for a long time may result in excessive stimulation, having an adverse effect or causing injury.

# Manual Programs

## How to operate and adjust each part



### ① Press the POWER button.

If there is no selection entered after 90 minutes, the power turns off automatically.

### ② Press the Auto/Manual button.

By pressing the Auto/Manual button, a state in which auto programs can be selected is switched to a state in which manual programs can be selected.

### ③ Press the button corresponding to your desired motions.

Select a combination of desired motions from Knead, Tap, Roller, Shiatsu, and Air massages.

### ④ The program starts.

During massages, the mechanism intensity and the air intensity can be adjusted, and the air operation can be cancelled.

### ⑤ The program ends.

The rollers go back to their stowed positions, and the power of the remote control is automatically brought into a standby state. After that, when you want to make other desired movements, turn "ON" the power of the remote control again.

- After use, put the power of the remote control into a standby state.

## Roller position adjustment



[When Roller is not selected]  
The roller position can be adjusted to the desired massage position.





- When the rollers are at the uppermost position (lowermost position), if Up (Down) is selected, the warning sound will beep.



While the button is pressed, the rollers keep moving upward.



While the button is pressed, the rollers keep moving downward.

Width adjustment	
	During width-adjustable basic motion, the roller width can be switched in the order of Tight ⇒ Mid ⇒ Wide. (When the program starts, it is set to Tight.)
Speed adjustment	
	During speed-adjustable basic motion, the massage speed can be switched in three stages. (When the program starts, it is set so that slow operation is performed.)
Shiatsu balance adjustment	
	During shiatsu motion, the shiatsu balance can be switched in the order of Right ⇒ Left ⇒ Mid. (When the shiatsu motion starts, it is set to Mid.)
Massage intensity adjustment and heater temperature adjustment/cancellation	
	<p>The massage intensity and the heater temperature can be adjusted.</p> <p>Each time the 3D/Air button is pressed, massage intensity is switched.</p> <p>Each time the Heat button is pressed, switching is performed in the order of weak ⇒ strong ⇒ off. (When the program starts, it is set to off.)</p>

### Program change

Switching to another program can be performed during operation without waiting for the program to end. However, even in the middle of a program, massages end after 90 minutes.

### Manual program → Auto program

During the execution of a manual program, if the Auto/Manual button is pressed, the manual program is suspended at the instant when the button is pressed, so that an auto program can be selected. Press the auto program button to start operation. The program starts after the shoulder position is detected.

### Program discontinuation

To discontinue the program, press the POWER button during operation. The program stops after stowing operation. **In case of an emergency or if you feel any abnormality** during operation, press the ALL STOP button. Operation stops instantly.

After safety confirmation, press the POWER button. Stowing operation is performed and then a stop is made. In some auto programs, the reclining chair is automatically lowered when the programs are selected. In addition, in some programs, the footrest angle changes automatically. Therefore, check before use that there is no one or obstruction behind the chair. In addition, be careful that no one approaches during use.




### Caution

- If you feel that the massage stimulation is strong, weaken the stimulation by following this Instruction Manual. If you still feel that it is strong, stop using the product and consult your distributor (printed on the back cover).  
→ Continuous use under strong stimulation may result in injury.
- Do not put your hand or foot in portions where the rollers go up and down, and movable portions of the reclining chair, etc.  
In addition, do not use the product while wearing hard items, such as a hair accessory, necklace, wristwatch, bracelet, ring, and artificial nails.
- If one or both of your legs come out of the footrest while your legs are being massaged, do not try to force them back in.
- Only massage yourself within 30 minutes a day. Continuous use in the same place should be 5 minutes at most.  
→ Continuous use for a long time may result in excessive stimulation, having an adverse effect or causing injury.

# Troubleshooting

Check the following items, and if there still are abnormalities, immediately stop using the product to prevent accidents, unplug the power plug from the wall socket, and consult your dealer or distributor (printed on the back cover).

Problem	Cause & Solution	
The right and left mechanism rollers are out of alignment.	This occurs because of the adoption of the alternate shiatsu mechanism and alternate tapping mechanism, and it is not a malfunction. 	This occurs because of the structure, and it is not a malfunction.
The rollers stop after moving to the shoulder sections.	It is designed so that the rollers move to the shoulder sections to prevent them from interfering with your body at the end of a massage by the auto timer function.	
During kneading motion, the rollers sometimes skip.	This occurs because of getting caught at the boundaries between the places where the mechanisms are subjected to high load and other places where the mechanisms are not subject to a high load when a person is sitting in the chair, as well as individual differences, such as weight and body shape.	
The rollers stop during a massage.	When excessive force is exerted on the rollers, movements may stop. Slightly lift your body or lightly raise the reclining chair. (Extra caution should be taken when a person weighing 100kg (220 lbs) or more uses the product.)	
A basic motion or special motion does not start.	Turn "OFF" the main power switch at the rear of the main unit, wait for about 5 seconds, and then turn on the main power switch again.	After you perform inspection, if there still are abnormalities, immediately stop using the product.
Automatic shiatsu point search fails. (The rollers are not aligned with the height of the shoulders.)	Sit back in the seat and position a pillow behind your head. Immediately after shiatsu point search, the shoulder position can be adjusted by the shoulder position adjustment button.	
Even when pressing any button on the remote control, it does not work properly. Or, the power cannot be turned on.	Check the following items: ① Check to see if the power plug is securely inserted into the wall socket. ② Check to see if the main power switch at the rear of the main unit is "ON." ③ Check for simultaneous pressing of two or more buttons.	
The power cord and/or plug is abnormally hot.	Immediately stop using the product.	

- Persons other than servicepersons should not perform disassembly or repair.
- Consult your dealer or distributor (printed on the back cover).

## Operating sounds

### The following sounds will be heard during operation.

Sound during tapping motion	Rattling sound
Sound of the rollers rubbing against the fabric during kneading motion	Squeaking sound Grinding sound
Sound of the rollers moving up and down, sound during kneading/shiatsu motion	Whirring sound
Sound during air massages	Tapping sound
Sound of the air pump	Booming sound
Sound of air discharge	Hissing sound
Sound of the reclining chair being raised and lowered	Whirring sound

\* The above sounds will not affect the performance, etc., but if the sounds become loud, there is a possibility of a malfunction; therefore, consult your dealer or distributor (printed on the back cover).

# Inspection for Your Safety

For long-term use, have the product periodically inspected.

### Do you have any of these symptoms?

- The product sometimes does not operate even if the switch is turned on.
- The power cord is "cracked" or "flawed."
- The power cord and/or power plug becomes abnormally hot.
- There is a burning odor or abnormal sound or vibration during operation.
- The timer sometimes does not function automatically.
- There are other abnormalities or malfunctions.

If you find any of these symptoms as shown on the left-hand side, stop using the product to prevent malfunctions and accidents, unplug the power plug from the wall socket, and make sure to ask your dealer or distributor (printed on the back cover) for inspection.

### Heartfelt inspection



### For safe use

The fabric on the treating parts is a consumable, and its useful life is one year. (Operating conditions: 60 minutes a day, use on a daily basis)

For safe use, it is recommended to have the product periodically inspected by your dealer or distributor (printed on the back cover) before the useful life expires.

However, if the operating conditions are different from above, the useful life will change.

After about 5 years, it is recommended to have the entire chair inspected for your safety.

For costs related to inspection and repair, consult your dealer or distributor (printed on the back cover).



## FAQ

**Q** Is it OK if I place the chair on an electric carpet?

**A** Do not place the chair on an electric carpet as this may cause a fire.

Since the chair is heavy, the heating element of the electric carpet may be damaged, and ignition may occur.

**Q** Is it OK if I install the chair on flooring or floor heating?

**A** There is no problem.

However, since the floor may be damaged, it is recommended to lay a carpet down and install the chair on it. (The same applies to tatami mats or the like.)

**Q** How can I make the massage stronger?

**A** Try the following methods.

- Sit back in the seat so as to apply your body weight to the backrest.
- Set the intensity to “strong” with the intensity adjustment button.

A stronger massage can be made by the above method.

**Q** How can I make the massage weaker?

**A** Try the following methods.

- Set the intensity to “weak” with the intensity adjustment button.
- Place the buffing pad on the region to be treated.

A weaker massage can be made by the above method.

**Q** Water was spilled on the product by accident. What should I do?

**A** An electric shock may occur. Immediately stop using the product, and follow the procedures given below.

- Turn “OFF” the power switch.
- Unplug the power plug from the wall socket.

After carrying out the above, consult your dealer or distributor (printed on the back cover).

**Q** When a program ends, does the reclining chair move automatically?

**A** At the end of a program, the reclining chair does not move automatically for your safety, but when the power is turned “OFF,” the reclining chair is raised automatically.

**Q** Can a person less than 150cm (4.92ft) or taller than 180cm (5.91ft) in height use the chair?

**A** Yes.

**Q** Is it OK to use this product if I am a heavy person?

**A** We recommend that persons weighing 120kg (264 lbs) or less should use the chair.

# Maintenance and Storage Procedures

## Maintenance procedure



### Caution

- For maintenance, make sure to unplug the power plug from wall socket. In addition, do not plug in or unplug the power plug with wet hands.

### [Maintenance of sewn products]

Wipe off dirty adherents with a soft cloth wrung out of lukewarm water in which a small amount of neutral detergent has been dissolved.



### Caution

- If the product is in contact with vinyl, interior wallpaper, etc., for a long time, discoloration may result.

### [Maintenance of plastic]

Wipe with a soft cloth that is first wrung with lukewarm water in which a small amount of neutral detergent has been dissolved, and then wipe thoroughly with a dry cloth so that no detergent remains.

- Do not use alcohol or other solvents as well as polishing powder for maintenance as this may result in flaws, discoloration, or cracking.

What is appropriate	What is not appropriate
<p>Water      Lukewarm water + Neutral detergent</p>	<p>Thinner      Alcohol      Other solvents</p> <p>Polishing powder</p>

### [Maintenance of the wooden panel, wooden handrails, and remote control]

Wipe dirt off the wooden panel, wooden handrails, and remote control with a dry cloth.

- Never wipe with a wet towel or the like.  
→ May result in a malfunction.

## Storage procedure

- If the product is not being used, cover it to prevent adhesion of dust. In addition, perform maintenance for the next use, and store it in a place with little dampness together with the included items.
- In order to prevent your pet(s) from biting the cord, keep your pet away from this equipment during storage.



### Caution

- Do not install the product in a place subjected to high temperatures, such as an area exposed to direct sunlight or near a stove.

# After-sales Service

## 1. About the warranty card

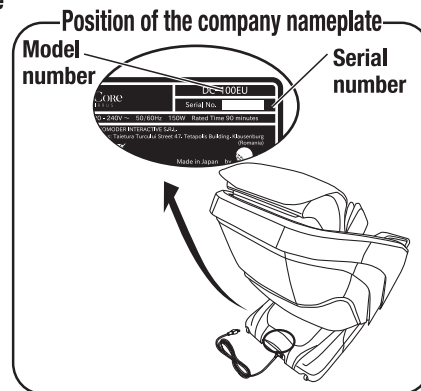
Make sure to receive the warranty card of this product from your dealer or distributor after confirming the date of purchase, dealer's name, and other entries. Carefully read the warranty information, and keep it in a safe place. (It will be necessary for repair.) The warranty period is described on the warranty card. However, since this product is exclusive to the country of your purchase, if it is used outside the country, the warranty card will become invalid even within the warranty period. In addition, if it is used for purposes other than home use, repairs shall be made at cost even within the warranty period.

## 2. When asking for repair

Before asking for repair, carefully read the section "Troubleshooting" on page 22.

After you perform inspection, if there still are abnormalities, ask your dealer for repair after providing the following information:

- 1) Name, address, and phone number
- 2) Product name/model number ...  
See the company nameplate affixed at the back of the foot cover.
- 3) Serial number ...  
See the company nameplate affixed at the back of the foot cover.
- 4) Date of purchase
- 5) Malfunction condition (Please specify as detailed as possible.)



### ● During the warranty period

For repair, present the warranty card. Since there are cases where it may be subject to a charge even within the warranty period, carefully read the warranty card.

### ● After expiration of the warranty period

Consult your dealer. If product functions can be maintained by repair, we will provide repair service at charge upon your request.

### ● If you cannot ask your dealer

Contact your distributor (printed on the back cover).

### ● Minimum retention period of performance parts for repair

We retain performance parts for repair of this electric massage chair for 6 years after discontinuation of production (excluding sewn parts and wooden parts).  
Performance parts for repair are parts necessary to maintain functioning of the product.

### ● If you have any questions about after-sales service

Contact your dealer or distributor (printed on the back cover).

### ● If the product is used outside the country of your purchase, we cannot provide repair service.

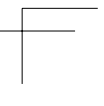
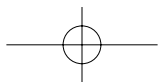
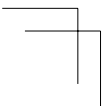
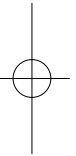
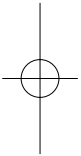
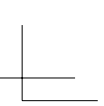
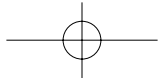
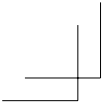
# Specification

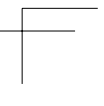
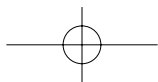
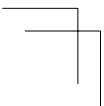
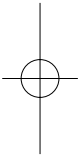
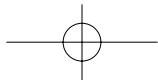
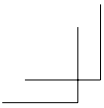
<b>Model</b>	DC-010A
<b>Power supply</b>	AC120V
<b>Rated power</b>	150W
<b>Rated Frequency</b>	60Hz
<b>Rated time</b>	90 minutes
<b>Kneading speed</b>	Minimum of 21 times / minute Maximum of 27 times / minute
<b>Tapping speed</b>	Minimum of 400 times / minute Maximum of 700 times / minute
<b>Shiatsu speed</b>	[Back] Maximum 33 times / minute  [Arm] Maximum 36 times / minute  [Foot] Maximum 34 times / minute
<b>Up and down speed of massage wheel</b>	3 cm/ second (1.2 inch/ second)
<b>Massage range</b>	90 cm (35.4 inch)
<b>Massage wheel push-out range</b>	7 cm (2.8 inch)
<b>Air pressure</b>	32kPa
<b>Heater</b>	Below 45°C
<b>Auto programs</b>	9 kinds
<b>Manual programs</b>	6 kinds
<b>Program timer</b>	10-30 minutes
<b>Overuse timer</b>	90 minutes (continuous operation)
<b>Tilt angle</b>	No grade (electric tilt) about 113-145°relative to the horizontal plane
<b>Dimensions</b>	Width 94 cm x Length 149 (184) cm x Height 126 (94) cm (Width 37 inch x Length 58.6 (72.4) inch x Height 49.6 (37) inch) The number in the bracket is the length and height of the maximum tilt angle
<b>Weight</b>	130 kg (286 lbs)
<b>Outer fabric</b>	Synthetic leather
<b>Accessories</b>	Power cord, remote control bracket, cushion pad
<b>Packaging</b>	2 packs / 1 set

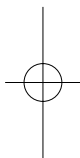
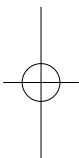
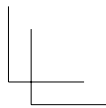
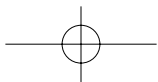
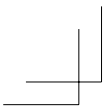


# Memo

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Made in Japan

Manufactured by NIN Co., Ltd.

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