



# Empowering Girls.

## *Changing Futures.* ♡



### OUR MISSION



GLOW's mission is to empower girls in middle and high school across Franklin County, Florida, to build strong self-esteem, confidence, and resilience. Through mentorship, skill-building, and supportive programs, we aim to help them unlock their potential, embrace their unique strengths, and become agents of positive change in their lives and communities.

### WHAT WE HELP GIRLS DO



#### 1. Build Self-Esteem & Confidence

Develop programs that promote self-worth and self-acceptance, enabling girls to recognize and celebrate their individuality.



#### 2. Provide Tools for Personal Growth

Offer workshops, resources, and activities that help girls develop essential life skills, such as communication, critical thinking, and goal-setting.



#### 3. Foster Positive Mentorship

Connect girls with local mentors and role models who can guide them, provide advice, and inspire confidence in their ability to navigate life's challenges.



#### 4. Encourage Leadership & Community Engagement

Create opportunities for girls to take on leadership roles, engage in local community projects, and make a meaningful impact in Franklin County.



#### 5. Promote Long-Term Success

Establish a network of ongoing support and scholarships to help girls in Franklin County continue developing confidence and resilience as they transition to high school and beyond.

“The difference between struggle and success is often just one person who shows up. ♡”



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# HOW YOU CAN HELP



## VOLUNTEER

An extra set of hands is always needed both behind the scenes and at our events. It could be donating clothing, shoes, craft supplies, health and beauty products, manicures, hairstyling, assisting with shopping or talking with the girls. Showing these girls that they are loved and that we care goes a long way!



## MENTORSHIP

Many of these girls do not have strong adult figures in their lives that have the time to guide them to become the smart young ladies we know they can be. If you or someone you know is interested in helping mentor a girl let us know. Just a few hours a month with one of our girls will inspire them and you.



## GUEST SPEAKERS

Inspiration is a powerful thing. One of our goals is to show the girls that they can be ANYTHING they set their minds to. Want to be a business owner? You can do it! Want to express yourself through art, dance, music? You can do it! We are always in need of female guests speakers with varied life experiences to inspire the girls.



## INTERNSHIPS & CAREER OPPORTUNITIES

Help us guide the girls towards success with internships or part-time employment. Most girls will stay in Franklin County, so why not provide internships and employment through local businesses during their high school years.



## MONETARY DONATIONS

Monetary donations help us with event cost for clothing, shoes, beauty and hygiene products, self help books, craft supplies, school supplies and food. In addition, GLOW provides yearly scholarships in the amount of \$1,000, renewable for up to 4 years. ALL money donated goes toward purchasing event items and scholarships.



## GET INVOLVED TODAY!

Teresa Manning, GLOW President/Founder  
**813/833-9025**

Together, we can  
*illuminate Futures!* 



*Your Impact  
Changes Lives.*



With your support,  
we can equip girls with  
the confidence, skills,  
and opportunities  
they need to build  
brighter futures.

*Thank you!*



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