

Hours of Operation

<u>Time</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
10:00am - 11:00am						Just Us Two	C
11:00am - 1:00pm						Open Mat	L
4:30pm - 5:15pm		Littles <u>3-5 ages</u>		Littles <u>3-5 ages</u>			O
5:15pm - 6:00pm	Kids GI <u>6-9 ages</u>	Kids GI <u>6-9 ages</u>	Kids No-GI <u>6-9 ages</u>	Kids GI <u>6-9 ages</u>			S
6:15pm - 7:00pm	Teen GI <u>10-15 ages</u>	Teen GI <u>10-15 ages</u>	Teen No-GI <u>10-15 ages</u>	Teen GI <u>10-15 ages</u>	Open Mat <u>6 pm</u>		E
7:15pm - 8:15pm	Adult GI	Adult GI	Adult No-GI	Adult GI	Just Us Two		D
8:15pm - 9:00pm		Adult Advance Gi (Blue belt or higher)		Adult Advance Gi (Blue belt or higher)			

Kids & Teens Competitive class bi-weekly- Saturdays 9am

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