CDC guidelines for return to work:

Test-based strategy. Exclude from work until

Resolution of fever without the use of fever-reducing medications and

Improvement in respiratory symptoms (e.g., cough, shortness of breath), and

Negative results of an FDA Emergency Use Authorized molecular assay for COVID-19 from at least two consecutive nasopharyngeal swab specimens collected ≥24 hours apart (total of two negative specimens)[1]. See Interim Guidelines for Collecting, Handling, and Testing Clinical Specimens for 2019 Novel Coronavirus (2019-nCoV).

Non-test-based strategy. Exclude from work until

At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and,

At least 7 days have passed since symptoms first appeared