TikTok Cyber Security for Parents & Kids

Family Pairing

Family pairing allows parents to link their own account with their children's to access it remotely. This enables parents to turn on Restricted mode and set screen time limits and disable direct messages right from their own phone. This also can't be turned off by children without the parents approval.

Turn on Family Pairing:

1. Open the parent's **TikTok** acccount

2. Go to **Profile** (the person icon in the bottom right corner)

3. Hit the three dots in the upper right corner to go to **Settings**

4. Go to **Family Pairing.** Hit Continue.

5. Select **Parent** under **Who is Using this TikTok account?**

6. A **QR code** will appear.

7. Follow these steps on your teen's account:

   - **Log into TikTok**

   - Go to **Settings** and select **Family Pairing**

   - Select **Teen** and then **scan the QR code** to link accounts

8. You will need to select the **child's account**

9. Now you can adjust their **settings** to your liking

How to set screen time limits on TikTok

Setting screen times is great and can be easily done on Tik Tok through the below.

Turn on screen time limits:

1. Open **TikTok**

2. Go to **Profile** (the person icon in the bottom right corner)

3. Hit the three dots in the upper right corner to go to **Settings**

4. Under **Digital wellbeing**, select **Screen time management**

5. Select **time limit** and choose between **40 minutes to 120 minutes**

6. And then turn it on!

How to make a TikTok account private

Videos on private accounts can only be seen by the creator and by those who the creator has approved as a follower. Users under 16 automatically have private accounts, but any account can be set to private.

Set as a private account:

1. Open **TikTok**

2. Go to **Profile** (the person icon in the bottom right corner)

3. Hit the three dots in the upper right corner to go to **Settings**

4. Under **Privacy,** select **Privacy account**

Restrict comments on Videos

You can restrict comments made on videos. Only users over 13 can send and receive comments.

Adjust comment settings:

1. Open **TikTok**

2. Go to **Profile** (the person icon in the bottom right corner)

3. Hit the three dots in the upper right corner to go to **Settings**

4. Under **Privacy**, select **Who can comment on your videos**, and then choose:

   o **Friends** - which limits comments to people your child follows

   o **Only me -** which disables comments from all other users

How to turn off downloads on TikTok videos

This setting prevents other users from downloading your videos to their phone.

Turn off Downloads:

1. Open **TikTok**

2. Go to **Profile** (the person icon in the bottom right corner)

3. Hit the three dots in the upper right corner to go to **Settings**

4. Under **Privacy**, select Downloads.

5. Tap next to **Video downloads** to turn off or on

How to turn off direct messages on TikTok

You can have it so your childrens TikTok can can receive messages from anyone, no one, or friends. The direct messaging feature allows users to send TikToks and text - but not images or video. Only users over 16 can send direct messages.

To restrict direct messages:

1. Open **TikTok**

2. Go to **Profile** (the person icon in the bottom right corner)

3. Hit the three dots in the upper right corner to go to **Settings**

4. Under **Privacy**, select **Who can send you direct messages**, and then choose:

   o **Friends** - which limits DMs to people your child follows

   o **Only me** - which disables DMs from all other users

How to report users and comments

If you experience unjust behaviour and wanting to report it this can also be easily done by -

- **To report a user:** Go to their profile, select the three dots in the top right corner, select report, select why you are reporting them.

- **To report a comment:** Select the comment, then select report, follow instructions to detail why you're reporting the comment