



The New Jersey Alliance of Family Support Organizations
Celebrating a Historical FSO Moment

Welcome NJ DCF Commissioner Joseph Ribsam



From left to right: Executive Director Passaic County FSO Kathi Satchel, Executive Director Ocean County FSO Denise Coraggio, New Jersey Alliance FSO Executive Director Jessica Santiago, DCF CSOC Commissioner Joseph Ribsam, Executive Director Morris Sussex FSO Rachel Helt, Executive Director Essex County Hazeline Pilgram, Executive Director Union County Dr. DeLacey Davis

June 23, 2026, marked a historic milestone for New Jersey's Family Support Organizations (FSOs).

On this significant day, the New Jersey Alliance of Family Support Organizations and FSO Executive Directors attended a meeting with New Jersey Department of Children and Families Commissioner Joseph Ribsam. The meeting coordinated by Union County FSO Executive Director Dr. DeLacey Davis.

Commissioner Ribsam's appointment to lead NJDCF has been met with great enthusiasm by FSOs across the state. His leadership presents an important opportunity to strengthen collaboration between families and the systems that serve New Jersey's children and youth.

What made this meeting truly historic was that **for the first time, Family Support Organizations were invited to the table to welcome and engage directly with a newly appointed CSOC Commissioner.** This unprecedented opportunity represents a significant step forward in recognizing FSOs as essential partners in New Jersey's children's behavioral health system and reflects the growing importance of family voice in shaping services, policies, and outcomes.

During the meeting, Commissioner Ribsam listened attentively as family leaders shared the collective accomplishments of FSOs and highlighted the impact of family-driven services throughout the state. He also welcomed an open and candid discussion regarding systematic challenges and addressed concerns brought forward by FSO leaders. The conversation underscored a shared commitment to collaboration, innovation, and ensuring that the voices of families remain central to policy and program development.

The meeting represented a meaningful step forward in fostering stronger partnerships between Family Support Organizations and state leadership, setting the stage for continued dialogue and progress on behalf of New Jersey's children, youth, and families.





Family Support Organization Statewide BOARD MEMBERSHIP OPPORTUNITES

INTERESTED IN BECOMING A COUNTY LEVEL FAMILY SUPPORT ORGANIZATION BOARD MEMBER?

If you are passionate about empowering families and have the experience to back it up, we want you on our team! Apply for local County Level board membership!

Statewide Board Membership Application

Participants from the Ocean County Youth Partnership enjoyed a memorable morning at Jenkinson's Aquarium during the engaging "Penguins and Pajamas" educational program. The experience offered a unique opportunity to learn about penguins, marine habitats, and the importance of sea life conservation through interactive activities and hands-on exploration. Throughout the program, participants were captivated by fascinating animal facts, imaginative learning experiences, and up-close encounters that sparked curiosity and excitement. Filled with discovery, laughter, and meaningful connections, the outing provided both educational enrichment and lasting memories for everyone involved.





Support . Education . Advocacy



The Nurturing Nest
Support Group

Virtual Grandparent Support Group



A supportive online group for grandparents involved in caring for grandchildren with mental, emotional, behavioral, developmental challenges, as well as substance abuse and/or juvenile challenges.

Connect with other grandparents who understand, share experiences, gain helpful resources, and find encouragement all from the comfort of your home. Scan the QR code to fill out a one-time registration to Zoom. Contact **Shauna Gregory** if you have any questions at 862-354-1039.



Tuesday July 14th
12pm-1:00pm

www.msfsso.org





YOUTH CRAFT SALE

July 18th 10AM-1PM

**Handmade Crafts- Bracelets, Earrings,
Necklaces, Baked Goods and much more!**

At Family Support Organization

3739 N. Delsea Drive, Vineland, NJ 08360

CUMBERLAND | GLOUCESTER | SALEM

Family Support
Organization

FREE
ENTRY

FAMILY FUN DAY

- > WATER SLIDE
- > FACE PAINTING
- > YARD GAMES
- > OBSTACLE COURSE
- > LIVE DJ MUSIC

SATURDAY
AUG 01
@11AM TO 3PM

@GREEN BRANCH PARK
299 UPPER NECK RD,
PITTSBORO, NJ 08318

FOR MORE INFORMATION CALL
(856) 507 9400 EXT 1102

WWW.CGFSFO.ORG

RSVP HERE



CUMBERLAND | GLOUCESTER | SALEM

Family Support
Organization



PAID LEAVE WORKSHOP

JULY 23, 2026 | 6PM

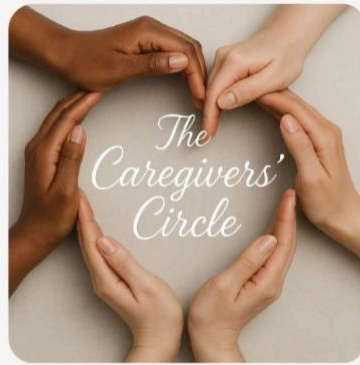
Location: 758 N. Broadway
Pitman, NJ 08071
2nd Floor Classrooms

FREE



ANY QUESTIONS PLEASE CALL 856-507-9400

Made with PosterMyWall.com



The Caregivers' Circle is a supportive community for women caregivers—moms, adoptive moms, grandmothers, aunts, and any woman caring for a child with challenges. It's a safe, welcoming space to share experiences, connect, and support one another.

This is a hybrid support group, with the option to join in person or virtually. Register using the QR code provided. Registration is required, and the Zoom link will be emailed the morning of the session.

We look forward to creating a space where caregivers feel understood, valued, and empowered.

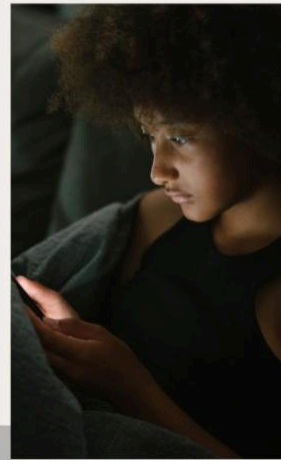
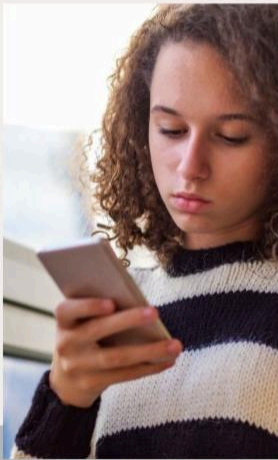
- Every Third Thursday of the Month
- 6:00pm - 7:30pm
- 111 Howard Blvd.
Suite 201 2nd Floor
Mt. Arlington, NJ
07856
- Diane - 862-273-5046



www.msfsso.org

USO SALUDABLE DE LA TECNOLOGÍA PARA JÓVENES Y FAMILIAS

Nuestro Programa de Youth Partnership ofrece un espacio acogedor para que las familias se conecten y crezcan juntas. Este taller de Bienestar Digital ayudará a las familias a desarrollar hábitos saludables con la tecnología y a mejorar la comunicación sobre el uso de pantallas. Únete a nosotros para aprender estrategias simples para crear un hogar más equilibrado y conectado.



14 DE JULIO DE 2026
HORA: 5:30 P. M. - 7:00 P. M.
DIRECCIÓN: 111 HOWARD BLVD.,
-SUITE 201-
MT. ARLINGTON NJ 07856

Por favor, confirma tu asistencia completando el formulario usando el código QR:

Contacta a Jacqueline Garcia:

- 862-425-0055

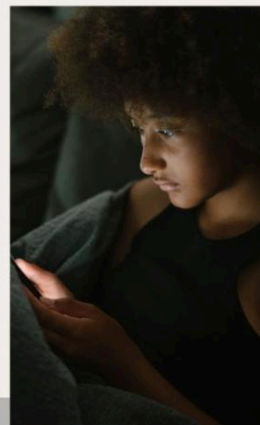
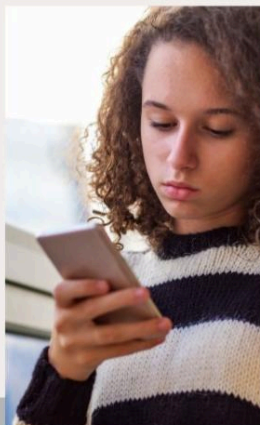


DIGITAL WELLNESS

HEALTHY TECH USE FOR YOUTH AND FAMILIES

Our Youth Partnership Program provides a welcoming space for families to connect and grow together. This

Digital Wellness workshop will help families build healthy technology habits and improve communication around screen use. Join us to learn simple strategies for creating a more balanced and connected home.



JULY 14, 2026

TIME: 5:30PM-7PM

ADDRESS: 111 HOWARD BLVD.,
-SUITE 201-

MT. ARLINGTON NJ 07856

Please confirm your attendance by filling out the form using the QR code:

Contact Jacqueline Garcia:

- 862-425-0055





Introducing Anxiety and OCD Care with InStride Health

In collaboration with the Family Support Organization of Bergen County

Join us for a series of informative sessions on how InStride Health delivers effective, evidence-based treatment for children, teens, and young adults with anxiety and OCD. We'll explore our therapeutic approach, including CBT and exposure therapy, and walk through presentation-specific case studies.

Events:

April 7: Clinical Overview and OCD Case Study

- <https://meet.google.com/npu-gadr-vwc>

June 2: Anxiety Case Study

- <https://meet.google.com/isu-zpgc-udp>

September 1: School Avoidance Presentation

- <https://meet.google.com/ffz-ubng-vmr>

[View Events and Register Here](#)



Contact:

Lauren Yarmula, Territory Manager

(e) lauren.yarmula@instride.health

(p) 201-400-0954

www.InStride.Health





FAMILY SUPPORT ORGANIZATION OF HUNTERDON SOMERSET WARREN

315 W. Washington Ave. Suite 3 Washington New Jersey 07882

Tel: 908.223-1191 Email: amarabuto@fso-hsw.org

"Of all the love your soul craves, it craves yours the most" - unknown



Informational Session:

Monday, June 29, 2026 from
6:00-7:00 PM—via Zoom

Join us for our in-person Summer Series 2026!

Wednesday, July 1
Wednesday, July 15
Wednesday, July 22
Wednesday, August 5
Wednesday, August 12
Time: 5:30-8:00 PM

*If interested in participating, please
RSVP by Monday, June 22, 2026 to
Melody Stubbs, YP/Community
Outreach Coordinator at
mstubbs@fso-hsw.org*

"CONFIDENCE COLLECTIVE" -- Female Mentoring Program

"CONFIDENCE COLLECTIVE is a five-week female mentoring series of 3-Parts facilitated by the Family Support Organization of Hunterdon Somerset Warren Counties (FSO-HSW) for young women between the ages of 13-18 in Warren County. Our mission is to empower young women by fostering self-love, building strong community connections, and cultivating lasting self-esteem, equipping them with the confidence to thrive.

Our program is designed to foster self-love in young women through engaging activities and mentorship. Caring and experienced mentors will lead workshops on topics, such as yoga and meditation, emotional awareness, interpersonal skill development, body positivity, and more. Upon completing the program, participants will be honored in a special ceremony recognizing her growth, achievements, and journey towards self-empowerment.



Atlantic Cape
Family Support
Organization, Inc.

Atlantic Cape May

-Junior Youth Group 1st and
3rd Tuesday

-Youth Group 2nd and 4th
Tuesday



Family Support Organization
of Bergen County

Bergen County

Support Groups For Parents &
Caregivers Every Wednesday
Evening: 7:00 p.m. – 8:30 p.m.



FAMILY SUPPORT
ORGANIZATION
of Burlington County

Burlington County

-Parents Helping Parents
Support Group 3rd & 4th

-Cape May Caregivers
Support Group 1st & 3rd
Thursday

-Northfield Caregivers
Support Group 2nd & 4th
Thursday

(609) 485-0575
[Click here for MORE!](#)

Talking with and listening to others
in similar circumstances can be
just what you need to get through
a tough time.

These support groups consist of
families and caregivers who are
dealing with the challenges of
youngsters with complex
emotional and behavioral needs.

(201) 796-6209
[Click here for MORE!](#)



Camden County
-IEP Clinic & Learning Sessions

-Open Office Hours Expanded-
Schedule an appointment with a
seasoned Certified Family
Support Partner

(856) 662-2600
[Click here for MORE!](#)



Cumberland Gloucester Salem

- ✓ Caregiver Groups (NJCTS,
Wonders of Wellness)
- ✓ Parent Cafes
- ✓ Youth Programs (YP)
- ✓ Wellness Activities (Yoga at
Atkinson Memorial Park)

Find your local group below:

- Cumberland
County: 3739 N Delsea
Dr. Vineland, NJ
- Salem County: 110 S
Broadway, Pennsville, NJ
(Rm 312)
- Gloucester County: 758
N Broadway, Pitman,
NJ, Mosaic FSC &
Hollybush Gardens,
Glassboro, NJ

**For more information on
specific programming click
here!**

Thursday

-Parent Cafe 2nd Thursday

-Youth Partnership game
night, movie night, and more!

((609) 265-8838
[Click here for MORE!](#)



Essex County

Let's Talk: Parent Support Group
Topic: Open Forum
March 24 from 6:30 to 7:30pm
[Zoom Link](#)

-Navigating transition to adult life
workshop March 28th 11:00 am-
2:00pm 340 Franklin Ave Belleville
NJ. Lunch will be served.

Registration required

-Volunteer Opportunities
Call for more information on
support groups and educational
programming

(973) 395-1441
[Click for MORE!](#)



Hudson County

- Mujeres Maravillosas (Spanish
Speaking)



**Hunterdon Somerset
Warren March Calendar**

-Somerset County Youth
Partnership- Weekly on
Tuesdays from 5:00-7:00 PM In-
Person



Mercer County

-Youth Partnership life skills
class Support and Social group
for youth 13-21 yrs old.

- Special Angels (Youth on the Spectrum)

- Mom's Helping Mom's (English Speaking)

- Youth Partnership of Hudson County

- Club de Lectura (Spanish Speaking)

- Hablemos con Jeffry (Spanish Speaking)

- Lest's Talk w/ Keith (English Speaking)

(201) 915-5140

[Click here for MORE!](#)

-Warren County Youth Partnership- Weekly on Thursdays from 5:00-7:00 PM In-Person

-Mom Support Group-Virtual (Bi-weekly) on Thursdays from 12:00-1:30 PM

-Grupo de Apoyo Familiar Hispano-Virtual-3rd. Wednesday of the month from 12:00-1:15 pm.

-Grupo de Apoyo Familiar Hispano-In-Person - 3rd. Or 4th. Monday of the month from 7:00-8:00 pm.

[Download the Calendar Here](#)
(908) 223-1191

-Reach one Teach One Support Group with a focus on mental/behavioral health, special education, health & wellness, self care resources and more

--Pop Out Food Drive distributes food to families in need every Tuesday!

((609) 586-1200

[Click here for MORE!](#)



Middlesex County

-Youth Partnership program

-Parent Support Groups

-Educational Programming

[For more information on specific programming click here](#)



Monmouth County

-Youth Partnership program

-Parent Support Groups

-Educational Programming

[For more information on specific programming click here!](#)



Morris Sussex Counties

-Youth Partnership Program
5:30pm - 7:00pm

-Grupo de Apoyo en Espaniol 6:00pm - 7:00pm 1st Wednesday of every month

-The Caregivers Circle
Support group for Mom's 6:00pm - 7:00pm 3rd Thursday of every month

[Download the Flyer](#)
(973) 940-3194



Ocean County



Passaic County



Union County

-Youth Partnership program

-Male mentoring program

-Parent Support Groups

-Caregivers Connection
Group 6:30pm - 8:00pm

-Virtual Caregiver Connection
Group at Noon

-Grandparents Support Group
11:00am - 1:00pm

(973) 569-6334

[Click Here for MORE!](#)

-Youth Partnership – Woodland
Park Weekly on Wednesday
Evenings

-Youth Partnership Extended –
Upper County Bi-weekly on
Tuesdays Evenings

-Parent Support Groups
Woodland Park – Weekly on
Thursday Evening
West Milford – Weekly on
Tuesday Evening

-Spanish Parent Support
Groups Woodland Park –
Weekly on Wednesday
Afternoon

(973) 681-8968

[Click here for MORE!](#)

-Educational Programming

-Intern Opportunities

[For more information on
specific programing click
here!](#)

(908) 755-0090

New Jersey's Family Support Organizations are family-led, community-based, non-profit agencies whose mission is to provide support, advocacy, and education to families and caregivers of children with emotional, behavioral and mental health needs and are funded by New Jersey's Department of Children and Families.

The Alliance supports the Family Support Organizations through training, technical assistance, policy development, identification of best practices, data collection and resource development.

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