



A message from the President
The New Jersey Alliance of Family Support Organizations

Denise Coraggio



"Family involvement plays a vital role in a child's care and overall well-being. When families actively participate, children benefit from consistency, emotional support, and advocacy that extends beyond appointments or programs. Parents and caregivers know their child best—their strengths, challenges, and needs—and their insight helps guide more effective, individualized care. Working together as a team empowers families, strengthens outcomes, and ensures that each child receives compassionate, coordinated support that promotes growth, stability, and long-term success."

Denise Coraggio built a diverse and accomplished career long before stepping into the nonprofit world. Beginning in the early 1980s and continuing through 2011, she worked in the corporate travel industry, where she advanced from customer service to quality control and eventually to customer service manager. Her responsibilities ranged from staff training to resolving complex customer issues, all while ensuring exceptional service standards.

She later served as Director of Supplier Relations, a role in which she negotiated contracts with major airlines, hotel chains, and car rental companies on behalf of a large travel consortium. Denise played a key role on the team that secured the first-ever contract between a domestic airline and a consortium—an agreement that proved highly successful. She also oversaw the implementation of these contracts across travel agencies nationwide.

In addition to her professional achievements, Denise founded and operated a recreational women's softball league in her community from 2002 to 2012. What began as a small group of players grew under her leadership to a thriving league of 90 women.

Denise's personal life experiences ultimately led her to her current work in family support. In November 2011, she became the Executive Director of the Ocean County Family Support Organization (OCFSO), where she continues to lead with deep compassion, commitment, and vision. She also serves as the Board President of the New Jersey Alliance of Family Support Organizations, helping guide family support efforts across the state.

In the Spotlight

Victory times three! The Bergen County Family Support Organization proudly stands alongside www.AlsoHuman.org, championing the cause of disability rights advocacy at the State House.



Victory times three! **The Bergen County Family Support Organization** proudly stands alongside www.AlsoHuman.org, championing the cause of disability rights advocacy at the State House. We are thrilled to announce that Bills A5634, A5636, and A5638 have unanimously passed the Assembly Appropriations Committee, a testament to the power of our collective voice and the impact of heartfelt testimony from www.AlsoHuman.org & the Bergen County Family Support Organization team. This milestone not only reflects our unwavering commitment to empowering families but also showcases the collaborative spirit that fuels our advocacy efforts. Together, we are shaping a brighter future for individuals with disabilities, and we encourage families and caregivers to continue sharing their stories and engaging with NJAFSO. Your involvement is crucial to driving meaningful change and enhancing the quality of life for all facing mental health challenges. Let's celebrate this success and keep the momentum going as we work hand in hand for a more inclusive tomorrow!

What's Happening at Your Local FSO?

Click the Logo's for More Info!



Atlantic/Cape Highlights

- Junior Youth Group 1st and 3rd Tuesday
- Youth Group 2nd and 4th Tuesday
- Cape May Caregivers Support Group 1st & 3rd Thursday
- Northfield Caregivers Support Group 2nd & 4th Thursday



Bergen Highlights

- Grupo de Apoyo Bilingue en Espanol
- Credit Scores/Identy theft workshop Feb 11
- Introducing Anxiety and OCD Care - Clinical Overview & OCD Case Study part 1 of 3 April 7
- Mortgage/Home Equity Line of Credit Workshop May 13



Burlington Highlights

- Cognitive Perspective Restructuring CRP
- Parents Helping Parents Support Group 3rd & 4th Thursday
- Parent Cafe 2nd Thursday
- Youth Partnership game night, movie night, Valentines

(609) 485-0575

[Click here for MORE!](#)

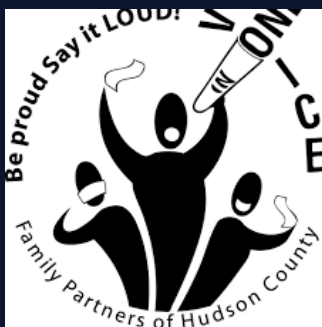


Camden Highlights!

- New Teen Book Club for youth ages 13–19, creating a safe and welcoming space for teens to connect, build literacy skills, and engage in thoughtful discussions around books that reflect their lived experiences.
- New Partnership with DCPP to support parents whose children have been removed from their care.
- Camden FSO is working alongside Camden probation and the families they serve to provide a NOPE (Narcotics and Overdose Prevention Education) program.

(856) 662-2600

[Click here for MORE!](#)



Hudson Highlights

- Mujeres Maravillosas (Spanish Speaking)
- Special Angels (Youth on the Spectrum)
- Mom's Helping Mom's (English Speaking)

(201) 796-6209

[Click here for MORE!](#)



Cumberland Gloucester Salem Happenings

-Cumberland Family Support Group every Tuesday 5:00pm

-Salem Family Support Group every Wednesday 5:00pm

-Gloucester Family Support Group Every Thursday 6pm

(856) 507-9400

[For more information on specific programing click here!](#)



FSO-HSW Highlights

-Somerset County Youth Partnership- Weekly on Tuesdays from 5:00-7:00 PM In-Person

-Warren County Youth Partnership- Weekly on Thursdays from 5:00-7:00 PM In-Person

activities and more!

((609) 265-8838

[Click here for MORE!](#)



Essex Highlights

-Workshop Collaboration with Teen Speak NJ
2- Part Series
Part 1: January 20, 2026 from 6:00 to 8:00 PM

-Workshop Collaboration with Teen Speak NJ
(2-Part Series)
Part 2: January 27, 2026 from 6:00–8:00 PM

-Volunteer Opportunities
Call for more information on support groups and educational programming

(973) 395-1441

[Click for MORE!](#)



Mercer Highlights

-Youth Partnership life skills class Support and Social group for youth 13-21 yrs old.
Tonight we learn appropriate behavior out in public!

-Reach one Teach One Support Group with a focus on mental/behavioral health, special education, health &

- Youth Partnership of Hudson County

- Club de Lectura (Spanish Speaking)

- Hablemos con Jeffry (Spanish Speaking)

- Lest's Talk w/ Keith (English Speaking)

(201) 915-5140

[Click here for MORE!](#)



Middlesex Highlights

-Youth Partnership program

-Parent Support Groups

-Educational Programming

[For more information on specific programming click here](#)



Ocean Highlights

-Mom Support Group-Virtual (Bi-weekly) on Thursdays from 12:00-1:30 PM

-Grupo de Apoyo Familiar Hispano-Virtual-3rd. Wednesday of the month from 12:00-1:15 pm.

-Grupo de Apoyo Familiar Hispano-In-Person - 3rd. Or 4th. Monday of the month from 7:00-8:00 pm.

[Download the Calendar Here](#)
(908) 223-1191



Monmouth Highlights

-Youth Partnership program

-Parent Support Groups

-Educational Programming

[For more information on specific programming click here!](#)



Passaic Highlights

wellness, self care resources and more

--Pop Out Food Drive distributes food to families in need every Tuesday!

((609) 586-1200

[Click here for MORE!](#)



Morris Sussex Highlights

-Youth Partnership Program 5:30pm - 7:00pm Jan 21, Feb 17, March 10, April 14th

-Grupo de Apoyo en Espaniol 6:00pm - 7:00pm 1st Wednesday of every month Jan 7, Feb 4, March 4, April 1st In person!

-The Nurturing Nest Support group for Mom's 6:00pm - 7:00pm 3rd Thursday of every month Feb 19, March 19, April 16, May 21st

[Download the Flyer](#)
(973) 940-3194



Union Highlights

-Youth Partnership program

-Male mentoring program

-Parent Support Groups

-Educational Programming

-Caregivers Connection
Group 6:30pm - 8:00pm
January 26

-Virtual Caregiver Connection
Group at Noon January 21

-Grandparents Support
Group 11:00am - 1:00pm
January 20

-Nurtured Heart Workshop
10:00am - 1:00pm January
21
(973) 569-6334
[Click Here for MORE!](#)

Youth Partnership – Woodland
Park
• Weekly
Youth Partnership Extended –
Upper County
• Bi-weekly
Parent Support Groups
• Woodland Park –
Weekly
• West Milford – Weekly

(973) 681-8968

[Click here for MORE!](#)

-Intern Opportunities

[For more information on
specific programing click
here!](#)

(908) 755-0090

BOARD MEMBERSHIP OPPORTUNITES

INTERESTED IN BECOMING A COUNTY LEVEL FAMILY SUPPORT ORGANIZATION BOARD MEMBER?

If you are passionate about empowering families and have the experience to back it up, we want you on our team! Apply for local County Level board membership!

[Statewide Board Membership Application](#)

New Jersey's Family Support Organizations are family-led, community-based, non-profit agencies whose mission is to provide support, advocacy, and education to families and caregivers of children with emotional, behavioral and mental health needs and are funded by New Jersey's Department of Children and Families.

The Alliance supports the Family Support Organizations through training, technical assistance, policy development, identification of best practices, data collection and resource development.

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