

Celebrating Pride, Community, and Connection

The **Family Support Organization of Morris & Sussex Counties** was proud to participate in a local Pride Celebration on June 12, 2026, connecting with families, youth, and community members while sharing information about the supports and services available through the organization. The event provided a welcoming space to celebrate diversity, inclusion, and belonging for all.

A special thank you goes to Board Member Corey Korinda, whose invitation and partnership helped make this opportunity possible. Through community engagement events like these, FSO continues to strengthen connections, raise awareness of family support resources, and foster a community where every individual feels valued and supported.





A Medieval Adventure

The **Ocean County Youth Partnership** recently enjoyed an exciting evening at Medieval Times, where youth were immersed in the thrill of a live-action tournament filled with jousting, swordplay, and royal entertainment. Participants cheered enthusiastically for their knights, shared a festive dinner, and enjoyed a unique experience that encouraged friendship, teamwork, and social connection. The memorable outing provided a fun opportunity for youth to build relationships, create lasting memories, and experience an unforgettable night of adventure.

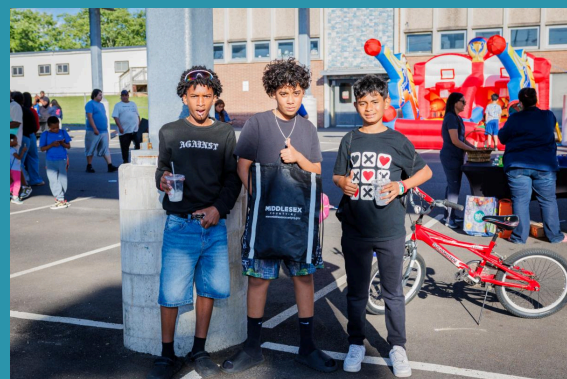




Life Is a Carnival

This year, **FSO Middlesex** hosted several impactful community events, including the Tiny Tots Community Celebration, which welcomed more than 1,000 attendees for a day of play, learning, and family connection; Life Is a Carnival, bringing together families and over 40 community partners to promote mental health awareness and wellness; and Sensory-Friendly Frosty Friends, an inclusive holiday celebration designed for children and youth with developmental disabilities. These events provided families with meaningful opportunities to connect, access resources, and build lasting community relationships while creating joyful memories for children of all abilities.

FSO Middlesex extends its gratitude to the staff, volunteers, community partners, and Youth Partnership members whose dedication continues to strengthen and support families throughout Middlesex County. 💙





POWER MONDAYS

MALE MENTORING PROGRAM
Ages 14 - 21

Every Monday
Starting July 13, 2026

INTERESTED?



Orientation Meeting, Monday June 22, 2026 6:00pm- 8:00pm

Monday July 13, 2026
Monday July 20, 2026
Monday July 27, 2026

Monday August 3, 2026
Monday August 10, 2026
Monday August 17, 2026

 **8:30 am - 3:30 pm**

COOKOUT



Friday, August 21, 2026
12:00pm - 4:00pm

Must be a Union County resident. **FREE.** The participants will work through a varied curriculum including lessons focusing on refining "soft" skills such as resume building, public speaking, telephone etiquette, leadership development, financial literacy, and civic responsibility. Participants will be exposed to local businesses and have the opportunity to participate in other training opportunities.

Upon completion of the series, participants will receive the perfect business "starter kit" suit, which will prepare them to act as tomorrow's future leaders.

Program Facilitator: Dr. De Lacy Davis

To RSVP: Contact Carol Russell, Outreach Coordinator at 908-755-0090

Family Support
Organization of Union County



908.755.0090



www.fso-union.org



info@mentorshipinaction.org



FROM CRACKED TO CREATIVE

Help us give broken and used crayons a second life!

The New Jersey Alliance of Family Support Organization's and statewide FSO's have launched a **Broken Crayon Donation Drive** to collect new, used or broken crayons from across our communities!

These crayons will be repurposed into vibrant, custom-made NJAFSO crayon molds that will be used for FSO promotional activities throughout the year.

Here's how you can help:

- Set up a collection bin in your office where donations can be dropped off.
- Encourage staff, families, and community partners to donate any used or broken crayons they may have.
- Share the attached flyer to help spread the word far and wide!

Coordinate pickup or drop-off by contacting Rachel Helt rhelt@msfso.org

Thank you for supporting our youth and adding a splash of joy to our mission!



CUMBERLAND | GLOUCESTER | SALEM
**Family Support
Organization**

**FREE
ENTRY**

FAMILY FUN DAY

- > WATER SLIDE
- > FACE PAINTING
- > YARD GAMES
- > OBSTACLE COURSE
- > LIVE DJ MUSIC

SATURDAY
AUG 01
@11AM TO 3PM

@GREEN BRANCH PARK
299 UPPER NECK RD,
PITTSBORO, NJ 08318

FOR MORE INFORMATION CALL
(856) 507 9400 EXT 1102

WWW.CGFSFO.ORG

RSVP HERE





The Caregivers' Circle is a supportive community for women caregivers—moms, adoptive moms, grandmothers, aunts, and any woman caring for a child with challenges. It's a safe, welcoming space to share experiences, connect, and support one another.

This is a hybrid support group, with the option to join in person or virtually. Register using the QR code provided. Registration is required, and the Zoom link will be emailed the morning of the session.

We look forward to creating a space where caregivers feel understood, valued, and empowered.

- Every Third Thursday of the Month
- 6:00pm - 7:30pm
- 111 Howard Blvd.
Suite 201 2nd Floor
Mt. Arlington, NJ
07856
- Diane - 862-273-5046



www.msfsso.org



Introducing Anxiety and OCD Care with InStride Health

In collaboration with the Family Support Organization of Bergen County

Join us for a series of informative sessions on how InStride Health delivers effective, evidence-based treatment for children, teens, and young adults with anxiety and OCD. We'll explore our therapeutic approach, including CBT and exposure therapy, and walk through presentation-specific case studies.

Events:

April 7: Clinical Overview and OCD Case Study

- <https://meet.google.com/npu-gadr-vwc>

June 2: Anxiety Case Study

- <https://meet.google.com/isu-zpgc-udp>

September 1: School Avoidance Presentation

- <https://meet.google.com/ffz-ubng-vmr>

[View Events and Register Here](#)



Contact:

Lauren Yarmula, Territory Manager

(e) lauren.yarmula@instride.health

(p) 201-400-0954

www.InStride.Health





FAMILY SUPPORT ORGANIZATION OF HUNTERDON SOMERSET WARREN

315 W. Washington Ave. Suite 3 Washington New Jersey 07882

Tel: 908.223-1191 Email: amarabuto@fso-hsw.org

"Of all the love your soul craves, it craves yours the most" - unknown



Informational Session:

Monday, June 29, 2026 from
6:00-7:00 PM—via Zoom

Join us for our in-person Summer Series 2026!

Wednesday, July 1

Wednesday, July 15

Wednesday, July 22

Wednesday, August 5

Wednesday, August 12

Time: 5:30-8:00 PM

*If interested in participating, please
RSVP by Monday, June 22, 2026 to
Melody Stubbs, YP/Community
Outreach Coordinator at
mstubbs@fso-hsw.org*

"CONFIDENCE COLLECTIVE" -- Female Mentoring Program

"CONFIDENCE COLLECTIVE is a five-week female mentoring series of 3-Parts facilitated by the Family Support Organization of Hunterdon Somerset Warren Counties (FSO-HSW) for young women between the ages of 13-18 in Warren County. Our mission is to empower young women by fostering self-love, building strong community connections, and cultivating lasting self-esteem, equipping them with the confidence to thrive.

Our program is designed to foster self-love in young women through engaging activities and mentorship. Caring and experienced mentors will lead workshops on topics, such as yoga and meditation, emotional awareness, interpersonal skill development, body positivity, and more. Upon completing the program, participants will be honored in a special ceremony recognizing her growth, achievements, and journey towards self-empowerment.



Atlantic Cape
Family Support
Organization, Inc.



Family Support Organization
of Bergen County



FAMILY SUPPORT
ORGANIZATION
of Burlington County



BOARD MEMBERSHIP OPPORTUNITIES

INTERESTED IN BECOMING A COUNTY LEVEL FAMILY SUPPORT ORGANIZATION BOARD MEMBER?

If you are passionate about empowering families and have the experience to back it up, we want you on our team! Apply for local County Level board membership!

Statewide Board Membership Application

New Jersey's Family Support Organizations are family-led, community-based, non-profit agencies whose mission is to provide support, advocacy, and education to families and caregivers of children with emotional, behavioral and mental health needs and are funded by New Jersey's Department of Children and Families.

The Alliance supports the Family Support Organizations through training, technical assistance, policy development, identification of best practices, data collection and resource development.

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