



The New Jersey Alliance of Family Support Organizations

The Transformational Service Impact Award Goes to....



*Kathi Satchell Passaic County FSO
Executive Director*

Kathi Satchell is the Executive Director of the **Family Support Organization of Passaic County** and Secretary to the New Jersey Alliance of Family Support Organization. This past month, Kathi was the recipient of the **Transformational Service Impact Award** in recognition of her dedicated service and leadership at the Passaic County FSO. The award honors her significant contributions to advancing the Zero Suicide Initiative across numerous municipalities in Passaic County, helping to strengthen community-based suicide prevention efforts.

[Visit Passaic County FSO](#)



Kathi Champagne Satchell TGE Transformational Service Impact Award

Kathi Satchell is the proud Executive Director of the Family Support Organization of Passaic County, where her work is deeply rooted in compassion, lived experience, and a lifelong commitment to families. Supporting parents and caregivers of youth with emotional, developmental, mental, behavioral, and substance use needs is more than a profession for her it's a calling. She has previously served as Board President of Family Support Organization of Hunterdon Somerset & Warren Counties and now resides as a board member for the New Jersey Alliance Of Family Support Organizations. Family and community have always been at the center of her journey, and giving back will forever be her heart's desire, especially to uplift those who may feel alone or unsupported.

Born and mostly raised in Paterson, New Jersey, Kathi witnessed firsthand the importance of advocacy and strong community support for families. Her personal journey as a parent raising children including navigating the challenges and triumphs of supporting a child with Autism and Epilepsy has deeply shaped her passion and strengthened her voice as a dedicated advocate for inclusion, understanding, and opportunity for all youth and young adults.

Kathi also embraces the responsibility of raising awareness around suicide prevention through the Family Support Organization platform. Drawing from her own early life experiences and her journey of overcoming suicidal thoughts, she works to gently break stigma and create safe spaces for honest conversations about mental health. Her openness allows others to feel seen and reminds families that healing, hope, and support are always possible.

With many years of experience connecting families to essential resources and community partnerships, Kathi continues to work tirelessly to expand opportunities and build bridges of support. Her mission is simple but powerful: to ensure every family feels seen, heard, and empowered.

"I learned a long time ago the wisest thing I can do is be on my own side, be an advocate for myself and others like me." - Maya Angelou

Family Appreciation In the Spotlight!

The Ocean County Family Support Organization recently hosted its annual Family Appreciation Dinner, bringing together families, youth, and staff for an evening of connection and celebration. The event provided an opportunity for families to enjoy a meal together, build relationships, and celebrate the sense of community that the organization helps foster.

During the evening, special recognition was given to members of the community for their dedication and growth. Three families were honored for their perseverance, commitment, and the progress they have made, and one youth was recognized for their outstanding growth and positive impact.

The evening was filled with laughter, meaningful conversations, and appreciation for the resilience and strength of the families served by the organization.

[Visit Ocean County FSO](#)



Winter Wonderland!

The Boggs Center on Disability and Human Development at Rutgers partnered with the **Family Support Organization of Bergen County** to host the first Winter Wonderland on January 3, 2026. This inclusive family fun event took place at We Rock the Spectrum Gym in Paramus.

Families enjoyed face painting, character appearances, a balloon artist, arts and crafts, pizza, and toys for the children. Nearly 100 children—with and without disabilities—along with parents, caregivers, and staff gathered to celebrate a day filled with inclusion, connection, and wintertime fun.

[Visit Bergen County FSO](#)



Spring Egg Hunt Day

Family Support Organization of Cumberland, Gloucester and Salem community came together for our annual Spring Egg Hunt Day, turning the space into a lively celebration of creativity, connection, and seasonal joy. Families enjoyed decorating wooden egg ornaments, playing festive games like pin the tail on the bunny, spoon-and-egg races, and ring toss, all capped off with an energetic egg hunt. The day beautifully captured the spirit of growth, family, and togetherness, and we're



grateful to everyone who helped make it so memorable.

Visit [CGSFSO](#)

Support . Education . Advocacy

CUMBERLAND | GLOUCESTER | SALEM

**Family Support
Organization**

April Schedule

CUMBERLAND COUNTY

3739 N Delsea Dr. Vineland, NJ 08360

April 7th - NJCTS (Caregiver group)

April 14th

April 21st

April 28th

SALEM COUNTY

110 S Broadway Pennsville, NJ 08070 - Rm 312

April 8th

April 15th

April 22nd - Parent Cafe

April 29th

GLOUCESTER COUNTY

758 N Broadway , Pitman, NJ 08071 - 2nd Floor

April 2nd - Atkinson Memorial Park (Yoga)

April 9th - 2nd FLOOR (YP & CAREGIVER)

April 16th

April 23rd - Wonders of Wellness (Caregivers group)

April 30th - All in One Therapy (YP)

GLOUCESTER COUNTY - GLASSBORO

April 20th - 4pm -5pm at Mosaic FSC- Glassboro

252 Holly Bush Gardens, Glassboro, NJ 08028

April 13th - YP Group

April 27th - Parent Cafe



The Caregivers' Circle is a supportive community for women caregivers—moms, adoptive moms, grandmothers, aunts, and any woman caring for a child with challenges. It's a safe, welcoming space to share experiences, connect, and support one another.

This is a hybrid support group, with the option to join in person or virtually. Register using the QR code provided. Registration is required, and the Zoom link will be emailed the morning of the session.

We look forward to creating a space where caregivers feel understood, valued, and empowered.

- Every Third Thursday of the Month
- 6:00pm - 7:30pm
- 111 Howard Blvd.
Suite 201 2nd Floor
Mt. Arlington, NJ
07856
- Diane - 862-273-5046



www.msfsso.org



The Nurturing Nest
Support Group

Virtual Grandparent Support Group



A supportive online group for grandparents involved in caring for grandchildren with mental, emotional, behavioral, developmental challenges, as well as substance abuse and/or juvenile challenges.

Connect with other grandparents who understand, share experiences, gain helpful resources, and find encouragement all from the comfort of your home. Scan the QR code to fill out a one-time registration to Zoom. Contact **Shauna Gregory** if you have any questions at 862-354-1039.

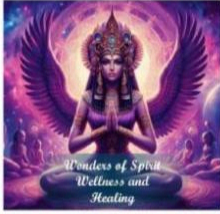


Wednesday May 20th
11am-12:30pm

www.msfsso.org



You Are Not Alone Wellness Alliance



CUMBERLAND | GLOUCESTER | SALEM

**Family Support
Organization**



April 23rd 6pm to 8pm

758 N. Broadway. Pitman, NJ 08070- 2nd Floor



Welcome to the You Are Not Alone Wellness Alliance. This is more than a program- it's a Community of care, understanding and growth.

When we meet, we will explore a fresh perspective on mental well-being- from stress management and mindfulness to emotional resilience and self-care. Every Alliance is here to ensure that no one walks their path in silence. Join us as we learn, grow, and uplift one another, one conversation at a time.

Hosts

Christina Bassetti, CRT
Magye M Kalwara CRT, CHT

April 2026

Bloom where you are planted

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 	2 Thriving Together Men Support Group Warren 12:00-1:30pm Youth Partnership 5:00PM-7:00PM	3
5 	6 	7	8 Grupo de Apoyo en Español 12:00-1:15 PM	9 Warren County Confidence Collective 6:30-7:30pm	10 Somerset County Confidence Collective 6:30-7:30pm
12	13 TALKING TOGETHER Dad's Support Group 6:00PM-7:00PM	14 Somerset Youth Partnership 5:00PM-7:00PM	15 Warren County Confidence Collective 6:30-7:30pm	16 Thriving Together Men Support Group 12:00-1:30pm Warren Youth Partnership 5:00PM-7:00PM	17 
19	20 Grupo de Apoyo en Español EN PERSONA 6:30-8:00PM	21 Somerset Youth Partnership 5:00PM-7:00PM	22	23 Warren Youth Partnership 5:00PM-7:00PM	APRIL IS NATIONAL STRESS AWARENESS MONTH 
26	27 TALKING TOGETHER Dad's Support Group 6:00PM-7:00PM	28 Somerset Youth Partnership 5:00PM-7:00PM	29 Warren County Confidence Collective 6:30-7:30pm	30 Thriving Together Men Support Group 12:00-1:30pm Warren Youth Partnership 5:00PM-7:00PM	



Introducing Anxiety and OCD Care with InStride Health

In collaboration with the Family Support Organization of Bergen County

Join us for a series of informative sessions on how InStride Health delivers effective, evidence-based treatment for children, teens, and young adults with anxiety and OCD. We'll explore our therapeutic approach, including CBT and exposure therapy, and walk through presentation-specific case studies.

Events:

April 7: Clinical Overview and OCD Case Study

- <https://meet.google.com/npu-gadr-vwc>

June 2: Anxiety Case Study

- <https://meet.google.com/isu-zpgc-udp>

September 1: School Avoidance Presentation

- <https://meet.google.com/ffz-ubng-vmr>

[View Events and Register Here](#)



Contact:

Lauren Yarmula, Territory Manager

(e) lauren.yarmula@instride.health

(p) 201-400-0954

www.InStride.Health



Hunterdon County Youth Partnership



Thursday Evenings From 5:00-7:00 PM

Community Wellness Center 44 Emery Avenue Flemington, NJ 08822

First day/orientation is May 7th 2026!!

**Making new
friends!**

Crafts
Movie Nights | Game Nights
Wellness | STEM Activities
and Cool Experiments

Field Trips!!

**Dinner always
served!!**

**Community Involvement
Volunteer opportunities**

Guest Speakers!



To Register or learn more, email mstubbs@fso-hsw.org



Atlantic Cape
Family Support
Organization, Inc.

Atlantic Cape May

-Junior Youth Group 1st and
3rd Tuesday

-Youth Group 2nd and 4th
Tuesday



Family Support Organization
of Bergen County

Bergen County

-Grupo de Apoyo Bilingue en
Espanol



FAMILY SUPPORT
ORGANIZATION
of Burlington County

Burlington County

-Parents Helping Parents
Support Group 3rd & 4th

-Cape May Caregivers
Support Group 1st & 3rd
Thursday

-Northfield Caregivers
Support Group 2nd & 4th
Thursday

(609) 485-0575
[Click here for MORE!](#)



Camden County
-IEP Clinic & Learning Sessions

-Open Office Hours Expanded-
Schedule an appointment with a
seasoned Certified Family
Support Partner

(856) 662-2600
[Click here for MORE!](#)

-Introducing Anxiety and OCD
Care - Clinical Overview & OCD
Case Study part 1 of 3 April 7

-Mortgage/Home Equity Line of
Credit Workshop May 13

(201) 796-6209
[Click here for MORE!](#)



Cumberland Gloucester Salem

- ✓ Caregiver Groups (NJCTS, Wonders of Wellness)
- ✓ Parent Cafes
- ✓ Youth Programs (YP)
- ✓ Wellness Activities (Yoga at Atkinson Memorial Park)

Find your local group below:

- Cumberland County: 3739 N Delsea Dr. Vineland, NJ
- Salem County: 110 S Broadway, Pennsville, NJ (Rm 312)
- Gloucester County: 758 N Broadway, Pitman, NJ, Mosaic FSC & Hollybush Gardens, Glassboro, NJ

[For more information on specific programming click here!](#)

Thursday

-Parent Cafe 2nd Thursday

-Youth Partnership game night, movie night, and more!

((609) 265-8838
[Click here for MORE!](#)



Essex County

Let's Talk: Parent Support Group
Topic: Open Forum

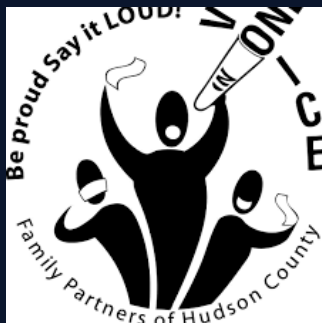
March 24 from 6:30 to 7:30pm
[Zoom Link](#)

-Navigating transition to adult life workshop March 28th 11:00 am-2:00pm 340 Franklin Ave Belleville NJ. Lunch will be served.

[Registration required](#)

-Volunteer Opportunities
Call for more information on support groups and educational programming

(973) 395-1441
[Click for MORE!](#)



Hudson County

- Mujeres Maravillosas (Spanish Speaking)

- Special Angels (Youth on the Spectrum)



**Hunterdon Somerset
Warren March Calendar**

-Somerset County Youth Partnership- Weekly on Tuesdays from 5:00-7:00 PM In-Person

-Warren County Youth Partnership- Weekly on



Mercer County

-Youth Partnership life skills class Support and Social group for youth 13-21 yrs old. Tonight we learn appropriate behavior out in public!

- Mom's Helping Mom's (English Speaking)

- Youth Partnership of Hudson County

- Club de Lectura (Spanish Speaking)

- Hablemos con Jeffry (Spanish Speaking)

- Lest's Talk w/ Keith (English Speaking)

(201) 915-5140

[Click here for MORE!](#)



Middlesex County

-Youth Partnership program

-Parent Support Groups

-Educational Programming

[For more information on specific programming click here](#)



Ocean County

-Caregivers Connection Group 6:30pm - 8:00pm

Thursdays from 5:00-7:00 PM
In-Person

-Mom Support Group-Virtual (Bi-weekly) on Thursdays from 12:00-1:30 PM

-Grupo de Apoyo Familiar Hispano-Virtual-3rd. Wednesday of the month from 12:00-1:15 pm.

-Grupo de Apoyo Familiar Hispano-In-Person - 3rd. Or 4th. Monday of the month from 7:00-8:00 pm.

[Download the Calendar Here](#)
(908) 223-1191



Monmouth County

-Youth Partnership program

-Parent Support Groups

-Educational Programming

[For more information on specific programming click here!](#)



Passaic County

-Youth Partnership – Woodland Park Weekly on Wednesday Evenings

-Reach one Teach One Support Group with a focus on mental/behavioral health, special education, health & wellness, self care resources and more

--Pop Out Food Drive distributes food to families in need every Tuesday!

((609) 586-1200

[Click here for MORE!](#)



Morris Sussex Counties

-Youth Partnership Program 5:30pm - 7:00pm April 14th

-Grupo de Apoyo en Espaniol 6:00pm - 7:00pm 1st Wednesday of every month

-The Caregivers Circle
Support group for Mom's 6:00pm - 7:00pm 3rd Thursday of every month

[Download the Flyer](#)
(973) 940-3194



Union County

-Youth Partnership program

-Male mentoring program

-Parent Support Groups

-Educational Programming

-Intern Opportunities

-Virtual Caregiver Connection
Group at Noon

-Grandparents Support Group
11:00am - 1:00pm

(973) 569-6334

[Click Here for MORE!](#)

-Youth Partnership Extended –
Upper County Bi-weekly on
Tuesdays Evenings

-Parent Support Groups
Woodland Park – Weekly on
Thursday Evening
West Milford – Weekly on
Tuesday Evening

-Spanish Parent Support
Groups Woodland Park –
Weekly on Wednesday
Afternoon

(973) 681-8968

[Click here for MORE!](#)

**For more information on
specific programing click
here!**

(908) 755-0090

BOARD MEMBERSHIP OPPORTUNITES

INTERESTED IN BECOMING A COUNTY LEVEL FAMILY SUPPORT ORGANIZATION BOARD MEMBER?

If you are passionate about empowering families and have the experience to back it up, we want you on our team! Apply for local County Level board membership!

Statewide Board Membership Application

New Jersey's Family Support Organizations are family-led, community-based, non-profit agencies whose mission is to provide support, advocacy, and education to families and caregivers of children with emotional, behavioral and mental health needs and are funded by New Jersey's Department of Children and Families.

The Alliance supports the Family Support Organizations through training, technical assistance, policy development, identification of best practices, data collection and resource development.

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