



October 2026

Woodside Hall Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1) 10:15-11:15am News or Word Play/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 2-4pm Painting with Mary Nolan / Barb & Lizzie (D) 6-8pm Movie/ Staff (L)	2) 10:30am-11:15am Photos & Conversation/ Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Lizzie(D) 1:30-4:30pm Doris's Hair Salon / Staff / Room 206 6-8pm Movie/ Staff (L)	3) Magazines, newspaper puzzles, line art, playing cards & other games available through staff 6-8pm Movie/ Staff (L)
4) 1:30pm-2:30pm Prayer & Communion with Mary (D)+ rooms 3-4:45pm Activities with Mary 6-8pm Movie/ Staff (L)	5) 10-11:15am Conversation & Trivia/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-2:45pm BINGO / Barb & Lizzie /D 3-3:30pm Visit with 'Burt' & Linda/ Lizzie (D)+ rooms 6-8pm Movie/ Staff (L)	6) 10-11:15am Conversation & Trivia/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-3pm Share & Reminisce/ Barb & Lizzie (D) 6-8pm Movie/ Staff (L)	7) 10:15-11:15am Conversation & photos/ Barb (D) 11:30-12pm Chair Exercise, balloon bop/ Barb (D) 1:30-3:30pm Scrabble or Cards with Carole & Edie/ Barb (D) 6-8pm Movie/ Staff (L)	8) 10:15-11am News or Word Play/ Barb & Lizzie (D) 11am-12pm Therapy Dogs & Kathie/ Lizzie (D)+ rooms 11:30-12pm Chair Exercise, balloon bop/ Barb (D) 1:30-3pm Baking activity /Lizzie & Barb/D 6-6:30pm Ramsey & Kate/ Staff/ (D) (L) 6:45-8:30pm Movie/ Staff (L)	9) 10:30am-11:15am Photos & Conversation/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-3pm Word Play / Barb & Lizzie (D) 6-8pm Movie/ Staff (L)	10) Magazines, newspaper puzzles, line art, playing cards & other games available through staff 6-8pm Movie/ Staff (L)
11) 1:30pm-2:30pm Prayer & Communion with Mary 3-4:45pm Activities with Mary 6-8pm Movie/ Staff (L)	12) 10-11:15am Conversation & Trivia/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-2:45pm BINGO / Barb & Lizzie /D 6-8pm Movie/ Staff (L)	13) 10-11am Conversation & Trivia/ Barb & Lizzie (D) 11-11:30am Therapy Dog 'Niichii' & Cathy/ Lizzie (D)+ rooms 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-3pm Share & Reminisce/ Barb & Lizzie (D) 6-6:30pm Ramsey & Kate/ Staff/ (D) (L) 6:45-8:30pm Movie/ Staff (L)	14) 10:15-11:15am Autumn BINGO/ Barb /D 11:30-12pm Chair Exercise, balloon bop/ Barb (D) 1:30-3:30pm Scrabble or Cards with Carole & Edie/ Barb (D) 4-4:50pm 'Blue Skies' sing-a-long with Polly Messenger (piano) and lead singers/Barb & Lizzie (D) 6-8pm Movie/ Staff (L)	15) 10:15-11:15am News or Word Play/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 2-4pm Painting with Mary Nolan/ Barb & Lizzie (D) 6-8pm Movie/ Staff (L)	16) 10:30am-11:15am Photos & Conversation/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-3pm Word Play / Barb & Lizzie (D) 6-8pm Movie/ Staff (L)	17) 2-3:30pm: Open House with 'Saxalicious' 🎵 Ice cream will be served /Staff/D 6-8pm Movie/ Staff (L)
18) 1:30pm-2:30pm Prayer & Communion with Carole Lachance (D)+ rooms 6-8pm Movie/ Staff (L)	19) 10-11:15am Conversation & Trivia/ Barb & Lizzie /D 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-2:45pm BINGO / Barb & Lizzie /D 3-3:30pm Visit with 'Burt' & Linda/ Lizzie (D)+ rooms 6-8pm Movie/ Staff (L)	20) 10-11:15am Conversation & Trivia/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-3pm Share & Reminisce/ Barb & Lizzie (D) 6-6:30pm Ramsey & Kate/ Staff/ (D) (L) 6:30-8:30pm Movie/ Staff (L)	21) 10:15-11:15am Conversation & photos/ Barb (D) 11:30-12pm Chair Exercise, balloon bop/ Barb (D) 1:20-1:50pm Resident Council meeting/ Karen & Barb 2-3:30pm Scrabble or Cards with Carole & Edie/ Barb (D) 6-8pm Movie/ Staff (L)	22) 10:15-11:15am Autumn BINGO/ Barb & Lizzie /D 11am-12pm Therapy Dogs & Kathie/ Lizzie (D)+ rooms 11:30-12pm Chair Exercise, balloon bop/ Barb (D) 1:30-3pm Word Play /Lizzie & Barb/D 6-8pm Movie/ Staff (L)	23) 10:30am-11:15am Photos & Conversation/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-3pm Spa Day (rm 206) /Barb & Lizzie 6-8pm Movie/ Staff (L)	24) Magazines, newspaper puzzles, line art, playing cards & other games available through staff 6-8pm Movie/ Staff (L)
25) 1:30pm-2:30pm Prayer & Communion with Mary (D)+ rooms 3-4:45pm Activities with Mary 6-8pm Movie/ Staff (L)	26) 10-11:15am Conversation & Trivia/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-2:45pm BINGO / Barb & Lizzie /D 3:15-4:30pm Games with Kai & Patti/ Barb & Lizzie /D 6-8pm Movie/ Staff (L)	27) 10:15-11:15am Autumn BINGO/ Barb & Lizzie /D 11-11:30am Therapy Dog 'Niichii' & Cathy/ Lizzie (D)+ rooms 11:30-12pm Chair Exercise/ Barb & Lizzie (D) 1:30-3pm Share & Reminisce/ Barb & Lizzie (D) 6-6:30pm Ramsey & Kate/ Staff/ (D) (L) 6:45-8:30pm Movie/ Staff (L)	28) 10:15-11:15am Conversation & photos/ Barb (D) 11:30-12pm Chair Exercise, balloon bop /Barb (D) 1:30-3:30pm Scrabble or Cards with Carole & Edie/ Barb (D) 6-8pm Movie/Staff (L)	29) 10:15-11am News or Word Play/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 1:30-3pm Baking activity /Lizzie & Barb/D 6-8pm Movie/ Staff (L)	30) 10:30am-11:15am Photos & Conversation/ Barb & Lizzie (D) 11:30-12pm Chair Exercise, balloon bop/ Barb & Lizzie (D) 3-5pm Halloween Party residents, staff & community/D 6-8pm Movie/ Staff (L)	31) HALLOWEEN Magazines, newspaper puzzles, line art, playing cards & other games available through staff 6-8pm Movie/ Staff (L)

Activity location key: dining room (D) library (L)