Name

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Get to know each of the health coaches for our Myers Detox Protocol and NES Health Bioenergetic programs! Simply click the link at the end of each short bio to learn more about each of these fantastic individuals.

Your email

program. You may also notice that we have a few coaches who work with both Myers Detox Protocol and NES Health Bioenergetics clients and programs! I am so thrilled to welcome each of these wonderful coaches to the Myers Detox

They are listed alphabetically, according to their last name and divided by

team!

Myers Detox Protocol Marlen Brauns

Marlen Brauns is a Functional Diagnostic

Nutrition Practitioner, NES Bioenergetic

and Hatha Yoga practices as well as Body-Mind Acupressure with intermediate training. Through her own healing journey with Lyme disease, heavy metal toxicity and unresolved childhood PTSD, she has channeled her passions about health, healing, and transformation to support others on their unique individual journey. Read more about Marlen!

Practitioner, and a Certified Myers Detox Coach.

She is also passionate about Qi Gong, Meditation

*Please note Marlen is also one of our NES Health Bioenergetics coaches, as you will see listed below! **Karen Calomino**

Karen Calomino, MS, FDN-P is a Health Consultant and the owner of ResettingHealth, LLC. She has been coaching clients for the past 10 years and her

credentials have earned her a professional membership with the National Association of Nutritional Professionals.

She specializes in the Myers Detox Protocol, NES

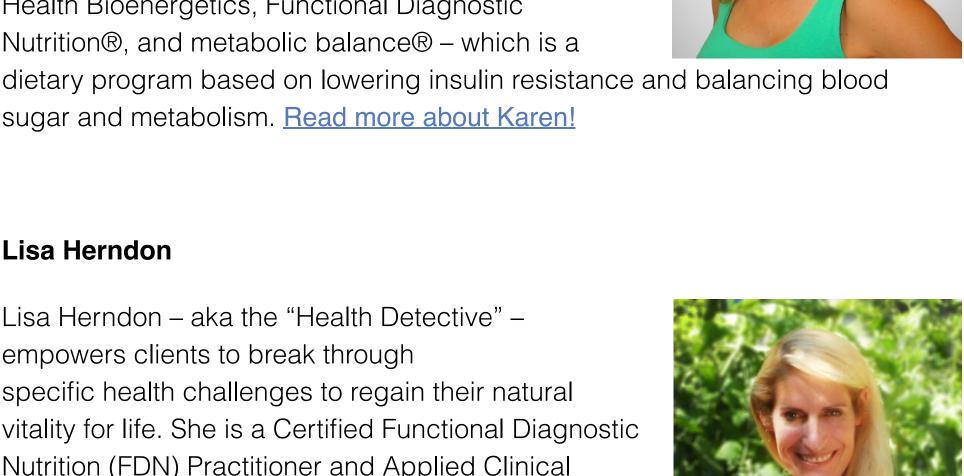
Health Bioenergetics, Functional Diagnostic Nutrition®, and metabolic balance® - which is a dietary program based on lowering insulin resistance and balancing blood sugar and metabolism. Read more about Karen! **Lisa Herndon**

Lisa Herndon - aka the "Health Detective" -

specific health challenges to regain their natural

empowers clients to break through

Nutrition (FDN) Practitioner and Applied Clinical Nutritionist who specializes in uncovering hidden stresses and identifying the root causes of her clients' health problems. Read more about Lisa! *Please note Lisa is also one of our NES Health Bioenergetics coaches, as you will see listed below!



Coach, Trained Myers Detox Coach and owner of Go Healthy With Karen ®. Karen

Karen Stein

experience to help herself and her husband heal and eventually become asymptomatic from their conditions. She continues to share her knowledge and coach others through her business Go Healthy With Karen ®. Read more about Karen! *Please note Karen is also one of our NES Health Bioenergetics coaches, as you will see listed below!

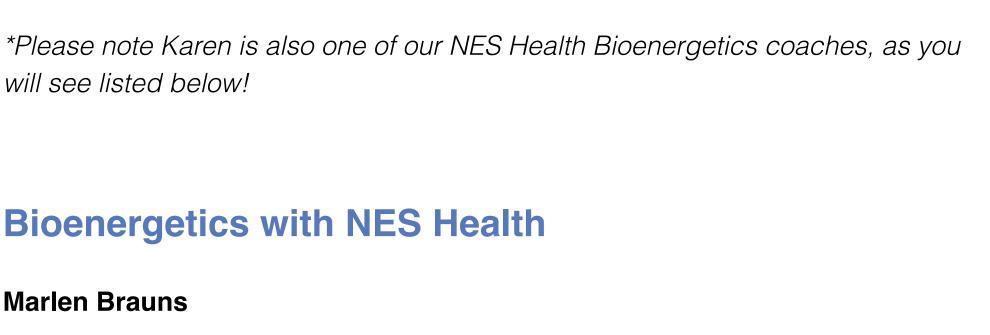
Karen Stein, CHC, CPHC is a Certified Health

Coach, Dr. Sears Certified Pregnancy Health

specializes in thyroid disorders, autoimmune,

anxiety, gut health and supporting others

looking to find a path to better health and



Yoga practices as well as Body-Mind Acupressure with intermediate training. Through her own healing journey with Lyme disease,

health, healing, and transformation to support others on their unique individual

wellness for themselves and their family. Karen began her wellness journey after

her husband was diagnosed with cancer and she with Hashimoto's Thyroiditis,

an autoimmune disease. She utilized more than 20 years of research and

*Marlen is also one of our Myers Detox Protocol coaches.

heavy metal toxicity and unresolved childhood

PTSD, she has channeled her passions about

journey. Read more about Marlen!

Marlen Brauns is a Functional Diagnostic Nutrition

Practitioner, NES Bioenergetic Practitioner, and a

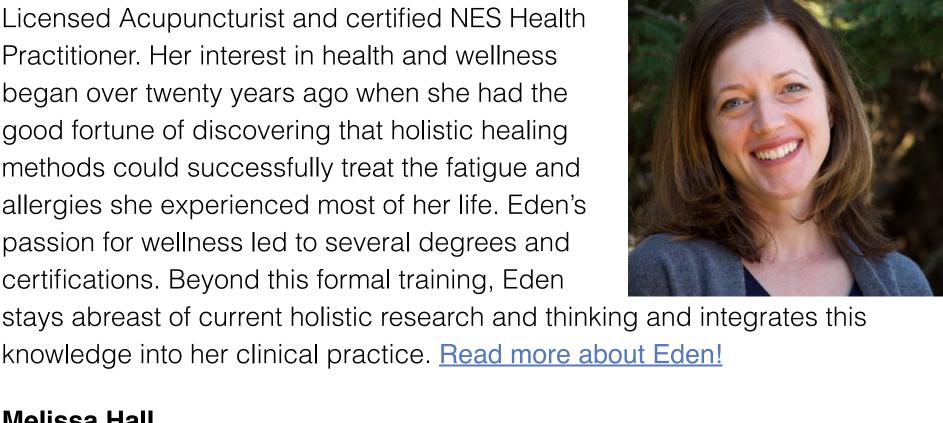
passionate about Qi Gong, Meditation and Hatha

Certified Myers Detox Coach. She is also

N. Eden Goldring

Marlen Brauns

N. Eden Goldring, B.A., L.Ac., FABORM, is a Licensed Acupuncturist and certified NES Health Practitioner. Her interest in health and wellness began over twenty years ago when she had the good fortune of discovering that holistic healing methods could successfully treat the fatigue and allergies she experienced most of her life. Eden's passion for wellness led to several degrees and certifications. Beyond this formal training, Eden



Melissa Hall In addition to her work as a NES Health

Coach!) and a certified Massage Therapist (Central Florida School of Massage Therapy). She

about Lisa!

Karen Stein

Karen!

Protocol coaches.

has a deep passion for understanding how the human body works in order to reach peak performance! Read more about Melissa! **Lisa Herndon** Lisa Herndon – aka the "Health Detective" – empowers clients to break through specific health challenges to regain their natural

Functional Diagnostic Nutrition (FDN) Practitioner

and Applied Clinical Nutritionist who specializes in

causes of her clients' health problems. Read more

*Please note Lisa is also one of our Myers Detox

Karen Stein, CHC, CPHC is a Certified Health

Coach, Dr. Sears Certified Pregnancy Health

specializes in thyroid disorders, autoimmune,

Coach, Trained Myers Detox Coach and

owner of Go Healthy With Karen ®. Karen

anxiety, gut health and supporting others

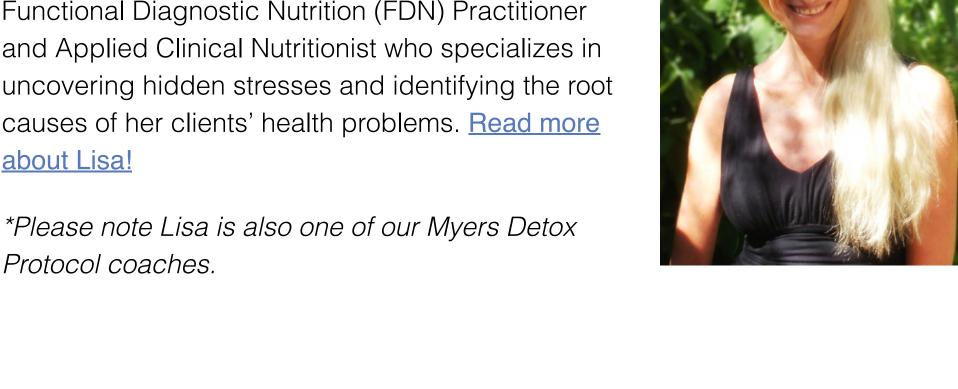
looking to find a path to better health and

vitality for life. She is a Certified

Bioenergetics Coach, Melissa is also a former

ultra endurance athlete (she is a USA Triathlon

Certified Coach and USA Cycling Certified



experience to help herself and her husband heal and eventually become asymptomatic from their conditions. She continues to share her knowledge and coach others through her business Go Healthy With Karen ®. Read more about

wellness for themselves and their family. Karen began her wellness journey after

her husband was diagnosed with cancer and she with Hashimoto's Thyroiditis,

an autoimmune disease. She utilized more than 20 years of research and

*Please note Karen is also one of our Myers Detox Protocol coaches.

Diahanna White Diahanna is a Health and Wellness coach, certified in the practice of NES Health Bioenergetics. She has spent the majority her life helping others gain better insights and emotional stability, releasing emotional blocks, triggers and emotional struggles. She works with individuals who are often dealing with chronic degenerative diseases and with

emotional depression that often follows long-term

chronic conditions. Read more about Diahanna!

Dr. Michelle Elgersma (Pet Services Only)

Dr. Michelle has always been passionate about

helping animals. This drive led her to the Ontario

Veterinary College, where she earned a degree in

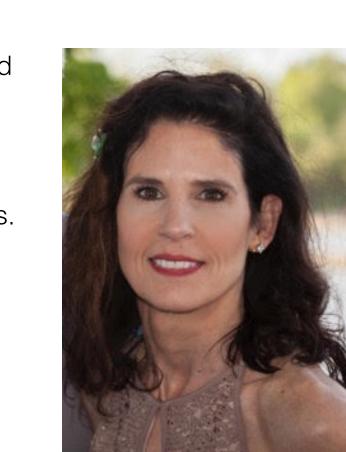
veterinary medicine in 1996. She founded her

practice with the mission of bringing strength,

health, comfort, and joy to our animals, and to

provide the highest quality of life that each one

deserves. Read more about Dr. Elgersma!



Vanessa Nunes

Flintridge, CA



First Name *

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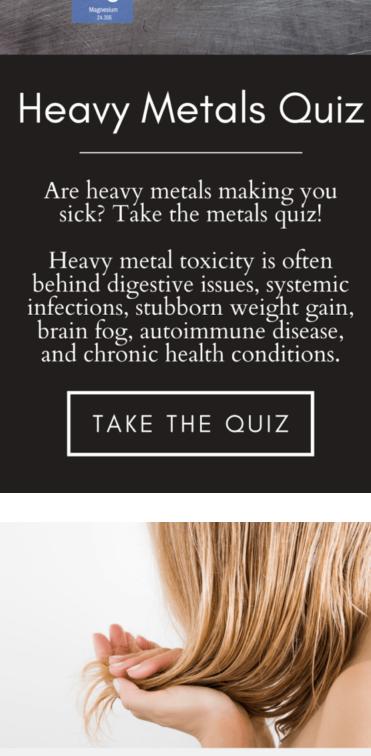
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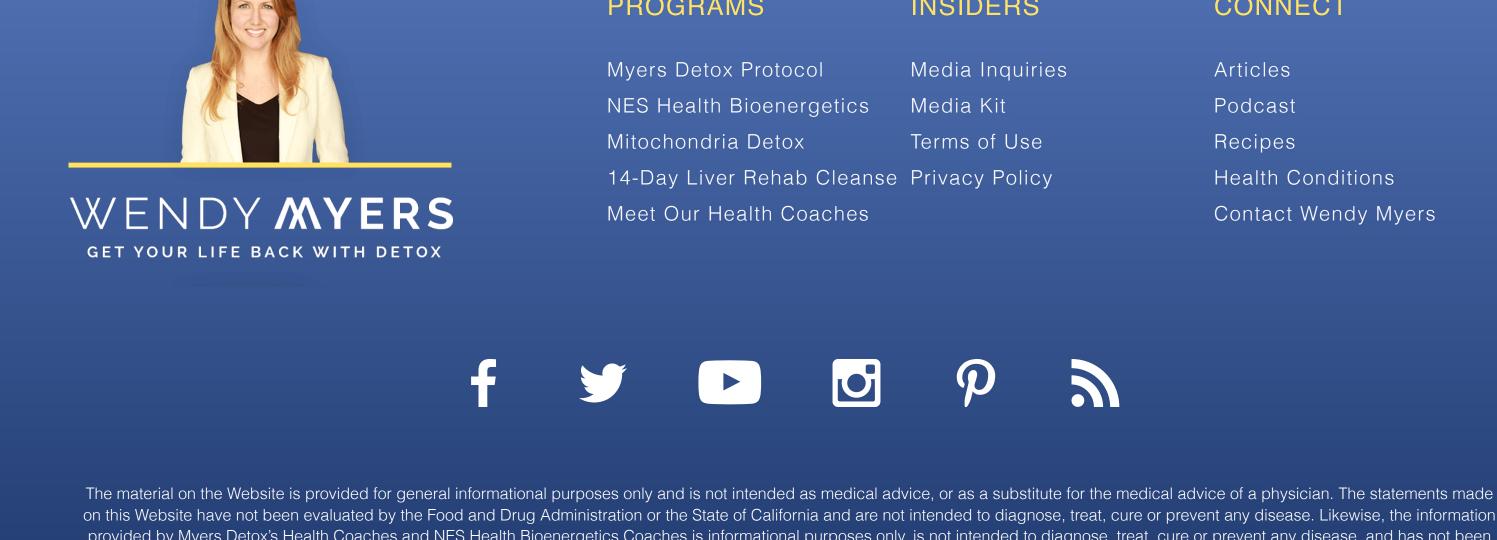
Detox Program

Hair Mineral Analysis Test Assesses your mineral levels and toxic heavy metal levels that are being eliminated into the hair. Reveals toxicity for mercury, iron copper, manganese, uranium, lead, cadmium, arsenic,

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Bioenergetics with NES Health – Pet Services



PROGRAMS

Myers Detox Protocol

Mitochondria Detox

NES Health Bioenergetics

Meet Our Health Coaches

14-Day Liver Rehab Cleanse Privacy Policy

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