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Get to know each of the health coaches for our [Myers Detox Protocol](#) and [NES Health Bioenergetic](#) programs! Simply click the link at the end of each short bio to learn more about each of these fantastic individuals.

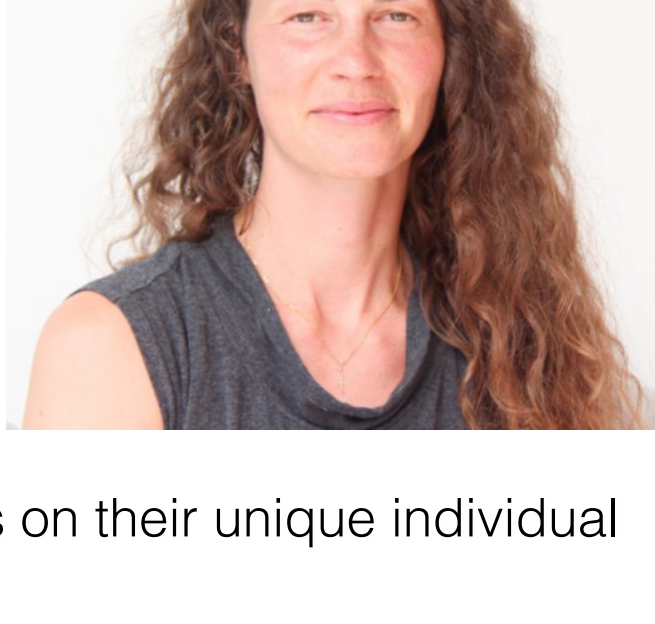
They are listed alphabetically, according to their last name and divided by program. You may also notice that we have a few coaches who work with both Myers Detox Protocol and NES Health Bioenergetics clients and programs!

I am so thrilled to welcome each of these wonderful coaches to the Myers Detox team!

Myers Detox Protocol

Marlen Brauns

Marlen Brauns is a Functional Diagnostic Nutrition Practitioner, NES Bioenergetic Practitioner, and a Certified Myers Detox Coach. She is also passionate about Qi Gong, Meditation and Hatha Yoga practices as well as Body-Mind Acupressure with intermediate training. Through her own healing journey with Lyme disease, heavy metal toxicity and unresolved childhood PTSD, she has channeled her passions about health, healing, and transformation to support others on their unique individual journey. [Read more about Marlen!](#)



**Please note Marlen is also one of our NES Health Bioenergetics coaches, as you will see listed below!*

Karen Calomino

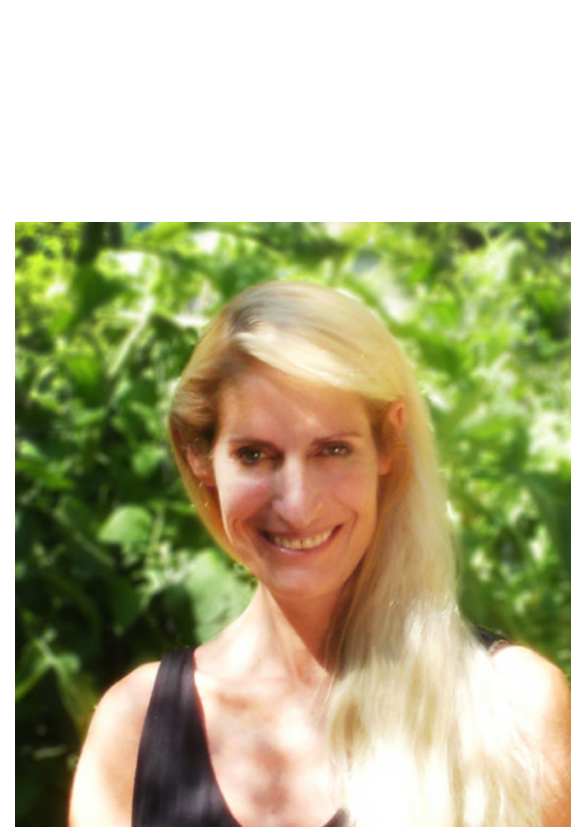
Karen Calomino, MS, FDN-P is a Health Consultant and the owner of ResettingHealth, LLC. She has been coaching clients for the past 10 years and her credentials have earned her a professional membership with the National Association of Nutritional Professionals.



She specializes in the Myers Detox Protocol, NES Health Bioenergetics, Functional Diagnostic Nutrition®, and metabolic balance® – which is a dietary program based on lowering insulin resistance and balancing blood sugar and metabolism. [Read more about Karen!](#)

Lisa Herndon

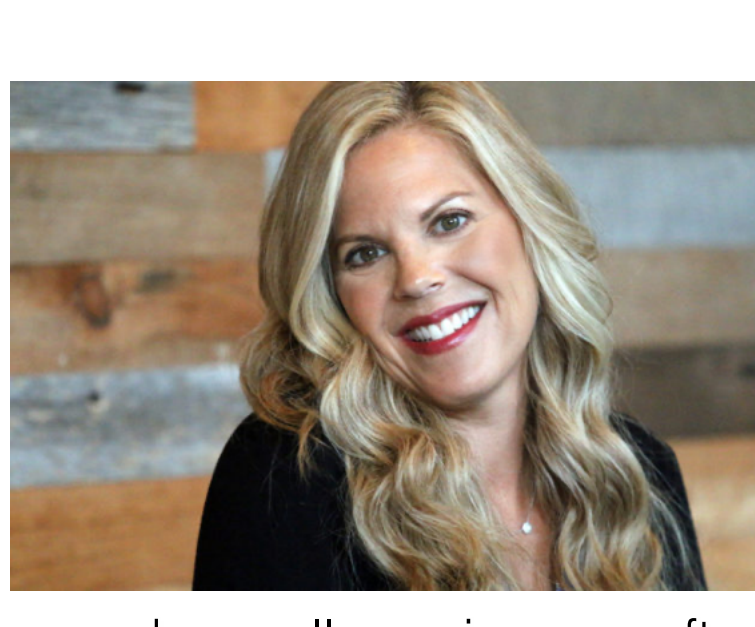
Lisa Herndon – aka the “Health Detective” – empowers clients to break through specific health challenges to regain their natural vitality for life. She is a Certified Functional Diagnostic Nutrition (FDN) Practitioner and Applied Clinical Nutritionist who specializes in uncovering hidden stresses and identifying the root causes of her clients’ health problems. [Read more about Lisa!](#)



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Karen Stein

Karen Stein, CHC, CPHC is a Certified Health Coach, Dr. Sears Certified Pregnancy Health Coach, Trained Myers Detox Coach and owner of Go Healthy With Karen ®. Karen specializes in thyroid disorders, autoimmune, anxiety, gut health and supporting others looking to find a path to better health and wellness for themselves and their family. Karen began her wellness journey after her husband was diagnosed with cancer and she with Hashimoto’s Thyroiditis, an autoimmune disease. She utilized more than 20 years of research and experience to help herself and her husband heal and eventually become asymptomatic from their conditions. She continues to share her knowledge and coach others through her business Go Healthy With Karen ®. [Read more about Karen!](#)



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Bioenergetics with NES Health

Marlen Brauns

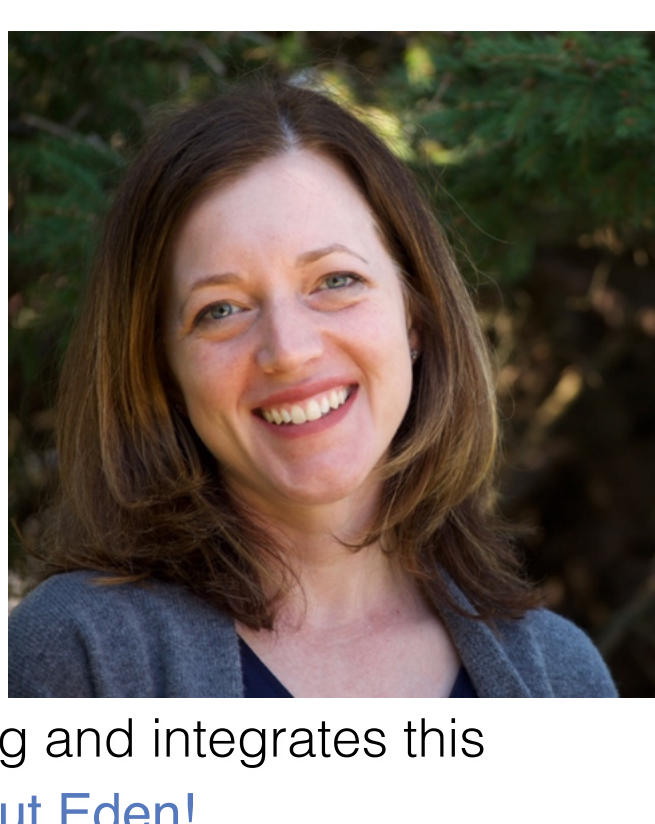
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**Marlen is also one of our Myers Detox Protocol coaches.*

N. Eden Goldring

N. Eden Goldring, B.A., L.Ac., FABORM, is a Licensed Acupuncturist and certified NES Health Practitioner. Her interest in health and wellness began over twenty years ago when she had the good fortune of discovering that holistic healing methods could successfully treat the fatigue and allergies she experienced most of her life. Eden’s passion for wellness led to several degrees and certifications. Beyond this formal training, Eden stays abreast of current holistic research and thinking and integrates this knowledge into her clinical practice. [Read more about Eden!](#)



Melissa Hall

In addition to her work as a NES Health Bioenergetics Coach, Melissa is also a former ultra endurance athlete (she is a USA Triathlon Certified Coach and USA Cycling Therapist Coach!) and a certified Massage Therapist (Central Florida School of Massage Therapy). She has a deep passion for understanding how the human body works in order to reach peak performance! [Read more about Melissa!](#)



Lisa Herndon

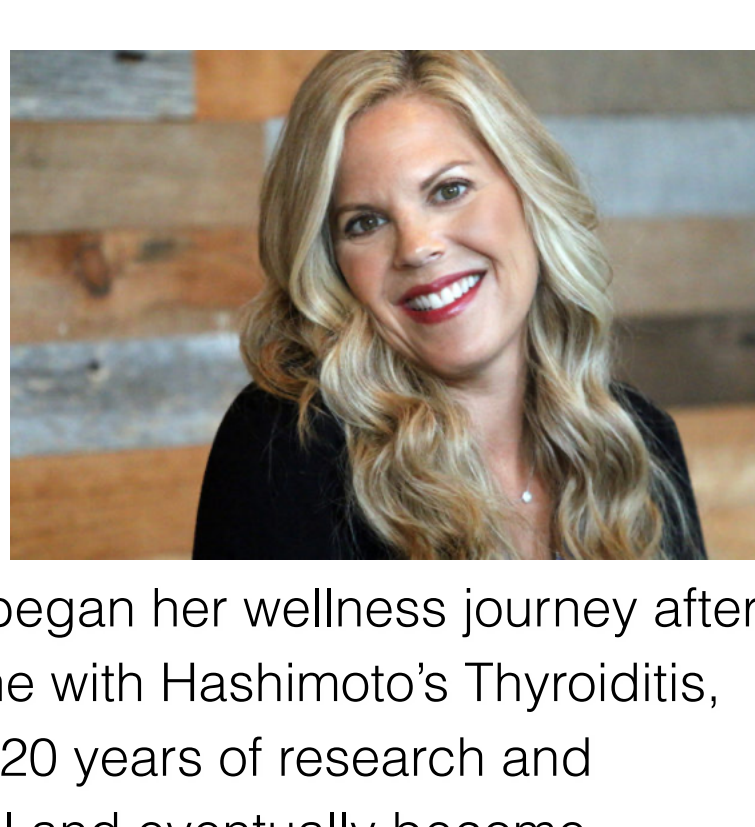
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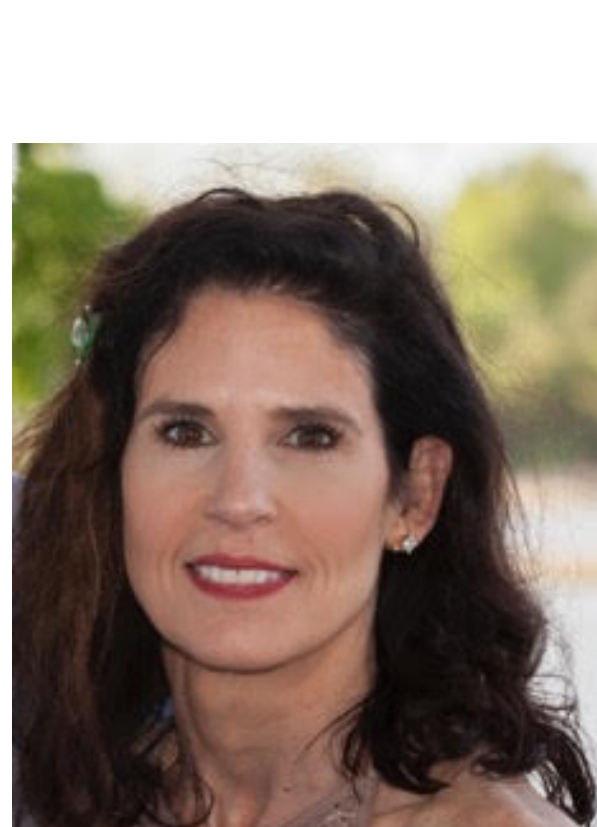
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Diahanna White

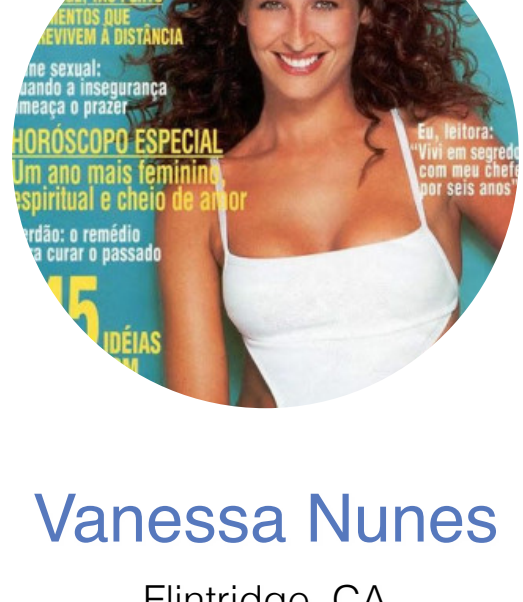
Diahanna is a Health and Wellness coach, certified in the practice of NES Health Bioenergetics. She has spent the majority her life helping others gain better insights and emotional stability, releasing emotional blocks, triggers and emotional struggles. She works with individuals who are often dealing with chronic degenerative diseases and with emotional depression that often follows long-term chronic conditions. [Read more about Diahanna!](#)



Bioenergetics with NES Health – Pet Services

Dr. Michelle Elgersma (Pet Services Only)

Dr. Michelle has always been passionate about helping animals. This drive led her to the Ontario Veterinary College, where she earned a degree in veterinary medicine in 1996. She founded her practice with the mission of bringing strength, health, comfort, and joy to our animals, and to provide the highest quality of life that each one deserves. [Read more about Dr. Elgersma!](#)



Vanessa Nunes
Flintridge, CA

“I would recommend Wendy Myers over and over again for ALL HEALTH ISSUES + SOLUTIONS!!!! After experiencing months of fatigue and not sleeping properly, I contacted Wendy on the advice of a friend. She immediately informed me that my lifestyle was causing adrenal fatigue and ...



WENDY MYERS
GET YOUR LIFE BACK WITH DETOX

PROGRAMS

- Myers Detox Protocol
- NES Health Bioenergetics
- Mitochondria Detox
- 14-Day Liver Rehab Cleanse
- Meet Our Health Coaches

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