

SCHOOL OF THEATRICAL DANCE

COURSE DESCRIPTION – FALL 2022

SEASONAL REGISTRATION FEE

This fee helps offset the administrative cost of setting up your dancer in our class management system each season. It also covers your dancer's insurance and studio communication costs — all separate expenses from class tuition.

Your credit card on-file will be automatically charged for the applicable Seasonal Registration Fee on Monday, September 5, 2022.

- Fall Season (September-December) \$30 (per family)
- Spring Season (January-May) \$35 (per family)
- Summer Season (June-August)\$20 (per family)

SEASONAL PERFORMANCE FEE

This fee serves as your contribution to theater rental, dressing room rental, theater security officers, musical rights, custom costuming, extra rehearsal time, etc.

Your credit card on-file will be automatically charged for the applicable Seasonal Registration Fee on Wednesday, October 5, 2022.

- Fall Season (December Performance) \$35 (per dance/costume)
- Spring Season (June Performance) \$35 (per dance/costume)

ROYAL ACADEMY OF DANCE

The Royal Academy of Dance (RAD) is an international teacher education and awarding organization for dance. Established in 1920 as the Association of Operatic Dancing of Great Britain, it was granted a Royal Charter in 1936 and renamed the Royal Academy of Dancing. In 1999 it became the Royal Academy of Dance.

RAD VISION

Leading the world in dance education and training, the Royal Academy of Dance is recognized internationally for the highest standards of teaching and learning.

As the professional membership body for dance teachers, it inspires and empowers dance teachers and students, members, and staff to make innovative, artistic and lasting contributions to dance and dance education throughout the world.

RAD MISSION

To promote and enhance knowledge, understanding and practice of dance internationally by educating and training teachers and students, and by rewarding achievement, so preserving the rich, artistic and educational value of dance for future generations.

CLASS PLACEMENT

**The exact age at which a dancer reaches each level will vary.*

A dancer's placement in classes is at the discretion of The Director and the student's Instructor. SOTD will group similar age and level students together after assessment. Director/Instructor assessment will advance students when necessary; on a case-by-case basis.

While it is fair to say that age is typically a measure of maturity, age and maturity are not necessarily the same thing, especially when it comes to learners. Maturity plays a major role in a student's success.

Please use your best judgment to choose an age-appropriate level for your dancer on ClassBug. Once classes start, we will confirm with you that your dancer is in the correct class for his/her abilities.

TWINKLES DANCE WORKSHOP (7-WEEK SERIES)

- Day: Monday
- Time: 4:30-5:15pm
- (Approximate) Age Range: 3-5
- (Approximate) Grade School Level: Preschool
- RAD Syllabus Equivalent: Pre-Primary 1

GIRLS UNIFORM:

- Leotard (any color, any style, with or without attached skirt/tutu)
- Pink Tights (footed or footless)
- Ballet Slippers (labeled with student's name)
- Tap Shoes (labeled with student's name)
- Very Neat Bun or Braid (hair pulled away from the face)
- Water Bottle (water only; please no sports drinks or juice)
- Extra Leotard and Extra Tights (in case of spills or accidents)

BOYS UNIFORM:

- Solid White Shirt (long or short sleeves)
- Solid Black Dance Pants or Dance Shorts
- Ballet Slippers (labeled with student's name)
- Tap Shoes (labeled with student's name)
- Water Bottle (water only; please no sports drinks or juice)
- Extra Shirt and Extra Pants (in case of spills or accidents)

Our Twinkles Syllabus parallels concepts from The Royal Academy of Dance Pre-Primary 1 Syllabus.

Originally created by Theresa D'Alessandro, Twinkles includes Ballet, Tap, Jazzy Broadway, Creative Movement, and Yoga.

This course of study is intended to inspire little dancers to explore the first steps toward balance, coordination, rhythm, song and dance, and Ballet vocabulary.

This Workshop ignites excitement and understanding of space, music, creativity, strength, and friendship!

This strong foundation prepares students for a successful transition to our Petit I classes (RAD Primary and Grade 1).

PETIT BALLET + TAP (I)

- Day: Tuesdays
- Time: 4:45-5:45pm
- (Approximate) Age Range: 5-6+
- (Approximate) Grade School Level: Kindergarten-First Grade
- RAD Syllabus Equivalent: Primary / Grade 1

GIRLS UNIFORM:

- Solid Black Leotard (any style)
- Pink Tights (footed or footless)
- Ballet Pointe Pull-On Skirt (color: LILAC or BLACK)
- Ballet Slippers (labeled with student's name)
- Tap Shoes (labeled with student's name)
- Very Neat Bun or Braid (hair pulled away from the face)
- Water Bottle (water only; please no sports drinks or juice)

BOYS UNIFORM:

- Solid White Shirt (long or short sleeves)
- Solid Black Dance Pants or Dance Shorts
- Ballet Slippers (labeled with student's name)
- Tap Shoes (labeled with student's name)
- Water Bottle (water only; please no sports drinks or juice)

Petit I builds upon the developmental concepts of SOTD Twinkles Workshop classes.

Our Petit I Syllabus adheres to, and supplements The Royal Academy of Dance Primary and Grade 1 Syllabi.

This course of study is intended to promote and encourage enjoyment of movement as a form of physical activity and to aid the development of a general appreciation of music.

Petit I is designed to encourage students to explore their imagination; gently guiding them into the discipline of Classical Ballet while nurturing their physical skills, stamina, group awareness, and musicality using a range of musical styles and rhythmic patterns.

This strong foundation prepares students for a successful transition to our Petit II classes (RAD Grade 1/2) and our Demi Ballet classes (RAD Grade 2/3).

PETIT BALLET + TAP (II)

- Day: Tuesdays
- Time: 5:30-6:30pm
- (Approximate) Age Range: 6-7+
- (Approximate) Grade School Level: First-Second Grade
- RAD Equivalent: Grade 1 / Grade 2

GIRLS UNIFORM:

- Solid Black Leotard (any style)
- Pink Tights (footed or footless)
- Ballet Pointe Pull-On Skirt (color: BALLET PINK or BLACK)
- Ballet Slippers (labeled with student's name)
- Tap Shoes (labeled with student's name)
- Very Neat Bun or Braid (hair pulled away from the face)
- Water Bottle (water only; please no sports drinks or juice)

BOYS UNIFORM:

- Solid White Shirt (long or short sleeves)
- Solid Black Dance Pants or Dance Shorts
- Ballet Slippers (labeled with student's name)
- Tap Shoes (labeled with student's name)
- Water Bottle (water only; please no sports drinks or juice)

Petit II builds upon the developmental concepts of SOTD Petit I classes.

Our Petit II Syllabus adheres to, and supplements The Royal Academy of Dance Grade 1 and Grade 2 Syllabi.

This course of study is intended to promote and encourage enjoyment of movement as a form of physical activity and to increase a dancer's ability to demonstrate coordination, control, and accuracy in a range of sequences.

Petit II is designed to encourage students to explore their imagination while nurturing their physical skills, stamina, group awareness, and musicality using a range of musical styles and rhythmic patterns. Dancers will begin recognizing spatial awareness of the body in traveling movements and turning actions.

This strong foundation prepares students for a successful transition to our Demi Ballet classes (RAD Grade 3 and Grade 4).

DEMI BALLET (I/II)

- Day: Wednesdays
- Time: 6:00-7:15pm
- (Approximate) Age Range: 7-9+
- (Approximate) Grade School Level: Second-Fourth Grade
- RAD Equivalent: Grade 2 / Grade 3 / Grade 4

GIRLS UNIFORM:

- Solid Black Leotard (any style)
- Pink Tights (footed or footless)
- Bullet Pointe Pull-On Skirt (color: VIOLET or BLACK)
- Ballet Slippers (labeled with student's name)
- Very Neat Bun or Braid (hair pulled away from the face)
- Water Bottle (water only; please no sports drinks or juice)

BOYS UNIFORM:

- Solid White Shirt (long or short sleeves)
- Solid Black Dance Pants or Dance Shorts
- Ballet Slippers (labeled with student's name)
- Water Bottle (water only; please no sports drinks or juice)

Demi Ballet builds upon the developmental concepts of SOTD Petit Ballet classes.

Our Demi Syllabus adheres to, and supplements The Royal Academy of Dance Grade 2, Grade 3, and Grade 4 Syllabi.

At this level, classes stay imaginative; gently guiding dancers through Classical Ballet technique with consistent encouragement and inspiration.

This course of study is intended to provide students with increasing self-confidence through the learning, memorizing, and performing of prescribed sequences of movement. Dancers are motivated by a series of clearly defined goals which have been structured to reflect the principles of safe dance practice.

Our Demi dancers develop increased coordination, personal self-confidence, group awareness, posture, strength, and flexibility while nurturing their individual artistry and musicality. They will work toward performing with an increased awareness of technique as well as the secure use of expression.

This strong foundation prepares students for a successful transition to our Bravo Ballet classes (RAD Grade 5).

BRAVO BALLET + PRE-POINTE (I/II)

- Day: Wednesdays
- Time: 4:30-5:45pm
- (Approximate) Age Range: 10-12+
- (Approximate) Grade School Level: Fifth-Seventh Grade
- RAD Equivalent: Grade 5

GIRLS UNIFORM:

- Solid Black Leotard (any style)
- Pink Tights (footed or footless)
- Ballet Pointe Pull-On Skirt (color: ROSE or BLACK)
- Ballet Slippers (labeled with student's name)
- Pointe Shoes (if applicable)
- Very Neat Bun or Braid (hair pulled away from the face)
- Water Bottle (water only; please no sports drinks or juice)

BOYS UNIFORM:

- Solid White Shirt (long or short sleeves)
- Solid Black Dance Pants or Dance Shorts
- Ballet Slippers (labeled with student's name)
- Water Bottle (water only; please no sports drinks or juice)

Bravo Ballet builds upon the developmental concepts of SOTD Demi Ballet classes.

Our Bravo Syllabus adheres to, and supplements The Royal Academy of Dance Grade 5 Syllabus.

At this level, dancers learn to demonstrate a sound knowledge and understanding of Ballet vocabulary and technical skills through continuously thoughtful guidance.

This course of study is intended to provide students with increasing self-confidence through the learning, memorizing, and performing of prescribed sequences of movement. Dancers are motivated by a series of clearly defined goals which have been structured to reflect the principles of safe dance practice.

Our Bravo dancers develop increased coordination, personal self-confidence, group awareness, posture, strength, and flexibility while nurturing their individual artistry and musicality.

This strong foundation prepares students for a successful transition to our Encore Ballet classes (RAD Grade 5 and 6).

ENCORE BALLET + POINTE

- Day: TBD
- Time: TBD
- (Approximate) Age Range: 12-14+
- (Approximate) Grade School Level: Seventh-Ninth Grade
- RAD Equivalent: Grade 5 / Grade 6

GIRLS UNIFORM:

- Solid Black Leotard (any style)
- Pink Tights (convertible)
- Bullet Pointe Pull-On Skirt (color: HAZE or BLACK)
- Ballet Slippers
- Pointe Shoes
- Very Neat Bun
- Water Bottle

BOYS UNIFORM:

- Solid White Shirt (long or short sleeves)
- Solid Black Dance Pants or Dance Shorts
- Ballet Slippers
- Water Bottle

Encore Ballet builds upon the developmental concepts of SOTD Bravo Ballet classes.

Our Encore Syllabus adheres to, and supplements The Royal Academy of Dance Grade 5 and Grade 6 Syllabi.

At this level, dancers learn to demonstrate a sound knowledge and understanding of Ballet vocabulary and technical skills through continuously thoughtful guidance.

This course of study is intended to provide students with increasing self-confidence through the learning, memorizing, and performing of prescribed sequences of movement. Dancers are motivated by a series of clearly defined goals which have been structured to reflect the principles of safe dance practice.

Our Encore dancers develop increased coordination, personal self-confidence, group awareness, posture, strength, and flexibility while nurturing their individual artistry and musicality.

This strong foundation prepares students for a successful transition to our Premier Ballet classes (RAD Grade 7, Grade 8, and Advanced Foundation).

PREMIER BALLET + POINTE

- Days: Tuesdays and Thursdays
- Time: 7:00-8:30pm
- (Approximate) Age Range: 14-18+
- (Approximate) Grade School Level: Ninth-Twelfth Grade
- RAD Equivalent: Grade 7 / Grade 8 / Advanced Foundation

GIRLS UNIFORM:

- Solid Black Leotard (any style)
- Pink Tights (convertible)
- Ballet Pointe Pull-On Skirt (color: ANY solid color)
- Ballet Slippers
- Pointe Shoes
- Tap Shoes
- Jazz Shoes
- Very Neat Bun
- Water Bottle

Premier Ballet builds upon the developmental concepts of SOTD Encore Ballet classes.

Dancers at our Premier level are poised to achieve an advanced level of technical and artistic ability in Ballet.

It requires tremendous dedication, maturity, and commitment to reach the standard.

Premier students continuously work to demonstrate a consolidated knowledge and understanding of Ballet vocabulary, technical skills, and understanding of a range of complex rhythmical sounds, accents, and timing.

Dancers are consistently inspired to demonstrate a confident, sensitive, and varied musical interpretation including phrasing, dynamics, and atmosphere while presenting a mature personal sense of style and self-assurance.