

GOLFING IN THE MAINE HIGHLANDS

BY JOHN MCNAMARA

Nestled in the heart of central Maine, Piscataquis County offers golfers a unique blend of scenic beauty and challenging play amid the rolling hills and pristine wilderness of the Maine Highlands. While the county may not boast the coastal grandeur of Maine's more famous golfing destinations, its courses provide an intimate, authentic Maine golfing experience that reflects the region's rural character and natural splendor.

Let's begin with the historic **Piscataquis Country Club** in Guilford. Built in 1926 and rebuilt in the 1940s after a fire, this venerable course has been serving golfers for nearly a century. The nine-hole layout offers a par-36 challenge that welcomes players of all skill levels while maintaining the charm and character that comes with nearly 100 years of golfing history.

The club prides itself on being a "go to" place for people of all ages, and skill level, with their family friendly atmosphere, and welcoming staff that goes above and beyond to ensure every visit is memorable. Located at 17 Country Club Lane, the course features beautiful rolling hills that provide golfers with picturesque views throughout their round. The facility operates as a public course, making it accessible to visitors and locals alike who want to experience this piece of Maine golfing heritage.

Despite its long history, the course has faced modern challenges. Recent years have seen new leadership working diligently to preserve this rural Maine treasure, investing in necessary improvements to the clubhouse and facilities to ensure the course remains viable for future generations of golfers.

Located in Dover-Foxcroft, the **Foxcroft Golf Club** represents another excellent golfing option, and possibly the crown jewel of golf courses in the Piscataquis County Highlands area. This nine-hole public golf course offers golf cart, pull cart



and club rentals, with a pro shop fully equipped with everything you need. The course is strategically designed to accommodate golfers of varying abilities, with multiple tee options that allow beginners to enjoy the layout while providing advanced players with a legitimate challenge from the back tees.

Foxcroft has multiple tee options to accommodate any level of player, and the back tees create a nice challenge for advanced golfers. The course is well-maintained and represents a consistent investment in quality, ensuring that golfers can expect reliable conditions and an enjoyable experience throughout the playing season. They also recently finished building a new club house and installing a driving range.

While technically located in Penobscot County, the **Dexter Municipal Golf Course** serves many golfers from Piscataquis County and deserves mention as part of the region's golfing landscape. The 9-hole course features 2,708 yards of incredible golf, offering a compact but engaging layout that has been serving the community since 1968.

The course features 2,708 yards of golf from the longest tees for a par of 35, with a course rating of 32.7 and a slope rating of 115. The layout includes water hazards and lateral hazards through the opening holes, creating strategic challenges that test golfers' accuracy and course management skills. As a municipal course, it provides affordable golf in a region where recreational opportunities are highly valued by the local community.

(Continued on page 2)



(Continued from page 1)

At the northern edge of the region, **Hillcrest Golf Course** in Millinocket provides a charming and challenging golfing experience surrounded by the natural beauty of the region. This nine-hole course features meticulously maintained greens and fairways, with stunning views of the nearby Katahdin mountain range. The course's design incorporates both open and wooded areas, creating a diverse playing experience that tests golfers' adaptability while immersing them in the rugged beauty of Maine's north country.

Perhaps the most unique golfing experience in the Maine Highlands belongs to **Mount Kineo Golf Course** near Greenville. This course offers a unique golfing experience set against the breathtaking backdrop of Moosehead Lake and the iconic Mount Kineo. What makes this course truly special is its accessibility - it is the only golf course on our list that is accessible by boat or ferry. Established in the 1880s, this historic nine-hole layout combines rich heritage with stunning natural surroundings, making it a bucket-list destination for serious golf enthusiasts.

What sets Piscataquis County golf apart is its integration with the broader Maine Highlands experience. The courses serve as hidden gems located in the heart of Central Maine, featuring beautiful rolling hills with views to cherish. The region's golf courses benefit from the area's natural topography, creating layouts that feel both challenging and harmonious with the surrounding landscape.

Stepping out of Piscataquis County, the **Penobscot Valley Country Club** in Orono stands as the region's premier championship facility. Designed by renowned architect Donald Ross, the course challenges players with strategic bunkers, water hazards, and undulating greens. Their 18-hole championship course offers an unforgettable golfing experience with impeccably manicured fairways and stunning views that showcase the best of the Maine Highlands landscape.

Hermon Meadow Golf Club provides another exceptional 18-hole experience in the charming town of Hermon. The course features tree-lined fairways, strategically placed hazards, and undulating greens that test golfers of all skill levels. Its design philosophy emphasizes both challenge and natural beauty, creating a layout that rewards strategic thinking while showcasing the serene beauty of the Maine countryside.

The Bangor Municipal Golf Course represents excellent value and accessibility in the heart of the region. Boasting 27 holes of championship golf, this course offers players a challenging yet rewarding experience. With meticulously manicured fairways and scenic views of the Penobscot River, it demonstrates how municipal courses can deliver exceptional golf experiences that rival private facilities.

J W Parks Golf Course in Pittsfield offers golfers a unique nine-hole experience characterized by rolling terrain and panoramic views of the surrounding countryside. This hidden gem provides an intimate golfing experience where the natural beauty of the Maine Highlands takes center stage, creating memorable moments whether players are teeing off at sunrise or sunset.

The golfing season in Piscataquis County typically runs from late April through October, with peak conditions occurring during the summer months. The courses take advantage of Maine's crisp, clear air and the region's relatively mild summer temperatures, making for comfortable playing conditions even during the height of the season.

Golfing in The Maine Highlands is more than just a sport—it's an experience. The region's combination of challenging courses, stunning scenery, and welcoming atmosphere creates a destination that appeals to all golfers. Here, the game is played as it was meant to be - in harmony with nature, where every round tells a story of Maine's enduring beauty and the timeless appeal of golf.



WINTER SAVINGS IN THE SUMMER

During the month of July, if you book a minimum, two-night stay at The Guilford Bed & Breakfast and check-in between November 1, 2025 and April 30, 2026 you will receive a special 25% winter savings discount. This savings offer is only available if you book your winter get-away with us during the month of July. No other discounts apply. Based on availability. Reservations must be made by telephone. Call The Guilford Bed & BReakfast today on 207-876-3477 to book your winter retreat.

THE GUILFORD REGISTER: A COMMUNITY INSTITUTION

BY JOHN MCNAMARA

In the heart of Piscataquis County, our small town of Guilford, Maine has been served by a rich tradition of local journalism that spans over a century. The newspapers that have chronicled this agricultural community's life reflect not only the evolution of rural journalism but also the changing face of small-town America. From early local publications to today's regional coverage, Guilford's newspaper history tells the story of community identity, civic engagement, and the vital role of local media in rural Maine.

In 1898 R.C. Tobey published the first edition of **The Guilford Recorder**, which was the first newspaper for Guilford. A few years later The Citizen Newspaper Company published the first edition of **The Guilford Citizen** in 1891.

The most significant newspaper in Guilford's history was **The Guilford Register**, which served our community from March 25, 1909 to February 28, 1952. For almost half a century, The Guilford Register, printed by Andrew F. Tibbetts Print Company, and later The Register Publishing Company was the primary source of local news, serving as both chronicler and conscience of the community. The Register's longevity speaks to its importance in the daily life of Guilford residents and its success in adapting to the changing needs of the community. As I read through old editions I could not help but think that The Guilford Register was the Facebook of it's time—sharing news, personal stories, recipes, advice, and happenings of the lives of the residents of Guilford, and the surrounding area.

The Guilford Register covered the full spectrum of small-town life during its five-decade run. It documented the town's agricultural prosperity in the early 1900s, when potato farming and dairy operations were thriving. The paper reported on the arrival of new residents, the establishment of local businesses, and the construction of community infrastructure. During World War I, it served as a vital communication link, publishing letters from local soldiers and organizing home front activities.

Following the end of The Guilford Register in 1952, newspaper coverage of Guilford became part of a broader regional approach to rural journalism. The Piscataquis Observer became the primary newspaper serving Guilford and surrounding communities. Based in Dover-Foxcroft, this weekly publication expanded its coverage to include Guilford along with Dover-Foxcroft, Dexter, Milo, Greenville, Brownville, and 12 other communities throughout Piscataquis County and portions of Penobscot and Somerset counties, and The Piscataquis Observer, now part of the Bangor Publishing Company, remains an important news source for the region.

The current newspaper landscape in Guilford reflects the broader consolidation of rural media. While the town no longer has a dedicated local newspaper, the Piscataquis Observer maintains coverage of Guilford news, including school activities, town government, local businesses, and community events. The paper's obituary section continues to serve as an important community resource, helping residents stay connected to their neighbors and local history.

The historical significance of Guilford's newspapers is preserved through the **Guilford Historical Society Museum**, which maintains originals and copies of The Guilford Register newspapers on microfilm. This archival collection represents an invaluable resource for understanding this community's development over more than a century. The newspapers serve as primary source documents for researchers, genealogists, and community members interested in local history.

The preservation of these newspapers ensures that future generations can understand how Guilford evolved from a small agricultural community to its current form. The papers document not just major events but also the daily life, concerns, and aspirations of ordinary residents. They provide insight into changing social attitudes, economic conditions, and community priorities over time.

This story of Guilford's newspapers reflects the broader narrative of American community journalism: from hyperlocal publications that served as community bulletin boards to regional papers that maintain connections across wider geographic areas. Through all these changes, the fundamental mission remains the same: to inform residents, facilitate civic engagement, and preserve the stories that define community identity.

The renaming of The Guilford Bed & Breakfast monthly newsletter to The Guilford Register is our way of paying homage to a time when Guilford thrived, when the town—the community was filled with activity and growth.

When we set out to publish a monthly newsletter it was to remind people of this historical property that has played an active role in Guilford, then the publication evolved to include the adventures and activities all around Piscataquis Country and The Maine Highlands.

With our new name we aim to revitalize the community, to rejuvenate the interest, the economy, and the once bustling streets of Guilford, Maine, and the surrounding communities.



FEATHERED FRIENDS OF THE MAINE HIGHLANDS: A BIRD LOVER'S GUIDE

BY JOHN MCNAMARA

Tucked away in the heart of northern Maine, the Maine Highlands are a birdwatcher's paradise. This scenic region—home to Baxter State Park, Mount Katahdin, and Moosehead Lake—is packed with forests, lakes, and mountains that provide a perfect home for a wide variety of native bird species. Whether you're a seasoned birder or just love the sound of birdsong in the morning, the Highlands have something special for everyone.

The forests here are mostly made up of a mix of hardwoods and evergreens, dotted with bogs, streams, and high mountain ridges. This variety of habitats attracts all kinds of birds, especially species that thrive in northern forest environments.

One of the stars of the region is the Common Loon. If you've ever camped by a Maine lake, you've probably heard their haunting, echoing calls across the water. Loons love the clear, deep lakes of the Highlands, where they can dive for fish and raise their chicks in peace. They're not just beautiful to look at—they're also a sign that the water is clean and the ecosystem is healthy.



Deeper in the woods, you might come across the Spruce Grouse. These birds are known for being unusually calm around people—some locals call them “fool hens” because they barely move when approached. Unlike their cousin, the more common Ruffed Grouse, Spruce Grouse prefer thick conifer forests and dine mostly on spruce needles.

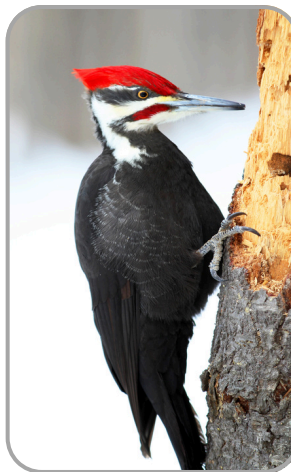
Spring and summer in the Maine Highlands bring a burst of color and sound as migrating warblers return to breed. These tiny, energetic birds travel thousands of miles each year, and many of them make their summer homes in Maine's forests.

The Black-throated Blue Warbler is a fan favorite with its rich blue coloring and sweet, buzzy song. Another showstopper is the Blackburnian Warbler, which lights up the treetops with its brilliant orange throat.

Keep an eye out for the Canada Warbler, a shy little bird that prefers damp, shrubby areas. It's a bit harder to find and sadly, its numbers are declining, so the Highlands play an important role in helping protect its future.

Look up, and you might see the Broad-winged Hawk soaring overhead, especially in late summer when they migrate in huge swirling groups called “kettles.” More secretive is the Northern Goshawk, a fierce forest hunter that sticks to deep woods.

Closer to the forest floor, Maine's woodpeckers make their presence known. The Pileated Woodpecker is hard to miss—it's big, loud, and leaves behind giant rectangular holes in trees. These woodpeckers also provide homes for other animals by hollowing out nesting cavities.



Head up into the mountains, and you'll find birds that only live in these cooler, higher-altitude habitats. The elusive Bicknell's Thrush is one of North America's rarest songbirds, and it nests almost exclusively in high-elevation spruce-fir forests. The Maine Highlands are one of the few places you might hear its thin, flute-like song drifting through the mist.

Other highland residents include the White-throated Sparrow, whose clear “Oh-sweet-Canada” tune is a classic sound of summer in Maine, and the Dark-eyed Junco, a little gray bird often seen flitting along forest edges.

The Maine Highlands aren't just beautiful—they're essential. Conservation groups like Maine Audubon and the Appalachian Mountain Club work hard to protect this incredible region. As climate change and habitat loss threaten bird populations across the country, places like the Highlands offer a safe haven.

If you love birds, there's no better place to explore. Bring your binoculars, follow a forest trail, or just sit by a quiet lake and listen. Whether it's the mournful cry of a loon or the cheerful chatter of warblers in the trees, the birds of the Maine Highlands are part of what makes this place so wild, peaceful, and unforgettable.





MILO HISTORICAL SOCIETY

ALLEN MONROE

The Milo Historical Society was established in 1973, the year of Milo's 150th anniversary, with the goal to gather, safeguard, and showcase the history and heritage of the community.

For a number of years, the society maintained a small museum of local photos and artifacts in the Milo Town Hall. The Milo Historical Society began work in the spring of 1995 to revitalize the organization and increase membership. The historical society incorporated in 1996 and achieved a significant milestone by moving its museum to a larger, more suitable building.

In the summer of 1996, the society purchased a landmark structure, the oldest church building in the community, to serve as a home for the society's museum. The 1853 building, the former Free Will Baptist Church, was listed on the National Register of Historic Places in 2000. This designation acknowledges the building's historic significance. All revenues earned by the society are used to maintain the society's museum and to assure the preservation of its archives and collection of historic artifacts.

In addition to regular monthly meetings, which have included educational programs and demonstrations, the society has served as a resource for individuals and institutions conducting research on local history. School groups and civic organizations have drawn on the museum's resources for field trips and utilized the museum's vast archives for research.

The Milo Historical Society has a number of ongoing projects and always appreciates involvement and contributions of any kind. The museum is open to the public on Tuesdays and Fridays from 1 to 3 PM during the months of June, July, and August, and we are pleased to open the museum by appointment any time (call 207-965-5302).

Our monthly meetings are held on the third Wednesday of the month at 4 PM, generally at the museum or the Milo Town Hall dining room, and all are welcome to join us. Stay updated on upcoming public programs and events by visiting the Milo Historical Society's Facebook page and milohistoricalsociety.com.

OUR DISPLAYS & EXHIBITS

In addition to changing thematic exhibits, our permanent displays include the following:

The Milo High School Alumni exhibit area includes a complete collection of Milo High School yearbooks, dating from the school's beginning. We are pleased to have many class pictures on view for MHS alumni and proud to display many of the school's sports trophies. Milo Historical Society's museum showcases a wide array of artifacts and photographs from the town's early industrial era. The collection features items representing significant local industries such as the American Thread Company Spool Mill, Boston Excelsior Mill, and the Bangor and Aroostook Railroad. This exhibition highlights the working conditions and ingenuity of the past, demonstrating the pride earlier generations held for their labor and achievements.

Our early domestic display exhibits household utensils and appliances together with early advertising promotions and packages. We also have an extensive collection of antique clothing, accessories, furniture, and dishware.

STATEMENT OF PURPOSE

- The mission of the Milo Historical Society is to collect, preserve, and promote the history and heritage of the town of Milo.
- We strive to carry out this goal by maintaining a museum to preserve materials of local historic significance, educational programs, and as a resource for cultural enrichment.
- Membership and participation in the Milo Historical Society is open to anyone interested in helping us achieve this goal.





THE SOUTHERN BELLE

LISA MCNAMARA

SPREAD GOOD GOSSIP

John has been doing some research on Guilford's newspapers through the years. On our walk this morning he was telling me that an article often featured was the equivalent of a modern day "Gossip Column." I thought that was cute, and funny, but it triggered a memory from when I worked at the Cathedral in Atlanta. We were often told to "spread good gossip." This meant that we should share good stories about people or happenings. Gossip doesn't have to come at the expense of others.

Admittedly, I do sometimes fall into the trap of sharing news that isn't flattering to the subject of my story. My intention is an attempt to be entertaining or funny—never to be hurtful. Sometimes my flare for storytelling will get the response I seek—laughter. But sometimes it doesn't and I wonder, is it because I've crossed a line? Is it because the listener feels an empathy that I didn't, or is that the listener is extending a grace that I failed to do? It can be a slippery slope when you share stories of others.

Living in a small town, where news travels fast, and connections are abundant, I have learned to be very aware of my word choices. There is a lyric in the musical "Hamilton," when Aaron Burr is giving Hamilton advice. He sings "talk less,

smile more, and don't let them know what you're against of what you're for." This is good advice, and every time I listen to the soundtrack (yes, I like to listen to Broadway musicals in my car, and sing along) I think 'DANG IT! I should really do this.' But talking less is very hard for me. I am a girl of many words. And while I may not be able to control the quantity of my words, I am learning that I should be able to control the quality of my words.

Working for the Church has made me think a lot about grace and why it is so important. Giving grace for me is giving someone the benefit of the doubt and letting go of the need to be right. Sometimes grace is talking less and smiling more. Grace doesn't come easily to me, but I think that if my focus can be more about 'good gossip' and not just a funny story, I will find that grace comes to me more naturally.

So back to my conversation with John and the town's old newspapers... don't you think a "Good Gossip Column" would be so fun to read! You may just find out people are gossiping about you!

And in the spirit of 'good gossip,' did you know that Piscataquis County is filled with the most generous people? So many have stepped up to help and to support this year's River Festival. One of those people is James Cartwright of Hardwood Products Co. His company is sponsoring the Kid's Zone and he is so excited about it. So much so that they are going to give out free ice cream to all the children!! I mean, how LOVELY IS THAT!!

GET AWAY FOR THE WEEKEND!

207-876-3477

Did you know that The Guilford Bed & Breakfast offers weekend get-away packages? Whether you are looking for a romantic weekend for two, or you want the whole house for a girls or guys weekend, we have you covered. Call today to book your stay and start relaxing!





2025 PISCATAQUIS RIVER FESTIVAL JULY 26, 2025 • 7AM - 10PM RIVER STREET, GUILFORD, MAINE

PRESENTED BY



This family-friendly annual event is a celebration of Guilford, Maine - the Chickadee and Lilac capital of Maine, and everyone who works so hard to make this quiet mill town a special place to call home. This year's event will be bigger and better than ever showing how this town can come together for a weekend of fun, festivities and fireworks.

The day begins with a 5K & Fun Run produced by Guilford's own **Community Fitness Center** followed by a hearty breakfast at the **Guilford United Methodist Church**. After some exercise and full belly, everyone can enjoy a festive parade that runs through downtown Guilford, concluding at the Festival grounds where kids and adults can enjoy food and craft vendors, live music, a new kids zone (sponsored by **Hardwood Products Co.**) packed with pony rides, magicians, face painters, and balloon makers. We will have an obstacle course, a 3-point throw contest thanks to the **Recovery Wellness Center** of Sangerville, and a plethora of oversized yard games (corn hole, checkers, connect-four, etc.), and we bringing back the popular pie-eating contest (sponsored by **Maine Highlands Federal Credit Union**).

We will have a duck race down the Piscataquis River, a Car Show, an expanded beer garden for adults, and all of the days activities will conclude with a dazzling fireworks display in the beautiful Guilford summer sky. And new this year, we will have **live music all day** on the **A.E. Robinson Music Stage**, starting with **My Want My MTV Retro Band**, **Brian Smith**, **Josiah Dyer**, **The Josh Guthrie Band**, and ending the evening with **Julia Gagnon** (of American Idol fame).

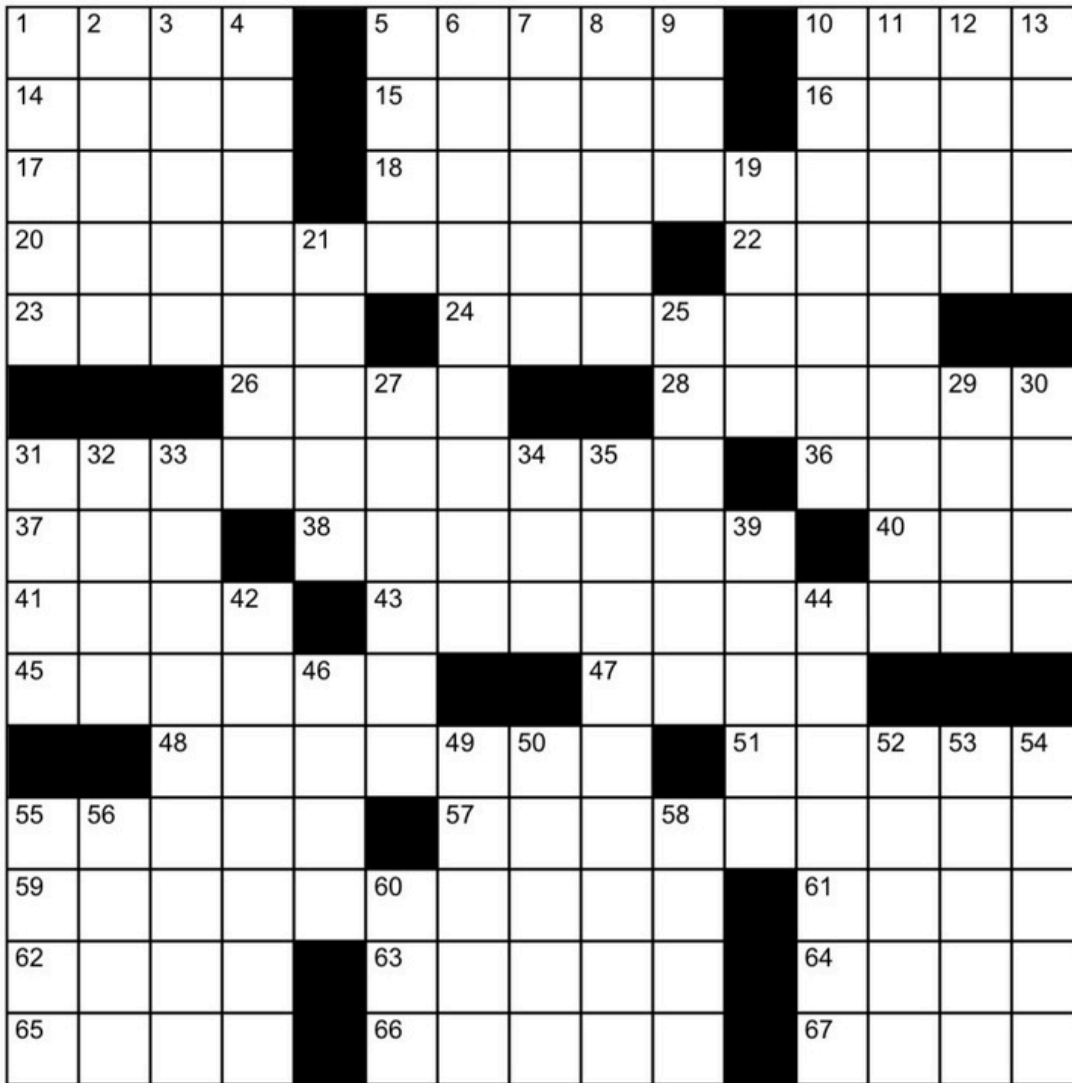
Come one, come all to celebrate Guilford, to celebrate Maine life, and to celebrate friendships!

Thank you to all of our sponsors and supporters.



For more information, schedules, and to get involved, visit:

www.piscataquisriverfestival.org



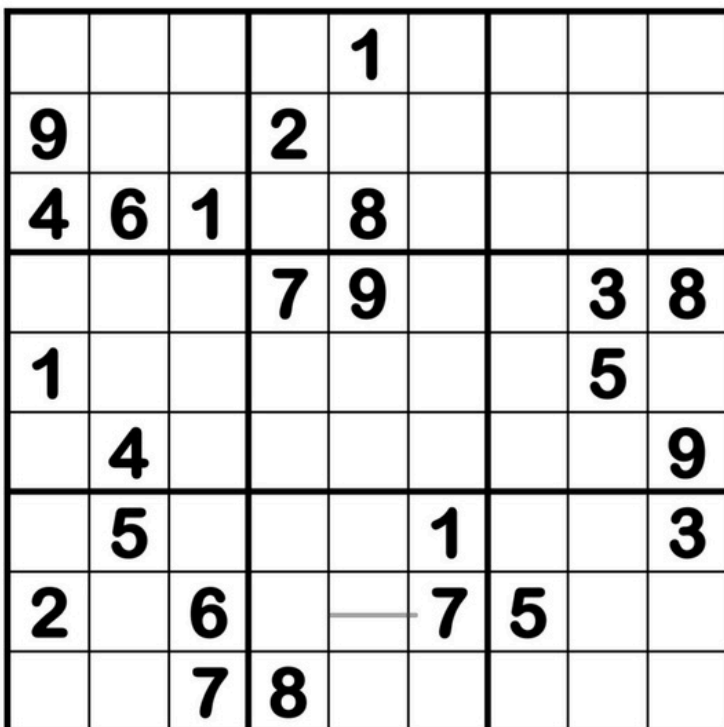
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ACROSS

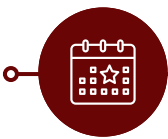
- 1 No longer working
- 5 Authoritative order
- 10 Chevron rival
- 14 Earrings holder
- 15 Turkish bigwig
- 16 Can't do without
- 17 High point
- 18 Imprudent
- 20 Handlebars, et al.
- 22 Not quite right
- 23 Kind of whale
- 24 Gradual absorption
- 26 Where Pearl City is
- 28 Pure
- 31 Ali Baba's cry
- 36 Pipe thread type
- 37 Go a few rounds
- 38 Popeye and Bluto
- 40 Persona__ grata
- 41 Just makes, with "out"
- 43 Rejected
- 45 Wisconsin observatory
- 47 "Hello" or "Goodbye"
- 48 "Little Fires Everywhere" author Ng
- 51 Lent a hand
- 55 Spooks
- 57 Type of gland
- 59 Backsides
- 61 Land division
- 62 On the safe side
- 63 Pool problem
- 64 Norse thunder god
- 65 Texter's "I didn't have time for it"
- 66 Airplane wing parts
- 67 Canal zones?

DOWN

- 1 Bad-mouths
- 2 Supercharge
- 3 More than plump
- 4 Cessna's company
- 5 Heroic poem
- 6 Nova Scotia university
- 7 British __
- 8 Deep cleft
- 9 Little bit
- 10 Shaman's doctrine
- 11 Word after hear, fire or water
- 12 Mediocre grades
- 13 Bettor's concern
- 19 Arrangement holder
- 21 Pile up
- 25 Cook too long
- 27 Final transport
- 29 Cram additive
- 30 Give temporarily
- 31 Comply with
- 32 Finger jab
- 33 Worked out
- 34 European peak
- 35 Danger for Stuart Little
- 39 Biblical mount
- 42 Summer pest, slangily
- 44 Rile up
- 46 Otherwise
- 49 Divulge
- 50 Gene Autry's Texas birthplace
- 52 Russian retreat
- 53 Typo
- 54 Batik artisans
- 55 Petty quarrel
- 56 Campaign event
- 58 Exploits
- 60 UK fliers, briefly



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LOCAL EVENTS

THINGS TO DO IN THE MAINE HIGHLANDS



TOWN OF GUILFORD ANNUAL YARD SALE

JULY 11 – 13, 2025

Guilford's annual town yard sale is just around the corner. This three day event is the perfect opportunity to sell off your excess, and a great time for everyone to find some new treasures. Be sure to check out the map on Facebook to know who is participating on which days. Follow the event on Facebook at <https://www.facebook.com/events/1401554231207261>



SANGERVILLE TOWN OF TWO KNIGHTS COMMUNITY DAY

JULY 19, 2025

Come join us at the Veterans Memorial Park in Sangerville for the second annual Sangerville community day. We will be bringing back all of last year's fun with live music, games, food, 3 point contest, touch a truck, vendors, car show and new this year, a parade to kick things off. Come enjoy this day with all of your neighbors.



TWO KNIGHTS BREWING SUMMER CONCERT SERIES

JULY 19 – SEPTEMBER 20, 2025

Enjoy the new summer concert series at Two Knights Brewing in Sangerville. The series kicks off with **THE BREEZE** on July 19, **THE MALLETT BROTHERS BAND** on July 25, **SILVER SPINGS** on August 2, **SOUP STOCK** on August 22 & 23, **THIEF OF JOY** on August 15, **SLANE** on August 29 and **BOOKHEAD SWEETTOOTH** on September 20, 2025



MONSON SUMMERFEST

JULY 19, 2025

Triathlon, parade, games for adults and kids, family fun at the General Store, craft fair, pottery throwing, disc golf, cribbage tournament, Historical Society guest lecturer, pickleball, cornhole tournament, coloring contest, Monson Drama Camp presentation, Anything that Floats race, and the NEW slate skipping contest! The day will end with the annual Monson Alumnae Banquet and fireworks. For more info, visit <https://www.monsonmaine.org/events>



KIWANIS AUCTION

JULY 25-27, 2025

The Kiwanis Club of Dover-Foxcroft Kiwanis Auction celebrates decades of community dedication and service. This exciting auction will take place over the course of three days, culminating on Sunday, July 27th with our beloved Barn Sale. Be sure to mark your calendar for this fantastic event. More info at www.doverfoxcroftkiwanis.org/fundraiser-kiwanis-auction



CAMDEN SHAKESPEARE FESTIVAL

JULY 26, 2025

Camden Shakespeare Festival returns to Monson with "Two Gentlemen of Verona". Tickets are \$14 and can be purchased through the Center Theater online or onsite. Bring a blanket or lawn chair and enjoy the outdoor production. (Rain Date Sunday 7/27/25). For more info visit <https://www.monsonmaine.org/events>



GIVE A DUCK ABOUT PISCATAQUIS

AUGUST 2, 2025

Join us on Saturday, August 2 at 10:00 AM at Brown's Mill Park for the first-ever Give a Duck About Piscataquis Duck Race! This fun and quirky event raises critical funds to support local nonprofits working to fight hunger, domestic violence, homelessness, and more—all right here in our region. Adopt a duck in advance for a chance to win one of three cash prizes! Order a t-shirt or yard sign to show your pride and support for this incredible county and the people who call it home. For more information and to buy tickets, visit www.prfoodcenter.org/giveaduck



MONSON ART GALLERY

AUGUST 8, 2025

Monson Arts Gallery Reception for the outdoor sculptures and Quarries: Muse and Material - an exhibition that celebrates the creative inspiration from the quarries across Maine. Curated by Carl Little, the exhibition features 40 artworks, including paintings, sculptures, photographs, and drawings, related to quarries. Show runs June 27 through November 2, 2025. More info at www.monsonarts.org



MAINE RED HOT DOG FESTIVAL

AUGUST 9, 2025

Dexter Maine hosts an annual tradition that's a must-attend for Maine red hot dog enthusiasts. From a 5K run to food, music and entertainment, this event offers a delightful experience. Join us for crafts, a kids' zone, live music, a magician, and of course an abundance of W.A. Bean's renowned Red Hot Dogs. This year our festival will include a performance and meet & greet by Maine's own American Idol Season 22 Top 7 finalist, Julia Gagnon, sponsored by Maine Highlands Federal Credit Union. For more details visit www.redhotdog.org



THE LISTENING TRAIL

AUGUST 16, 2025

This **FREE COMMUNITY EVENT** invites you to walk the trails and listen as live music drifts through the woods. Musicians will be tucked into quiet corners of the land—no stage, no schedule, just space to relax, wander, and enjoy the serene rhythm of the forest. Join us from 1:00–3:00 PM at Dragonwood, 82 Tozier Road, Parkman, Maine.



PISCATAQUIS VALLEY FAIR

AUGUST 21-24, 2025

The 138th Piscataquis Valley Fair will open on August 21st at the Piscataquis Valley Fairgrounds. From animals to tractors, amusement rides and music, this annual event has something for everyone. For more information, visit www.piscataquisvalleyfair.com



INTERNATIONAL SEA PLANE FLY-IN

SEPTEMBER 3-7, 2025

The fly-in attracts thousands of people to Greenville and the Moosehead Lake region every September to enjoy the spectacular aviation event, poke around the unique shops, enjoy the abundant outdoor adventures and celebrate fall in Maine. Come and watch your favorite pilots compete in the contests and enjoy the sights and sounds of the seaplanes!

Learn more at www.seaplanefly-in.org



BIKE AND BOAT

SEPTEMBER 14, 2025

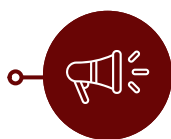
Northern Light C.A. Dean welcomes all to the 2025 Bike & Boat. Join us for a scenic 19.5 mile bike ride, then cruise back to Greenville on the Katahdin Steamship. Your \$150 registration fee (\$75 for youth) includes a light breakfast, a commemorative gift, lunch, and a cruise and entertainment aboard "The Kate." For more information and to register visit www.northernlighthealth.org/bikeandboat



WALK FOR HOPE

SEPTEMBER 20, 2025

Join us for the Northern Light Mayo Hospital Walk for Hope to support care in Piscataquis County! Proceeds from the Walk for Hope stay close to home to help us continue to provide the best care at the Tracy Hibbard Kasprzak Cancer Treatment Center and support patients directly through the hospital's Patient Assistance Fund. The 5K Run/Walk for Hope will take place on Saturday, September 20—starting and ending at Northern Light Mayo Hospital. Registration will open at 8 am and the Run/Walk will kick off at 9 am. We'll have food, music, kids' activities, and fun for the whole family! Register at www.northernlighthealth.org/WalkForHope



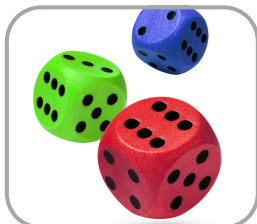
HAPPENINGS

AT THE GUILFORD BED & BREAKFAST



HAPPY HOUR 4P - 7P (MON-FRI)

Join us every weekday afternoon from 4 PM to 7 PM for our Happy Hour. Enjoy a variety of wines, beers, spirits, and light bites while relaxing on our screened porch (weather permitting), cozying up in our library by the fire, or enjoying a roaring fire pit (weather permitting). Reservations aren't necessary, but a phone call in advance is appreciated.



BUNCO NIGHT 2ND THURSDAY (5P - 7P)

Join a growing group for a fun-filled evening of BUNCO every second Thursday of the month from 5 P.M. to 7 P.M. This action-packed game involves player rotation and mingling, making it an ideal opportunity to catch up with old friends and meet new ones. Light bites and alcohol will be served throughout the night. Come and experience a night of entertainment and camaraderie!



PISCATAQUIS WRITER'S GROUP 1ST & 3RD TUESDAY (1P - 3P)

Join the Piscataquis Writer's Group on the third Tuesday of every month from 1 P.M. to 3 P.M. to share your poetry or prose. Engage in conversations with other published authors and aspiring writers who are eager to share their stories and receive constructive criticism of their works. The group welcomes writers of all levels for a fun afternoon of conversation and learning.

Get Together

Do you need a venue for your group to meet each week or month?

The Guilford Bed & Breakfast is a great place for your book club, game club, girl's night, birthday celebration, anniversary party or any other kind of small gathering of friends. From our cozy library to our airy screened porch and our lush gardens, we offer a warm and inviting place to gather together. Contact us for details.

Sudoku Answers - June Edition

5	1	7	9	3	4	6	8	2
6	2	9	8	7	1	5	4	3
3	8	4	6	5	2	1	7	9
7	4	6	2	1	8	9	3	5
1	3	5	4	9	7	8	2	6
8	9	2	5	6	3	4	1	7
2	6	1	3	4	9	7	5	8
9	7	3	1	8	5	2	6	4
4	5	8	7	2	6	3	9	1

Crossword Answers - June Edition

D	I	S	C	A	L	O	H	A	C	H	A	D
O	N	T	O	L	I	M	I	T	R	I	G	A
B	E	E	N	E	V	A	P	O	R	A	T	E
B	R	E	T	H	R	E	N	N	O	B	L	E
S	T	R	A	I	T	P	A	S	S	E		
				I	N	S	T	A	L	L	S	R
S	C	A	N	T	A	B	O	L	I	T	I	O
A	L	E	E	S	H	O	W	Y	H	A	R	D
N	A	R	R	A	T	I	V	E	B	U	N	K
E	M	O		W	A	T	E	R	M	A	N	
			S	H	A	R	I	A	U	D	I	T
I	M	P	O	R	T	P	A	N	D	E	M	I
M	E	A	N	D	E	R	I	N	G	R	A	T
P	A	C	E	R	E	C	T	O	E	G	A	N
S	L	E	D	S	I	T	E	S	D	E	N	T

The Guilford Register is a publication of The Guilford Bed & Breakfast, located at 24 Elm Street, Guilford, Maine 04443. To have your event showcased in this publication, please submit the details to us at events@guilfordbnb.com. If you would like to write for or advertise in this publication, please contact us at 207-876-3477.

The Guilford Bed & Breakfast is a 123 year old Victorian mansion nestled high on a hill in Guilford, Maine. Built as a wedding present, the house has served as a bed & breakfast for 41 years, and welcomes guests from around the world, year-round. Learn more about the bed & breakfast, and the adventures available at www.guilfordbnb.com



TREATS & SWEETS

RECIPES FROM OUR KITCHEN

CINNAMON SWIRL BANANA BREAD

Banana bread is our absolute favorite! There's nothing quite like a warm, thick slice of it anytime of the day. We make a lot of banana bread here at the bed and breakfast, and we're always trying new things. One of our favorite recipes is our cinnamon swirl banana bread. It's a dense bread with a sweet swirl of cinnamon sugar throughout. If you love banana bread, you have to try this recipe. And even if you don't, you can always experiment with other variations to make a delicious treat that you can enjoy all year round.

INGREDIENTS

- 1-1/2 Cups of all-purpose flour
- 3/4 Cup of granulate sugar
- 1 Tsp. Baking powder
- 1 Tsp. Vanilla extract
- 1/4 Cup of whole milk
- 3 Ripe bananas
- 2 Eggs
- 2 Tsp. Cinnamon
- 3/4 Cup of granulated sugar
- 1/4 Cup of melted unsalted butter



INSTRUCTIONS

- Preheat oven to 350 degrees
- Spray or line a loaf pan
- In a large bowl, mash the bananas
- Whisk in the milk, vanilla extract and eggs
- Stir in the flour, sugar and baking powder
- In a separate bowl, combine the cinnamon, sugar and butter
- Pour one layer of the batter into the loaf pan
- Pour a little bit of the sugar/cinnamon mix
- Repeat until you run out of both the batter and the mix. We typically can get three layers of each
- Bake for one hour
- Let cool for 20 minutes
- Slice and serve with warm butter or berries



THE GUILFORD BED & BREAKFAST

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