



HEALTHBRIDGE

BRIDGING THE GAP BETWEEN
HEALTH AND WORK

**“Expert, Fast and Remote
Occupational Health Support”**

THE FOUNDER

Dr. James Stanley (GMC 7285162) is a UK-trained GP with 13+ years in NHS and private practice, including occupational health.

Frustrated by slow, rigid return-to-work processes, he founded HealthBridge to deliver smarter, faster, and compassionate OH support, without compromising clinical rigour.

With first-hand experience of stress, burnout, and workplace pressures, James understands both medical and organisational challenges.

He advises HR teams, supports employees, and leverages a trusted network of mental health, neurodiversity, and musculoskeletal specialists to offer a joined-up, practical service.

OUR MISSION

At HealthBridge, we provide fast, remote occupational health assessments and advice across the UK. Our video-based, secure, GDPR-compliant consultations deliver clear, medically robust reports tailored to the workplace.

We understand modern workplaces: remote working, digital healthcare, and the need for timely, practical solutions. Whether it's fitness-for-work, return-to-work, or absence management, we provide clarity, speed, and actionable guidance, helping both employees and employers make informed decisions quickly and confidently.

We don't just complete paperwork; we provide human-centred, expert support that gets people back to safe, effective working life.



FOUNDER: DR. JAMES STANLEY

OUR SERVICES

ONE-OFF SERVICES

STANDARD OCCUPATIONAL HEALTH ASSESSMENT: £325

Our core service, covering the full range of everyday workplace health needs. One hour remote consultation with a full written report delivered within 3-5 business days.

Includes cases involving: Return to work following absence, fitness for role evaluation, sickness absence review, reasonable workplace adjustments, mental health and stress at work.

The assessment provides clear, structured occupational health advice based on the referral question/agreed scope.

COMPLEX CASE ASSESSMENT: £450

For cases requiring extended clinical input, additional reporting, or more sensitive handling. Report is still delivered within 3-5 business days.

Applies where a case involves: Neurodiversity assessment, contested or long term absence (3+ months), multiple overlapping health conditions, more than 8 referral questions submitted.

SUPPLEMENTARY/ ADDITIONAL CLINICAL WORK: £125/HOUR

Covers a range of support beyond the standard assessment, including: HR advice calls for guidance, policy reviews, supplementary reports and follow-up consultations to review progress

PRIORITY TURNAROUND: £100 - Fast-tracked report delivery available within 48 hours for client consent and report release.

ANNUAL OH SUMMARY: £295 - A comprehensive overview of all assessments conducted over the year.



OUR SERVICES

MONTHLY RETAINER PACKAGES

BASIC BRIDGE

BASIC BRIDGE: £295/month

- . 1 standard assessment per month
- . 15% discount on one-off services
- . Email support within 3 working days

GROWTH BRIDGE

GROWTH BRIDGE: £595/month

- . 2 standard assessments per month
- . 20% discount on one-off services
- . Email support within 2 working days

HEALTH BRIDGE PLUS

HEALTHBRIDGE PLUS: £1495/month

- . 4 standard assessments per month
- . 1 complex assessment per month
- . 25% discount on one-off services
- . Same-day email support for urgent queries
- . Annual occupational health summary

WHY CHOOSE US?

- **Fully remote assessments** - no need for onsite visits
- **Fast Booking** - appointments usually within 5 working days
- **Fast turnaround reports** - reports issued within 24-72 hours
- **Employee self-referral** - individuals can directly access our services
- **Flexible support** - one-off assessments or retainer packages
- **GDPR-compliant** - secure, and professional
- **Affiliates** - for practical, streamlined hands on support

AFFILIATES

We partner with ReechUs, giving you access to vetted professionals including counsellors, therapists, menopause & women's-health specialists, MSK practitioners and more. HealthBridge provides the medical advisory framework, and ReechUs supplies expert follow-on support when needed.



HOW IT WORKS

- **Identify The Concern:** Employer or employee highlights an issue to be addressed
- **Choose The Service:** Choose the most suitable service from our range of one-off occupational health assessments
- **Referral Form:** Complete our simple one-page referral and consent form
- **Submit Referral:** Submit the completed form to contact@healthbridge.org.uk
- **Clinical Review:** A GP/clinician shall check the referral within 24-48 hours
- **Appointment Booked:** Employee receives Microsoft Teams link for remote consultation

GET IN TOUCH

We're here to make occupational health simple and fast. Whether you're an employer or an employee self-referring, reach out today:

Email: contact@healthbridge.org.uk

Website: www.healthbridge.org.uk

