



HEALTHBRIDGE

BRIDGING THE GAP BETWEEN
HEALTH AND WORK

**“Expert, Fast and Remote
Occupational Health Support”**

THE FOUNDER

Dr. James Stanley (GMC 7285162) is a UK-trained GP with 13+ years in NHS and private practice, including occupational health.

Frustrated by slow, rigid return-to-work processes, he founded HealthBridge to deliver smarter, faster, and compassionate OH support, without compromising clinical rigour.

With first-hand experience of stress, burnout, and workplace pressures, James understands both medical and organisational challenges.

He advises HR teams, supports employees, and leverages a trusted network of mental health, neurodiversity, and musculoskeletal specialists to offer a joined-up, practical service.

OUR MISSION

At HealthBridge, we provide fast, remote occupational health assessments and advice across the UK. Our video-based, secure, GDPR-compliant consultations deliver clear, medically robust reports tailored to the workplace.

We understand modern workplaces: remote working, digital healthcare, and the need for timely, practical solutions. Whether it's fitness-for-work, return-to-work, or absence management, we provide clarity, speed, and actionable guidance, helping both employees and employers make informed decisions quickly and confidently.

We don't just complete paperwork; we provide human-centred, expert support that gets people back to safe, effective working life.



FOUNDER: DR. JAMES STANLEY

OUR SERVICES

ONE OFF SERVICES

- **HR ADVICE CALL: £60** - 15 MIN GUIDANCE ON EMPLOYEE HEALTH, WORKPLACE ADJUSTMENTS, COMPLIANCE.
- **REASONABLE ADJUSTMENTS ADVICE: £185** - 45 MIN REMOTE CONSULTATION. TAILORED, LEGALLY SOUND WORKPLACE MODIFICATIONS.
- **RETURN-TO-WORK ASSESSMENT: £195** - 45 MIN REMOTE CONSULTATION. SAFE AND SUSTAINABLE RETURN, DETAILED REPORT.
- **FIT-FOR-ROLE ASSESSMENT: £225** - 45 MIN REMOTE CONSULTATION. MEDICAL FITNESS FOR JOB DEMANDS.
- **MENTAL HEALTH, STRESS & NEURODIVERSITY REVIEW: £250** - 60 MIN REMOTE CONSULTATION. CONFIDENTIAL CONSULTATION & MANAGEMENT STRATEGIES.
- **SICKNESS ABSENCE REVIEW: £275** - 60 MINUTE REMOTE CONSULTATION. TREND ANALYSIS, ACTION PLAN, LONG-TERM LEAVE REDUCTION.
- **FOLLOW-UP CHECK: £75** - 30-MIN REMOTE REVIEW SESSION WITH SHORT REPORT.
- **POLICY REVIEW SERVICE: £125** - REVIEW OF OH AND SICKNESS POLICIES WITH ACTIONABLE FEEDBACK.
- **SUPPLEMENTARY REPORT: £75** - FOR CASES REQUIRING EXTRA REPORTING BEYOND THE STANDARD ASSESSMENT.
- **ANNUAL OH SUMMARY: £199** - A COMPREHENSIVE OVERVIEW OF ALL ASSESSMENTS CONDUCTED OVER THE YEAR.
- **PRIORITY TURNAROUND: £100** - FAST-TRACKED REPORT DELIVERY WITHIN 24 HOURS.

OUR SERVICES

MONTHLY RETAINER PACKAGES

BASIC BRIDGE

BASIC BRIDGE: £149/month

- . 1 occupational health assessment per month
- . 15% discount on one-off services
- . Email support within 3 working days

GROWTH BRIDGE

GROWTH BRIDGE: £249/month

- . 2 occupational health assessments per month
- . 20% discount on one-off services
- . Email support within 2 working days

HEALTH BRIDGE PLUS

HEALTHBRIDGE PLUS: £599/month

- . 5 occupational health assessments per month
- . 25% discount on one-off services
- . Same-day email support for urgent queries
- . Annual occupational health summary

WHY CHOOSE US?

- **Fully remote assessments** - no need for onsite visits
- **Fast Booking** - appointments usually within 5 working days
- **Fast turnaround reports** - reports issued within 24-72 hours
- **Employee self-referral** - individuals can directly access our services
- **Flexible support** - one-off assessments or retainer packages
- **GDPR-compliant** - secure, and professional
- **Affiliates** - for practical, streamlined hands on support

AFFILIATES

We partner with ReechUs, giving you access to vetted professionals including counsellors, therapists, menopause & women's-health specialists, MSK practitioners and more. HealthBridge provides the medical advisory framework, and ReechUs supplies expert follow-on support when needed.



HOW IT WORKS

- **Identify The Concern:** Employer or employee highlights an issue to be addressed
- **Choose The Service:** Choose the most suitable service from our range of one-off occupational health assessments
- **Referral Form:** Complete our simple one-page referral and consent form
- **Submit Referral:** Submit the completed form to contact@healthbridge.org.uk
- **Clinical Review:** A GP/clinician shall check the referral within 24-48 hours
- **Appointment Booked:** Employee receives Microsoft Teams link for remote consultation

GET IN TOUCH

We're here to make occupational health simple and fast. Whether you're an employer or an employee self-referring, reach out today:

✉ Email: contact@healthbridge.org.uk

🌐 Website: www.healthbridge.org.uk

