

Women of Regnum Christi of Philadelphia Advent Retreat Experience



Date: Thursday, December 3, 2020

Time: 9:30 - 11:30

Speaker: Karla Amezcua, Consecrated of Regnum Christi

Theme: Entering Into Mary's Heart

Creating Retreat Experience

- * Create ambiance by lighting candles
- * Place fresh flowers as centerpiece
- * Offer snacks, coffee, tea
- * Bring bibles and journal
- * Song #1 as people arrive (Breath of Heaven by Amy Grant) https://www.youtube.com/watch?v=XApk[80-sb8
- * Song #2 before talk (Be Born In Me by Francesca Batistelli) https://www.youtube.com/watch?v=QsXOP7aQegQ
- * After talk play instrumental music (preferably Christmas)
- * Allow 15-20 minutes to answer reflection questions
- * Invite ladies to share their experience
- * Have each person pick name for personal prayer commitment
- * End retreat with song (Make Room by Casting Crowns) https://www.youtube.com/watch?v=iQHgI6D2nGg

Team Leader Notes

- * Confirm location of retreat (if in person)
- * Create zoom link for virtual attendees and send invite

- * If live, simply go to <u>rcphilly.com/advent</u> to begin retreat
- * Send flyer to each team member to invite a friend to join
- * Send reflection questions to prepare the day before retreat