



REGNUM CHRISTI

CONSECRATED WOMEN

presents

*Unveiling the Transformative
Power of the Gaze*

BECAUSE YOU *are* A MISSION!

Why talk about the gaze?



Session 1

Desires & Fears

Understanding the connection between the world of our heart and its impact on our gaze.



*Connection between the
heart and the eyes*

***"The gaze of our eyes
comes from the heart."***

Romano Guardini



Connection between the heart and the eyes

Our body is the means God gave us to express human love.

TOB, St. JP II

Human eyes are the window into the soul



*Reaching intimacy through
a gaze*

*Our eyes carry the message of
who we are and how we are.
They can't not communicate.*



The demolishing effect of the gaze



A photograph of a branch of pink cherry blossoms in a clear glass vase. The vase is placed on a dark blue, textured surface. Several pink petals are scattered around the vase. The background is a light blue, textured wall. The text is overlaid on a semi-transparent white rectangular area on the left side of the image.

Gentle gaze - demolishes lies.

*Hurting gaze - demolishes
foundational certainties.*

*God can use hurting gazes for
something good.*

Human Fears & the Gaze

Not being loved - not being lovable

Not being enough - being
unworthy of being chosen &
cherished

Human Desires & the Gaze

Being discovered - to be an event
in someone's heart.

Being unconditionally loved - to
find someone that can love me as
I am.

Levels of gaze

1. *Irrational-instinctive gaze*

2. *Intentional-reactive gaze*

3. *Intentional-responsive gaze*

4. *Natural-responsive gaze*

5. *Supernatural-responsive gaze*



Questions for small group discussions

- Can I recall a gaze that made me feel unlovable or not enough? What effects did that gaze have on me?
- Can I recall a gaze that made me feel deeply known and loved? What effect did that gaze have on me?
- Has my gaze had a "demolishing effect" on someone else's life?
- Is there any connection between the content of this talk and our Charism in Regnum Christi?

