



REGNUM CHRISTI
CONSECRATED WOMEN

presents

*Unveiling the Transformative
Power of the Gaze*

BECAUSE YOU *are* A MISSION!

Session 3

Reclaimed & Redeemed

*Restoring our true identity
through the healing power of
God's gaze*

We need women who are...

*so strong they can be gentle,
so educated they can be humble,
so fierce they can be compassionate,
so passionate they can be rational,
and so disciplined they can be free."*

~ Kavita Kamalas

Five effects of the gaze upon us...

- God's Gaze *Beautifies*
- God's Gaze *Enlightens*
- God's Gaze *Purifies*
- God's Gaze *Strengthens*
- God's Gaze *Enriches*





God's voice

Calms
Comforts
Convicts
Encourages
Enlightens
Leads
Reassures
Stills

Satan's voice

Obsesses
Worries
Condemns
Discourages
Confuses
Pushes
Frightens
Rushes



5 STEPS TO *Free My Heart*



- In the name of Jesus, I forgive her/him for...
- In the name of Jesus, I forgive myself for...
- In the name of Jesus, I renounce the lie that...
- In the name of Jesus, I command the spirit of...
- In the name of Jesus, I ask the Father's blessing upon her/ and myself.



Questions for Small Group Discussion:

- What does God see when He sees me?
- What emotions spring in my heart when I hear this statement: "I am an event in the heart of Christ"?
- Could this "event" provide for me a new definition of myself?
- Think of the people dearest to you. What kind of event are you in their hearts? You might think you are not always a "pleasant" event in their hearts. Has this reality distorted the way you define yourself?





Thank you!