

Carrie Clark, CPC

SPEAKER | COACH | WORK LIFE HARMONIST



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ABOUT ME

SPECIALIZING IN EFFICIENCIES & SELF-CARE IN THE CORPORATE JUNGLE

MOST POPULAR TALKS



CARRIE SPEAKS

- STRESS BUSTER BREAKTHROUGH
- WORK LIFE HARMONY
- GET OUT OF YOUR OWN WAY - GO FROM SURVIVING TO THRIVING IN THE CORPORATE JUNGLE
- FOUNDATION...ING FOR BUSINESS LIFE

“MY MISSION

MY MISSION IS TO HELP PROFESSIONALS TO SAY YES TO THEMSELVES IN IMPACTFUL & MEANINGFUL WAYS.
~ CARRIE CLARK



[HTTPS://VIMEO.COM/325271162](https://vimeo.com/325271162)

WHO AM I

Carrie Clark is a Certified Professional Coach & Energy Leader who specializes in assisting professionals to not only navigate the corporate arena, but thrive, both professionally and in their personal lives. Her experience in the corporate sector for over 20 years including roles as an Event Manager, Office Manager and Director has taught her how to carve a name for herself professionally, while still staying true to her whole self.

Carrie's desire to want others to thrive after going through her own ordeals in her career prompted her to become a Certified Professional Coach. Carrie's unique techniques help corporate go getters makeover their careers from the inside out. Carrie's passion for empowering others has also driven her to create & facilitate Stress Relief & Work Life Harmony Workshops & Talks. Carrie enjoys a full life in West Milford, NJ.

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