



This is to certify that

**Emma Oxnam**

has fulfilled the requirements for

**Anxiety and How It Affects Our Behaviours and  
Mental Health**

Duration (hours)	1
Date Completed	3 December 2022
Certificate Number	zegXNCxKqJ

A handwritten signature in black ink, appearing to read "Pedro Gondim".

Pedro Gondim  
Chief Executive Officer  
Mental Health Academy

