



RELATIONAL COACHING

because a cord of three strands is not easily broken

Welcome to Relational Coaching!

This is our Coaching Agreement.

These coaching sessions belong to you. You are the one who knows your life best and you have made this step to move your life in a positive direction.

I see myself as your specialist resource person. I have special skills in listening well, seeing people's strengths, asking questions that help you discover new insights and to help you build new ways of doing things to improve your life and the lives of those around you.

I value the trust you place in me. I will not consciously do or say anything to undermine your trust. If at any time you do not understand, feel uncomfortable or disagree with anything I have said or done, please tell me so we can understand each other better.

I will not discuss anything you say to me with anyone else, and will preserve your confidentiality and privacy at all times. I will however;

1. break this confidentiality if I believe there is a risk of harm to yourself or anyone else, and I may,
2. discuss the content, but not any identifying information, of our sessions with my supervisor to ensure I am providing a quality service to you.

I keep notes on our sessions to help me give you value for money, and I invite you to do the same. I also video record some sessions for review, supervision and certification purposes. Please advise me if you do not wish me to do this with you. Unless legally required to do so, I will not allow anyone to see my notes or recordings and I will keep all your information for seven years, before destroying it securely.

I am registered with the Australian Register of Counsellors and Psychotherapists, number 21430 as a clinical counsellor and supervisor. In order to maintain my registration I abide by the ethical codes of the Psychotherapy and Counselling Federation of Australia and pay for a full suite of insurances, professional development education and clinical supervision.

Our sessions are usually 55 minutes long, we have agreed on a standard cost per session of \$..... . We will both give as much notice of cancellation or rescheduling of appointments as possible and I reserve the right to charge for sessions missed with less than 24 hours notice.

I undertake to tell you if I do not have expertise in an area of concern to you and will endeavour to refer you to someone who does have that expertise if you wish.

Richard Morrison,
Relational Coaching
0407 579192

relationalcoaching@gmail.com

92 Elder Street
Lambton 2299

Date:

Your name

Signature

Date
Phone (mob)

Email

Address

Partner's name (for couples work)

Signature

Date
Phone (mob)

Email

Address