Wahoo Youth Wrestling Club New Family FAQ

What does my child need to wear or bring to practice? Practice Gear-shorts, t-shirts, water bottle (with name on it), wrestling shoes (not required), and head gear (not required).

Can I watch my child practice at wrestling practice? No. We ask that all parents/grandparents/siblings wait upstairs outside the big doors in the lobby area. Thanks so much for your help!

How do I know if a practice is canceled due to bad weather? If school is closed for bad weather practice will be canceled as well for the night.

How do I receive announcements/notifications about practice or tournaments? You will want to sign up for our <u>**REMIND**</u> notifications. See the website for this year's codes

Where can we order Wahoo Wrestling Club team apparel? You can order through our online store that will be opening soon at <u>www.rivalryapparel.com</u>.

What does my child need to wear to a tournament? A singlet. Wahoo Youth Wrestling Club provides singlet rentals. You pay a small fee of \$20 and you can wear it for the season and return it after the season is over. (See registration form)

How do we know which tournaments Wahoo Wrestling Club is attending? TBD-Once we know this information it will be shared with you through Remind, and the Wahoo Wrestling Club website. www.wahookidswrestling.com

What is trackwrestling that everyone talks about? Trackwrestling is an online site / program that wrestling clubs use to organize tournaments. You can see when your child wrestles, which mat they are on, when tournaments are, and you can also register for tournaments this way.

How much do tournaments cost? Registration fees for local tournaments usually cost between \$16-\$25 per tournament.

How do I register for tournaments? All tournament registrations are handled through trackwrestling.com. On track wrestling you can search for tournaments by date and locations.

To Sign Up for a Wrestling Tournament:

You will want to sign up for a Trackwrestling acct. as this is the easiest way to sign up for the majority of tournaments. When you go to track, you'll first click the *Register* button on the top right. You then will click *"To have*

a Trackwrestling Profile". Once you fill this info out, you should receive a Trackwrestling ID. You will use this ID when you are signing your wrestler(s) up for tournaments.

Once you have the ID, you are ready to sign up for tournaments you will click *Browse* > *Tournaments* > *Search Events*. Once you locate the event, click on Register and you'll be prompted to enter your Trackwrestling ID and email address.

The next screen will ask you to enter weight, experience level, etc for the tournament you're entering. Once you submit this, you will go to the payment screen and you can enter payment info.

If you are interested in doing tournaments, typically you'll want to sign up the week of that tournament. Try to sign up early in the week as many of the tournaments fill up fast. I will send email/Remind App reminders of the tourneys that the Club will be going to. The majority of these will be on the Trackwrestling, but not all, for the ones that aren't ran through Track, you will just mail/email registration info in.

You can also find tournaments listed here:

https://nswca.co/tournament-calendar/

Will coaches be provided at tournaments? Yes, coaches will be provided at all club tournaments that are listed on the Wahoo Wrestling Club schedule.

Who coaches? Am I allowed to coach my own child? We ask that you try to let the coaches coach. LIttle kids meets can be a little hectic. So, if coach is missing a match please call them over.

Do you have a facebook page? Yes, we do! You can find us on facebook by searching "Wahoo Kids Wrestling Club". We post pictures, live videos, updates, and more.

Do you have a webpage? Yes, we do! Here is the link: <u>https://wahookidswrestling.com</u>

Is there anything that I need to discuss with my child before the first practice? Please talk to your wrestler(s) about being respectful towards coaches and teammates at practice. It is extremely important that athletes are listening and paying attention when the coaches are teaching and instructing. There is NO talking back towards coaches or other teammates. This will not be tolerated! In the wrestling room we ask that all athletes come in with a positive attitude, ready to learn, work hard, and have fun!