

Welcome to Parents Night

Scan the QR code to visit to our website

Remind notifications

- For White Season, text **@wwcwhite** to 81010.
- For Blue Season, text **@wwcblue** to 81010.
- For Gold Season, text **@wwcgold** to 81010.
- For Girls Season, text **@wwcgirl** to 81010.



Warrior Wrestling Club

2025 Season



Ryan Hurst: Wrestling Club Board President

- Welcome
- Board member introduction
- Wrestling is great because...

Ryan Hurst: Wrestling Club Board President

- We restructured the club so kids who want to be competitive can get more mat time.
- Our club continues to grow
 - Last year we had over 100 and we expect to have that many again
- We now have 4 different groups of wrestlers with 7 different practices and the possibility of 2 optional practices for a total of 9 practices each week!

Ryan Hurst: Wrestling Club Board President

- Cost for each group that will be due when you sign up online:
 - White: \$50
 - Blue: \$70
 - Gold: \$70
 - Girls: \$50

Ryan Hurst: Wrestling Club Board President

- Checks that will be written but (hopefully) not cashed:
 - Singlet Deposit: \$100 per singlet
 - Will be shredded at the end of the season when we get the singlet back in good condition
 - Fundraiser Deposit: \$50 check per family
 - Complete a volunteer position and your check will be shredded
- Payable to “Wahoo Youth Sports - Wrestling”

Molly: Social Media and Communications

- Remind
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 - For Girls Season, text **@wwcgirl** to 81010.
- Check the website
 - This will have all the info for the season
- Opportunities to volunteer
 - Kids Night In/ Parents Night Out - Saturday, January 18
 - Home Tournament - Sunday, February 2

SAVE THESE DATES (Molly)

- December 20 - Club Outing: Husker Wrestling
- January 18 - Wrestlers Night In / Parents Night Out
- February 2 - Wahoo Home Tournament
- March 1 & 2 - Districts in Fremont
- March 8 & 9 - State Duals in Kearney
- March 15 & 16 - NEUSA State in Grand Island
- April TBD - Wrestling Awards Banquet

White Group

- Coach Dalton Fletcher
 - Other coaches stand up
- Dec. 2nd through our Home Tournament set for Feb. 2nd, 2025.
- Mondays: 6:00-6:45 pm
- Getting ready for practice
 - Short practice so please have shoes on.
 - Have your kid go to the bathroom before practice.
 - Works best to just tell them you'll see them after practice and just go.

Blue Group

- Coach Eric Thomalla
 - Other coaches stand up
- Nov. 11th through USA State in March
- Mon. & Wed: 6:45-8:00 pm
- Mondays this practice will be starting as the white group clears out so please get shoes on and ready in the hallway.
- Wednesday nights you'll have access to the room before practice starts.

Gold Group

- Coach Tyler Hodges
 - Other coaches stand up
- Nov. 12th through USA State in March
- Tues. & Thurs: 6:30- 8:00 pm
- Will be hosting an additional Gold group Practice
 - Sundays from 5:30-7:00

Girls Group

- Coach: Ed Raney
 - Other Coaches Stand up
- Prek- 2nd grade
 - Dec. 3rd through USA State in March
 - Tues. & Thurs: 6:00- 6:45 pm
- 3rd - 8th Grade
 - Nov. 19th through USA State in March
 - Tues. & Thurs: 6:00- 7:30 pm

Practices

- **Wednesday Practices:**
 - This day is often set aside for activities other than sports however this year it works best for our coaches and for the space availability.
 - If you can't make it nothing will be held against you
- **Sunday extra practice: Coach Tyler**
 - Gold Group kids: 5:30-7:00
- **Friday "Open Mat": Coach Joel**
 - Less structured: open to those who may need extra time on the mat but are responsible enough to take themselves through drills and practicing moves.
- Both Sunday and Friday are subject to change throughout the season.
- No practice on Nov. 27 and 28th (Thanksgiving), Dec. 22-26 (Moratorium), Dec. 31 and Jan. 1 (New Years)

Tournaments

- We will commit to have coaches at one (sometimes two) tournaments each weekend.
- You will be responsible to sign up your own wrestlers for the meets.
- A lot of clubs are still finalizing their tournament dates so we don't know 100% yet.
- We will get this info together ASAP and get it to you
 - The Remind communications from Molly will be the main source of this
 - Also Subscribing to our [Club's Calendar](#) will help

EVENTS

Use this link to add the [Wahoo Kids Wrestling Club Schedule](#) to your personal calendar.

Tue
Oct
29th

Wrestling Parent's Info Night : Elementary Cafeteria

6:30 PM - 7:30 PM

Easily Subscribe to Our Club's Calendar

-From our website scroll about half way down, click the [blue link](#) and it will be automatically synced to your personal calendar



Challenge Points

- The purpose of this is to encourage participation and goal setting.
- Awards will be given at the end of the season base on the amount of points earned throughout the season
 - Points come from attending practices, meets and team activities. And by filling out a goal sheet.
 - Also, one point for each win and pin.

Warrior Challenge Sheet

Wrestler's Name: _____

Grade:_____

[illegible]

End of the Season Awards

- Please keep track of your wrestlers stats.
 - Wins and losses
 - Pins
 - Takedowns
 - Fast pin times
- You can write it down or save it on notes in your phone throughout the season.
 - These stats will be turned in by all wrestlers at the completion of the season and all stats go into the end of the season book for the Awards Banquet.
- At the end of the season awards will be given the wrestlers with the best stats for each age group.

**Goal sheet: Fill out and return to a practice.
We have some printed for you here tonight**

Wahoo Wrestling Club

Goal Sheet

2024/25 Season

Due on December 1st

Each season we encourage wrestlers to make at least two goals for themselves. They will work to achieve these throughout their season. Goals range from being able to better cartwheels, to making a new friend, to working hard at each practice, to being a state placer. Take time to set an attainable goal for this season according to ability level and experience.

"Setting goals is the first step in turning the invisible into the visible." - Tony Robbins

Interested in Coaching (Paul)

- We would love to have you!
- Coaches have background checks to be helping at practice
- Coaching certifications to help at meets
 - Required by the tournaments at the end of the season
- If you want to coach talk with any of us
 - If certifications are done before Nov 11th the club will reimburse you



TRACKWRESTLING

Powered by FloSports

- Trackwrestling
 - www.trackwrestling.com
 - This is where you'll sign up for basically all the tournaments
- If you're new to this, the first time it can be a little confusing.
 - You'll need to set up an account for yourself, select the tournament you want to register for, and go through the check out process (kinda like buying something online)
 - Just ask for help if you need anything.

Business Sponsorship Opportunity

- With a donation of \$150 you will receive a complimentary club T-shirt
- Company logo on the back of all the wrestlers shirts
- Throughout the season your logo will be displayed online, in print, and we will give recognition during our home wrestling meet.
- Sponsorships are due by November 21
- We have Sponsorship Pledge Forms here tonight



Don't forget

- Note: online sign ups close Sunday, November 26th
 - So we can order shirts for wrestlers and have them before team pictures
- Note: Business sponsorship due Tuesday, November 21st
 - Email us your logo: wahoowrestlingclub@gmail.com
- Turn in volunteer deposit: \$50 check "Wahoo Youth Sports - Wrestling"
- Turn in Singlet Deposit: \$100 check "Wahoo Youth Sports - Wrestling"
- Order your own fan shirts through Rivalry
 - They will be getting the store opened up soon.
- [Subscribe](#) to our calendar
- Sign up for Remind
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- Pick up sheets tonight
 - Goals and Challenge sheet
- Grab a pair of shoes if needed

