




# Ruth's Monday Cajun Pasta

6 servings, \$2.50 per serving, \$15 total at Wal-Mart

30 minutes to make

\*Instant Pot Meal\* 

### Ingredients

- 2 Tbsp olive oil
- 14 oz. Cajun style andouille smoked sausage
- 4 cloves garlic, minced
- 4 cups chicken broth
- 1.5 Tbsp Cajun seasoning
- 1 lb. uncooked penne pasta (regular or gluten-free)
- 2 cups heavy whipping cream, warmed
- 6 oz shredded parmesan cheese
- Bagged salad



### Instructions

1. Set instant pot to Sauté, add oil.
2. Add sausage and garlic to pot, cook for 3-5 minutes.
3. Add chicken broth, uncooked pasta, and Cajun seasoning, stir to combine.
4. Hit Off button to end Sauté, then lock lid in place with pressure valve set to Seal.
5. Cook on Manual, High Pressure for 6 minutes.
6. When cooking is complete, use Quick Pressure Release.
7. Stir pasta mixture together, then slowly stir in warmed cream. Stir in shredded parmesan cheese a little at a time until melted.
8. Serve with salad.

### Comments

This recipe saves you time and money while feeding the whole family. Each serving assumes an average size bowl and this soup can be frozen and stored for approximately 3 to 6 months in a deep freezer. Take the savings you get from this recipe and invest it into your retirement account or a new home. Be more generous. Build wealth, build a legacy!

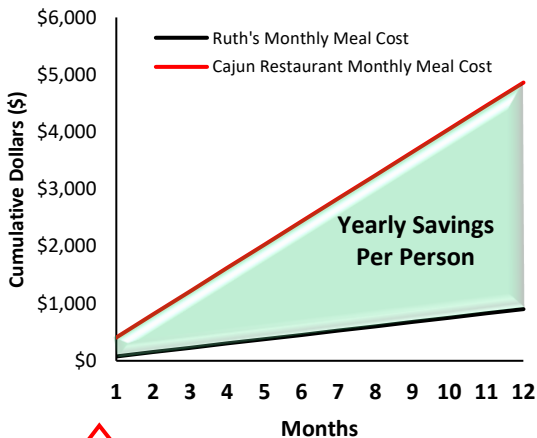


Proverbs 28:19

### Value Added

# Save Money Be Generous

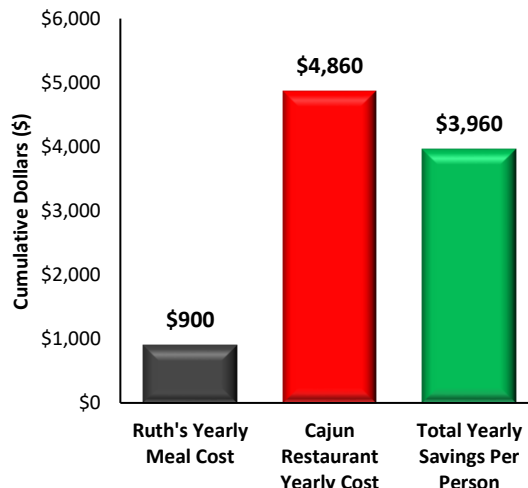
Meal Cost Savings Comparison



Key Take Away

The average pasta bowl at most restaurants costs \$13.50. Over 30 days you will spend \$405. Cumulatively, you will spend over \$4,800 per person per year to eat out everyday. What if you ate at home using Ruth's pasta bowl recipe? You could save approximately \$3,960 per person per year. A family of five could save \$19,800 in one year. What could you do with the time and money you saved? Don't let wealth building opportunities slip through your fingers.

Total Yearly Savings Per Person



Servant Leadership ♦ People and Passion ♦ Innovation  
Excellence ♦ Integrity ♦ Professionalism ♦ Dependability



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