

THE DONCASTER HALF MARATHON 13th June 2021 Information pack







GURLY'S ATHLETES Well after a long absence we managed to bring back the Doncaster Half Marathon in 2019 and then in 2020 it was postponed to 2021 due to Corona Virus!

(To find out more about the postponement if you had already entered 2020 event, click here.)

So we could not be more excited to welcome you to the second running of The Doncaster Half Marathon on June 13th 2021!

With a start and finish at the fantastic Keepmoat stadium and an amazing route, we know this is going to become one of the great national half marathons.

We're working with the Club Doncaster Foundation Team based at the Keepmoat Stadium and alongside Doncaster Council, helping bring a safe and fun event to Doncaster.

At Curly's, our goal is to promote active lifestyles by providing people with inspirational, fun, great value and high quality events. We know the benefits of physical activity to an individual and community are huge for physical and mental well-being. Our goals for the half marathon are to help....

"Inspire Activity" - Provide opportunities for activity, promoting local activities, supporting local groups as well as helping to remove barriers to exercise.

"Promote Doncaster" – We want people to view Doncaster more positively! To see a Doncaster rich with leisure opportunities with a physically active population.

"Sense of Community" - Discover a new activity, a club or simply create an occasion to come out and have a brew with your neighbour as the runners go past!

...You can also Get Involved - Volunteer (Volun-Cheer!), Fundraise or showcase your community, school, club or business on the route. Drop us a note at contact@curlysathletes.co.uk

If you would like to look for your next challenge or find out more about Curly's Athletes then pop along to our website: http://www.curlysathletes.co.uk or Facebook page: https:// www.facebook.com/curlysathletes/

Race packs, t-shirts and help!

Your number will be posted out to you during May. If you have not received your number by June the 10th then please get in touch via contact@curlysathletes.co.uk (do not contact via facebook etc). Entries will close on Monday May 31st (although with just 2000 we will be sold out ahead of this date in 2021).

If you are one of our many international competitors (who haven't provided a UK address), have a late entry or a problem to resolve then you will need to collect your number on the Saturday at 12:00-14:00 or on the Sunday 07:30-08:30 from the stadium.

Inside your race packs

- Your race number. Attached to the rear of this is your timing chip so please don't bend/fold this section or it will result in you not receiving a finishing time!
- Bag storage tag (this tears off the bottom of your race number)

T-shirts

These are pre-ordered when you enter the event or can be added afterwards. These are bagged up for you and please show your race number when collecting. A small dot will be made on your race number to show it's been collected. They can be collected on the Saturday from the Keepmoat Stadium 12:00-14:00 or during the event day from the help point from 07:30 to 13:30. We will also have limited spares up for sale on the day for £10. We don't include t-shirts to a) reduce the entry cost for those that don't want a t-shirt and b) help us reduce wastage from left or unused t-shirts. c) T-shirt profits go to support local charities with free entries that we work with as part of the event.

Help! Most answers to queries can be found in this information pack or on our website www.curlysathletes.co.uk, but for anything further please get in touch. contact@curlysathletes.co.uk on the day then just pop along to the help station which will have help point red flags out on the west side of the stadium.

Event day timings

07:30-13:30 T-shirt collection and help point open (This is also on the Saturday 12:00-14:00)

08:40 The short walk - we will begin moving/encouraging/dragging people to the start line which is at the front of the stadium way on the road. As you arrive at the start line you will notice posters up and running pacers indicating target times so you can position yourself based on your finish time.

08:50 Race briefing - Silence please! You may have heard plenty of race briefings before but we will have important points to let you know about plus think about the person next to you.

09:00 Event starts With a fire of a gun and lots of cheering.

10:05 (est) First finisher

12:00-12:30 (est) All finishers in & prize giving, thank you's and well done! - This will be in the stadium!

Finding Your Way, Parking & Bags!

Based on your race number, you have been allocated a car parking location. All car parks are within around a 10 minute walking distance. This information will be released ahead of the event once we can allocate race numbers to parking places. (Race numbers will be posted out to you and loaded onto the website)

Do not use any car park other than your allocated location, this will cause delays to people parking and may make people late for the race. As always plan your journey as we have road closures in place and it will be busy (thousands of excited runners, spectators and our excited army of volunteers!)

We will have a bag drop facility and the bottom of your race number tears off to create a handy bag tag. Please don't leave bags laying around the stadium as these may cause disruption to the event and possibly destroyed or removed.

Please car share where you can and of course if you have multiple runners in the car with different car parking numbers you can use which one you prefer!

Be careful and considerate of your fellow road users and runners. Departing will always involve a delay so we encourage you to stick around, enjoy some of the great facilities on offer with great shopping and eating options!

*Car park allocation map and walking direction will be placed here well ahead of the event

- *Road closures are in place from 04:00 so please ensure you have planned your route. Expect and plan for it to be busy,! Leave plenty of time to arrive as road closure will adjust your journey in and sat nav wont replace human knowledge!
- *For DISABLED PARKING Please ignore your race number allocated spot and head towards car park 3/4. Instead of entering the car parks please head up stadium way towards the stadium and continue past the stadium and to the start line. Indicate to the Traffic or Curly's team member and they will direct you to the car park which is a left turn just before the start line.



Well-being, headphones, medals, snacks & more!

- Medics, our expert medical team will be on hand throughout the event and based at the water stations
 on bikes on the course, sweeper vehicle and at the finish. If you feel unwell or injured then it's your responsibility
 to make sure you withdraw from the event, Please don't put yourself at risk. For top tips visit http://www.runnersmedicalresource.com/en/
- Road closures, while the roads are closed for the event emergency vehicles may still access so please be alert to warnings from Marshals. Choosing to ignore instructions may results in injury of yourself, other runners or a member of the public who needs emergency help. nb: the road closures will remain in place until 12:30, from 12:30 if we have runners out on the course after 3 hours 30 minutes we may move you to the path if safe or be escort you to the finish if needed. In 2019 we had some traffic issues down at the stadium caused by an external diversion, sending traffic to us. We've addressed this with the relevant parties alongside additional changes that meant if the same thing happened again the flow of traffic would be able to continue and keep the area clear.
- Important note, flow of traffic. As you start the event and head along white rose way you will run alongside traffic, this is a separated lane and will not allow vehicles to cross into you lane. As you enter Rossington Village you will run alongside traffic for some sections. Runners and cars are separated and speed restrictions are in place for safety purposes. Please take care to stick to the course and don't be tempted to cut corners or ignore cones / tape and cross into the other lane.
- Dress for the weather & bag drop, please ensure you dress appropriately for the weather conditions and always bring a change of clothes for after the event. Our friends from Bluebell Wood will be manning the bag drop (an optional donation of £1 is requested but don't feel bad if you couldn't squeeze any money into your running tights we will still take you bags:)) your bag tag is on the bottom of your number!
- Water, we have four aid stations on the course with first aid stations and supplies of sweets (at 10km). Water is also waiting for you at the finish. The aid stations are laid out as WATER-SNACK-WATER-SNACK-WATER at the following distances: 4.5km / 10km / 12.5km / 16.5km (you pass the 16.5km at 2km but you will be ushered past so no sneaky jelly babies!) We will be phasing out energy gels to reduce littering but will have a sweet alternative for you.
- Rubbish, if you run with your own water bottle or gel please ensure you bring everything away with you or drop at one of the aid station. We will disqualify anyone for purposeful littering and we want to support the community and minimise environmental impact. We will be using plastic bottles as part of the event as we work with manufacturers towards a greener solution. The plastic bottles will all be separated and recycled:)
- Warming up, plenty of space to warm up on the paths near the start point or your club can bring a tent and create your own zone at the athletics track and use it for warming up!
- * Finish line snack, At the end of the event we will also have a well deserved amazing Cup Cake for you from the experts at Cupcakes2love:) (vegan and vegetarian options as always provided)
- Headphones, yes you can wear headphones! However ... please be aware of your surroundings as if you ignore blue lights / our team instructions on the day we may pull you off the course and don't be surprised to be grabbed if you don't respond in case of an emergency,!

Pacers, Juniors, A home for your club, Expo & Offers!

Yup even more things going on!

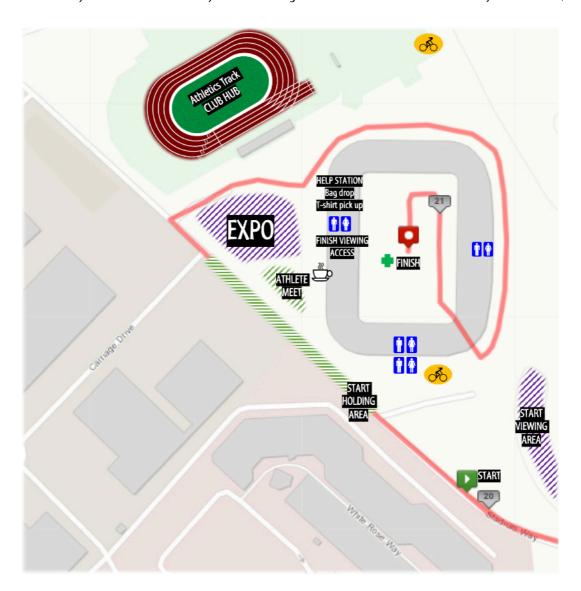
- Pacers, Our friends at Doncaster Athletics club will be providing 'running' pacers with flag backpacks for the following target 'net' times (from start line to finish line crossing) 01:30 / 01:45 / 02:00 / 02:15 / 02:30 / 02:45
- TOILETS!, The stadium has plenty of toilets however not if everyone tries to use the same ones;) toilets are north/east/west & south of the stadium so please walk around! LATEST TOILET NEWS! (exciting stuff!) yes our friends at DCLT will have their leisure centre in Rossington open just for runners at just before the 13k mark with full use of the sites toilets (and no you cant go for a swim while you're there!)
- JUNIORS, We've Doncaster Athlete Track right in the heart of our event so Doncaster Athletics Club will be hosting a mix of Junior events during the main Half Marathon from 09:30-10:00. It's just £1 to enter and all monies go to the track up keep:) We've also given them a bunch of medals (sure the kids may appreciate that!)
- CLUB HUB, Even more fun at the Athletics Track! rock up with your club camp and pitch for £5 (again all money goes to the athletics club to help track maintenance) create a chill out zone and warm up / cool down on the athletics track in style!
- EXPO, Right outside the stadium (inside if it's raining!) we will have a small collection of stands, charities, shops and snacks to keep spectators and runners entertained!

Maps & Route!

Just run where the 5000 cones take you! The event is led out by vehicles and cycles. The event is marked out in miles and we also have support vehicles following the event. The Doncaster Half Marathon is designed for all abilities and we will have at least 2000 athletes taking part which means it's going to be busy.

Please take care at the first roundabout (roughly 300 metres into the course) this is a narrow point, but still one and a half lanes wide. So please be courteous to your fellow athletes. Not everyone is there for a PB and vice versa. Getting in a realistic starting position is key to a smooth race:)

*Update for 2021 No change to the overall route for 2021 but the run will first head straight across and around lakeside boulevard before joining Whiterose way, so that's straight across at the first roundabout vs heading right. This means when you return after 12 miles you'll head straight into the stadium . . . that's mentally a little nicer:)





The route: (you can also view it here: https://www.mapmyrun.com/routes/view/2899221628)

- •Starting on Stadium Way, then head straight across the first roundabout and onto Stadium Way and follow Lakeside Boulevard before turning right at the next roundabout and onto Carolina way to then join the A6182 White Rose Way outbound.
- •Heading out on the A6182 White Rose Way follow this dual carriage way on the outbound carriageway.
- •Pick up the Great Yorkshire way heading out on the eastbound side of the carriageway and keep going east!
- •Past the iconic Y on the roundabout and head up the new link road making a 180 turn on the road ahead of Hurst Lane roundabout to return down the opposite side of the road heading back towards the Y.
- •Back past the Y then turn left onto sheep bridge lane heading into Rossington (your moved onto the wrong side of the road)
- •Upon entering Rossington heading left at The Styrrup Pub roundabout and up stripe road turning right onto Clay Flat road where runners, turning right onto Lansbury Avenue then right onto Gattison Lane and left onto West End Lane
- (Runners cross the original St leger half marathon start line from the 1980's in front of the leisure centre!)
- •Continuing on West End Lane runners then pick up the Great Yorkshire Way once more returning on the same route as they headed out on return back towards the stadium for the final 4km!
- •Runners then glimpse (or hear!) the stadium at the end of the Whiterose Way turning left at the roundabout heading straight to Stadium Way and then around and into the Stadium for a finish on the pitch! (you pass back across the start line... this is not the finish but you've less than 1000m to go as the crowds kick in!)

Spectators

We like to try to design our routes with a good balance of being great for the athletes (that's you) whilst also engaging the spectators and local communities. We recommend some key viewing areas for you to see you loved ones taking part in the event.

- Outside the main entrance. Head down to the start line where you've an amazing raised auditorium grass bank to view the start from. (they also come back past here towards the finish)
- For the finish you can access the stadium from the West Side and watch the runners cross the finish line (of course you can watch them from outside the stadium)
- While your runner is out and about, enjoy a snack a brew or pop across to do some shopping at one of the retail parks. After the event you've lots of choices for food and can even go watch a film, go for a swim, check out the new cycle track or go ice skating - all within a 15 minute walk!
- If you're in Rossington then we recommend simply finding a spot along the route. It heads into Rossington via Sheep Bridge Lane, Clay Flat Lane, Lansbury Avenue, Gattison Lane & West End Lane. You could even make a trip down to the big Yellow Y for a great photo opportunity (just plan this journey as road closures will slow your journey... we advise taking a walk)

Presentations, FREE Photos & Results

We will try to do the awards as we go at the finish area, this means don't run off if you think you may have won an overall or age group place! Please come along, cheer on your fellow competitors and listen to any news we may have about 2020's event!

FREE event Photos: We have lots of Photographers down on the day and the photos will be shared on Facebook and on our website. We also encourage you to share your own spectators photos throughout the day on our main Facebook page or email us a link. ALL event photos are completely free for 2021:)

Timing: The event is chip timed and the results are ready almost instantly on our website. We also have a split timing point at the half way point!... as always watch our Facebook page https://www.facebook.com/curlysathletes/

Prize categories: Team prize 1,2,3 (lowest total time of first 2 males/2 females from clubs). First 1,2,3 male & female. Team prizes take a little longer to calculate so these will be done towards the end of the event!

Male U17 / U23 / Senior / Vet 40 /45/50/55/60/65/70/75. Female U17 / U23 / Senior / V35 / 40/45/50/55/60/65/70/75

Keep up to date post event: https://www.facebook.com/curlysathletes/

We couldn't be more excited about the day... so whether you're there to race or you're there to challenge yourself our courses are always designed that they can be ran, wheeled, walked/jogged and of course we will support you all the way round with our amazing athlete support crew!

HAVE A GREAT EVENT!

...and next up!

Supermile Normanby - 14th August 2020



A one mile UKA and IAAF certified all out race for all abilities; you will be set off in waves with people that are aiming for a similar target time.

512

Hosted from the Normanby Hall Estate in North Lincolnshire. The 10k route heads out through pretty local villages during the annual Burton in Bloom festival:-)

The Lincoln City Half Marathon - 20th September 2020



We're working with the Lincoln City Foundation on this fantastic event. The Lincoln City Half Marathon aims to encompass many of the great areas of our city, bringing together our historic north and the diverse, under celebrated south of the city.

Hedgehog Half Marathon -4th October 2020



This all on road Half Marathon starts and finishes in the beautiful grounds of Normanby Hall Country Park. The route follows the picturesque Tour of Britain course from 2017.

Supporting Andrews Hedgehog Hospital:)

Run for Wildlife Autumn 5k - 11th October



Curly's, The Yorkshire Wildlife Park and the YWP Foundation team return with the triple award winning Autumn edition of this walk, jog, run safari! ... save the date for now and entries will open after the Spring Event:)

Brigg Poppy 10k & Military Challenge - 25th October 2020



A PB potential 10k run and the Military Challenge. The Military Challenge sees a competitor wearing boots and carrying a backpack weighing 36lbs (16.3 kgs) for men and 24lbs (10.9 kgs) for women.

Doncaster 10k - 29th November 2020



FREE PIE & HOT CHOCOLATE... oh and some great running right in the heart of Doncaster from the Racecourse! The event won the best in Yorkshire 10k at the National Running awards

for 2018 and 2019.

OPENS FOR ENTRY 28th FEB

Pre-register now to save your

spot!

Doncaster Santa Dash -12th December 2020



Get prepared for a family fun festive 1 mile wheel, walk, jog, run event around the amazing Sandall Park.
Curly's are proud to be supporting this historic annual not for profit event and helping it continue for many years to come:)

The Great Sprout Scuttle - 13th December 2020



The "Great Sprout Scuttle" returns for another year of all things festive and sprout themed! Based at the Northern Racing College, Rossington Hall, Doncaster.

Rudolphs Revenge & ELF Yourself! - 20th December 2020



Returning for it's second year! Working with Lindsey Lodge we're bringing you some family fun running with **'ELF Yourself'** in the afternoon!

Then at night time our own
'Rudolphs Revenge' festive trail
running fun!
All at Normanby Hall Country Park.

Friends of the event



Club Doncaster Foundation are a non-profit, self funding registered charity that has achieved more than 30 years of inspiring positive change, participation in sport, physical activity and education within the Doncaster Borough and internationally. They utilise the social reach of the professional sports clubs and community stadium to challenge lifelong habits, inspire positive change and motivate sustained participation in sport, physical activity, training and education. Go find out more about the great work they do here: https://clubdoncasterfoundation.co.uk

Doncaster Metropolitan Council have been an integral part in helping develop the event and making dreams become a reality!

They've worked hard to help make the impossible possible in bringing an inspirational event to the Doncaster community.





Doncaster Culture & Leisure Trust have been a great support in offering car parking spaces, adjusting their leisure centre times and more importantly for runners providing a toilet stop at 12.5km in their Rossington leisure centre!

We're proud to be supporting the Get Doncaster Moving 'movement' in helping to improve the levels of physical activity in Doncaster, this driven team of passionate people are helping to change the image and the health of Doncaster and we're proud to be doing our bit :)



..... we've plenty more people to thank along the way so keep an eye on our social media and website. From our Rossington groups, clubs & residents to our friends at the iport, Potteric Carr Yorkshire Wildlife Park and the airport amongst many others who have shown great support of the event!

Terms and Conditions of Entry

- •As an adult participating in an Adult event, I declare that I am 18 years of age or over on the day of the event
- •As a junior participant under the age of 18 taking part in an event, I declare that a responsible adult has authorised my participation in this event and has read and accepted all the terms and conditions of the race on my behalf.
- *I declare that I will not compete in the race unless I am medically fit on the day of the race.
- •I enter this race entirely at my own risk. The organisers will not be liable for any personal injury or death, no matter how it was caused.
- •I accept that the organisers and sponsors of the race, or any of their agents, will not be liable for any loss, damage, action, claims, costs or expenses which may arise in consequence of my participation of this event.
- *Any belongings deposited at a bag drop are left at the owner's risk.
- •I am fully aware of all associated risks involved with participating in this event
- •By entering this race, I give my permission to Curly's, its sponsors, assignees & licensees to use or authorize others to use photographs, motion pictures, recordings, data or any other record of my participation in this event for any legitimate purpose without remuneration.
- *I will listen to and respond to the advice given by race officials and marshals.
- Headphones must not be worn (unless otherwise stated.)
- *Event Cancellation: If for reasons beyond the control of the Promoter, including an 'Act of God' due to unforeseen, naturally occurring events that were unavoidable, the event which applicants have entered is cancelled or postponed, the Promoters will issue a full Race Credit to the value of the original entry fee or transfer the applicant's entry to another race/events where requested. Alternatively, if an event is cancelled by the Promoter for non 'Act of God' reasons, the Promoters will offer a full refund.
- In the event of adverse weather or any other prevailing circumstances mean that the race is to be cancelled, details will be recorded on the web site and on the Facebook page.

Our refund policy is as such: We will refund entry costs to the tune of 100% 90 days prior to the event, 75% for 60 days before and 50% up until 28 days before. After this date, we are unable to process refunds.

nb: Due to the postponement of the June 2020 event the refund amount is based on the original event date and will remain at 75% until 60 days before the new event. However should you not be one of the transfers please get in touch for a 100% refund outside of 90 days from the new event date.

By entering this race, I am confirming that I have read and understood the above