



# VESTA MYSTERY SCHOOL

## Self Study Workbook Lessons

### Lesson 1 ~ The Planets

Read about the Planets in your workbook and look at your cards. Watch the Planets video and listen to the planetary meditation podcast.

### Lesson 2 ~ The Asteroids and Nodes

Read about the Asteroids and Nodes in your workbook and look at your cards. Watch the the Asteroid video.

### Lesson 3 ~ The Zodiac

Read about the Zodiac in your workbook and look at your cards. Notice the elements by color. Listen to two podcasts: "Healing response to the Zodiac" and "Journey through the Zodiac" and watch the Zodiac video.

### Lesson 4 ~ The Houses

Read about the Houses in your workbook and look at your cards. Watch the Houses video. Which house in your chart has the most placements? Study that House in depth.

### Lesson 5 ~ Practicing the Glyphs and Defining your Chart

Draw the glyphs on page 24, review Michael Jackson's chart on page 25, then watch lesson 5 video. Define your Planets in a sign and house on page 26. The **Define My Chart**, page 26, must be completed with information from your birth chart to continue this course. Questions welcomed about this process via email.

### Lesson 6 ~ Using the Cards and Workbook to understand your Chart

Read pages 28 & 29 and begin to layout your chart on page 30 through page 65. Color each zodiac sign in the workbook as you fill in these pages about you at your "Best" and when "Stressed". This process may take several days or longer. Be patient with yourself!

### Lesson 7 ~ The Elements

Read page 66 to determine the elements of your chart. Draw the glyphs and write the names of the planets by sign, house and element. Add up your elements and answer the questions at the bottom of the page. Use your Zodiac color coded cards to learn elements.

### Lesson 8 ~ The Modalities & Natural Rulerships

Read page 67 and 68 and reflect on the information as you complete your workbook!

Color any additional pages that you are drawn to and feel deeply into the cosmos to connect with these guiding energies. Practice compassion for yourself and others with what you have learned. Cycles are always in motion and your chart will reveal many parts of yourself over a lifetime! Book a reading with Kauakea to review or join a group session.

Congratulations on completing your course!