



Under the Supervision of  
Shaikh Azhar Iqbal (MZA)



## Salah and Tarbiyah Q&A – Part 2

Age Group: Ages 6-12 years

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### Salah Q&A

Q1: Why is it necessary to do wudu (ablution) before saying our Salah (prayers)?

A: It is necessary to do wudu before Salah because Salah is not valid without cleanliness. Also, in Salah, we are meeting with Allah Taala. We are conversing with him. We are worshipping Him. It is a high-level event for us. And as Allah Taala likes cleanliness, we should make ourselves clean for this high-level meeting with our dear Allah Taala.

Q2: What is the Fard (obligatory) wudu?

A: There are four actions which are obligatory in wudu. If you only do these four actions, then you would be in a state of wudu and you can say your prayers with it.

Q3: What are these four actions of the obligatory wudu?

A: They are as follows:

- 1) Wash your face completely **once**
- 2) Wash both hands up to your elbow **once** (right first and then left)



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- 3) Putting a wet hand on 1/4<sup>th</sup> of your head **once** (around the size of forehead) – this is called masah (مسح)
- 4) Washing your feet **once** including the ankle once (right first and then left).

Q4: This obligatory wudu is much smaller than the detailed Sunnah wudu which I do normally. Why cannot I do the obligatory wudu for each prayer?

A: The Fard wudu is only for situations in which you don't have the time or enough water to do the Sunnah wudu. So, it is only done in extreme situations. It should not be done normally.

Q5: What happens if I leave Sunnah wudu and do only Fard wudu?

A: Leaving Sunnah is like leaving Paradise (استغفر الله). May Allah Taala save us from leaving Sunnah of dear Prophet ﷺ. Dear Prophet ﷺ came into this world to show us the path to Paradise. We should follow Sunnah always.

Q6: Ok I understand. I will always do Sunnah wudu unless I need to do Fard wudu. Teach me Sunnah wudu.

A: It is as follows:

- Make intention (نية) for Wudu
- Start with بسم الله الرحمن الرحيم
- Do miswak over your teeth
- Wash both hands **thrice** till the wrist
- Run fingers of hands into each other **once** (خلال)
- Rinse your complete mouth thoroughly **thrice** with gargle (كلى)



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- Wash your nose thoroughly **thrice** – make sure that the water reaches a bit deep in your nose and use fingers of left hand to clean your nose
- Wash your complete face **thrice** – and rub your face to ensure water has reached complete face
- Run your fingers **once** in your beard and make sure that the water reaches in the depth of beard while washing your face
- Wash your arms **thrice** till just above your elbows:
  - First wash right arm and then your left arm
  - Also rub the arm that you are washing
- Wash your hand till the wrist once.
- Then, in one go, do the following in the order given:
  - Run your hands over whole head **once** (masah)
  - Do masah of your ears **once**
    - Insert forefinger in your ear and then run forefinger in the channels of your ear above
    - Run both thumbs over the back of both ears
  - Put the back of your hands over your neck
- Wash your feet **thrice** till just above your toes
  - First wash right foot and then your left foot
  - Also rub the foot that you are washing
- Ensure that you follow the sequence above in washing your body parts during wudu
- Ensure that you wash the next body part before the previous gets dry – in other words, don't give breaks between the wudu for anything

Q7: Why is miswak so important?



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A: Miswak is a wooden toothbrush. Prophet Muhammad ﷺ loved using the miswak. A prayer for which the wudu was done with miswak will fetch 70 times more reward than a prayer said with wudu in which miswak was not used.

Q8: Should I always have a miswak with me?

A: Yes, you should always have a miswak with you. You should use it for wudu and in other situations, e.g., after eating. Miswak has many other benefits as well. A Muslim always has a miswak with him/her.

Q9: Then, what about toothbrush and toothpaste?

A: You should also use a toothbrush and toothpaste especially after waking up and before sleeping. Use miswak as well in these times as it is sunnah.

Q10: What things should I take care of when I do wudu in the bathroom?

A: You should make sure that you don't dirty the bathroom by spilling water on the floor with your wudu. If you do, wipe the bathroom before leaving it.

Q11: I used a toilet and then did wudu in a bathroom that is attached to the toilet – there is no door between the toilet and bathroom What should I do?

A: In this bathroom, don't read any dua while doing wudu, e.g., dua at the beginning and ending of wudu.

Q12: What is the dua of the beginning of wudu?



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A: It is بسم الله الرحمن الرحيم

Q13. What is the dua of the ending of wudu?

A: It is as follows:

أشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ  
اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

Ashhadu alla ilaha illa Allah, wahdahu la sharika lah, wa ashhadu anna  
Muhammadan 'abduhu wa rasuluh. Allahumma-j'alni min at-tawwabina wa-j'alni  
min al-mutatahhirin

I bear witness that there is no god but Allah alone, without any partners, and I bear  
witness that Muhammad is His servant and Messenger. O Allah, make me among  
those who constantly repent and purify themselves.

islamtics

[Sahih Al-Tirmidhi]

## Tarbiyah Q&A

Q1: I want to go to the toilette. How should I enter it?

A: You should enter the toilette with your left foot first.

Q2: Should I be wearing slippers while entering the toilette?

A: Yes, you should be wearing slippers while entering the toilette. It is best to have separate slippers for using the toilette or bathroom.

Q3: What dua should I be reading before entering the toilette?

A: You should read the following dua before entering the toilette:



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Q4: Why is it necessary to read this dua?

A: We read this dua because it is Sunnah of dear Prophet Muhammad ﷺ. Also, there are male and female Satans (Jinns) present in toilettes which we cannot see. They can harm our faith (imaan) in different ways. So, we seek Allah's help against them in this dua.

Q5: I forgot to read this dua before entering the toilet. Now, what should I do?

A: You should now read this dua in your heart only without moving your tongue. Because Islam does not allow us to do any type of Zikr of Allah (ذکر اللہ) through our tongues in the toilet (dua, or recitation of Quran, or other supplications).

Q6: I know that going to the toilette makes the air dirty and smelly. What should I do about that?

A: You should make sure you don't create discomfort for yourself or for others through this smell. So, make sure that the WC/Commode is clean after you use it, and use an air freshener spray when you leave the toilette.



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Q7: I feel the urge to go to the toilette. Can I delay going to the toilette?

A: No, you should not delay going to the toilette. It can make you sick in different ways if you develop the habit. Islam recommends nothing which can cause you harm.

Q8: I am in a hurry but also need to go to the toilette. I go to the toilette, but I relieve myself quickly and leave. Is this fine?

A: No. Even if you are in a hurry, you should not hurry while relieving yourself. It is best to wait calmly. Otherwise, you can get sick in different ways. Also, if you hurry, then the dirt or najaasah (urine/stool etc.) can touch your body which will make you impure and unclean (ناپاک).

Q9: How can I save myself from impurity while relieving myself in the toilette?

A: Make sure that not even a single drop of najaasah (urine or stool) touches your body or clothes.

Q10: The urine/stool touches my body and clothes during relieving. What should I do?

A: You should wash away the najaasah from your body. Similarly, you should wash that part of your clothes which has najaasah on it. After washing, you can also do ghusl (bath) and change your clothes. However, it is not obligatory to do ghusl (bath) – washing is enough.



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Q11: I think I am old enough but fear I will lock myself in the toilette, or the electricity will go away and leave me in the dark. What should I do?

A: You should leave the door open but close the door as much as possible.

Q12: With what hand should I do istinja, i.e., wash the body parts from which najaasah (urine or stool) comes out?

A: You should pour water on these body parts with right hand and if you need to touch them to clean them properly, you should touch them with your left hand.

Q13: How many times should I wash these body parts after relieving myself?

A: You should wash them until you are sure that they are clean. However, don't waste water. Wasting water is against sunnah.

Q14: What other things should I be careful about while cleaning myself through water?

A: The water should not spill around the commode/squat toilet. Also, after doing wudu (ablution), the water should not spill around the bathroom and make it dirty

Q15: Which is better to use for relieving yourself: A commode (the Eastern toilet on which you sit like you sit on a chair) or the squat toilet/Eastern toilet (on which you sit on the ground on both feet)?



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A: The squat toilet allows you to follow sunnah method of relieving yourself. However, if there is no squat toilet available, then you can use commode. You should also use commode if you are so sick that you cannot sit on the ground.

Q16: What is the sunnah method of relieving yourself?

A: The sunnah method is to sit on the ground on squat toilet. Put more weight on your left legs (and a bit less on your right legs) while relieving yourself.

Q17: Should I take off all my clothes to relieve myself?

A: No, you should only loosen your dress as much as is required to relieve yourself without getting dirty. However, if you feel that you will get dirty (e.g. you might be sick or there might not be enough space), then you can take off some clothing before relieving yourself.

Q18: Is there anything else I should take care of while in the toilet?

A: Yes, it is better that your head is covered with some cloth while you are in the toilet.

Q19: Can I talk while I am relieving myself or while I am taking a bath?

A: No, you should not talk unless it is very necessary. Talking while I am uncovered (semi-naked or naked) is مكروه (greatly disliked) in Islam. If someone calls you from outside the toilet, you can respond by using as little words as possible.



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Q20. What about using smart phones while in toilet?

A: No, you should not use smart phones or any type of device in the toilet. Maybe you have some Quran-related application open in your phone already. If you start using your phone, it would be a huge disrespect to do so in a dirty environment. We should fear Allah Taala. However, you are allowed to keep your phone with you in your pocket (e.g., if you are not at home or travelling etc.)

Q21: In which situation am I allowed to use a smart phone/phone in my toilet?

A: You can use your phone in an emergency, e.g., to call or message someone in an untoward situation.

Q22: How should I exit the toilet?

A: Put your right step out of the toilet first, and then your left foot.