



Under the Supervision of  
Shaikh Azhar Iqbal (MZA)



## Salah and Tarbiyah Q&A – Part 1

Age Group: Ages 6-12 years

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### Salah Q&A

Q1: What is Salah (صلاة)?

A: In Islam, Salah is the most important worship of Allah Taala. It is also a conversation and a meeting with Allah Taala. Hence, it is an honor to say your Salah.

Q2: Why is Salah the most important worship?

A: The first question on the Day of Judgment from a Muslim will be about Salah. If Salah is complete, he will be successful. If Salah is defective, he will fail and he will be lost.

Q3. From what age should we start reading Salah?

A: Islam tells us to start saying our Salah from the age of 7 years. And when we are 10 years old, we should offer Salah 5 times a day regularly. We have to offer Salah like this until we die and return to Allah Taala. Parents should prepare their children before so that they can start Salah at 7 years of age.



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Q4 I am more than 10 years old, and I still do not say my Salah. Is this OK?

A: No, this is not OK. I should realize that I am disobeying Allah Taala, who is my Creator and Sustainer. So, I am doing a big sin. I should fear the punishment of Allah. And I should make Allah Taala happy by immediately commencing my Salah. As a rule, boys should say Salah in masjid and girls should pray at home.

Q5: My parents are worried that I am not saying my prayers. What should I do?

A: I should start praying immediately. Because if I don't pray, I would be doing a double sin: disobeying Allah Taala and disobeying my parents (O Allah Taala! Save me from Hellfire).

Q6: What is Fard (فرض) prayer?

A: Fard means obligatory prayers. We must offer these prayers at all costs when the time for Salah arrives. If I leave Fard prayers deliberately, I will receive punishment unless we do toubah (seek forgiveness from Allah Taala) and make a firm decision never to leave Fard prayers again.

Q7: What is Nafal prayer?

A: Nafal means "optional prayers". Specifically, if you don't say Nafal, you don't get any punishment. If you say them, you get a big reward.



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Q8: How many Fard prayers are there?

A: There are 5 Fard prayers:

- Fajr (offered at dawn)
- Zuhr (offered after noon)
- Asar (offered in early evening)
- Magrib (offered at sunset)
- Isha (offered after sunset)

Q9: How many Nafal prayers are there in Islam?

A: There are 4 important Nafal prayers:

- Tahajjud (offered before Fajr)
- Ishraaq (offered immediately after sunrise)
- Duha (offered a couple of hours after sunrise)
- Awwabein (offered between Magrib and Isha)

Q10: Can I say Nafal Salah other than the 4 Nafal prayers?

A: Yes, you can say Nafal prayers other than these four Nafal prayers. You can say Nafal in 2- or 4-unit prayers.

Q11: Is there any time when I should not offer Nafal prayers?

A: Yes. Nafal should not be offered during sunrise, sunset, and zawaal (when the sun reaches its peak at noon).



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Q12: How many times do Muslims pray daily?

A: We have to say prayers 5 times a day. These are the 5 Fard prayers mentioned above. Other than these 5 prayers, we can pray Nafal prayers as much as we want.

Q13: Which prayer amongst the five daily prayers is the most important one?

A: The Fajr prayer is the most important one. Because it is very easy to skip it due to sleep. Many Muslims miss Fajr prayers because they keep on sleeping at that time.

Q14: At what time does a Muslim wake up?

A: Muslims wake up at Fajr time. It is the time when dawn appears on the horizon.

Q15: What is the first thing to do when I wake up in the morning?

A: The first thing to do is to do wudu (ablution) and offer Fajr prayers.

Q16: When I wake up in the morning, should I have breakfast first, or prepare for school, or offer Fajr?

A: When I wake up in the morning, the first thing I should do is to offer Fajr prayers.



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Q17: If my parents wake me up forcibly for Fajr, what would be my response?

A: If my parents wake me up forcibly for Fajr, it is because I am showing laziness in not waking up myself. My parents are doing the right thing. I should wake up when they call me.

Q18: I want to get up for Fajr prayers, but I cannot get up on my own. What should I do?

A: Before sleeping, I should pray to Allah Taala silently that He help me wake me up for Fajr. I should set an alarm. I should also tell my parents to wake me up.

Q19: I set an alarm for Fajr, but I am still unable to wake up. What should I do?

A: Before sleeping:

- I must worry about my Fajr in my mind.
- I must feel responsibility that I have to offer Fajr
- I need to ask my parents every day to wake me up for Fajr
- I should set multiple alarms
- I need to pray to Allah Taala every day to help me wake up

Q20: I told my parents to wake me up for Fajr, but they forgot. What should I do?

A: It's OK. Parents are humans also. They can make mistakes. I should forgive them immediately. I should still ask them to wake me up.



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Q21: Is it OK if I sometimes say my Fajr, and sometimes miss it? Because I think Fajr is a difficult prayer.

A: No, it is not OK. Fajr is an obligatory prayer. It is as important as any other Fard prayer.

Q22: I get tired of working and studying the whole week. On Saturday night, I go out with my family to eat and enjoy myself. On Sunday, I just can't wake up for Fajr. I need to sleep. Is it ok?

A: No, it is not OK. It is a sin. Islam has no concept of sleeping late on weekends for relaxation. If we sleep early and wake up early and offer Fajr, that's the best relaxation.

Q23: It seems that the whole world sleeps on Sunday mornings and has breakfast at noon. What's wrong if I also sleep and miss my Fajr and then say Qaza later?

A: If the whole world is missing Fajr and disobeying Allah Taala, this does not mean that it becomes justified. We should still say our Fajr on Sunday mornings on time as for any other day.

Q24: At what time should I sleep at night?

A: I should sleep early at night. After Isha prayers and dinner, I should sleep. It is Sunnah of the dear Prophet Muhammad ﷺ to sleep early and wake up early. At most, I should be in my bed at 1030 pm.



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Q25: Why should I sleep early at night?

A: I should sleep early because it is Sunnah of Prophet Muhammad ﷺ to sleep early. Sleeping early also helps me wake up for Fajr.

Q26: Where did Allah Taala give the divine order to Salah to Prophet Muhammad ﷺ?

A: The divine order for offering Salah was given to Prophet Muhammad ﷺ on his journey to the skies on the night of Mairaj (معراج)

Q27: What is the first thing to do to say your Salah?

A: The first thing is to purify yourself through Wudu (ablution). Before Wudu, if your body and clothes are dirty, then you need to take a bath and wear clean clothes.

## Tarbiyah Q&A

Q1: How do Muslims take a bath?

A: The preferred way to clean yourself thoroughly is called Ghusl (غسل). It is as follows:

1. Gargle your throat thoroughly **once** (غراره)
2. Put water in your nose **once** until the water reaches well inside
3. Wash your hair and body very thoroughly **once** so that no place remains dry



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Q2: I feel that my nose is dirty, and I want to clean it with my fingers. Where should I clean my nose?

A: I should not clean my nose in front of my parents, siblings, friends or anyone else. I should do that in the bathroom or where no one is looking at me or gets displeased from it.

Q3: How should I clean my nose?

A: It is good to use the fingers of your left hand to clean your nose. Avoid using fingers of your right hand.

Q4: I am in my house and sitting with my parents or siblings. What should I do if I want to let our air?

A: It would be very disrespectful to let our air in front of others. To let out air, it is best to go to the bathroom or some other room where no one else is present.

Q5: What do you say when you start some work?

A: On commencing or starting any work, say the following words:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillahir Rahman ir Raheem