



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



Salah and Tarbiyah Q&A – Part 4

Age Group: Ages 6-12 years

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Salah Q&A

Q1: I am a Muslim girl. While saying my prayers (salah), should my ankles be covered?

A: Yes, your ankles are part of your ستر (the area of your body which should be covered). So, your ankles should be covered during salah.

Q2: I am a Muslims girl. What happens if my ankles are not covered during my salah?

A: If your ankles are not covered during salah, or your ankles and less than one-fourth of your leg are not covered during salah, then your salah will be accepted but it would be مكروه (makrooh, which means undesirable) and you might be sinning.

Q3: I am a Muslims girl. What happens if my ankles and more than one-fourth of my leg are uncovered during salah (prayers)?

A: Your salah will not be accepted. You will need to cover your legs and ankles and say your salah again.



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Q4: What is the main purpose for which I say my salah (prayers)?

A: I say my salah (prayers) to make Allah ﷻ happy so that He can give me Paradise inshaAllah.

Q5: Is it guaranteed that one who says salah all his/her life will get Paradise?

A: According to an authentic Hadith of Prophet ﷺ, one who says salah regularly all his/her life will enter Paradise. However, while saying salah, one should also fulfill all other necessary obligations (like respecting parents, doing hajj, giving zakat etc.)

Q6: Should I lead my life to make Allah ﷻ happy, or should I lead my life making dua for Paradise?

A: Your first and most important task in this world is to make Allah ﷻ happy. If He is happy with you, it is sure that He will give you Paradise inshaAllah. However, you should still pray for Paradise because it is sunnah to do so.

Q7: Should I do my wudu or say my salah (prayers) a bit quickly, or in a hurry?

A: No, you should do your wudu and say your salah with concentration and tranquility (سكون). You should not hurry at all.

Q8: Suppose that only a few minutes remain before my salah (prayers) get qaza (قضا). Can I say my salah hurriedly then?



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A: Yes, you can. But don't hurry so much that you don't even remember what you are doing or reciting or reading. In your salah, you must think that you are in front of your Creator.

Q9: I finished my Salah but I didn't remember even a single time that I am worshipping Allah ﷻ. Will my salah be accepted?

A: Only Allah knows best whether it will be accepted or not. However, it is best for you to repeat your salah and say it with concentration as much as possible.

Q10: I want to offer my salah with concentration in my house. What should I do about it?

A: You should dedicate a separate place in the house for offering your salah. That place will be your own personal "musallah" (مصلّٰه) or praying place (جائے نماز). Whenever you want to read Quran, do Allah's zikr (ذکر), or say your salah, then you should go to that place and do it.

Q11: I like this idea of a special place for worshipping Allah. Now, where should I set this place?

A: It should be a place which is not frequently visited, and a place in which you don't disturb others by your worship. For example, if you set a place in the sitting area (lounge), then many people will pass by there and will get disturbed. So, set aside a corner of the drawing room, or your own room, or any other similar place.



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Q12: There is a type of salah called sunnah Moakkadah (موكده). What's that?

A: Moakkadah salah are those which are most important. Prophet Muhammad ﷺ never left offering Moakkadah prayers. It was a very rare occurrence for him to leave Moakkadah (e.g. in some extreme situation). So, if you say Moakkadah, you will get a huge reward Insha'Allah but if you leave them, then you will be sinning.

Q13: Ok. There is another salah type called Sunnah Ghayr Moakkadah (غير موكده). What's that?

A: Ghayr Moakkadah salah are those sunnah prayers which are less important than the Moakkadah prayers. Prophet Muhammad ﷺ offered Ghayr Moakkadah regularly but he also left them sometimes without any apparent reason to leave them. If you offer them, you will get a huge reward Insha'Allah but if you leave them, then it is not a sin.

Q14. That's great to hear. So, how many Moakkadah and Ghayr Moakkadah units of prayers or Rakah (ركعات) are there in the five obligatory Salah and in Salat-ul-Jumma?

A: They are as follows (memorize them):

- Fajr (2 Moakkadah)
- Zuhr (6 Moakkadah)
- Asar (4 Ghayr Moakkadah)
- Magrib (2 Moakkadah)
- Isha (4 Ghayr Moakkadah, 2 Moakkadah)
- Salat-ul-Jumma (10 Moakkadah)



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Q15: This is useful information. Now, tell me the total units (rakah) of Salah in each of the five obligatory prayers.

A: They are as follows:

- Fajr: 4 rakah
- Zuhr: 12 rakah
- Asar: 8 rakah
- Magrib: 7 rakah
- Isha: 17 rakah
- Salat ul Jummah: 14 rakah

Q16: Ok jazakAllah khayr. I like reading Quran in my salah. But I have memorized only the last 10-20 surahs (chapters) of the Holy Quran. What to do?

A: The Ulama (علماء) say that every Muslim should memorize (hifz) at least the last two suparah (juzz) of the Holy Quran. Also, if you can, you should do hifz (memorize) the whole Quran. It is a great blessing.

Q17: What would I get if I do Hifz-e-Quran?

A: Some rewards are:

- You will get a special piece of Paradise Insha'Allah.
- You will be given an opportunity to take 10 Muslims out of Hell (may Allah save us) and enter them in Paradise.
- You will be asked to read the Quran. When you will start reading from Surah Al-Fatiha, you will start to get Paradise. As you continue reading,



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you will continue to get more Paradise. When you finish at Surah Al-Naas, all the Paradise you have gathered since recitation of Fatiha will be all yours. Ma'ashallah.

Tarbiyah Q&A

Q1: When I eat a banana, I cut it with my teeth and eat it. Similarly, when I eat a cupcake, I cut it with my teeth and eat it. Is it ok to eat my finger food like this?

A: Yes, you can eat it like this, especially the small-sized finger foods like *French fries, samosas, nuggets, nachos, garlic bread bites, pakoras, mozzarella sticks, cupcakes* etc. However, there are also large-sized finger foods, like *bananas, pizza, sandwiches, kebabs, spring rolls, bread rolls* etc. Cutting large finger foods with your teeth looks unsophisticated. So, Islam recommends to **first cut these large finger foods with your hands/fork into smaller pieces and then eat these pieces one by one.**

Q2: The Islamic calendar dates have the letters 'AH' written with them. What does this mean?

A: 'AH' means "After Hijrah". "Hijrah" is the migration of dear Prophet Muhammad ﷺ from Makkah Mukarramah to Madina Munawwarah. Our Islamic calendar starts from this Hijrah.

Q3: That's good to hear and know. So, which months are there in the Islamic calendar?

A: There are 12 months in the Islamic calendar, as follows:



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- 1st month: Muharram
- 2nd month: Safar
- 3rd month: Rabi-ul-Awwal
- 4th month: Rabi-us-shani
- 5th month: Jamaadi-ul-oola
- 6th month: Jamaad-ul-saania
- 7th month: Rajab
- 8th month: Shabaan
- 9th month: Ramadhan
- 10th month: Shawaal
- 11th month: Zul-Qaada
- 12th month: Zul-Hijjah

Q4: Should I be using Islamic dates or Christian dates?

A: Try to use both dates on your smart phone and other devices. You need Christian dates to coordinate the daily tasks of home and office. At the same time, you should also use Islamic dates in your daily life as much as possible (e.g., between siblings, friends, cousins etc.).

Q5: I am a Muslim girl, and I want to wear trousers which have a length just above my ankles. My ankles and a little part of my leg are bare in these trousers. Is it ok?

A: No, this is not OK. Islam strictly forbids females to have bare ankles or show parts of legs. It is haraam, so if we do it, then Allah ﷻ may give us a severe punishment (استغفر الله).



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Q6: As a Muslim, why should I have always have some tissues with me?

A: You should always have some tissues with you for cleanliness. For example, assume that you are travelling and you need to use a toilet which has no toilet paper in it. Then, your tissues will come in handy. You can also keep a handkerchief with you.

Q7: I feel a bit ashamed to ask about it, but I want to understand how to take off my clothes and put on new clothes. Is there any sunnah method?

A: Don't feel any shame in asking about something which is related to religion. The sunnah method is as follows (in sequence):

1. Lock the door of your room
2. Keep your new clothes beside you on the bed/seat
3. Read this duaa: *Bismillahil lazee Laa ilaaha illahoo* (بِسْمِ اللَّهِ الَّذِي لَا إِلَهَ إِلَّا هُوَ)
4. Sit down on the bed
5. Take off your pants/jeans/shalwar – first take off the left side, then take off the right side
6. Wear your new pants/jeans/shalwar – first wear the right side, then wear the left side
7. Take off your shirt - first take off the left side, then take off the right side
8. Wear your new shirt - first wear the right side, then wear the left side
9. Thank Allah for the new clothes
10. Put the clothes your took off in the laundry (washing machine) or in the ironing room (for ironing)

Q8: I like this excellent method of changing clothes. But why cannot I first take off all my clothes, and then wear new clothes?



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A: If you decide to change your clothes this way, you can do it. But it is better for us as Muslims to try to be modest (با حيا) as much as possible. So it is better to change them one-by-one as explained in previous response.

Q9: Can I undress and change into new clothes while standing?

A: Yes, you can do that. You will not be sinning. However, it is better to sit down and then change your clothes.

Q10: What is the dua for new clothes?

A: It is as follows:

Dua when wearing clothes

الْحَمْدُ لِلَّهِ الَّذِي كَسَانِي هَذَا الثَّوْبَ
وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ
(ابن ماجه)

English Transliteration:
Alhamdu Lillahil-Lathi Kasaani Hathas sawba
wa Razaqaneehi min ghayri hawlim minnee wala Qu'wah

English Translation:
All Praise is for Allaah who has clothed me with this garment
and provided me with it without any effort or power of mine

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Q11: I sometimes feel happy in my heart for the money I have, and the things I have. I can see that my cousins and friends don't have those things which I have. So, is it ok to feel happy about it?

A: You might be feeling happy that Allah ﷻ gave you these things. This is very good. You must be happy and thankful for it. However, keep in mind that you cannot think of yourself as better than those people who don't have these



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things. This would be pride. And pride might stop us from entering Paradise on the Day of Judgement (استغفر الله). So, we must make dua to Allah Taala to save us from pride.

Q12: Does Islam allow me to wear dresses of excellent quality and status if I can afford them?

A: Yes, Islam recommends wearing dresses of good quality and keeping them clean. The dress of our Prophet Muhammad ﷺ was never dirty – it was always clean. However, you should make sure that you do not waste your money on buying many expensive clothes. Its best to have several clothes of above-average quality.

Q13: Ok that's good. I want one pair of excellent clothes and shoes, but I don't have the money for them. What to do?

A: You should do wudu, then offer 2 rakah nafal prayers and then make dua to Allah ﷻ. You should have it in your heart that Allah will give them to you. After that, you should ask your parents to buy you this pair of clothes and shoes.

Q14. Ok jazakAllah khayr. But what if my parents refuse?

A: Then say nafal again and then talk with them. If they refuse again, then say your nafal again and then talk with them. Then, leave it to Allah. If it is good for you, insha'Allah one day you will get them. If not, then it is not good for you to have them right now. Insha'Allah Allah will give them to you later.



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Q15: Ok that's good advice. So, what to do if I am sure that I will not get them (e.g., if my father cannot afford them)?

A: Then your heart you should say: *“If my dear Allah ﷻ does not want me to have them, then I don't want them. Whenever He wishes to give me, I will take it and thank Him.”*

Q16: That's an excellent advice. jazakAllah khayr. Generally speaking, how can my worldly things increase, and Allah also remains happy (راضى) with me?

A: If you are thankful to Allah Taala daily for what you currently have, Insha'Allah He will give you what you don't have: He will increase your dunya and also Aakhirah.

Q17: I know there are many Sunnah foods, but which foods should I have every day?

A: You should have milk every day without fail. It is sunnah. It also brings you lot of energy. You should also eat dates at least thrice a week. Dates are also sunnah food.

Q18: Is it OK for me to say “Makkah” and “Madinah” rather than “Makkah Mukarramah (respected Makkah)” and “Madinah Munawwarah (Enlightened Madinah)”?

A: Yes, you can use the words Makkah and Madinah but it is better to develop the habit of saying Makkah Mukarramah and Madinah Munawwarah because of the high status of these two cities amongst the Muslims.

والله اعلم بالصواب