



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



Salah and Tarbiyah Q&A – Part 9

Age Group: Ages 6-12 years

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ – بِسْمِ اللَّهِ الْحَمْدُ لِلَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

Disclaimer: None of the questions or answers are AI-generated

Salah Q&A

Q1: Where should I be looking while offering my Salah?

A: Note the following:

- In قِيَام (standing), look at the place where you will do your Sajdah
- In رُكُوع, look towards your feet
- In سَجْدَه, look towards your nose
- In تَشَهُد, look towards your two (covered) thighs.

Q2: Can I offer my Salah while wearing my glasses (spectacles)?

A: In Sajdah, you place your nose and forehead on the ground and look towards your nose. You may not be able to do this perfectly if you are wearing glasses. So, it's best to take them off before starting your Salah.

However, if you feel that wearing glasses will not affect your Sajdah, then you may keep on wearing glasses during Salah.



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



Q3: What if I put my glasses on the ground during Salah and there is danger that someone might step over it?

A: You can put your glasses in a spectacle box and put the box in your pocket/purse, or you can put the glasses in your pocket.

Q4: What do I get if I go for Salah in Masjid?

A: Please note below:

- For each Salah that you offer in the Masjid with جماعت, you will get reward 25 times more than the Salah that you pray individually at home.
- Also, at each step, one sin is forgiven, and you are upgraded one degree in reward (subhanAllah!)
- And the angels keep on asking Allah's Blessings and Allah's forgiveness for you as long as you are staying at your Musalla (place in Masjid where you offered Salah) under condition that your ablution is still valid.

Q5: I understand that Muslim males should pray in congregation (جماعت) in Masjid. But why can't I do جماعت at home?

A: Please note below:

- Doing جماعت at home without any valid reason (عذر) is against the Sunnah of Muhammad ﷺ.
- You would stray away from the Siraat-e-Mustaqeem (the rightly guided path) if we get into the habit of doing جماعت at home.
- To pray with جماعت, Allah Taala has given us the Masjid.



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



Q6: Can you give me an example of how Prophet ﷺ preferred جماعت?

A: Yes, when Muhammad ﷺ was very sick and was near his death, he still went to pray the جماعت by putting his hands on the shoulders of two of his companions to support himself [Muslim, 418a]

SubhanAllah! All salutations on our dear Prophet ﷺ.

Q7: In which situation am I allowed to do جماعت at home?

A: Following are the situations in which you can do جماعت at home:

- **Scenario 1:** You missed your جماعت in the Masjid and you are sure that Imam has finished the جماعت in the Masjid
- **Scenario 2:** You are sick and feel you can go to the Masjid. However, you are sure that if you go, then your sickness will increase
- **Scenario 3:** You are so sick that you cannot walk towards the Masjid or even go in car
- **Scenario 4:** Someone has become handicapped and cannot walk now (may Allah Taala save us from this situation)
- **Scenario 5:** There is an extreme weather situation (hailstorm, torrential rain etc.) which prevents you from going to the Masjid
- **Scenario 6:** It is so cold outside that you are sure that if you go to the Masjid, you will get very sick
- **Scenario 7:** You are afraid of your life, and you are sure that if you leave the house, then your life might be in danger.
- **Scenario 8:** You are looking after a patient who needs your constant attention and there is no one else who can look after the patient. If you



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



leave the patient to go to Masjid, it is sure that he may hurt himself, or die, or become sicker.

Q8: Ok good. jazakAllah khayr. What else should I be careful about based on what you have told me?

A: You need to cater for three important things:

- **Note:** Ensure that you don't get into the habit of missing your جماعت due to laziness or lack of knowledge or lack of concern for religious orders.
- **Note:** You cannot skip جماعت in Masjid due to sickness which does not prevent you from moving or doing other chores, e.g., flu, light temperature, stomach aches etc.
- **Note:** You are not allowed to offer Salah at home in non-extreme situations, e.g., light snow, light rain, light winds etc.

Q9: OK. This is good. Now, I have another question. Suppose I have flu, and water is running out of my nose from time to time. How do I control my running nose during جماعت in Masjid?

A: That's a good question. Note the following:

- You cannot break your Salah due to a running nose
- If you have flu, then roll a small shawl (چادر) around your neck before starting Salah. And use it during Salah to clean your nose with one hand
- Clean your nose in this way hurriedly, e.g., in maximum 3-4 seconds.
- You can also use a handkerchief or tissue paper but taking them out of your pocket or purse will take longer than using the shawl.
- And if you use both hands to wipe your nose, people will start to think maybe you are not saying your Salah, then your Salah becomes invalidated (فاسد). You need to then repeat it.



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



Q10: Ok. I didn't understand the point about "people start thinking that maybe you are not saying your Salah".

A: Well, what it means is this:

- Suppose you are offering your Salah and a person, Mr. AB, is watching you offering Salah.
- While offering your Salah, you do something for some time which makes Mr. AB believe that you are not offering your Salah but rather, you are doing something else.
- In this situation, your Salah becomes invalidated – you must repeat it.

Q11: Ok. Can you give me some examples:

A: Following are some examples:

- Cleaning your nose with both hands during Salah.
- Taking out your mobile/cell phone during Salah and deliberately looking at its screen
- Turning the direction of your chest (body) away the Qiblah for the time you say SubhanAllah 3 times.

Q12: Can I take out my mobile phone while offering Salah to mute someone's call?

A: Yes. Even though taking out your mobile during Salah will invalidate it, the Ulama have allowed to do so to mute a ringing tone because musical tones are



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



disrespectful for Masjid. So, you should silence your mobile. However, it is best if you just silence it in your pocket/purse without taking it out.

Q13: Should I perform wudu (ablution) at home and then go to Masjid, or I can also perform wudu in masjid?

A: Note below:

- You are allowed to perform wudu in Masjid or at home.
- But if you perform ablution at home and then go to Masjid for **فرض** Salah, then it is as if you wore an ehraam (احرام) and you are going for Hajj! Allah-o-Akbar!
- So, it's best to perform wudu at home.
- We should try to minimize using the resources of Masjid, e.g., water, electricity so one should not make it a habit to always wudu in Masjid.

Q14: Ok, so in which situation it is necessary to do wudu in the Masjid?

A: Ah! Good question. It is necessary:

- If you are sure that you cannot perform ablution as per Sunnah in your home (e.g., you cannot wash your feet thoroughly)
- If you were unable to perform wudu in your house for some reason, e.g., the bathroom was engaged, or there was no water.
- If you are a traveler and cannot find any place other than Masjid for wudu
- When you don't have water to perform wudu where you are living.

Q15: How should I take off my slippers before entering the Masjid?

A: The method is as follows:



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



- Take out your left foot and put it on top of your left slipper
- Then take out your right foot and step inside the Masjid with it.
- Then put your left foot inside the Masjid.

Q16: How should I put on my slippers while leaving the Masjid?

A: The method is as follows:

- Put your left foot on the left slipper
- Then insert your right foot in your right slipper
- Then insert your left foot in your left slipper

Q17: Is this the general method of taking off and putting on the slippers?

A: Yes. These are all Sunnah methods. They will fetch you great reward inshaAllah. They are all summarized below:

- You enter the Masjid with your right foot first
- You leave the Masjid with your left foot first
- You put on the right shoe/slipper first
- You take out your left foot from shoe/slipper first.

Q18: Ok, so is there any supplication for entering the Masjid?

A: Yes, it is as follows:



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



Dua For Entering Masjid

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ
(مسلم)

English Transliteration:

Allahummaftahli Abwaba Rahmatika.

English Translation:

Ya Allah! Open to me the gates of your marcy.

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Q19: This supplication sounds great. Explain its meaning to me.

A: Ok. So, the Masjid is a place of blessings. Allah’s mercy and blessings are descending in the Masjid all day. When we enter the Masjid, we pray to Allah to give us these blessings by opening their gates for us. “Opening the gate” means to let us have those blessings which are in the Masjid.

Q20: Ok subhanAllah. And the supplication for leaving the Masjid?

A: It is as follows:

Dua For Leaving Masjid

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ
(مسلم)

English Transliteration:

Allahumma inni As'aluka min Fadlika.

English Translation:

O Allah, I ask You of Your bounty.

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Under the Supervision of
Shaikh Azhar Iqbal (MZA)



Q21: SubhanAllah. What is its meaning?

A: Note below:

- When we leave the Masjid, we are leaving the environment of Allah's mercy and blessings.
- Allah's فضل means that Allah gives us many things including blessings even though we are sinning and making many mistakes (خطا).
- So, on leaving the blessings of Masjid, we are asking Allah Taala to continue giving us these blessings in our worldly life, even though we don't deserve them due to our sins and mistakes.

Q22: What if I forget each of the above supplications and methods? Is it a sin?

A: No, it is not a sin if you forget them. But you lost an opportunity to follow Sunnah (العائد بالله). Try to be careful next time. Pray to Allah Taala to give you toufeeq (ability) for reading Sunnah supplications.

Q23: Where should I place my slippers in the Masjid?

A: Note below:

- When you have entered the Masjid, pick up your slippers from the ground
- Make sure no dust or mud is clinging to them.
- Place your slippers in the shoe rack in the Masjid and remember where you placed them in this rack.
- If there is no shoe rack, find a suitable place for them.
- This suitable place should be outside the praying area of the Masjid and should not disturb anybody neither make the Masjid dirty in any way.



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



Q24: What if my slippers are dirty? Should I take them inside the Masjid?

A: In this case:

- If there is time remaining in Salah, then return to your house and clean your slippers
- If there is a shortage of time, then put your slippers in a thick, plastic bag and then take them inside the Masjid.
- If you don't have a bag, then leave your slippers at the entrance of the Masjid (you can keep them on top of each other).

Q25: What if my slippers are expensive but also dirty. I don't want to leave them at the entrance of the Masjid because someone might steal them. What to do?

A: Well:

- You should arrange a plastic bag hurriedly and then put them inside it.
- You cannot bring dirty slippers inside the Masjid.
- If you do, it would be a mistake. You should then clean all the dirt that your slippers have spread in the Masjid.
- Apologize to the Masjid administration for having polluted the Masjid.
- Also, do Istighfaar 3 times.

Q26: What feelings should I have while entering the Masjid?

A: Ah! A beautiful question. Note below:

- You are entering Allah's house! MaashAllah! So, feel the love of Allah Taala in your heart for a few seconds
- Thank Allah Taala in your heart because He brought you to His home



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



- Make intention to worship Allah Taala
- Follow all the rules (آداب) for staying the Masjid.

Tarbiyah Q&A

Q1: What is “fast food”?

A: Fast food is called “fast” because it is prepared quickly, served quickly, usually not expensive, and eaten on-the-go (e.g., quickly if you don’t have much time).

Q2: Is fast food good for my health?

A: Well, fast food is designed to provide you with food hurriedly. It is not designed to give you any nutrition (or health). So, it can satisfy your hunger, but it is not good for your health.

Q3: OK and what is “fried food”?

A: Well, fried food is a type of fast food that is cooked in oil at high temperatures until it becomes brown and crispy on the outside. It also has lots of fats.

Q4: Give me some examples of fast and fried food?

A: Examples are: French fries, fried chicken, samosas, jalebi, pakoras, fried fish, donuts, burgers, patties, sugary soft drinks (Pepsi, Mirinda etc.), processed cheese (e.g., cheese slices).

Q5: Ok. Well, I confess it. I actually love fast food. Is it ok for me to love it?



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



A: Ah! Great question. Please note below:

- Fast food is one of the ways Allah Taala gives Rizq (sustenance) to us.
- So, if you love fast food, you should love it because it is one of Allah's bounties.
- Don't love it only because you love its flavor.

Q6: JazkaAllah khayr. I have heard doctors say that it is dangerous for health. Why?

A: Well, fast food can cause serious damage. Note below:

- Fast foods that are fried absorb oil, which leads to obesity and fatty liver.
- They also increase the risk of heart disease.
- According to some doctors, they also generate a possible cancer risk
- The soft drinks can lead to diabetes
- There is also research that eating fats might lead to loss of human memory
- May Allah Taala save us all from these diseases – Aameen

Q7: Allah-o-Akbar! I didn't know that. So, how much fast food should I eat? Please note that I love it!

A: It's an excellent question. Please note below:

- Fast food can be harmful when it is eaten frequently.
- It could be also harmful if eaten in large amounts.
- So, it's best to eat fast food only once a week.



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



- And when you eat it, then couple it up with non-fried and healthy items like yogurt, milk, and vegetables.
- Finally, exercise regularly, even if only for 15 minutes daily.

Q8: Which fast food doesn't harm my health?

A: Good question. Note the answer below:

- Use fast food that is cooked in olive oil, or fresh oil that is not reused repeatedly.
- Use an air-fryer to fry your fried food which uses very little oil to fry the food.
- Fried fish, fried eggs, and processed cheese are better than other fried items.

Q9: This is good, but I enjoy the flavor of fast food. I want to eat it everyday. What to do about that?

A: Well, you might like the taste of fast food, but Islam does not recommend eating those things which are dangerous for your health. Yes, you can eat fast food sometimes as told above. Also, the Sunnah foods recommended by Islam are healthy foods (e.g., milk, dates, wheat bread, curry etc.)

Q10: Ok good. Now, a question. One day shaytaan (devil) came to me and whispered: "The sunnah foods are healthy but they are not tasty on tongue." How to respond to him?

A: Ah! اعوذ بالله من الشيطان! Now, note below:

- It is the devil's job to drive you away from Sunnah.



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



- Every Sunnah is filled with Hikmah (Allah's Eternal Wisdom). So, it is impossible that there is anything wrong with sunnah foods (العياذ بالله).
- In fact, the taste of sunnah foods is the best taste for me since Allah Taala and Prophet ﷺ have selected them for me.
- The sunnah foods are also the best food for my health and for my Aakhira (hereafter) since Allah Taala has selected them for me.
- **Most important:** *If you make an intention to follow religion, the sunnah food will always seem tastier to you than fast food inshaAllah!*

Q11: What is the best part about being in Jannah?

A: May Allah Taala give us all Jannah Insha'Allah. The best part about being in Jannah is:

- We would be with Prophet Muhammad ﷺ in Jannah
- We would be with other Prophets عليهم السلام in Jannah
- We would be with the Sahaba رضى الله عنهم in Jannah
- We would be able to Insha'Allah see Allah Taala with our own eyes.

Q12: Can I blow kisses in the air like so many people do?

A: Blowing kisses in the air is a physical action to demonstrate affection and love without touching anyone. Please note below:

- It is not recommended by Islamic teachings.
- To demonstrate affection, Islam recommends many halaal (allowed) methods.
- Islam recommends kissing your children and your parents to show affection



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



- Islam recommends speaking kind words to others to show affection
- Islam recommends helping others in their tasks and times of need to show affection
- Islam recommends saying “السلام عليكم” to show affection
- Islam recommends exchanging gifts to show affection
- Blowing kisses is used generally to demonstrate romance between girl friends and boy friends, while Islam does not allow intimate displays of affection between man and his wife in public.
- So, blowing kisses is symbolic of haraam (disallowed) relationships in non-Islamic cultures. Muslims should hence avoid it.

Q13: What should be the most loved thing to kiss?

A: Following should be the most loved things to kiss:

- Kaaba (The House of Allah Taala in Makkah Mukarramah)
- The Holy Quran
- Parents

Q14: I have a stack of books lying on my table and Quran is one of them. Often, I unknowingly put other books on top of Quran. Is it ok?

A: No, it is not OK to put any book on top of the Holy Quran. Note below:

- Generally, in any stack, the Quran should be at the top, followed by books of Ahaadith, and then the other Islamic books
- However, try to keep Islamic books and all other books in bookshelves.
- Stacking books is disrespectful of books but you can stack if you don't have any bookshelves.



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Shaikh Azhar Iqbal (MZA)



Q15: I have a habit of forgetting. What to do?

A: Well, do the following:

- Pray to Allah Taala after every Fard prayer that you stop forgetting
- Try to remain alert about your responsibilities
- Read the verse: “سنقرئك فلا تنسى” [Al-A’la, 6] 7 times after every Fard prayer

Q16: How much time should I spend with my family members?

A: Note below:

- You should give time to your parents everyday, even if it is for 15 minutes.
- You should also give time to your siblings everyday, even it is for 15 minutes.
- On an occasional basis, talk with your other relatives through phone, visits, Whatsapp etc.

Q17: My mom and dad argue and fight a lot. What should I do?

A: Ah! That’s sad to hear. Consider the following:

- Request them in a soft tone to not fight/argue with each other.
- Pray to Allah Taala after every fard prayer that they leave their arguing.
- Give them gifts if possible.
- Tell them that constant fighting is destroying the environment of the home.
- Tell them that Muslims are from the ummat of Muhammad ﷺ who had the best of akhlaaq, so we should follow him as much as possible.
- You can also get the help of other elder family members who can better explain to your parents to stop fighting/arguing.



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Q18: Sometimes there is more than one person to whom I want to give a gift (هدية), but I have only one gift. What to do?

A: Well, give the gift to someone whom you know is the most pious – who most prefers to follow Islam as the purpose of his/her life. However, note that you should try to give gifts to everybody.

Q19: Should I buy book instead of reading it online?

A: Note below:

- It is generally difficult to read a book online as compared to reading a hard copy of the book.
- One can focus better on physical books.
- There is also less eye strain.
- It has been discovered that reading physical books leads to more memory retention.
- But to top it all, our eyes are Allah's blessings. And the best way to take care of our eyes is to do what is better for them. So, buying books is better.
- Also, our pious elders in religion (اسلاف) wrote and read books. Writing and reading pamphlets is even proven from Sahaba رضي الله عنهم

Q20: As a Muslim girl, which books should I buy?

A: You should first buy Islamic books related to the pious women in history, which are as follows:



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



- The sacred daughters of Prophet Muhammad ﷺ - Zainab, Ruqqayah, Umm-e-Kulsoom and Fatima رضى الله عنهم
- The امهات المومنين, notably Hazrat Khadija and Hazrat Aisha رضى الله عنهما
- All the other صحابييات (may Allah ﷻ be pleased with all of them)
- Hazrat Marium عليها السلام
- Hazrat Asiyah - the wife of Fir'oun
- Mother of Hazrat Marium عليها السلام
- Mother of Hazrat Musa عليه السلام
- Sister of Hazrat Musa عليه السلام
- Hazrat ساره - wife of Ibrahim عليه السلام and mother of Ishaq عليه السلام
- Hazrat باجره - wife of Ibrahim عليه السلام and mother of Ismail عليه السلام
- Wife of Ayub عليه السلام
- Hazrat Hawwa - the wife of Adam عليه السلام
- Daughters of Shoaib عليه السلام
- Daughters of Lut عليه السلام

After this, you can also read books which increase your general or subject knowledge. **But remember that the Holy Quran has the most right over you.** Read Quran every day and try to understand it.

Q21: I was once faced with an extremely tough situation which made my blood boil? What to do?

A: Ah! Here is your real test.

Allah's Messenger (ﷺ) said, "*The strong is not the one who overcomes the people by his strength, but the strong is the one who controls himself while in anger.*" [Bukhari, 6114]



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



If you can control your anger, you indeed have a strong faith and this is one indication of best behavior.

Q22: Well, this Hadith is indeed beautiful. What if someone doesn't attempt to control his anger?

A: Ah! Good question. It is better for Muslims to control their anger. Because:

- People generally regret their previous display of anger.
- When they display anger, they can commit sinful actions, e.g., hitting, killing, abusing, or criticizing someone along with getting jealous of somebody. This can lead to many disasters for many people.

So, the limits of good behavior are easily crossed when one is angry. So, it is better for everyone to control his anger.

Q23: Ok. I understand but it is very difficult to control my anger. How can I start doing it?

A: You are right. It is difficult. However, inshaAllah it will become easy for you if you do the following on getting angry:

- If you are standing, then sit down
- If you are sitting, then lie down
- Drink water
- Say اعوذ بالله من الشيطان الرجيم
- Learn to show restraint - Calm yourself
- Think of the consequences of getting angry.
- Make dua to Allah Taala to help you overcome your anger



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



- Think about those incidents in the life of Muhammad ﷺ in which he always controlled his anger.

Q24: Great maashaAllah! Can you list one such incident?

A: Once a Bedouin came to Prophet ﷺ and the Prophet ﷺ was wearing a cloak of Najran. The Bedouin pulled this cloak so violently that it left a mark on his blessed shoulder. Then the Bedouin demanded money. But the Prophet ﷺ only turned towards the Bedouin and smiled and then ordered that the money be given to him. [Bukhari, 3149]

Q25: MaashaAllah! Salawaat on our Prophet ﷺ. Can you relate one more such incident?

A: Yes, the famous incident of Taif. When Prophet ﷺ went to give them dawah of Islam, the people of Taif rejected him and the young boys of Taif started to throw stones at him (العياذ بالله). The Prophet ﷺ didn't argue with them nor turned angry. Later, angel Jibrail عليه السلام came to him with the angel of the mountains and told Prophet ﷺ that this angel could crush Taif between its mountains only if Prophet ﷺ ordered it. But the Prophet ﷺ refused and hoped that the later generations of Taif will worship Allah Taala. [Bukhari 3231]

والله اعلم بالصواب