



Under the Supervision of
Shaikh Azhar Iqbal (MZA)



Salah and Tarbiyah Q&A – Part 7

Age Group: Ages 6-12 years

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Salah Q&A

Q1: I am a Muslim girl, and I say my Salah at home. Can I say my Salah a bit late, or do I have to say it immediately as soon as it is time?

A: Please note below:

- Since we must say our Fard (obligatory) Salah our whole life, it is best for you to say your prayers as soon as it is time for Salah
- For this, keep track of the Salah timings – you don't need to wait for hearing the azaan from the masjid
- If you keep delaying your Salah, then Iblees might make you delay until the time for Salah runs out.

Q2: Can I look up during Salah?

A: No, you are not allowed to look up during your Salah. Note below:

- If you move your eyes here and there, it is مكروه تنزيهي (disliked)
- If you move your neck to look here and there, it is مكروه تحريمي (so much disliked that it is a big sin)
- If you move your chest (upper part of body) away from Qiblah to look, then you need to repeat your Salah.



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Q3: I know now that intention (نِيَّت) in Salah is Fard. Should I do it loudly or in a soft voice? Or should I just make intention in my heart/mind?

A: It is not obligatory to say it out loud or to say it softly. It is enough to make the intention in your heart/mind if you don't want to say it. Just think:

- “I am going to say Fard/Sunnah/Witr Salah of Fajr/Zuhr etc.”
- “I am going to say Nafal Salah”

Q4: If I sneeze during salah, then what to do?

A: If you sneeze during Salah, then this has no effect on your Salah. Just sneeze and continue with your Salah. Note below:

- Don't say “alhamdulillah” when you sneeze during Salah
- If you accidentally say “alhamdulillah”, just continue with your Salah and don't do this next time
- If you hear someone sneeze during Salah, then don't say “يرحمك الله” otherwise you will need to repeat your Salah.

Q5: If I feel a yawn during salah, then what to do?

A: According to hadith, yawning is from Iblees. Note the following:

- Try your best to first suppress your yawn
- If you cannot suppress your yawn, and you are in قِيَام, then place the front part of right hand over your mouth. If not in قِيَام, place the back part of right hand over your mouth.
- In اتَّحِيَات, if you yawn at the time of raising your right hand finger for تشهد, then use back of your left hand at that time
- When you are yawning, stop your قِرَات at that time.



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Q6: If I feel the urge to let out air during salah, then what to do?

A: Please note below:

- If you feel the urge to let out air, try to suppress it.
- If you let out air during Salah, your wudu will be broken, and you will need to repeat your Salah.
- If it is impossible to control it, then say salaam immediately and repeat your Salah later.
- If very little time for Salah remains, then it is better to speed up and complete Salah. time running away, then speed up.

Q7: When am I allowed to pray my salah while sitting?

A: You are only allowed to pray while sitting if you are sick such that this sickness prevents you from doing قيام, and it is unbearable to do قيام, for example, if you have back pain, or you are feeling too weak due to some illness, or you are so tired that you are 100% sure that you cannot do قيام.

Q8: What is the basic method of saying salah while sitting?

A: It is the same as the Salah with قيام, except that you are sitting in اتحيات rather than standing in قيام. All other actions remain the same.

Q9: Do I get the same reward for saying salah sitting as I do for saying my salah with قيام (standing)?

A: Note below:



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- If you say your Fard, Witr and Sunnah Moakkadah sitting down without any valid excuse, then your Salah will not be accepted. You will need to repeat it. Otherwise, you will get full reward if you say with excuse.
- If you say Nafal sitting down without any excuse, then you get only half the reward of the Nafal with قيام.

Q10: What is the easiest way for me to say Tahajjud prayers?

A: The easiest way to say your Tahajjud is to say 2 rakat of nafal prayer before sleeping with the intention of Tahajjud. But try to get up before Fajr also and if you get up, then read Tahajjud again.

Q11: What is “takbeer”?

A: Takbeer means to say “الله اكبر”

Q12: Ok why do you call the first takbeer of Salah as takbeer-e-tehrima?

A: Tehreem (تحريم) means to restrict or prohibit something. When we say “Allah o Akbar” at the beginning of Salah, then many things become haram (prohibited), e.g., talking, looking elsewhere, responding to people etc. That is why the first takbeer is called “tehreema”.

Q13: What is taooz (تعوذ)?

A: Taooz means to say “اعوذ بالله من الشيطان الرجيم”



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Q14: What is tasmiyah (تسمية)?

A: Tasmiyah means to say “بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ”

Q15: When should I say taooz and tasmiyah in Salah?

A: In the first rakah (unit) of each Salah, when you have finished the Sana (سبحتك (اللهم)), then you say taooz and tasmiyah before starting Surah Fatiha. In all the remaining rakah (units), it is sunnah to say only tasmiyah before starting Surah Fatiha.

Q16: What is qoma (قومه) in Salah?

A: Qoma means to stand straight (your back should be straight) for at least 2-3 seconds after doing ruku. Saray aaza skoon (al-alaa once)

Q17: What is jalsa (جلسه) in Salah?

A: Jalsa means to sit with your back straight for at least 2-3 seconds during the two sajdah.

Q18: Can I skip qoma and jalsa if I am in a hurry?

A: If you don't stand and sit straight in Qoma and Jalsa, then it is like “stealing” from your Salah (نستغفر الله). So, you should always do your Qoma and Jalsa properly.



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Tarbiyah Q&A

Q1: What are the names of the sacred and most respected daughters of Prophet Muhammad ﷺ?

A: Prophet Muhammad ﷺ had 4 daughters. They are as follows (eldest to youngest):

1. Hazrat Zainab رضى الله عنها
2. Hazrat Ruqayyah رضى الله عنها
3. Hazrat Umme-Kulthoom رضى الله عنها
4. Hazrat Fatimah رضى الله عنها

Q2: What to do if I get an urge to yawn?

A: You should first try to suppress your yawn if possible. If not possible, place the front of your right hand over your mouth while yawning. Don't yawn with your mouth open.

Q3: How much time should I give to my parents every day?

A: Well, you should sit and talk with your mother and father every day for at least 15 minutes. But the more time you give them, the better.

Q4: Can I use smart phones and other gadgets while conversing with parents?

A: Not, not at all. Don't use any smart phones or other gadgets while talking with them. It is disrespectful. Similarly, avoid using gadgets when anyone is talking with you.



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Q5: OK, what should I talk about with my parents?

A: Please note below:

- You can tell them about your studies in school and in tuition, your friends, and your other activities.
- You can also discuss with them any problems you are currently facing. You should take advice from them regarding studies, behavior and religious obligations.
- It is also good to remain silent in front of your parents and respond to them when queried.

Q6: If my parents call me (for some work) and I am studying and busy, what to do? (I don't want to leave my studies)

A: Even if you don't want to leave your studies, you should immediately respond to your parents' call when they call you.

Q7: What if my parents are not saying their Salah. What should I do then?

A: If your parents are sinning, e.g., they are not saying their Salah, or they are getting angry at everybody all the time, or they are misbehaving with neighbors without any reason, then you should explain to them very politely that they are making a mistake.



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Q8: Ok, does this mean I am allowed to find faults in my parents?

A: Definitely not. If I start criticizing my parents (in my heart or through tongue) every day, then it would be a huge sin, and Allah Taala will not be happy with me definitely. As children, we are only allowed to explain politely to parents if we need to explain anything.

Q9: OK I tried to explain to my parents once that they should say Salah, but they got angry in return.

A: It is not a problem at all. Parents love their children. If you always talk to them politely and lovingly, their anger will subside. Make دعا (du'a) for them also after every obligatory prayer.

Q10: If I want to have a party at my house with my friends, what should I do?

A: You should first inform your neighbors that your friends would be coming, and it might get noisy so they should not feel disturbed. You should also arrange car parking for your friends and help your mother in preparing food for them.

Q11: Sometimes I see old people driving cars. Are there any instructions I need to follow regarding that?

A: If you see old people driving cars, then be careful when they pass by (they might make mistakes due to their old age). If you are also driving, then assist them with their driving, e.g., by giving them way to pass, not honking your horn at them due to their slow speed, forgiving their driving mistakes etc.



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Q12: I know that I should be the first to say “assalamoalaikum” when I meet someone. I don’t know the method of shaking hands. How to do them?

A: Shake hands by using both hands and with a smile. This is sunnah and gives a lot of respect to the other person.

Q13: What are the other things I should know about regarding passing salaam to people?

A: Please note below:

- Be the first to say “assalamoalaikum”
- Respond to salaam with a better response
- For “assalamoalaikum”, say “walaikumussalam warahmatullah”
- For “assalamoalaikum warahmatullah”, say “walaikumussalam warahmatullah wabaraktuhu”

Q14: I go to my friend’s (Ahmed) house. 5 more friends are with me. Ahmed lives in an apartment. We have to take off shoes outside his apartment. How to do it?

A: Keep your slippers in a disciplined and arranged way and they should not create any obstruction for passers-by (so that they need to jump over the shoes)

Q15: If I am a guest at someone’s house and my host brings food for me. How should I behave in this situation?

A: Please note below:



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- If the host asks you “what do you want to eat?”, then say “whatever you think is feasible”
- When the host brings the food, don’t start moving around or arranging the plates – let the host do it
- Don’t say anything while the host arranges food for you on the table-cloth
- Don’t give any recommendations to the host on the distribution of the food
- Don’t ask anything which is not on the table (but you can ask for water).

Q16: How much fast food should I eat?

A: Once a week is more than enough to eat fast food.

Q17: I take ketchup with my fast food but sometimes, some ketchup is left. What to do?

A: Ketchup is also Allah’s rizq. Save the ketchup in the fridge and eat it later on.

Q18: How much should I talk while eating?

A: It is best not to talk too much while eating and try to finish your food at a brisk pace.