

DAY ONE

quiet time

The Power of One Person

Have you ever thought about the significance of the statement, “one matters” or “it only takes one” or “there is power in one”?

One test score can impact your final grade.

One choice on the field or court could win or lose the game.

One out of tune instrument can change the sound of music.

One wrong turn can get you lost.

One _____ can _____.

Do you think one person can make a difference?

Do you think one decision can make a difference?

The power of one is a big deal. One choice or discussion can change everything in a moment. One action can cause more to happen than anyone could ever imagine or stop something from taking place at all.

One person can make a lasting impact on others.

Read the verses below and match the ways of influence.

- | | |
|----------------------------|---------------------------------------|
| Proverbs 13:20 | Others can keep you from obedience |
| 1 Timothy 4:12 | Bad company is a negative influence |
| 1 Corinthians 15:33 | Be influenced by wise people |
| 1 Peter 3:15 | Encourage growth with other believers |
| Galatians 5:7-9 | Use your witness and defense of faith |
| Proverbs 27:17 | Believers need to set the example |

influence

The power or capacity to have an effect on the character, development, or behavior of someone or something.

A person with influence has the ability to sway the actions and decisions of others and they typically have “followers” who want to behave just like them. Someone who is in a position of authority or power is someone who has influence.

Who is someone, past or present, that has a lot of influence in the following roles?

- | | |
|------------------------|-------|
| Historical Influence | _____ |
| Celebrity Influence | _____ |
| Spiritual Influence | _____ |
| Friend/Peer Influence | _____ |
| Social Media Influence | _____ |

What are some character traits of these people that make them so influential?

Have you ever considered yourself to be an influence on someone else? Why or why not?

Spend time in prayer asking God for good influences in your life and for ways you can positively influence others.