

"To be or not to be, that is the question." -Shakespeare

Dear Valued Clients,

The true essence of "being" is a way of living, to "exist," to be "free," or to be "whole." The Journey of Be comes from my dream for people to experience "fulfillment" as they travel through life. It is about coming back, full circle as we alter and change. A "moment" to step outside of "doing" so that we can just "be," even if only for an hour.

Truly, thank you greatly to my many loyal clients, as well as those who stop in for a one-time massage. Thank you for referring others to The Journey of Be. I move closer to my dreams because of you; and I am inspired to always provide my best.

You deserve the reward of a peaceful massage!

I believe that if we focus on changing ourselves, that is how we change the world. The greatest gift I can receive from you is feedback in areas that may be potential blind spots to me; so please never hesitate to share your experiences at The Journey of Be.

I hope that together we can live well and grow on!

Sincerely,



Jeremiah DeBoer, LMT

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