

# Envision Well-Being, LLC

## Resources for Collaborative Leaders

### Adaptive Leadership

- NACCHO [Adaptive Leadership and Public Health Video](#).
- Region IV Public Health Training Center. (2021) [Adaptive Leadership for Public Health Podcast](#).
- NACCHO [Adaptive Leadership Resources](#).
- Heifetz, R. (2009) The Practice of Adaptive Leadership: Tools and Tactics for Changing Your Organization and the World. Harvard Business Press.

### Appreciative Inquiry

- [Introduction to Appreciative Inquiry](#) - Learning Appreciative Inquiry online resource from the de Beaumont Foundation
- Stavros, JM. Godwin, LN. Cooperrider, DL. [Appreciative Inquiry](#). In "Organization Development and the Strengths Revolution."

### Authentic Leadership

- George, B. Sims, P. Gergen, D. and Gergan, D (2007) [True North: Discover Your Authentic Leadership](#). Wiley & Sons

### General Leadership Resources

- Brown, Brene'. (2018) Dare to Lead. Random House. London.
- Goleman, Daniel. (2013). [The Focused Leader](#). Harvard Business Review.
- Northouse, P. (2021). Leadership: Theory and Practice. Ninth Edition. Los Angeles: Sage Publishing.

### Gratitude and Joy

- Emmons, R.A. (2007) Thanks!: How the New Science of Gratitude Can Make You Happier. Houghton Mifflin. New York.
- NACCHO (2022) [Joy in Work Toolkit](#).
- Perlo J, Balik B, Swensen S, Kabcenell A, Landsman J, Feeley D. [IHI Framework for Improving Joy in Work. IHI White Paper. Cambridge, Massachusetts: Institute for Healthcare Improvement; 2017](#).
- [Gratitude video](#). Benedictine monk David Steindl-Rast

### Personal Productivity

- Nir Eyal (2019) **Indistractable: How to Control Your Attention and Choose Your Life**. BenBella Books.

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### Public Health Ethics

- APHA (2019) [Public Health Code of Ethics.](#)
- Gostin, L. O. (2001). [Public health, ethics, and human rights: a tribute to the late Jonathan Mann. J Law Med Ethics 29\(2\), 121-130.](#)

### Regenerative Leadership

- Hutchins, G. & Storm, L. (2019) Regenerative Leadership. Wordzworth.
- [Sturnick JA \(2004\) The Art of Regenerative Leadership. Education and Culture 20\(1\):42.](#)
- [CEOs, Are You Ready to Become Regenerative Leaders?](#) Forbes Magazine 4/18/23

### Systems Thinking

- [Meadows, DH \(2001\) Thinking in Systems: A Primer.](#)
- [Systems Innovation Network](#)
- Cabrera Labs. [Systems Thinking Resources.](#)
- Cabrera Labs. [Systems Thinking: A Little Film About a Big Idea.](#)

### Trust

- Covey, S.R.M (2006) The Speed of Trust. New York. Free Press.

### Well-Being and Thriving

- Visser, Wayne (2022) Thriving. Greenleaf Book Group. New York.