

SPEAKER KIT: Mandy McIntyre



LEVEL UP CONSULTANTS

www.levelup-consultants.com

SPEAKER REFERENCES:

2023 on-site speaking engagements

National Women in Roofing Day, February 2023, Dallas, TX

Topic: The Value of Mental Health Awareness in Construction

National Roofing Contractors Association FEI 10, February 2023, Dallas, TX

Topic: Mental Health & Suicide Prevention

Stevens Safety Summit , February 2023, Chicago, IL

Topic: Mental Health & Suicide Prevention in Construction

Hayne Peer Group Meeting, February 2023, Ft. Myers, FL

Topic: Leadership & the Labor Shortage

Kent State University Construction Management, February 2023, Kent, OH

Topic: Mental Health & Suicide Prevention in Construction

Construction Working Minds Summit Presentation, March 2023, Kansas City, MO

Topic: Mental Health First Aid for Construction

Geauga County Safety Council, April 2023, Middlefield, OH

Topic: Stress Management for the Workplace

Midwest Insulation Contractors Conference, June 2023, Colorado Springs, CO

Topic: The Value of Mental Health Awareness in Construction

Tremco, August 2023, Cleveland, OH

Topic: Foundational Principles of Diversity, Equity & Inclusion in the Workplace

Weathershield Safety Summit, September 2023, Grand Rapids, MI

Topic: Mental Health & Suicide Prevention in Construction

Midwest Roofing Contractors Conference, October 2023, Omaha, NE

Topic: The Value of Mental Health Awareness in Construction

Women in Residential & Commercial Construction, October 2023, Nashville, TN

Topic: It Takes More Than A Hardhat to Keep a Head Safe

AGC Human Resources Conference, October 2023, Atlanta, GA

Topic: It Takes More Than A Hardhat to Keep a Head Safe

Construction Financial Management Association, November 2023, Dallas, TX

Topic: Gender Equity in Construction

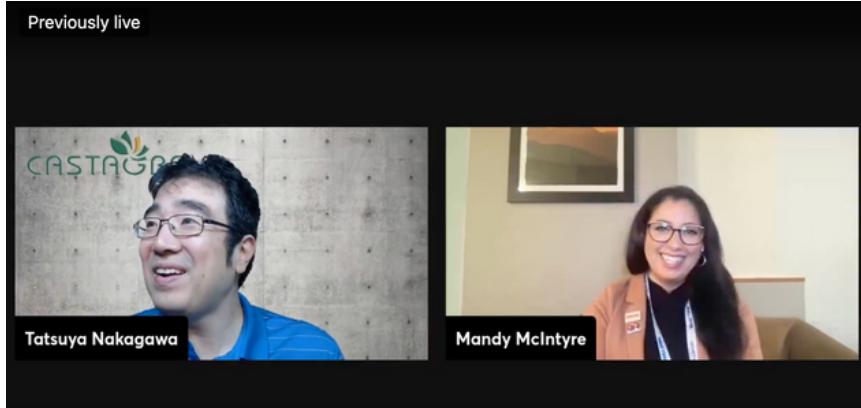
Reviews:

- *"Loved the speaker content."*
- *"Delightful, good information and research, very good speaker."*
- *"Energetic & informative, got audience to interact."*
- *"Great speaker."*
- *"Would highly recommend to others who need a speaker."*
- *"Easy to understand and charismatic."*



WEBINARS & PODCASTS:

Links to watch/listen on each image



Free for NRCA members

Mental Health Awareness in the Roofing Industry

Wednesday | TIME
AUGUST 10TH | 1:00 PM CDT

[REGISTER NOW](#)

MANDY MCINTYRE
OWNER, LEVEL UP CONSULTANTS

MENTAL HEALTH AWARENESS IN THE WORKPLACE

November 10, 2022 7 am PT / 10 am ET

MANDY MCINTYRE

CHRISTEE HOLBROOK

DIFFICULT CONVERSATIONS AND ADDRESSING MENTAL HEALTH YEAR-ROUND

Register for this **free** Construction Suicide Prevention Week webinar

FEATURING

MANDY MCINTYRE
Owner & President
Level Up Consultants

ALONGSIDE OTHER MENTAL HEALTH AND CONSTRUCTION SAFETY EXPERTS

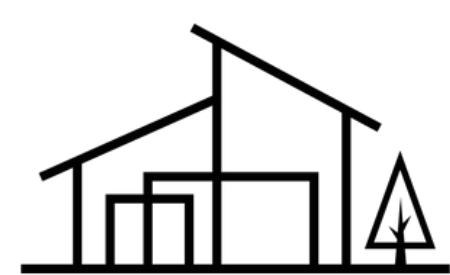
TUESDAY, AUG. 30
10:30 A.M. CDT ON ZOOM

CONSTRUCTION SUICIDE PREVENTION WEEK
ConstructionSuicidePrevention.com

STORIES

of an

EXTRAORDINARY INDUSTRY



BIO



Mandy McIntyre

Founder / Principal
Level Up Consultants
Cleveland, Ohio

Mandy McIntyre is the visionary behind Level Up Consultants. Prior to venturing into entrepreneurship, she amassed a decade of experience in the roofing industry, holding the position of Vice President at a Cleveland-based roofing contractor. Mandy's roots in construction run deep, having grown up in a family that owned and operated a small general contracting business.

Dedicated to fostering diversity, equity, and inclusion, Mandy currently serves as the Chair of the DEI Committee on the Board of Directors for National Women in Roofing. Her commitment to mental health advocacy is evident in her role on the Construction Suicide Prevention Steering Committee. Here, she collaborates with OSHA and industry supporters to raise awareness about mental health in the construction sector.

Mandy wears multiple hats as a registered Mental Health First Aid instructor certified by the National Council for Mental Wellbeing. Additionally, she is a Yoga Alliance-certified yoga and meditation instructor, blending holistic approaches to well-being. Mandy's pursuit of knowledge is reflected in her completion of Cornell University's DEI program and Harvard University's Leadership Principles program, showcasing her dedication to personal and professional growth.



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SPEAKING TOPICS:

- **Mental Health Awareness**
- **Suicide Prevention in the Workplace**
- **Understanding Addiction and Substance Use Disorder**
- **Narcan / Naloxone for the Workplace**
- **Stress Management**
- **Diversity, Equity & Inclusion**
- **Leadership & Company Culture**
- **Employee Engagement**
- **Women in Leadership**
- **Communication Skill-Building**
- **Gender Equity**
- ***Custom curated sessions available***

*Email Mandy McIntyre at
mmcintyre@levelup-consultants.com
or call 216-409-8537 to learn more about speaking
engagements and workshops.*



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