

# CRISIS: SUBSTANCE USE CRISIS

**An overdose** means having more of a drug (or combination of drugs) than the body can cope with.

An overdose is a very serious situation that requires immediate medical attention.

**Call 911 right away.**

**Naloxone** can reverse an opioid overdose, such as heroin and prescription pain medications, potentially saving someone's life. You can get additional information about naloxone in the **resources section**.

## Key Actions:

Call 911.

Place the person in the recovery position while you wait for help to arrive. Do not use the recovery position if the person has a head, back or neck injury.

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## Overdose Recovery Position



1. tilt head back, lift chin to open airway

2. turn to one side, place hand against chin

3. bend knee against floor

4. tilt head back, check breathing

5. call emergency and wait till it arrives