



HIGHER RISK SPORTS

(No Phase Given)

- **Sports Include:** Football, Wrestling, Cheer & Dance which includes stunts.

PHASE 4

- **MODERATE RISK sports practices and competitions may resume.**

- **Sports Include:** Basketball Soccer • 7 on 7 Football • Swim Relays

These sports are considered low risk with appropriate cleaning of the equipment and use of player masks:

- Baseball • Softball • Volleyball • Gymnastics • Tennis • Bowling • Pole Vault • High Jump • Long Jump

PHASE 3

- **Lower risk sports practices and competitions may resume.**

- **Sports Include:** Cross-Country with staggered starts • Throwing Events (javelin, shot put, discus) • Golf • Individual Swimming • Weight Lifting • Performance and non-competitive Dance/Drill with no stunts.

PHASE 2

- **Modified practices** with nobody touching the same ball.
- No shared equipment.
- Balls may be used but touched by only one player.

PHASE 1

- **No practices or gatherings.**

Total Uncertainty

The Pandemic Has Shook Us Up & Caused Confusion

Editorial by Jeff Place

BACK IN MARCH, when the reality of COVID-19 shut down our life, little did we know that it would change the world as we knew it.

Four months later, we are living day-to-day wondering how it will play out. One thing is for sure — we will probably never get back to the old normal.

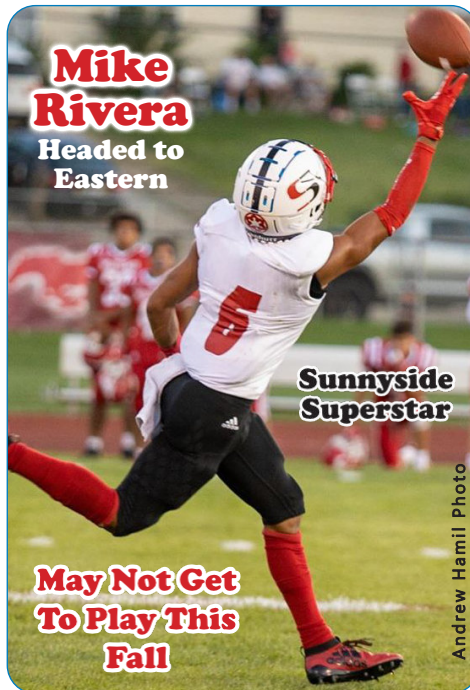
Jobs have and will continue to be lost, nobody really knows what the new school model will be (expect an announcement soon) and fall sports probably won't happen.

Schools may be online only, a hybrid of in-class plus partial in-building learning but nobody is returning to a five-day-a-week full class model.

The reason is obvious — the Coronavirus.

We continue to see information change daily as schools and colleges make announcements on their fall plans.

Several have delayed football, cut their schedules or moved to the spring. In



Mike Rivera
Headed to Eastern

Sunnyside Superstar

May Not Get To Play This Fall

Andrew Hamil Photo

even that is doubtful.

When spring sports was delayed and canceled this past year, everyone was in shock. Because this had never happened in our lifetime.

Sports is a major part of our life for all ages and it affected far more than the just the athletes.

Parents, grand parents and fans lost something that took them away from the stress of daily life.

Right now, fields and stadiums lie empty with no word on when they will be filled again.

Whether you agree with it, or don't, the fact is COVID-19 has affected us by ripping away our lives and we have had to go cold turkey when it comes to watching or participating in sports.

There have been some who have been able to circumvent the rules but the fact is this pandemic is not going away.

On the following pages, you will see information on the virus and sports, let's hope we get a vaccine. ♦

the case of the Ivy League, they will not play this academic year.

Junior college football has moved to the 2021 spring and high schools in the state are expected to have their fall season ended by the WIAA.

Major colleges like the Big Ten and Pac-12 have announced they will only play conference schedules, but with the virus numbers spiking in several states (some breaking records),



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EDITOR'S COLUMN

Jeffrey L. Place

BET YOU DIDN'T KNOW ...

They say that tough times make tough people. We are surely going to find that out in today's uncertain world.

But you never know how adversity can change your world for the better.

In 1976, the San Francisco 49ers were coming off three dismal seasons.

So they hired a bright, new coach named Monte Clark, who led them to an 8-6 record. He injected enthusiasm and hope into the franchise.

The team was sold in the off-season and Clark left due to differences with the new general manager, Joe Thomas.

A success everywhere he had been, Thomas destroyed the team and they were a laughing stock 2-14 by 1978.

Eddie DeBartolo Jr., The team's owner knew he had to do something, so he fired Thomas and hired a college coach named Bill Walsh.

Because the team lost several draft picks due to Thomas' mis-management, the team missed on several of the drafts top quarterbacks (like Phil Simms), so they settled for a late third rounder in Joe Montana.

If the team doesn't flounder, the great 49er dynasty never would have happened.

Looking for A Hero

We Need Someone to Give Us Hope Again

The loss of sports (along with jobs, lifestyles, etc.) due to COVID-19 has been devastating.

Nobody seems to know what the future holds and speculation seems to change daily.

This virus has done things that even World Wars, assassinated Presidents and other major world events have never done before; cancel sports indefinitely.

Now this wouldn't be a problem if we lived when the country was founded or during the Civil War, or even around the turn of the century.

But it didn't.

It happened now. When we, as a culture, use sports as an activity, to watch our loved ones play or even perhaps, cheer on our favorite team.

We, as a nation, are going through some serious withdrawals.

It might be OK a week or two, but four months is hard!

I have spoken to several people who are suffering depression because they lost their senior year of sports or may lose it this fall and coaches who are fit to be tied.

The anger from this is tough to deal with at times, and as a guy who makes a living though sports, I am

worried.

I coach, write and broadcast sports and without it, I am sure my sponsorship's will go away after a while.

That not only worries, but scares me.

Now, I read a lot of different reports and I know the death toll is low. But we are dealing with a virus in which we really know little about.

I have heard about long-term health effects, and I don't know about you, but I don't want any of those.

I have also heard the comment that it is political.

That, I don't know, but I know we are pretty much playing a waiting game unless revolution happens.

What we need is a hero—a sports hero who can do something so remarkable that we forget our troubles.

With high schools surely shut down (online only I am guessing), college sports being canceled and pro sports soon to follow, we need a Cal Ripkin Jr. Or a Mark "The Bird" Fidrych.

Baseball was reeling after being on strike and Ripkin broke Lou Gehrig's all-time record when they returned.

I still remember the cheers and the way he went around the stadium, thanking the crowd.

The WIAA will make a ruling on fall sports on Wednesday, July 22. Because of the rise of COVID-19 numbers across the state and Governor Inslee's slowdown, we expect them to cancel fall sports or perhaps, table until September. Expect middle fall sports to be canceled.

That saved baseball.

Mark Fidrych saved baseball in Detroit.

They were a hapless, last place team when he burst on the scene in 1976.

He was brought up a month in the season to fill a spot and ended up a starter.

The 21-year-old from Massachusetts went 19-9 with a 2.34 ERA, completed 24 of 29 games and sold out every stadium he pitched in.

He started the All-Star game and was known for his crazy antics like talking to the ball, congratulating teammates and manicuring the mound every inning.

His career pretty much ended the next year when he injured his knee in pregame warm-ups shagging fly balls which eventually led to a torn rotator cuff.

Ripkin and Fidrych are just two examples of sports heroes that helped us heal at a time, when we were struggling emotionally.

Let's hope we find another one real soon. ♦

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GRACE BESTEBREUR • PROSSER MUSTANGS • FASTPITCH SOFTBALL • JUNIOR

There were several disappointed spring sports athletes this past year and one who was hurt by the inactivity was **Grace Bestebreur** of Prosser. She was poised to have an outstanding junior season after putting a lot of work in the off-season. Last year, she was one of coach Steve Yager's best players as the team won the CWAC Division 2 championship. (She *never* struck out all season.)

However, she is currently at Oklahoma City, Oklahoma competing for the 2020 USA Softball Gold National Championships with her team, USA Explosion and getting her work in.

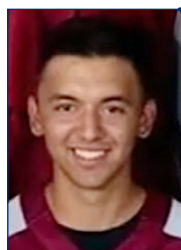
Bestebreur also competes in swim and girl's basketball. She carries a 3.90 GPA, has won the WIAA Athlete of the Week award. She lettered her freshman and sophomore years in softball and was the team Captain and MVP.

LILY FETZER • WEST VALLEY RAMS/EASTERN WASHINGTON U • CROSS-COUNTRY • FRESHMAN/EWU

West Valley has been blessed with several good athletes through the years and sometimes, you find a standout who performed under the radar. **Lily Fetzer** of Yakima is one such athlete.

A point guard on the Lady Rams' basketball team the past two winters, she will be using her legs when sports resumes at Eastern Washington University.

She recently earned a sports scholarship to the Eagles and was a former participant at the WIAA State 4A championships in both cross country along with track and field. She was a Columbia Basin Big Nine District Champion in the 800-meters. She lettered four times in track, three times in soccer and once in cross country, along with basketball. Her parents are Billy and Kimberly Fetzer. She is nicknamed, "Lil."



ANGEL MORALES • GRANDVIEW/YAKIMA BEETLES • BASEBALL • GRADUATED SENIOR

One player who is benefiting from the Yakima Beetles' decision to play a summer independent baseball schedule has been **Angel Morales** of Grandview.

Morales pitched a two-hitter with seven strikeouts as Yakima finished 2-2 in its fourth consecutive tournament in Montana. This past spring, he was expected to be a key for the Hounds' baseball team.

A three-year captain for Grandview, he was the team's ace and was poised for a big year this past spring before it was shut-down due to COVID-19. Greyhound teammate,

Hunter Kleinow is also having a good year with the Beetles and earned the Grandview Chamber's Student of the Year along being ASB Treasurer, National Honor Society member and Homecoming King.

MIKE RIVERA • DAVIS PIRATES • FOOTBALL AND TRACK • FRESHMAN/EWU

If you never watched **Mike Rivera** play football or run track at Sunnyside High School, you missed quite a treat. He was electric on the gridiron and was a threat to score every time he touched the ball. As a junior, he led the Big Nine in receiving with 52 catches for 1106 yards and 13 TD's. Last year, he was second in receiving even though he was better (66-1106, 13 TD's.) During his career, he had 12 100-yard receiving games and a career total of 151 catches.

He is also one of the state's top sprinters and will be taking his talents to Eastern Washington University in Cheney. Born in Puerto Rico, Rivera was the MVP in the Columbia Basin Big 9 Conference as a senior, and was a unanimous first team All-Big 9 choice as a wide receiver and defensive back. His junior year in track, he placed in the top eight in both the 100 (4th) and 200 meters at state. Interested in majoring in athletic training at Eastern.



KAITLYN ROETTGER • GRANGER SPARTANS • GIRLS BASKETBALL • YAKIMA VALLEY COLLEGE

Leaders of tomorrow are what's needed in today's uncertain world and one has been prepped in **Kaitlyn Roettger**, who recently graduated at Granger High School.

A three-sport athlete for the Spartans (Basketball, Volleyball, Tennis), she is an aspiring dental assistant, who plans on attending YVC to get her pre-requisites done for a further degree in Dentistry.

At Granger, she was the ASB President, Vice-President for Dental at YV-Tech, was the Drama Club President, earned leadership awards and was named the Spartans' "Most Outstanding Female of the Year". Kaitlyn was also involved in FFA and was on the Dean's List. She earned a \$25,000 scholarship from U.S. Dept. of Education and the Health Science Education. She is the daughter of Mike and Angel (Cardenas) Roettger.



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Phase Guide to High School Sports



Possible Choices

Could the 2021 Sports Season Look Like This?

How high school sports plays out is anyone's guess.

Here are three choices we have come up with wrestling being the only major sport that would have to compete against different activities if the new season starts in January, 2021.

PLAN A:

FALL 2020

(Sept. 7 - Nov. 9)

(Phase 3: Lower Risk Sports)

- Cross Country (Fall)
- Golf (Spring)
- Slowpitch (Fall)
- Track (no relays) (Spring)
- Girl's Individual Swim (Fall)

WINTER 2021

(8 Weeks: Jan. 4 - Feb. 27)

(Phase 4: Moderate Risk)

- Basketball (Winter)
- Bowling (Winter)
- Boy's Swim (Winter)
- Cheer/Dance & Drill (Wntr)
- Gymnastics (Winter)

EARLY SPRING 2021

(8 Weeks: Mar. 1 - April 24)

(Phase 4: Moderate Risk)

- Baseball (Spring)
- Fastpitch (Spring)
- Boy's Soccer (Spring)
- Tennis (Spring)

LATE SPRING 2021

(8 Weeks: Apr. 26 - June 19)

- Football (Fall)
- Wrestling (Winter)
- Volleyball (Fall)
- Girl's Soccer (Fall)

PLAN B:

WINTER 2021

(8 Weeks: Jan. 4 - Feb. 27)

- Basketball (Winter)
- Boy's Swimming (Winter)
- Bowling (Winter)
- Gymnastics (Winter)
- Cheer/Dance & Drill (Wntr)

EARLY SPRING 2021

(8 Weeks: Mar. 1 - April 24)

- Baseball (Spring)
- Fastpitch (Spring)
- Boy's Soccer (Spring)
- Golf (Spring)
- Tennis (Spring)
- Track (Spring)

LATE SPRING 2021

(8 Weeks: Apr. 26 - June 19)

- Football (Fall)
- Wrestling (Winter)
- Volleyball (Fall)
- Girl's Soccer (Fall)
- Slowpitch (Fall)
- Cross Country (Fall)
- Girl's Swim (Fall)

PLAN C

EARLY SPRING 2021

(8 Weeks: Mar. 1 - April 24)

- Baseball (Spring)
- Fastpitch (Spring)
- Boy's Soccer (Spring)
- Golf (Spring)
- Tennis (Spring)
- Track (Spring)
- Basketball (Winter)
- Boy's Swim (Winter)
- Bowling (Winter)

LATE SPRING 2021

(8 Weeks: Apr. 26 - June 19)

- Football (Fall)
- Volleyball (Fall)
- Girl's Soccer (Fall)
- Girl's Swim (Fall)
- Slowpitch (Fall)
- Cross Country (Fall)
- Wrestling (Winter)
- Gymnastics (Winter)
- Cheer/Dance & Drill (W)

PLAN D

SHORT SEASON SPRING

(Start Date: April/May)

If there is only one sports season, it would cause some hard choices but you can probably figure football, basketball and possibly wrestling will happen. Then soccer, maybe volleyball, track. Let's hope this hard choice doesn't happen.

3 Short Seasons

Probable January 4 Target Date

Changing Landscape

By losing four months due to the pandemic (September-December), you will probably see a new target date of January 4 for high school sports to begin in Washington.

With the state on pause and no counties at Phase 4, there is no way sports like football, girl's soccer or volleyball will be played starting in September.

With the expected flu season coming in November, it further complicates things.

So, we have come up with a plan. Careful thought was made to not have traditional sports compete against each other. (Except Plan C.)

The only exception is wrestling, which like football, is a high-risk activity. So, our feeling is there will probably be no way of avoiding them competing at the same time. (Late spring.)

Unfortunately, sports seasons will only be eight weeks long and that puts state championships for each in doubt.

Looking at all the options, there will probably be no fall sports of any kind, so that would scrap Plan A.

Plan B would start in early January and for it to work, counties would have to be in Phase 4.

If that goal hasn't been

reached and counties are still paused like they are now, then the sports start date would move to March 1.

If that presents a problem, then April or May would be looked at and kids will probably only have one sports season.

What sports are played would depend on how this pandemic has played out.

Under ideal circumstances, you can bet football, wrestling, basketball and soccer will be available.

Who the others are is a total guess.

Depending on how schools are educating kids, we feel teams would get two-a-day practices during the first week and one-a-day the second.

If two-a-days can't happen, don't be surprised to see Sunday practices.

All sports, except football, can be played twice a week, so during an eight-week schedule, they could get at least 10 games in.

Perhaps the last week, regional or league championships could be held.

It's a far-fetched idea, but we have never had sports and community events canceled as they are now.

So, let's dig in and pray for the best. Miracles do happen. ♦

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PHASE 4

No Counties are currently in Phase 4.

WHAT PHASE 4 MEANS:

Moderate Risk Sports practices and competition can begin.

- *Sports include:* Baseball, Basketball, Bowling, Gymnastics, Soccer, Softball, Swimming Relays, Tennis, Volleyball plus High Jump, Long Jump, Pole Vault along with 7 on 7 Football.
- The rules include six feet social distancing for participants and fans; hand sanitizer should be plentiful; equipment should be cleaned after each use.
- Wrestling ear guards and football helmets/ other pads should not be shared.

PHASE 3

WHAT PHASE 3 MEANS:

CAN PLAY Lower Risk Sports like Cross-Country with staggered starts; Throwing events like javelin, shot put and discus; Golf, Individual swimming; Weight Lifting plus Performance and non-Competitive Dance/ Drill with no stunts.

With appropriate cleaning of equipment and use of masks, **these sports can be played:** Baseball, Bowling, Gymnastics, Softball, Tennis, Volleyball plus High Jump, Long Jump, Pole Vault.

• **Modified practices can begin for Moderate Risk Sports.**

- No gathering of more than *10 people inside or outside.
- If locker rooms or meeting rooms are used, there must be a distance of six feet between all individuals.
- Workouts must be the same "pod" of 5-10 students always working out together. Smaller pods can be used for weight training.
- Maintain 6 feet social distancing.
- Hand sanitizer should be plentiful during practices and contests.
- Attendance should remain 50% capacity of the host venue.
- Appropriate physical distancing needs to be maintained on sidelines and benches during practices.
- Competitions should be limited to local geography.
- No shared towels, clothing or shoes.
- All athletic equipment, including balls, should be cleaned intermittently during practices and contests.
- Athletic equipment (ex-bats, balls, batting helmets, catcher's gear should be cleaned after each use.
- Maximum lifts should be limited and power cages used for squats and bench presses. Spotters should stand at each end of the bar.

* Recently Changed from 50 to 10

New Sports Rules WIAA Guidance for ALL Sports

The WIAA's Handbook for *Guidance for Opening Up School Athletics and Activities* had these points for sports regardless of the Phase the county is in.

Here are a few highlights:

- No pre-game or post-game high five's or handshakes.
- Guidelines for cloth face coverings should be strictly enforced. (They do not need to be medical grade in quality.)
- Plastic shields covering the entire face (or attached to a helmet) shall not be allowed during contests.
- Coaches, officials and other

contest personnel must wear cloth face coverings at all times. Artificial noisemakers such as an air horn or timer system can be used in place of the traditional whistle.

- There should be plentiful hand sanitizer available.
- Wash hands minimum of 20 seconds with soap and water or hand sanitizer.
- If pods of students move from one area to another, the area needs to be cleaned before another pod enters.
- Cleaning schedules should be created for facilities.
- All coaches and athletes

should be screened for COVID-19 symptoms prior to workout.

- Players or coaches who have symptoms of COVID-19 should not be allowed to participate.
- Stay home if sick or if there is close contact to someone who has contacted the virus.
- Plan for illness reporting.
- Equipment should be reconditioned if it has not.
- Mandatory WIAA Education should be online.
- Sports teams should limit travel. Travel may also be individual or with family members.

COUNTIES IN PHASE 3

Asotin County

- 2A:** Clarkston (Greater Spokane 2A League)
- 2B:** Asotin (Bi-County League)

Columbia County

- 2B:** Dayton-Waitsburg, (Eastern Washington Athletic Conference)

Ferry County

NORTHEAST 1B LEAGUE

- 1B:** Curlew, Inchelium, Republic

Garfield County

- 1B:** Pomeroy, (Southeast 1B)

Grays Harbor County

EVERGREEN LEAGUE

- 2A:** Aberdeen, **1A:** Elma, Hoquiam, Montesano
- 2B:** Ocosta (Pacific 2B)

COASTAL 1B LEAGUE

- 1B:** Lake Quinault, Oakville, Taholah, Wishkah Valley

Island County

- 3A:** Oak Harbor (Northwest Conference)
- 1A:** South Whidbey (1A Emerald Sound Conference)
- 2B:** Coupeville (Northwest 1B)

Kittitas County

- 2A:** Ellensburg (CWAC)
 - 2B:** Kittitas, Cle Elum-Roslyn (EWAC)
 - 1B:** Easton/Thorp (Central WA. B)
- ***Kittitas County has seen a rise in COVID-19 cases and are considering moving back to Phase

2. They have been averaging 113.1 cases per 100,000 people. (Need 25.) Irene Rinehart Riverfront Park was closed including access to Peoples Pond/Carey Lake.

Lewis County

EVERGREEN LEAGUE

- 2A:** Centralia, WF West
- CENTRAL 2B LEAGUE**
- 2B:** Adna, Morton-White Pass, Napavine, Onalaska, Toledo, Winlock
- 1B:** Mossyrock, Pe Ell (Coastal 1B)

Lincoln County

BI-COUNTY 2B

- 2B:** Davenport, Reardon
- 1B:** Odessa, Wilbur-Creston (Northeast 1B); Harrington (Ind.)

Mason County

- 2A:** North Mason, (Olympic League), Shelton (Evergreen 2A League)

Pacific County

PACIFIC 2B LEAGUE

- 2B:** Ilwaco, North Beach, Raymond, South Bend
- COASTAL 1B**
- 1B:** North River, Willapa Valley, Naselle (Columbia Valley League)

Pend Orielle County

- 1A:** Newport (Northeast 1A); **1B:** Cusick, Selkirk (Northeast 1B)

Skamania County

- 1A:** Annie Wright (Nisqually), **2B:** Stevenson (Central 2B)

Stevens County

- 1A:** Colville (Northeast 1A)
- 2B:** Chewelah (Jenkins), Kettle Falls (Bi-County 2B); **1B:** Col-Hunters, Mary Walker, Northport, Wellpinit, (Northeast 1B)

Thurston County

- SOUTH PACIFIC SOUND LEAGUE**
- 4A:** Olympia
- SOUTH SOUND CONFERENCE**
- 3A:** Capital, North Thurston, River Ridge, Timberline, Yelm

EVERGREEN 2A CONFERENCE

- 2A:** Black Hills, Rochester, Tumwater
- 1A:** Tenino (Evergreen 1A)
- 2B:** Northwest Christian (Pacific 2B) Rainier (Central 2B)
- 1B:** Pope John Paul II (1B Seatac League)

Wahkiakum County

- 2B:** Wahkiakum (Central 2B Lg.)

Whitman County

- 2A:** Pullman (Greater Spokane 2A), **2B:** Colfax (Bi-County 2B)
- SOUTHEAST 1B EAST CONFERENCE**

- 1B:** Colton, Endicott-Lacrosse, Garfield-Palouse, Oakesdale, St. John, Tekoa-Rosalia

Umatilla County

- 3A:** Hermiston (Tri-Cities Mid-Columbia Conference) is in Oregon's Phase 2 which is similar to Washington Phase 3.



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PHASE 2

WHAT PHASE 2 MEANS:

- No gathering of more than 6 (5 students and 1 coach) inside or outside.
 - Workouts should consist of the same students working out in their "pods" day after day. Smaller pods may be used for weight training.
 - Coaches can work with multiple pods with the appropriate social distancing.
 - Students that play multiple sports may participate in separate pods, one for each sport or activity.
 - There must be a minimum of six feet between all individuals at all times.
 - Locker rooms should not be utilized. Students should report to workouts in proper gear and immediately return home to shower at the end of the workout.
 - There is to be no shared equipment between students. (Towels, clothing, shoes, or sports specific equipment.)
 - Students should wear their own appropriate workout clothing. (Do not share clothing.) Individual towels/clothing should be washed after workout.
 - All athletic equipment, including balls, should be cleaned after every use and prior to the next workout.
 - Individual drills requiring the use of athletic equipment are permissible, but it needs to be cleaned prior to use by the next individual.
 - Free weight exercises that require a spotter cannot be used.
- EXAMPLES:**
- A basketball player can shoot with ball, but a team should not practice or pass a single ball in which multiple players touch it.
 - A football player should not participate in team drills with a single ball that will be handed off or passed to another player.
 - A volleyball player should not use a single ball that others touch or hit in any manner.
 - Softball and baseball players should not share gloves, bats or throw a single ball that will be tossed among the team.
 - A player may hit in cages or throw batting practice without a catcher. Balls should be collected and cleaned individually after.
 - Runners must remain 6 ft apart.

COUNTIES IN PHASE 2

PHASE 2 COUNTIES

** Pending Phase 3 on Hold*

ADAMS COUNTY

2A: Othello (CWAC), **1B:** Lind-Ritzville-Sprague, (Bi-County 2B), Washtucna (Northeast 1B)

CLALLAM COUNTY

OLYMPIC 2A

2A: Port Angeles, Sequim
2B: Forks (Pacific 2B), **1B:** Clallam Bay, Crescent, Neah Bay, (North Olympic League)

*** CLARK COUNTY**

GREATER ST. HELENS

4A Battle Ground, Camas, Skyview, Union

3A: Evergreen, Heritage, Mountain View, Prairie

2A: Columbia River, Ft. Vancouver (football), Hockinson, Hudson's Bay, Ridgefield, Washougal

TRICO LEAGUE

1A: King's Way Christian, La Center. Seton Catholic

2B: Columbia Adventist (Central 2B)

COLUMBIA VALLEY

1B: Cedar Tree Classical Christian, Firm Foundation Christian, Washington School for the Deaf

***COWLITZ COUNTY**

GREATER ST. HELENS

3A: Kelso; **2A:** Mark Morris, R.A. Long, Woodland

1A: Castle Rock (Trico); **2B:** Kalama, Toutle Lake (Central 2B); **1B:** Three Rivers Christian (Columbia Valley 1B)

GRANT COUNTY

4A: Moses Lake (Big Nine), **2A:** Ephrata, (CWAC), **1A:** Quincy (Caribou Trail) Royal City, Wahluke (SCAC), **2B:** Warden (EWAC)

CENTRAL WASHINGTON 1B

1B: Moses Lake Christian, Soap Lake, Wilson Creek

NORTHEAST 1B

1B: Almira/Coulee/Hartline

***JEFFERSON COUNTY (3)**

1A: Port Townsend (Nisqually) **2B:** Chimicum (Northwest 2B) **1B:** Quilcene (1B Seatac League)

KING COUNTY (84)

KINGCO

4A: Bothell, Eastlake, Inglemoor, Issaquah, Mt. Si, Newport (Bellevue), North Creek, Redmond, Skyline, Woodinville

3A: Bellevue, Hazen, Interlake, Juanita, Lake Washington, Liberty (Issaquah), Mercer Island

2A: Evergreen, Foster, Highline,



Talia von Oelhoffen of the Tri-Cities may not get a chance to break the state's all-time career scoring record if basketball is canceled or has a short season.

But, she is headed to Oregon State on a basketball scholarship. She is rated the nation's number 2 wing and 10th overall best prospect in the class of 2021.

Lindbergh, Renton, Sammamish, Tye

NORTH PUGET SOUND

4A: Decatur (Federal Way), Federal Way, Kennedy Catholic, Kentridge, Kentwood, Mt. Rainier, Tahoma,

3A: Auburn, Auburn Mountainview, Auburn Riverside, Kentlake, Kent-Meridian, Thomas Jefferson, Todd Beamer

METRO

3A: Ballard, Bishop Blanchet, Chief Sealth, Cleveland, Eastside Catholic, Franklin, Garfield, Holy Names, Ingraham, Lakeside, Lincoln (Seattle), Nathan Hale, O'Dea, Rainier Beach, Roosevelt, Seattle Prep, West Seattle

WESCO

3A: Shorecrest, Shorewood
2A: Cedarcrest (Duvall)

SOUTH PUGET SOUND

2A: Enumclaw

EMERALD SOUND

1A: Bear Creek, Bush School, Cedar Park Christian, Eastside Prep, Forest Ridge, King's, Northwest School, Overlake, Seattle Academy, University Prep (Summit Sierra - Independent)

NISQUALLY LEAGUE

1A: Bellevue Christian, Seattle Christian, Vashon Island

SEATAC 1B LEAGUE

2B: Auburn Adventist; **1B:** Muckleshoot, NW Yeshiva, Pacific Christian, Puget Sound Adventist, Rainier Christian, Seattle Lutheran

NORTHWEST 1B

1B: Shoreline Christian, Skykomish; Willows Prep (Independent)

KITSAP COUNTY

4A: South Kitsap (SPSL 4A); **3A:** Bainbridge (Metro) Central Kitsap (South Sound Conference);

OLYMPIC LEAGUE

2A: Bremerton, Kingston, North Kitsap, Olympic

1A: Klahowya (Nisqually)

1B: Crosspoint (Seatac 1B League), Chief Kitsap Academy (North Olympic 1B)

*** KLUCKITAT COUNTY**

1A: Columbia-White Salmon (Trico),

2B: Goldendale (EWAC)

OKANOGAN COUNTY

1A: Omak (Caribou Trail League)

CENTRAL WASHINGTON 2B

2B: Brewster, Lake Roosevelt, Liberty Bell, Okanogan, Oroville, Tonasket

1B: Pateros (Central WA 1B League)

PIERCE COUNTY (35)

SOUTH PUGET SOUND

4A: Bellarmine, Bethel, Curtis, Emerald Ridge, Graham-Kapowsin, Puyallup, Rogers, Sumner

2A: Clover Park, Fife, Foss, Franklin Pierce, Orting, Steilacoom, Washington, White River

PIERCE COUNTY LEAGUE

3A: Bonney Lake, Lakes, Lincoln (Tacoma), Mount Tahoma, Spanaway Lake, Stadium, Wilson; **Gig Harbor, Peninsula (**South Sound 3A)

NISQUALLY LEAGUE

1A: Annie Wright, Cascade Christian, Charles Wright, Life Christian

1A: Eatonville (Evergreen 1A)

2B: Chief Leschi (Pacific 2B League)

SEATAC 1B LEAGUE

1B: Concordia Christian, Evergreen Lutheran, Tacoma Baptist; Covenant (Independent)

*** SAN JUAN COUNTY**

NORTHWEST 2B/1B LEAGUE

2B: Friday Harbor; **1B:** Orcas Island

NORTHWEST 1B LEAGUE

1B: Lopez Island, Orcas Christian

(Continued next page)

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**CORONAVIRUS (COVID-19)
PRECAUTIONS**

Always remember to do the following:

-  Use an alcohol-based hand cleaner or wash hands often with soap and water for at least 20 seconds.
-  Avoid touching eyes, nose, or mouth with unwashed hands.
-  Avoid contact with people who are sick.
-  Stay home while sick and avoid close contact with others.
-  Cover mouth and nose with a tissue when coughing or sneezing, then throw the tissue in the trash and wash hands.



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COUNTIES IN PHASE 2

SKAGIT COUNTY

NORTHWEST CONFERENCE

3A: Mount Vernon, **2A:** Anacortes, Burlington-Edison, Sedro-Woolley

NORTHWEST 2B/1B LEAGUE

2B: La Conner, **1B:** Concrete, Mount Vernon Christian

SNOHOMISH COUNTY (29)

WESCO

4A: Glacier Peak, Henry M Jackson, Kamiak, Lake Stevens, Mariner

3A: Arlington, Cascade (Everett), Edmonds-Woodway, Everett, Lynnwood, Marysville-Getchell, Marysville-Pilchuck, Meadowdale, Monroe, Mountlake Terrace, Snohomish, Stanwood

NORTHWEST CONFERENCE

2A: Archbishop Murphy (Football only, other sports WESCO), Cedarcrest, Lakewood

EMERALD SOUND

1A: Granite Falls, Sultan

NORTHWEST 1B CONFERENCE

1B: Arlington Christian, Cedar Park Christian, Darrington, Fellowship Christian, Grace Academy, Providence Classical Christian, Tulalip Heritage

SPOKANE COUNTY

GREATER SPOKANE LEAGUE

4A: Central Valley, Gonzaga Prep, Lewis & Clark

3A: Cheney, Ferris, Mead, Mount Spokane, North Central (2A football), University

2A: East Valley, Rogers, Shadle Park, West Valley

NORTHEAST 1A

1A: Deer Park, Freeman, Lakeside (9 Mile Falls), Medical Lake, Riverside

BI-COUNTY 2B

2B: Liberty (Spangle), Northwest Christian (Colbert), St. George's, Upper Columbia Academy, Valley Christian (Northeast 1B)

***WALLA WALLA COUNTY (9)**

3A: Walla Walla (Mid-Columbia Conf.)

1A: College Place (SCAC)

2B: Columbia-Burbank, Walla Walla Valley Academy (EWAC)

SOUTHEAST 1B

1B DeSales, Prescott, Touchet

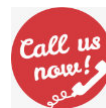
WHATCOM COUNTY

NORTHWEST CONFERENCE

3A: Ferndale **2A:** Bellingham, Lynden, Sehome, Squalicum

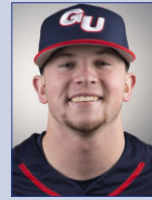
1A: Blaine, Lynden Christian, Meridian, Mount Baker, Nooksack Valley

1B: Lummi, St. Paul's Academy



**Prosser
Grandview
Ellensburg**

Where Are They Now?



Wapato's Reagon Haas was a multi-sport star at Riverside Christian.

A basketball and baseball player, he is now a member of Gonzaga University's baseball team.

With their season sidelined, he headed East to play some summer ball with the **Western Nebraska Pioneers**.

3-1 on the year, he throws in the low-90's. He struck out nine batters in six innings of his last effort and allowed just two hits.

He has the Yakima Valley record with 20 strikeouts in a seven-inning game. Haas is majoring in Business Entrepreneurship

PHASE 1.5 COUNTIES

(Basically no sports)

BENTON COUNTY (19)

MID-COLUMBIA CONFERENCE

4A: Hanford, Richland, Kamiakin
3A: Kennewick, Southridge
2A: Prosser (CWAC); **1A:** Kiona-Benton (SCAC); **2B:** River View (EWAC); **1B:** Liberty Christian (Southeast 1B West)

CHELAN COUNTY (19)

4A: Wenatchee (Big Nine)

CARIBOU TRAIL LEAGUE

1A: Cascade, Cashmere, Chelan
2B: Manson (Central Washington 2B)
1B: Cascade Christian, Entiat, The River Academy (Central WA 1B)

DOUGLAS COUNTY (19)

4A: Eastmont (Big Nine)
2B: Bridgeport (Central WA 2B)
1B: Mansfield, Waterville, (Central WA 1B)

FRANKLIN COUNTY

MID-COLUMBIA CONFERENCE

4A: Chiawana, Pasco
1A Connell (SCAC), **2B** Tri-Cities Prep (EWAC)

MODIFIED PHASE 1

YAKIMA COUNTY (19)

BIG NINE

4A: Davis, Eisenhower, Sunnyside, West Valley

CENTRAL WA ATHLETIC CONF.

2A: East Valley, Grandview, Selah

SOUTH CENTRAL ATHLETIC CONF.

1A La Salle, Naches Valley, Toppenish, Wapato, Zillah

EASTERN WA ATHLETIC CONF.

2B: Granger, Highland, Mabton, White Swan

1B: Riverside Christian, (Central Wash. 1B); Sunnyside Christian, Yakama Nation Tribal (SE 1B East Division)

Wrestler Commits

Granger's **VIKTORYA TORRES** has committed to King University at Bristol, Tennessee.

King University had 10 All-Americans and two national finalists at the Women's Collegiate Wrestling Coalition (WCWC) National Championships which makes the offer even more impressive.

Torres is a four times wrestling state finalist for the Spartans with an impressive record of 124-5.

Ranked in the top five in the nation for the past four years, she is also a two-time National Folkstyle champion and has earned 12 USA All-American titles.

Also a brilliant student, she attended YVC's Running Start program.

Torres received a 5-year, full-ride scholarship at \$45,000 a year.



HAPPY CAMPERS



The **YAKIMA VALLEY PEPSI-PAKS** won the baseball tournament in Helena, Montana in early July.

TEAM MEMBERS ARE: 2 Sy Steele, 4 Ryker Fortier, 5 Jack VanDeBrake, 6 Wyatt Berryman, 7 Eli Granger, 8 Nate Gutierrez, 10 Drew Johnson, 11 Tommy Melusky, 14 Caden Herbst, 15 Austin Tolliver, 18 Johnny Hanses, 20 Drew Pettyjohn, 21 Brady Helgeson, 22 Dylan Bishop, 24 Brandon Bruner.

They are coached by Mike Archer. As of July 17, they are 34-7 overall.

The Need for Speed



Jr Thunder Champion Wins National Title

Jr. Thunder division.

13-year-old, **Cole Dickoff**, Renegade's Jr Thunder track champion the past two years recently won the National Championship at the NHRA Junior Drag Racing Western Conference finals in Tulsa, Oklahoma June 26, 2020.

Last year, the Auburn native placed second at the NHRA finals.

He also races at Bremerton Raceway.

Renegade Raceway has been one of the Yakima Valley's best-kept secrets for years.

They offer fun, family entertainment and encourage young racers to get started in the sport of drag racing through their

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