

Toxic Baby Products

by Mary Gibbons

Currently 1 third of all baby products sold in the United States contain known carcinogens (2). Studies show that infants are 10-100 times more sensitive to these chemicals (1, 2). Only one percent of products have had all of their ingredients screened by the cosmetics industry or FDA (2). Avoid mass produced companies and products. Make sure that the products you buy don't contain any of these dangerous chemicals.

Baby Lotion

Avoid: Fragrances, Sodium Hydroxymethylglycinate

Use olive oil

Baby Shampoo

Avoid: Alkyl-phenol Ethoxylades, Benzoic / Benzyl / Benzene, Coal Tar Dyes (includes D&C Blue 1, Green 3, Yellow 5, Yellow 6, Red 33, etc.) DEA, Diethanolamine, TEA Fragrances (Synthetic), Formaldehyde, Sodium Hydroxymethylglycinate, Sodium Lauryl Sulphate, Sodium lauryl sulfate,

Use Castile Soap

Bubble Bath

Avoid: Alkyl-phenol Ethoxylades, Coal Tar Dyes (includes D&C Blue 1, Green 3, Yellow 5, Yellow 6, Red 33, etc.) Benzoic / Benzyl / Benzene, Fragrances, Sodium Hydroxymethylglycinate: Sodium Lauryl Sulphate: TEA

Bubble bath can cause yeast infections and bladder infections in girls. There is no reason to use it.

Baby Oil

Avoid: Mineral Oil

Use olive oil, coconut oil.

Diaper Ointment

Avoid: Fragrances, Mineral Oil, Petroleum

Diaper Powder

Avoid: Talc, Fragrances

Use pure cornstarch powder.

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For Diaper rash, wash the diaper region at each changing with diluted vinegar (1 to 2 tbsp per 1 liter water). The idea is to neutralize the ammonia from the baby's waste (8). Let baby go naked after you change him to help area dry out. Don't use commercial wipes. Sometimes Diaper rash is caused by a food allergy. As a breastfeeding mother or for a baby that is starting solids make sure you haven't added anything new to the diet. For a persistent rash cut out the common allergens Excess of vitamin C, pineapples or oranges (8)

Diaper Wipes

Avoid: Alcohol, Fragrances, Sodium Hydroxymethylglycinate

A lot of wipes contain alcohol which dries babies skin causing diaper rash (8) Many also contain fragrance. If you use commercial wipes make sure to buy fragrance free and alcohol free.

Many mothers use Cloth wipes or homemade wipes:

1 roll of paper towels

2 T. baby oil

2 T. baby bath or shampoo

2 cups boiled water, then cooled

Old diaper wipe container

(or any airtight container will do)

Each roll of paper towels will make two boxes of wipes. Cut the roll of paper towels in half; leaving them in a roll. After you place your towels into the empty box, mix the remaining ingredients in a large measuring cup. Slowly pour the liquid over the towels, making sure to cover them evenly. Be sure to remove the cardboard from the middle before adding the liquid. After the towels have set for a short while, they will absorb the liquid more evenly and will keep fresh for several weeks.

Diapers

Avoid: SODIUM POLYACRYLATE: linked to Toxic Shock Syndrome. You can find the little "gel balls" of this on the skin of your baby's bottom. Employees in factories manufacturing sodium polyacrylate suffer from female organ problems, slow healing wounds, fatigue and weight loss. (6)

TBT (TRIBULYTIN): Damages our immune system and the hormonal system. There is some studies that find could cause boys to become sterile. (6)

DIOXIN: causes liver disease, immune system suppression and genetic damage. It is a formed by bleaching with chlorine gas and is banned in most countries, just not the US. (6)

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In the United States 18 Billion diapers are thrown away yearly. (4) Disposable diapers represent 30% of non-biodegradable waste (5) These diapers take 200-600 years to biodegrade, taking up space and potentially harming the environment and water supply with hazardous waste. (5)

Disposable diapers contain toxic chemicals which have been linked to cancer, birth defects, liver damage, skin diseases, and genetic disorders. Some diapers also have absorbent crystals made with SODIUM POLYACRYLATE, the same chemical removed from tampons because they were linked with toxic shock syndrome in women. (4, 6) Diaper makers are not required to list their ingredients on the package. (5)

Some of the side effects thought to be from disposable diapers are increased UTI Infections in baby girls. Male Infertility as it is thought disposable diapers heat up boys testicles to a degree that which stops them from developing normal. In 1998 a study showed that childhood respiratory problems, including asthma, might be linked to inhaling the mixture of chemicals emitted from disposable diapers. Diaper Rash because disposable diapers mask wetness, become much hotter which allows more rapid bacterial growth, also the chemicals in Diapers cause rash in sensitive babies.

Many mothers are now going back to the old ways of using cloth diapers on their babies. Cloth Diapers are more convenient to use than they used to be. A lot of them come pre-folded, and they don't require the use of pins. Babies with frequent diaper rashes may benefit from using cloth diapers, as they don't contain chemicals.

Teething

Avoid: Tylenol or Motrin

Try a Frozen washcloth, Freeze Bananas, Organic Teething Biscuits, Natural teething tablets that contain Chamomilla or Belladonna, mix a few drops of Clove oil with an edible oil and rub into baby's gums. Rub vanilla on your babies gums to soothe and calm. (3)

1. Time to Protect Babies From Dangerous Products, CHICAGO, Feb. 28 (AScribe Newswire)
2. "<http://www.merrybaby.com/safebaby.cfm>" □
3. <http://www.earth-hugger.com/natural-teething-remedies.html>
4. □ http://www.earth-hugger.com/advantages_of_cloth_diapering.html"
5. <http://www.diapersandwipers.com/info.htm>
6. <http://www.diapersafari.com/diaperinfo/whyclothdiapers/>
- 7 "<http://www.allgoodarticles.com/article3868.html>" □□

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8. <http://www.oohoi.com/natural%20remedy/home%20remedy/Home-Remedy-for-Diaper-Rash.htm>