

**Race 2      The Undulating Essex Eggscape 5m**

| Overall Position | Men's Position | Women's Position | Name             | Club                        | M/F | Runner Number | Run Time | Start Time | Finish Time |
|------------------|----------------|------------------|------------------|-----------------------------|-----|---------------|----------|------------|-------------|
| 1                | 1              |                  | Chris Hargraves  | Little Baddow Ridge Runners | M   | 24            | 00:44:00 | 08:45:04   | 09:29:04    |
| 2                | 2              |                  | Simon Morgan     | Colchester Harriers AC      | M   | 79            | 00:53:25 | 09:35:05   | 10:28:30    |
| 3                | 3              |                  | David Hurley     | Mid Essex Casuals           | M   | 109           | 00:56:47 | 10:00:04   | 10:56:51    |
| 4                |                | 1                | Sarah Colbert    | Lonely Goat RC              | F   | 110           | 00:57:10 | 10:00:04   | 10:57:14    |
| 5                |                | 2                | Val White        | Mid Essex Casuals           | F   | 64            | 00:58:09 | 09:19:47   | 10:17:56    |
| 6                | 4              |                  | Ron Dawson       | Mid Essex Casuals           | M   | 65            | 00:58:09 | 09:19:47   | 10:17:56    |
| 7                | 5              |                  | David Lumby      | Mid Essex Casuals           | M   | 113           | 00:58:58 | 10:00:04   | 10:59:02    |
| 8                | 6              |                  | Paul Scrivener   | Mid Essex Casuals           | M   | 53            | 00:59:07 | 09:09:38   | 10:08:45    |
| 9                |                | 3                | Ann Miller       | Benson Striders             | F   | 82            | 00:59:42 | 09:25:47   | 10:25:29    |
| 10               |                | 3                | sandra stanton   | Springfield Striders RC     | F   | 68            | 00:59:42 | 09:25:47   | 10:25:29    |
| 11               |                | 5                | Rebecca Smith    | Little Baddow Ridge Runners | F   | 38            | 01:09:50 | 09:05:10   | 10:15:00    |
| 12               | 7              |                  | Tony Pellowe     |                             | M   | 45            | 01:09:53 | 09:05:10   | 10:15:03    |
| 13               | 8              |                  | David Game       | Mid Essex Casuals           | M   | 60            | 01:10:51 | 09:15:06   | 10:25:57    |
| 14               | 9              |                  | Warren Prentice  | -                           | M   | 104           | 01:14:13 | 09:54:45   | 11:08:58    |
| 15               | 10             |                  | Joe Dougal       | -                           | M   | 105           | 01:14:20 | 09:54:45   | 11:09:05    |
| 16               | 11             |                  | Guy Hammett      | Mid Essex Casuals           | M   | 103           | 01:14:38 | 09:54:45   | 11:09:23    |
| 17               | 12             |                  | Justin Ruggles   | Mid Essex Casuals           | M   | 36            | 01:19:34 | 08:55:23   | 10:14:57    |
| 18               |                | 6                | Denise Ellis     | Little Baddow Ridge Runners | F   | 50            | 01:20:26 | 09:09:38   | 10:30:04    |
| 19               | 13             |                  | Ian Gowers       | Springfield Striders RC     | M   | 121           | 01:23:24 | 10:10:06   | 11:33:30    |
| 20               |                | 7                | Charlotte Gowers | -                           | F   | 123           | 01:23:24 | 10:10:06   | 11:33:30    |
| 21               |                | 8                | Julia Binstead   | Mid Essex Casuals           | F   | 146           | 01:25:33 | 10:28:52   | 11:54:25    |
| 22               |                | 8                | Kirsty Binstead  | Castle Point Joggers        | F   | 147           | 01:25:33 | 10:28:52   | 11:54:25    |
| 23               |                | 10               | Wendy Smalley    | Midd Essex Casuals          | F   | 48            | 01:25:50 | 09:05:10   | 10:31:00    |
| 24               | 14             |                  | Mark Jackson     |                             | M   | 15            | 01:35:55 | 08:40:18   | 10:16:13    |
| 25               | 15             |                  | Keith Jackson    | Mid Essex Casuals           | M   | 95            | 01:37:40 | 09:45:05   | 11:22:45    |
| 26               |                | 11               | Heather Jackson  | Mid Essex Casuals           | F   | 96            | 01:37:40 | 09:45:05   | 11:22:45    |
| 27               |                | 12               | Paula Tilling    | Little Baddow Ridge Runners | F   | 74            | 01:40:29 | 09:29:30   | 11:09:59    |
| 28               | 16             |                  | Ian Carmichael   | Little Baddow Ridge Runners | M   | 78            | 01:40:36 | 09:29:30   | 11:10:06    |
| 29               |                | 13               | Lyn West         | Mid Essex Casuals           | F   | 97            | 01:44:58 | 09:50:07   | 11:35:05    |
| 30               | 17             |                  | Colin West       | Mid Essex Casuals           | M   | 98            | 01:45:00 | 09:50:07   | 11:35:07    |
| 31               | 18             |                  | Steven higgs     | MEC                         | M   | 106           | 01:47:05 | 09:54:45   | 11:41:50    |
| 32               | 19             |                  | Alexander Watts  | Running Colchester          | M   | 101           | 01:47:07 | 09:54:45   | 11:41:52    |
| 33               |                | 14               | Erica Watts      | Running Colchester          | F   | 100           | 01:47:10 | 09:54:45   | 11:41:55    |
| 34               |                | 15               | Natalie Bradford | -                           | F   | 5             | 01:52:58 | 08:31:04   | 10:24:02    |
| 35               | 20             |                  | Tim Bradford     | -                           | M   | 6             | 01:52:58 | 08:31:04   | 10:24:02    |
| 36               |                | 16               | Dawn Potter      | Billericay Striders         | F   | 67            | 01:53:56 | 09:25:47   | 11:19:43    |
| 37               | 21             |                  | raymond Charlton | Springfield Striders RC     | M   | 69            | 01:54:02 | 09:25:47   | 11:19:49    |
| 38               | 22             |                  | Ross Buck        | Little Baddow Ridge Runners | M   | 35            | 01:54:27 | 08:55:23   | 10:49:50    |

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|-----------------------------|---------------------------|-----------------------------|----------------|-----------------------------|------------|--------------------------|-----------------|-------------------|--------------------|
| 39                          | 23                        |                             | Terry Brewster | Little Baddow Ridge Runners | M          | 33                       | 01:54:31        | 08:55:23          | 10:49:54           |
| 40                          |                           | 17                          | Julie Hunter   | -                           | F          | 17                       | 02:12:52        | 08:40:18          | 10:53:10           |
| 41                          |                           | 18                          | Linda Bates    | Pitsea RC                   | F          | 84                       | 02:14:13        | 09:35:05          | 11:49:18           |
| 42                          | 24                        |                             | Peter Bates    | Pitsea RC                   | M          | 83                       | 02:14:21        | 09:35:05          | 11:49:26           |
| 43                          |                           | 19                          | Kim Farren     | -                           | F          | 12                       | 02:18:02        | 08:35:11          | 10:53:13           |
|                             |                           |                             | Elsbeth Missen | Little Baddow Ridge Runners | F          | 49                       | DNF             | 09:09:38          |                    |