

Client ID: BESCHA**Patient:** Chantal Best**Patient DOB:** 1/13/1979**Provider:** Kathleen Ralph**Appointment Start Time:** 7/30/2018 7:00:00 PM**Appointment End Time:** 7/30/2018 8:00:00 PM**Appointment Duration:** 60 minutes**Primary Code:** 90837**Add-on code 1:****Add-on code 2:****POS:** 11**Modifiers:****Persons Present in Session**

The patient was present in the session. The patient, who is a medical decision maker, physically attended the session.

Session Focus

This session would best be considered an assessment session, a treatment planning session, and a maintenance or supportive session.

Client initiated discussion about the situation with her dtr, and the requirements client is facing, in order to get her child back under her care.

Treatment Approach**Clinical Global Impressions**

Comparing their current condition versus that at intake, this patient's condition is minimally improved since the initiation of treatment.

She has expressed feeling more trust with the process of therapy. She has stated that her sleep has improved. Client's situation with her dtr remains the same, therefore, her stress related to the situation has not changed.

Exam

Appearance:	<input checked="" type="checkbox"/> Appropriate Dress
Behavior:	<input checked="" type="checkbox"/> Cooperative <input checked="" type="checkbox"/> Good Eye Contact
Speech:	<input checked="" type="checkbox"/> Rapid/Pressured
Mood:	<input checked="" type="checkbox"/> Anxious
Affect:	<input checked="" type="checkbox"/> Mood Congruent
Thought process:	<input checked="" type="checkbox"/> Goal Directed
Thought content:	<input checked="" type="checkbox"/> No Abnormal Content
Insight/Judgment:	<input checked="" type="checkbox"/> Intact
Consciousness:	<input checked="" type="checkbox"/> Alert / Awake
Orientation:	<input checked="" type="checkbox"/> OX4
Recent Memory:	<input checked="" type="checkbox"/> Intact
Remote Memory:	<input checked="" type="checkbox"/> Intact
Attention/Conc:	<input checked="" type="checkbox"/> Intact
Language (Naming):	<input checked="" type="checkbox"/> Intact
Language (Repeating Phrase):	<input checked="" type="checkbox"/> Intact:
Language (Abstraction):	<input checked="" type="checkbox"/> Abstract:
Fund of Knowledge:	<input checked="" type="checkbox"/> Average

Gait / Station:	<input checked="" type="checkbox"/> NL
Muscle Strength:	<input checked="" type="checkbox"/> NL
Muscle Tone:	<input checked="" type="checkbox"/> NL

Assessment

Diagnoses

DSM-5 Diagnoses

300.9	Unspecified mental disorder	F99	Unspecified mental disorder
-------	-----------------------------	-----	-----------------------------

DSM-5 Other Conditions

No assigned diagnoses

General Medical & Non-DSM-5 Diagnoses

No assigned diagnoses

Plan

- Interpersonal Psychotherapy (IPT)

We discussed options for support. We agreed continued individual therapy would be beneficial, as tending to past events may help client. We also agreed that family therapy, once her dtr returns to client's home, would be beneficial to help the transition.

Next Appointment

Thursday August 2, 2018 10:30 AM (Kathleen Ralph)

Electronically signed on 8/1/2018 4:02:58 PM by Kathleen Ralph.