



Welcome to Phase 1

Welcome to the International Registry of Midwives and thank you for joining us as an Entry Level CIM student. We know you will bring great change to international Midwifery and Maternal Child Health. We are excited to walk with you on this journey. Please don't hesitate to contact us with questions.

In this phase you will be working as an assistant, this roll includes:

- Learning proper charting techniques
- Practicing hands on skills - i.e. vitals, palpation, newborn exams, CPR, NRP
- Assisting to perform prenatal/antenatal exams
- Assisting to perform postpartum/postnatal exams
- Assisting your preceptor in births/intrapartum
- Learning to work as part of the birth team

The following pages include all of the forms necessary for Phase 1, we have also included a checklist for your reference. We require this packet to be completed upon submission.

Please direct all questions and submit completed packet to:

info@internationalmidwife.org

Phase 1 Checklist:

- 25 births/intrapartum
- 25 prenatal/antenatal exams
- 25 newborn exams
- 50 postpartum exams
- BLS CPR certification
- NRP/HBB or equivalent certification

Note:

- Exams **do not** have to be associated with the same client that was logged for the attended births.
- You must submit your completed Phase 1 paperwork and achieve a passing score of at least 75% on the Phase 1 Exam **before moving to Phase 2.**



Phase 1 - Prenatal/Antenatal Exam Log

Exam #	Client # or code:	Date of exam:	Comments about exam:	Preceptor ID #
1.				
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22.				
23.				



Exam #	Client # or code:	Date of exam:	Comments about exam:	Preceptor ID #
24.				
25.				

The last 2 lines are reserved for corrections. Write the exam # and correction you would like to change in any of the 1 - 25 prenatal exams.

Key:

Client # or code: The identification # or code listed on your clients charts. **Preceptor ID #** -The # IRM assigned a preceptor after **Register a Preceptor** form was completed.

Requirements:

- 25 prenatal/antenatal exams, these exams will range from the initial prenatal exam and throughout all 3 trimesters.
- These exams must be logged in chronological order and **completed in Phase 1**.

Prenatal/antenatal exam must include but not limited to:

Urinalysis, weight with proper use of scale, manual blood pressure, fundal height, palpation of the fetus to determine engagement, position and lie, fetal heart tones, finds the due date using a gestational wheel or calendar, assesses edema, discusses mothers concerns/answers questions, and proficiently charts findings.



Phase 1 - Midwife Birth/Intrapartum Log

Birth #	Client # or code:	Date of birth:	Setting of birth:	Description of your role and birth outcome:	Preceptor ID #
1.					
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21.					
22.					
23.					



Birth #	Client # or code:	Date of birth:	Setting of birth:	Description of your role and birth outcome:	Preceptor ID #
24.					
25.					

The last 2 lines are reserved for corrections. Write the birth number and correction you would like to change in any of the 1 - 25 births.

Key:

Client # or code: The identification # or code listed on your clients charts. **Setting of birth:** Home = H, Birth Center = BC, Hospital = H, Other = O. **Description of your role and birth outcome:** Examples: Did the mother end up transferring? Hemorrhaging? Apgar score? **Preceptor ID #** -The # IRM assigned a preceptor after **Register a Preceptor** form was completed.

Requirements:

- 25 births in an assisting role.
- Births must be logged in chronological order and **completed in Phase 1.**



Phase 1 - Newborn Exam Log

Exam #	Client # or code:	Date of exam:	Comments on newborn exam:	Preceptor ID #
1.				
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18.				
19.				
20.				
21.				
22.				
23.				



Exam #	Client # or code:	Date of exam:	Comments on newborn exam:	Preceptor ID #
24.				
25.				

The last 2 lines are reserved for corrections. Write the exam number and correction you would like to change in any of the 1-25 newborn exams.

Key:

Client # or code: The identification # or code listed on your clients charts. **Comments on newborn exam:** Short details and vitals. **Preceptor ID #** -The # IRM assigned a preceptor after Register a Preceptor form was completed.

Requirements:

- These exams must be completed as an assistant.
- Must be logged in chronological order and **completed in Phase 1.**

Newborn Exam must include but not limited to:

Heart rate, reflexes (Babinski, stepping, Moro, planter, palmer, rooting reflex), APGAR at 1 and 5 minutes, muscle tone, color, weight, temperature, length, chest and head circumference, head moldings, caput, fontanel, complete palate, tongue tie, lip tie, New Ballard score, general appearance, eye reactivity, ear placement, clavicle, extremities, chest retractions, nasal flaring, RDS, lung sounds, respirations, hip dysplasia, abdomen, bowel sounds, genitals, anus, spine, and hearing.



Phase 1 - Postpartum/Postnatal Exam Log

Exam #	Client # or code:	Date of Exam:	# of days postpartum:	Comments about exam:	Preceptor ID #
1.					
2.					
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5.					
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20.					
21.					
22.					
23.					



Exam #	Client # or code:	Date of Exam:	# of days postpartum:	Comments about exam:	Preceptor ID #
24.					
25.					
26.					
27.					
28.					
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47.					
48.					



Exam #	Client # or code:	Date of Exam:	# of days postpartum:	Comments about exam:	Preceptor ID #
49.					
50.					

The last 2 lines are reserved for corrections. Write the exam # and correction you would like to change in any of the 1 - 50 postpartum exams.

Key:

Client # or code: The identification # or code listed on your clients charts. **# of days postpartum/postnatal:** This must be answered with either- 24 hours, 48 hours, 72 hours, 1 weeks, 2 weeks, 3 weeks, 4 weeks, or 6 weeks. **Preceptor ID #** -The # IRM assigned a preceptor after **Register a Preceptor** form was completed.

Requirements:

- 50 postpartum/postnatal exams completed as an assistant. These exams will span from 24 hours, 48 hours, 72 hours, 1 week, 2 weeks, 3 weeks, 4 weeks, and 6 weeks.
- These exams must be logged in chronological order, and be **completed in Phase 1.**

Postpartum/postnatal exam must include but not limited to:

Woman - Monitoring of bleeding/blood clots,(color, amount and odor). Palpate fundus for firmness and position. Urination and bowel movements, maternal intake and output, (proper nutrition and hydration). Vitals. Inquire about soreness, swelling or pain in the perineal area and examine sutures or tears. Inquire about after pains.

Baby - Length, weight, respiration, and heart rate. Inquire about wet diapers and bowel movements. Remove cord clamp if applicable. Observe at least one nursing session and offer support if needed. Answer questions/concerns and properly chart findings.